

## EDITORIALS

### Postive role model sends can-do message

Western Oregon University has a true gem on the athletics staff. While the athletes compete for glory in competition, this person is content to be in the background. But to those who know her, she is an inspiration and a role model.

It takes someone driven to follow their passion. It takes someone brave to continue to do so when entering a field where the cards seemed stacked against her.

Western Oregon's Director of Sports Performance Cori Metzgar-Deacon is both.

She recently received her Master Coach certification, becoming one of just 160 nationwide to hold that distinction.

More importantly, she became one of fewer than 15 women to achieve what is, in the strength and conditioning coaching world, one of the highest achievements.

But this decision wasn't fueled by a desire to be in the spotlight. Metzgar-Deacon prefers to be behind the scenes. So much so that, despite qualifying to become a master coach two years ago, she declined. Her focus was on helping her student-athletes, not to pump up her own resume.

That all changed when her daughter, Reba, was born in 2013.

Throughout her career, Metzgar-Deacon has been breaking down gender barriers. She met resistance along the way, even being told she would never be able to work with a football team upon leaving Ohio State University, but she kept pushing toward her goal. She literally built WOU's strength and conditioning program from the ground up.

Now, she said she's one of three women who are primarily responsible for working with football in the NCAA at any level.

Her decision to step into the spotlight was inspired by wanting to show her daughter that she can achieve her dreams. That women are every bit as capable as their male counterparts in whatever field they want to pursue.

Metzgar-Deacon wants to be a strong role model who shows that it is possible to break down whatever doors stand in your way through hard work and dedication.

And that is what she considers to be her greatest achievement.

Her drive to be a positive role model and to help shape the young men and women she comes into contact with is admirable. Her desire to show her daughter anything is possible reminds us that what we do can have a big impact.

## PUBLIC AGENDA

**Public Agenda is a listing of upcoming meetings for governmental and nongovernmental agencies in Polk County. To submit a meeting, send it at least two weeks before the actual meeting date to the *Itemizer-Observer* via fax (503-623-2395) or email (ionews@polkio.com).**

### WEDNESDAY, JUNE 3

- **Monmouth Historic Commission** — 6 p.m., Volunteer Hall, 144 S. Warren St., Monmouth. 503-838-0722.
- **Monmouth Planning Commission** — 7 p.m., Volunteer Hall, 144 S. Warren St., Monmouth. 503-838-0722.

### THURSDAY, JUNE 4

- **Mid-Valley Behavioral Care Network** — 3 p.m., MVBCN office, 2965 Ryan Drive SE, suite 150, Salem. 503-361-2647.

### MONDAY, JUNE 8

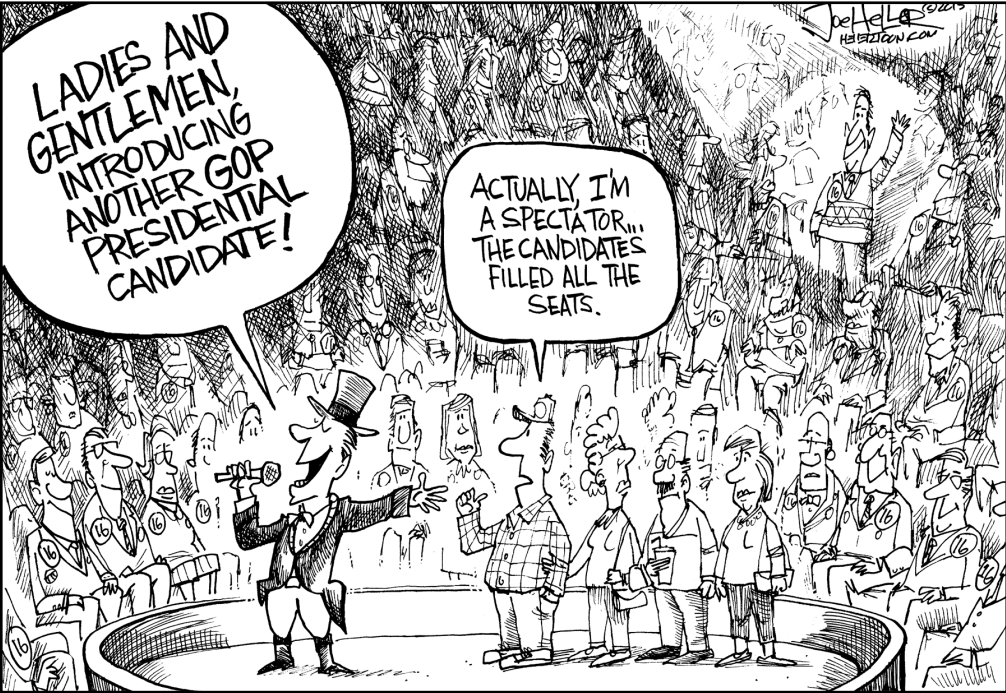
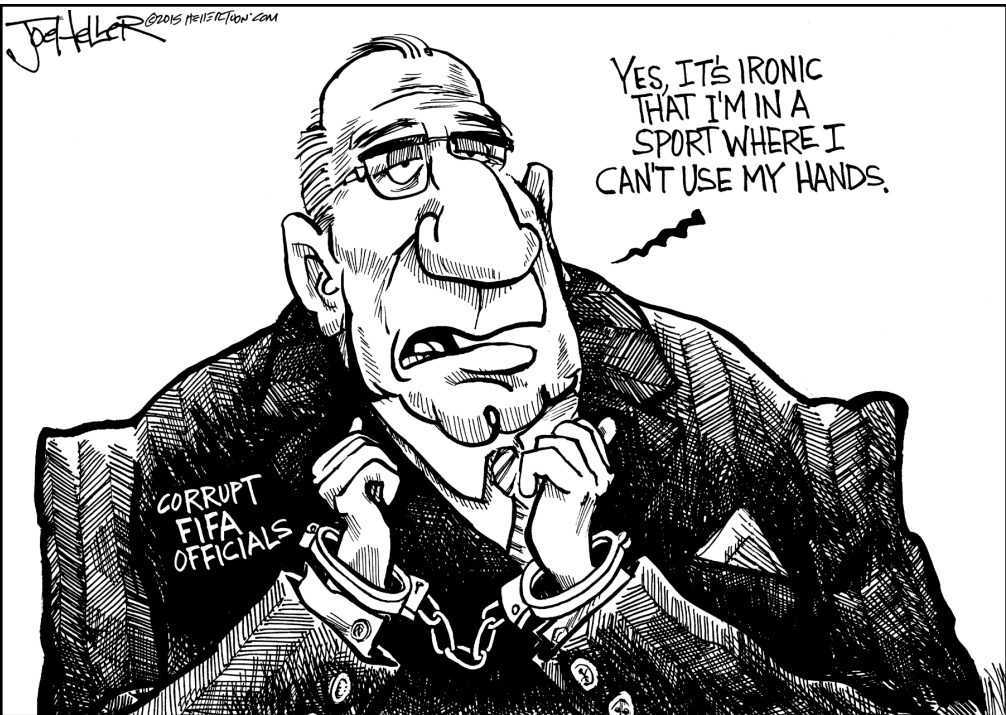
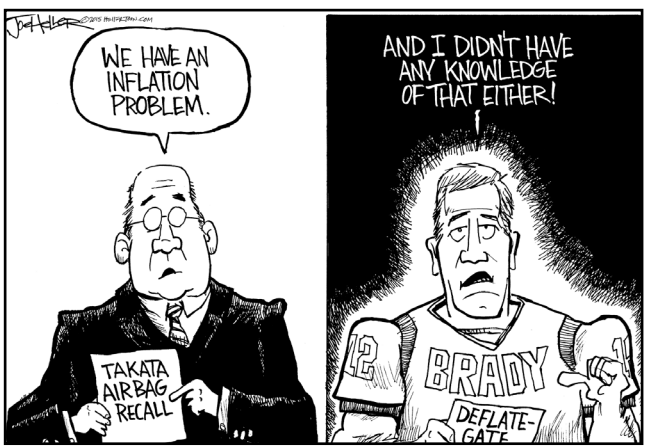
- **Dallas School Board** — 6:30 p.m., Dallas School District office board room, 111 SW Ash St., Dallas. 503-623-9664, ext. 2334.

### TUESDAY, JUNE 9

- **Polk County Board of Commissioners** — 9 a.m., Polk County Courthouse, 850 Main St., Dallas. 503-623-8173.
- **Perrydale School Board** — 7 p.m., Perrydale School, 7445 Perrydale Road, Amity. 503-623-2040.
- **Independence City Council** — 7:30 p.m., Independence Civic Center, 555 S. Main St., Independence. 503-838-1212.

### WEDNESDAY, JUNE 10

- **Monmouth Library Advisory Board** — 7 a.m., Monmouth Public Library meeting room, 168 S. Ecols St., Monmouth. 503-838-0722.
- **Polk County Board of Commissioners** — 9 a.m., Polk County Courthouse, 850 Main St., Dallas. 503-623-8173.
- **Monmouth Park and Recreation Board** — 7 p.m., Volunteer Hall, 144 S. Warren St., Monmouth. 503-838-0722.



## National drive-in movie day June 6

National Drive-In Movie Day, an "unofficial" National holiday, honors the opening day of the first drive-in and is annually celebrated on June 6. Richard M. Hollingshead Jr. of Camden, N.J., was the creator of the drive-in theater and his drive-in opened in New Jersey on June 6, 1933.

At this first drive-in theater, the screen was 40 feet by 50 feet and there were 400 car slots. The advertising slogan used was, "The whole family is

welcome, regardless of how noisy the children are." An Adolphe Meniou film, *Wife Beware*, was the first film shown. The idea caught on quickly and drive-ins began to pop up in other areas. In the late 1950s there were 4,000 drive-ins across the United States.

Copague, Long Island, N.Y., was home to one of the largest drive-in theaters. It covered over 29 acres and could park 2,500 vehicles. The drive-in

hosted a full service restaurant with roof top seating, a trolley system to take children and adults to the playground and a large indoor theater in case of bad weather.

Dallas has a true rarity in the Motor-Vu Drive-In, now in its 62nd season offering double-feature summer blockbusters on the biggest screen around. Jeff Mexico is the current owner of the Motor-Vu which was built in 1953 by Don and Jeri Wernli on Fir Villa Road.

## LETTERS TO THE EDITOR

### Successful food drive benefits cities

Monmouth and Independence post office's would like to thank all our customers who helped contribute to this year's National Association of Letter Carriers Food Drive for 2015. It was a great success.

Monmouth had a total collection of 3,140 pounds of food and Independence total collection was 1,280.

Special thanks to Marr Bros. in Monmouth for allowing the use of their scale for weighing the food collected. And also a big thank you,

to the Independence Elk Lodge members and their families for their time and effort in helping collect and transport the food to the Ella Curran Food Bank.

All food collected goes to our local food bank. Again thanks to all.

*Melissa McCormick and Employees of the Monmouth and Independence Post Office's*

### Gift helps in supporting soldiers

Pedee Women's Club would like to thank Trinity

Lutheran Church of Dallas for their generous donation of \$500.

Because of their thoughtfulness, we can continue our monthly shipments of care boxes to our deployed military members.

Postage alone is \$100 or more each month.

Anyone wishing to donate to our tax deductible project may contact Pedee Women's Club at 12950 Kings Valley Highway, Monmouth.

Thank you Trinity Lutheran Church.

*Judy Dixon  
Dallas*

## WANT TO WRITE A LETTER?

Letters to the editor are limited to 300 words. Longer letters will be edited. Each writer is restricted to one letter per 30-day period. Letters that are libelous, obscene or in bad taste will not be printed. Attacks by name on businesses or individuals will not be printed.

Letters to the editor that are obvious promotions for a business, products or services will not be printed. The *Itemizer-Observer* does not guarantee the accuracy of facts presented by letter writers; dissenters are welcome to respond. Letter writers who disagree with other pub-

lished letter writers should maintain a civil discourse and address the subject, not the author.

Letters, like all editorial material submitted to the newspaper, are edited for length, grammar and content.

Letters must include the author's name, address and telephone number. This includes letters submitted via the *I-O's* website. Names and cities of residence are published; street addresses and telephone numbers are used for verification purposes only.

Letters must be submitted from individuals, not organiza-

tions, and must be original submissions to the *I-O*, not copies of letters sent to other media.

Letters of thanks to businesses, individuals and organizations are limited to 10 names. The deadline for letters to the editor is 10 a.m. Monday. Letters submitted may not be retractable after this deadline.

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