

# Burn ban, ‘regulated use’ closures begin Monday

**Itemizer-Observer staff report**

**POLK COUNTY** — The Oregon Department of Forestry will increase fire restrictions on forest activities in the West Oregon District, including Polk, Lincoln and Benton counties, on Monday because of rising fire danger.

Regulated use closures are specifically geared to reduce

the chance of wildfires starting from public activities in forested areas.

The following activities are banned:

- Smoking in the forest, except in closed vehicles.
- Campfires outside of designated campgrounds.
- All open fires.
- Use of motorized vehicles, except on improved

roads.

- Mowing of tall dead or cured grass between the hours of 1 and 8 p.m.
- Use of fireworks, exploding targets, tracer ammunition or any bullet with a pyrotechnic charge at its base.
- The regulated use closure also requires forest users carry a shovel with a 26-inch handle and an 8-

inch blade, and either one gallon of water or a 2 1/2-pound, ABC-rated fire extinguisher.

The Polk County Fire Defense Board in conjunction with the ODF enacted a countywide burn ban for all of Polk County that went into effect June 16.

No burning of any type is allowed during the burn

ban, which will remain until significant rains return in the fall.

Any air quality concerns, including smoke, should be directed to the Oregon Department of Environmental Quality, 800-452-4001.

The declaration of fire season is earlier this year than normal because of

the warmer and drier weather, said Shirl Frenenburg, spokesperson for the ODF.

Restrictions and preventative measures extend to the public on all private and Bureau of Land Management forest lands.

For more information: ODF office in Dallas, 503-934-8146.

# HEALTH DIRECTORY

## AUDIOLOGY

Trust your hearing to those that specialize in hearing and hearing related disorders. **Evan L. Evans, Ph. D, and Julie B. Evans, AuD** are both doctoral level Audiologists who have the knowledge, experience and compassion to provide you with the best care for your hearing health. We offer free hearing screenings; by our hearing aid specialist. We offer full & complete diagnostic evaluations, counseling and recommendations by our clinical Audiologists. Other Audiological services include testing, management and treatment options for Tinnitus. We have the knowledge and experience to assist your physician with the diagnosis of diseases and disorders pertaining to hearing and the hearing mechanism. We offer wax removal or cerumen management, Tinnitus testing and Tinnitus management techniques. An Audiologist, having the Audiology credentials of the American Academy of Audiology (F-AAA) and the The American Speech Hearing and Language Association's Certificate of Clinical Competency (CCC-A) is the professional of choice for anything related to hearing and or hearing related issues. Serving our hearing impaired since 1980, with two locations to serve you.

**Audiology Associates**  
1343-A Monmouth St., **Independence • 503-838-3001**  
2296 NW Kings Blvd, **Corvallis • 541-757-2500**

## CHIROPRACTIC

• **JOYNT FAMILY CHIROPRACTIC - Dr. Brian Joynt, DC - 629 Clay Street East, Monmouth, OR 97361** Family-oriented chiropractic clinic, dedicated to creating an unparalleled experience of service, quality and care by teaching the true principles of chiropractic. We look forward to empowering each of you to help your family participate more fully in life. New patients welcome. Accept most insurance. Auto/personal injury and work comp. Massage therapist on site. Complimentary consultations. Call us today to make your appointment (503) 837-0550.

• **THORNTON CHIROPRACTIC - Drs. Sharon and Marty Thornton - Palmer Graduates - We care, God cures. 1650 Monmouth St., Independence, OR 97351 • 503-838-3346. Office hours: Mon-Fri 8-noon & 2-6 pm. Thurs 2-6pm.** Proudly serving Polk County for over 17 years. Offering Thompson Drop and other hands-on techniques, as well as Advanced Activator Methods and Functional Neurology. We provide gentle and effective full-spine and extremity adjusting for all ages in a loving and caring environment. We are accepting new patients for Family Wellness Care, Medicare, Auto or personal injury & Workers Comp. Licensed Massage Therapy available on site.

## COUNSELING

• **CROSS AND CROWN COUNSELING - KATE KOENS,** NCCA Licensed Clinical Christian Counselor and Certified Temperament Therapist is accepting new clients at her Dallas and Falls City offices. She works with individuals in a safe environment to help individuals find healing and fulfillment by teaching good communication skills, appreciation for self and others, appropriate responses to individual and family needs, how to build relationships of trust, appropriate crisis responses, and how to obtain overall family wellness emotionally, mentally and spiritually. Some specific areas of counsel offered are marriage and family, adolescent issues, depression, past and present trauma, grief, identity crisis, divorce, childhood losses, and feelings of hopelessness. Our goal is to help individuals realize their full potential and to live decisively with truth, relevance, perspective and purpose. For more information or to schedule an appointment please call 503-917-1625 or visit our website: [www.crossand-crowncounseling.com](http://www.crossand-crowncounseling.com)

## GENERAL DENTISTRY

• **RANDALL C. JONES, DMD - 1004 Monmouth St., Independence, OR 503-838-0434.** Offering a broad range of dental services in a relaxed and comfortable atmosphere. New patients and emergencies welcome.

• **DR. JOHN D. SHURTZ DDS - 196 Catron Street N., Monmouth, OR 503-838-1800.** We are welcoming new patients and we accept most insurance plans!

• **WESTON K. MORRILL, DMD - 289 E. Ellendale Suite #201, Dallas. 503-623-6616.** Family, preventive, and cosmetic dentistry. Complete dentistry for the entire family. Se habla español.

• **DR. MICHELLE HASBROOK, DMD - 120 N. Atwater, Monmouth, OR 503-838-2998.** Providing all phases of dental care for children and adults. We welcome new patients!

• **KENNETH WINOKUR, DMD - 329 South Main Street Independence, OR 97351. 503-838-1633.** High quality service with your comfort in mind. Nitrous oxide gas sedation available. [www.independencedental.org](http://www.independencedental.org)

## GENERAL SURGERY SERVICES

• **WEST VALLEY SURGICAL SPECIALTY CLINIC** surgeon, **Dr. Alison Smith**, provides general surgery services for a wide range of needs including breast cancer, gallbladder, biopsies, abdominal surgery, hernia repair, appendectomy, as well as colonoscopy. General surgery appointments are scheduled at the clinic on Mondays and Thursdays. Dr. Smith does her surgeries at West Valley Hospital's spacious, state-of-the art new surgical suite. West Valley Surgical Specialty Clinic is located at 591 SE Clay St., Dallas. Call 503-831-0784 or fax 503-623-2612. Visit [salemhealth.org/specialty](http://salemhealth.org/specialty).

## GYNECOLOGY SERVICES

Gynecological care is available in Dallas at the West Valley Surgical Specialty Clinic. **Gynecologist Keita Sakon, MD**, specializes in gynecology exams and procedures, including hysteroscopy and laparoscopy, as well as family planning, abnormal Pap evaluation, treatment of pelvic pain, symptom control for menopause and abnormal periods. Dr. Sakon works in Dallas on Friday afternoons from 12:30 to 4:30 p.m. seeing patients at the clinic and performing gynecological procedures in the West Valley Hospital surgical suites. New patients are welcome! West Valley Surgical Specialty Clinic is located at 591 SE Clay St., Dallas. Call 503-831-0784 for an appointment. Visit [westvalleyhospital.org/specialtyclinic](http://westvalleyhospital.org/specialtyclinic).

## HEARING HEALTH

• **JOYFUL SOUND HEARING SERVICES, INC.** Mark Sturtevant, 312 Main Street, Dallas OR, 503-623-0290. Providing Polk County with hearing solutions for 30 years. Services include: Hearing evaluations, Diagnosing hearing loss; Impedance; Fitting all types of hearing devices, Servicing all makes and models of hearing aids; Ear inspections; Wax removal; Hearing protection. Hours: Monday - Thursday 9-4pm. (Fridays by appointment only)

## HEART SERVICES

• **WEST VALLEY HOSPITAL** provides heart diagnostic services including electrocardiograms (EKG), pulmonary function tests, cardiac stress tests and echocardiograms with a physician referral. Cardiologists **Dr. Raghu Kamineni, Dr. William Stiles and Dr. Kevin Thompson** see patients for office visits at West Valley Hospital at 525 SE Washington St., Dallas. For more heart health information, call 503-623-7304.

## IMAGING SERVICES

• **WEST VALLEY HOSPITAL** offers state-of-the-art all-digital diagnostic imaging services. With your physician's referral, we provide your bone densitometry, CT scan, fluoroscopy, mammography, ultrasound, X-ray and MRI services. Check out our new comfortable and spacious mammography suite. We are located at 525 SE Washington St., Dallas, 503-623-7302.

## LABORATORY SERVICES

• **WEST VALLEY HOSPITAL** provides lab services at two convenient locations in Dallas and Monmouth. Both labs are fully accredited, providing collections and testing with healthcare provider referral. Employment and self-referral drug testing is offered. The West Valley Hospital lab in Dallas is open 24 hours, seven days a week, at 525 SE Washington St., 503-623-7303. The Monmouth lab is located in the Monmouth Medical Center, 512 Main St., Suite 300, 503-838-1388. It is open Monday-Friday, 8:30 a.m.-4:30 p.m., closed between noon and 1 p.m. Appointments are not required.

## MASSAGE

• **OUT OF GRAVITY MASSAGE - Julianne Klingberg DeForest, LMT - 503.510.2256 - NOW IN INDEPENDENCE** Enter Stressed, Leave Blessed - Out of Gravity Massage offers massage sessions to suit a variety of needs and health concerns. Intuitive and holistic bodywork are blended with extensive and varied education, creating a caring and knowledgeable environment of healing. Also, with a prescription and a claim number, up to a year's therapeutic massage sessions will help in your rehabilitation from a motor vehicle accident. Relaxation, well care, geriatric and pediatric massage is available, as well as motor vehicle accident rehabilitation. Infant massage instructional sessions available. Call today for an appointment. 503-510-2256 OR # 7627/ National #295187-00

## ORTHODONTICS

• **YENNE & SCHOFIELD - SPECIALISTS IN ORTHODONTICS - 580 Main Street, Suite E, Dallas, 503-623-5002.** Providing Polk County with orthodontic care for children and adults for functions and cosmetics. Open Tuesdays & Thursdays.

## ORTHOPEDIC SERVICES

• **DR. STEVE YAO** specializes in sports medicine and knee-replacement procedures. Dr. Yao sees patients at the Hope Orthopedics of Oregon satellite office in Dallas, and schedules surgeries nearby at West Valley Hospital in the new state-of-the-art surgery suites. West Valley Hospital is located at 525 SE Washington St., Dallas, 503-623-8301. Visit [www.salemhealth.org/wvlh](http://www.salemhealth.org/wvlh).

## PHYSICAL THERAPY/ REHABILITATION SERVICES

• **WEST VALLEY HOSPITAL** provides a wide range of rehabilitation services in Dallas, offering physical therapy, occupational therapy, speech therapy and aquatic therapy (at Dallas Aquatic Center). Let us help you get moving again! We are conveniently located at 525 SE Washington St., Dallas, 503-623-7305.

• **MONMOUTH MEDICAL CENTER** serves Monmouth and Independence locally with a wide range of rehabilitation services including physical therapy, occupational therapy, speech therapy and aquatic therapy (at Dallas Aquatic Center). Let us help you get moving again! We are conveniently located at 512 Main St., Monmouth, 503-838-1388. Se habla español.

• **PINNACLE PHYSICAL THERAPY** is an orthopedic physical therapy facility committed to getting great results for each patient. We focus on advanced spine care, women's health issues, sport rehab, vehicle accidents, and work injuries. We offer highly specialized care including manual therapy, aquatic therapy, specific deep tissue mobilization techniques, Postural Restoration Institute (PRI) techniques and therapeutic exercise. We have a warm, caring and friendly staff and accept most private health insurance, auto insurance, and workers' compensation insurance. We offer both male and female physical therapists. Often no physician referral is needed to start care. Call us today and ask how to get therapy for your condition or talk to your physician to see if physical therapy is right for you. **Call us: 503-623-2433. We are conveniently located at 210 W. Ellendale Avenue Dallas, Oregon 97338;** (next to Taco Bell) Check us out on the web: [www.pinnacle-physicaltherapy.com](http://www.pinnacle-physicaltherapy.com)

## PODIATRY SERVICES

• **WEST VALLEY SURGICAL SPECIALTY CLINIC** podiatrists **Dr. Ruben Pollak** and **Dr. Scott Berg** see patients at West Valley Surgical Specialty Clinic and provide procedures and surgeries for feet, ankle, bunions and plantar fasciitis at nearby West Valley Hospital's state-of-the-art surgery suites. Request one of these podiatrists and get your surgical care done locally. Dr. Berg sees patients at West Valley Surgical Specialty Clinic on Wednesdays, 8 a.m.-noon. Dr. Pollak sees patients on Wednesdays, 12:30 p.m. - 4:30 p.m. West Valley Surgical Specialty Clinic is located at 591 SE Clay St., Dallas. Visit [salemhealth.org/specialty](http://salemhealth.org/specialty).

## PRIMARY CARE PHYSICIANS

• **DR. CHARLES ESSEX**, family medicine, is accepting new patients at Monmouth Medical Center, located at 512 Main St., Suite 300, Monmouth, 503-838-1182. With a proactive healthcare approach, Dr. Essex provides care for the entire family and will work with you to build a healthy lifestyle with annual exams, immunizations, lifestyle counseling, sports physicals, skin care, cancer screenings and more. New patients are welcome.

• **DR. JOHN HADLEY**, family medicine, is accepting new patients at the West Valley Physicians & Surgeons Clinic at 555 SE Washington St., Dallas, 503-623-7301. With a proactive healthcare approach, Dr. Hadley provides offers family medicine for your entire family from newborns to adults with annual exams, immunizations, lifestyle counseling, sports physicals, skin care, cancer screenings and more. New patients are welcome.

## UROLOGY SERVICES

• **WEST VALLEY SURGICAL SPECIALTY CLINIC Dr. Jaffer Bashey**, board certified urologist with Willamette Urology, sees patients on Tuesdays, providing complete diagnosis and treatment of urological disorders and diseases for adults and children. Dr. Bashey does outpatient surgeries at West Valley Hospital, including cystoscopy, minor bladder and prostate surgery, bladder and kidney stones, circumcision, vasectomy and other procedures. Physician referral may be required. Visit [salemhealth.org/specialty](http://salemhealth.org/specialty).

*Call the Itemizer-Observer at 503-623-2373 for more information or to have your business listed in this directory.*