

SCHEDULE

WEDNESDAY, JUNE 24
Baseball: American Legion: Demarini Dirtbags at Albany (DH), 4 p.m. Division I Junior Baseball: Central at Lebanon, 6 p.m. Division II Junior Baseball: Corvallis at Dallas, 6 p.m.

THURSDAY, JUNE 25
Baseball: American Legion: Roseburg at Demarini Dirtbags, 5 p.m. Division I Junior Baseball: Dallas vs. TBA at Bend Tournament, TBA. Division II Junior Baseball: Kennedy at Dallas, 6 p.m.

FRIDAY, JUNE 26
Baseball: Division I Junior Baseball: Dallas vs. TBA at Bend Tournament, TBA. Central at Philomath Tournament. Division II Junior baseball: Silverton at Dallas, 6 p.m.

SATURDAY, JUNE 27
Baseball: Division I Junior Baseball: Dallas vs. TBA at Bend Tournament, TBA. Central at Philomath Tournament, TBA.

Recreation: Independence Sprint Triathlon, 9 a.m.

SUNDAY, JUNE 28
Baseball: Division I Junior Baseball: Dallas vs. TBA at Bend Tournament, TBA. Central at Philomath tournament.

MONDAY, JUNE 29
Baseball: American Legion: Demarini Dirtbags at Klamath Falls, 4 p.m. Division II Junior Baseball: Lebanon at Dallas, 6 p.m.

TUESDAY, JUNE 30
Baseball: American Legion: Demarini Dirtbags at Medford, noon.

WEDNESDAY, JULY 1
Baseball: American Legion: Demarini Dirtbags at Grants Pass, 2 p.m. Division II Junior Baseball: South Salem at Dallas, 6 p.m.

Schedules Subject to Change

QUICK HITS

Signups open for tourney

MONMOUTH/INDEPENDENCE — Registration is open for the 42nd annual Monmouth-Independence Fourth of July Tennis Tournament.

The two-day event will be held July 11 and 12 at the Central High School tennis courts in Independence and the Western Oregon University courts in Monmouth.

Categories are available for all skill levels in singles, doubles and mixed doubles. There will also be father/son and mother/daughter categories.

Cost is \$15 for singles and \$25 for doubles. Proceeds from the tournament will support youth tennis in the area.

Entries are available online at www.oregontennis.com or by contacting tournament director Ron Warkentin, 503-623-2998.

Deadline for entry is July 8.

STAT SHEET

1 The number of receiving touchdowns Central High graduate Wes Riddell scored during the Les Schwab Tires Bowl on Saturday evening. Riddell will play at Oregon State this fall.

PREP HIGH SCHOOL ATHLETICS

Dugan takes AD position at Perrydale

Longtime employee will also serve as school's assistant principal

By Lukas Eggen
The Itemizer-Observer



Dugan

PERRYDALE — Dan Dugan hadn't even started his new role as assistant principal at Perrydale High School when he was given another title: athletic director.

Chris Gubrud announced he was stepping down from his role as AD last week to allow for more time for him

to watch his daughter in high school and son at Eastern Washington.

Dugan was more than happy to step up to the plate as Perrydale looked to consolidate the role, he said. "Chris has been the guy

running athletics since I've been here," Dugan said. "I'm happy to be getting back into sports. I've been here a long time as a coach, and I care about all the programs. Whether it's FFA, sports or choir, I want to see our kids have an opportunity to be involved and have success."

While his list of responsibilities just increased, Dugan said he's ready to manage his time and tackle the chal-

lenges ahead of him — even when he's on vacation.

"I've had a lot of different hats," Dugan said. "I'm transitioning from helping out with the classroom to doing something I've wanted to do for a long time. I'm glad the opportunity is at Perrydale. I was taking phone calls and answering emails when I was in Mexico (last week)."

See **DUGAN**, Page 12A

Dugan File

- Longtime Perrydale teacher Dan Dugan will serve as Perrydale's athletic director during the 2015-16 school year.
- Dugan will also be the school's assistant principal.
- Perrydale will move back to Class 1A after competing in Class 2A during the 2014-15 school year.

WRESTLING

Watson living his dream

Dallas resident continues family's passion

By Lukas Eggen
The Itemizer-Observer



LUKAS EGGEN/Itemizer-Observer

DALLAS — The roar of the crowd. The pageantry. The larger than life characters.

Dallas resident Andrew Watson loves everything about the world of professional wrestling. From the time he was born, wrestling wasn't just an interest to his family. It was something more.

"My family has been full of wrestling fans all the way back to my great-grandfather," Watson said. "I was raised on watching local Portland wrestling in the '70s and '80s and, of course, the WWE when it got big. I've been a major fan ever since birth."

Watson, 36, who will take part in Revolution Pro, Mockery and Mayhem on Saturday at the Polk County Fairgrounds, hopes to help inspire change in the pro wrestling industry.

For years, Watson was content watching his idols on his television screen. When he turned 26, he yearned for something more.

"I was looking online and I read an article that (professional wrestlers) 'Playboy' Buddy Rose and Edward Wiskoski were running a wrestling school," Watson said. "I didn't think I'd ever get an answer, but I called them up and let them know

Dallas resident Andrew Watson will take part in Revolution Pro, Mockery and Mayhem wrestling event on Saturday.

I was interested."

Then, an unexpected turn of events.

"They called me back the next day," Watson said. "I thought it was my friends playing a prank on me, but then I remembered I didn't

tell anyone."

Watson began learning the industry from the inside. It wasn't long before he began trying out for different wrestling companies.

"I wasn't prepared at all," Watson said. "I didn't

have wrestling shoes and I didn't have the wrestling gear that I wanted. It was makeshift. I had kind of like a football jersey with streamers across the front. It was god awful. It made an impression, just not the

one that I wanted."

Still, in 2005, Watson was set to make his professional wrestling debut, taking part in a free-for-all match where wrestlers entered the ring in pairs.

See **DREAM**, Page 11A

It's finally go time ... if only I trained more

This is the third of a series of columns chronicling my journey in training for my first sprint triathlon on Saturday.



LUKAS EGGEN

Commentary

mantic interest.

This was not one of those moments.

In the midst of attempting a training run including two-thirds of this sprint triathlon with my co-worker and fellow competitor Emily Mentzer, I went through

what I call the stages of triathlon training:

1. Excitement: You feel determined, ready to tackle this challenge.

2. Optimism: After swimming 500 yards, I felt surprisingly strong and ready to tackle the bike ride.

3. Rationalization: Despite a little tiredness creeping in during the start of the bike ride, I figured I was pacing myself well enough to finish in good time.

4. Delusional: As we turned around in Monmouth to finish the second

Sprint Triathlon

What: Independence Sprint Triathlon.

When: Saturday, 9 a.m.

Where: Independence City Pool.

Volunteer: If you would like to volunteer, contact Brian Joynat at 503-837-0550.

half of our trek, I had a new blast of energy. This wasn't so hard! I felt like a pro cyclist pushing up a mountainside ride. Yes, I know my ride was nearly all flat. No,

that didn't lessen my pride.

5. Reality check: They say pride comes before the fall. And as the wind hit us with about four miles left in our ride — let's just say that overconfidence disappeared quickly. My pace slowed to a crawl.

6. The "I would swear if I had the energy to phase": It can be discouraging when you're struggling for air and someone passes you who barely looks tired. It's about this point that I think I've made a huge mistake.

See **TRAIN**, Page 12A

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