

DEADLINES

NEWS DEADLINES
For inclusion in the Wednesday edition of the *Itemizer-Observer*:
Social news (weddings, engagements, anniversaries, births, milestones) — 5 p.m. on Thursday.
Community events — Noon on Friday for both the Community Notebook and Community Calendar.
Letters to the editor — 10 a.m. on Monday.
Obituaries — 4 p.m. on Monday.
ADVERTISING DEADLINES
Retail display ads — 3 p.m. Friday.
Classified display ads — 11 a.m. on Monday.
Classified line ads — Noon on Monday. Classified ads are updated daily on www.polkio.com.
Public notices — Noon on Friday.

CORRECTIONS

The *Polk County Itemizer-Observer* is committed to publishing accurate news, feature and sports reports. If you see anything that requires a correction or clarification, call the newsroom at 503-623-2373 or send an e-mail to kholland@polkio.com.

WEBSITE

The *Polk County Itemizer-Observer* website, www.polkio.com, is updated each week by Wednesday afternoon. There, you will find nearly every story that appears in the print version of the newspaper, as well as some items, including additional photos, that do not appear in print due to space limitations. The *Itemizer-Observer* is also on Facebook and Twitter. Watch for updates there.

WEATHER

RECORDED	HIGH	LOW	RAIN
March 17.....	60	39	.03
March 18.....	64	42	.00
March 19.....	68	38	.00
March 20.....	63	45	.35
March 21.....	61	43	.12
March 22.....	57	44	.08
March 23.....	54	46	.92

Rainfall during March — 3.84 in.
Rain through March 23 — 11.38 in.

GOT NEWS?

Submit your tip to ionews@polkio.com.



EMILY MENTZER/Itemizer-Observer

Marc Powell unveils the sign commemorating Capt. Thomas Kistler, a firefighter who died en route to a training exercise in 2003, through an adopt-a-road program.

Firefighter remembered via adopt-a-road tribute

By Emily Mentzer
The Itemizer-Observer

INDEPENDENCE — In honor of Capt. Thomas Kistler, a Polk County Fire District No. 1 firefighter who died on duty, a stretch of road in Independence has been “adopted.”

Once Lori Albert, who used to work for Polk County Fire, decided to adopt the road in his honor and keep it clean, she said it took a while to get things sorted.

The city of Independence didn’t have an established program for Adopt-a-Road, so Albert had to make a lot of calls to different agencies — including the Oregon Department of Transportation and Polk County — before a new program was adopted in Independence in August 2014.

“It seemed like I ended up talking to all 900 quadrants of ODOT (Oregon Department of Transportation),” Albert said, exasperated.

With the program finally established, Albert and others organized to clean up the stretch of pavement three times in the last four months

“We finally got it done. (The effort was) worth it for him. He was the kind of person who made anything difficult really easy. He was so kind about the way he operated. He was just a kind person with everybody.”
—Lori Albert on Capt. Tom Kistler

to qualify for a sign officially memorializing Kistler.

Kistler died en route to a hazardous material drill on March 19, 2003. He was riding in an engine in the front seat when a car approached from the opposite direction on a narrow stretch of Talmadge Road. The right rear wheels of the engine left the paved surface of the road and dropped into a ditch.

The driver of the engine was unable to steer the engine out of the ditch and went about 165 feet before crashing into a tree, hitting the front seat where Kistler

was. It took firefighters about an hour and a half to remove Kistler from the engine. He was pronounced dead at the scene.

Albert was working with Polk County Fire No. 1 when it happened and remembers how painful his death was to the entire department.

“It was such a horrific way to go,” she said. “And it was traumatic.”

Albert said that part of Talmadge brings back memories of Kistler, and wanted to do something so everyone who drove by would remember him, too.

“It took me, personally, five or six years before I could drive down Talmadge Road,” Albert recalled. “I couldn’t go down that spot.” On Thursday, the anniversary of his death, the road was dedicated in his memory.

“We finally got it done,” Albert said. “(The effort was) worth it for him. He was the kind of person who made anything difficult really easy. He was so kind about the way he operated. He was just a kind person with everybody.”

NEWS IN BRIEF

DA will host public forum Thursday

DALLAS — Polk County District Attorney Aaron Felton will hold an open meeting on public safety issues Thursday at 7 a.m. at Courtyard Coffeehouse & Deli, 156 SE Mill St., in downtown Dallas. Felton will be available to answer questions and listen to ideas regarding current public safety issues in Polk County, including practices, procedures and funding, during his “java and justice” public safety forum. For more information: Barb Filipponi, 503-623-9268, ext. 1262.

City recognizes top police officers

INDEPENDENCE — Peter Roy recently was named Independence Police Officer of the Year for his reliability, strong work ethic and desire to improve his community, noted Independence Police Chief Bob Mason.

This year, the honor was renamed the Roger J. Lloyd Officer of the Year Award in recognition of a fallen Independence police officer, Mason noted.

Roy will lead the Fourth of July parade from Monmouth to Independence this year.

Jill Thissell was named Reserve Officer of the Year for her countless hours of ride-alongs, assistance with search warrants and investigations, and work as the Independence Municipal Court bailiff, Sgt. Lyle Gilbert said.

Monmouth man wins raffle jackpot

MONMOUTH — David Lynn of Monmouth won the \$1 million St. Patrick’s Day Raffle from the Oregon Lottery on March 17. Lynn purchased the winning ticket at the Stop and Save gas station in Rickreall. Lynn was not available for comment.

The raffle, with only 250,000 tickets sold, is the Oregon Lottery game with the best odds to win \$1 million, said Patrick Johnson, public information officer for the lottery. The game also had 1,800 other cash prizes.

A complete list of winning numbers can be found at www.oregonlottery.org.

CCC bonds refinanced for savings

SALEM — Chemeketa Community College has refinanced general obligation bonds for capital construction and saved property taxpayers millions of dollars.

The college paid off \$23,905,000 from bonds issued in 2011 with a bond purchased on March 10 at a lower interest rate. Taxpayers will net a savings of \$1.3 million on a present value basis and \$2.2 million over the life of the loan.

In May 2014, Chemeketa refinanced its original debt from 2008 to save taxpayers \$2.3 million.

A majority of voters in Polk, Marion and Yamhill counties supported assuming a property tax liability totaling \$92 million dollars when they approved a 2008 bond levy.

Exhibitors sought for health fair

INDEPENDENCE — Room is available for local exhibitors in the wellness, fitness, medical and health fields that would like to participate in the Talmadge Middle School Community Health Fair.

Booths are encouraged to be interactive for both school-aged students and adults. Services and products cannot be sold at the health fair; it is an educational and informational event.

The ninth-annual community health fair is scheduled April 23 from 5 to 7 p.m. at Talmadge Middle School in Independence.

Those interested in hosting an exhibit, receiving additional information or being a sponsor can contact Cheri Higgins at 503-606-2462 or send an email to chiggins@central.k12.or.us.

Dallas UPS driver receives honor

DALLAS — A local UPS Inc. employee has been honored for 25 years of driving without an accident.

Lavern Fast of Dallas was recently inducted into UPS’s prestigious “Circle of Honor” for his quarter century of accident-free driving. Fast is among 13 drivers from Oregon and 1,445 nationwide who are newly inducted into the company’s honorary organization.

Oregon boasts 72 active Circle of Honor drivers with a combined 2,025 years of accident-free driving. Globally, 7,878 active UPS drivers are members of the Circle of Honor. Collectively, they’ve racked up more than 221,000 years and more than 5.3 billion safe miles during their careers.

HEALTH DIRECTORY

MASSAGE

• **OUT OF GRAVITY MASSAGE** - Julianne Klingberg DeForest, LMT - 503.510.2256 - NOW IN INDEPENDENCE Enter Stressed, Leave Blessed - Out of Gravity Massage offers massage sessions to suit a variety of needs and health concerns. Intuitive and holistic bodywork are blended with extensive and varied education, creating a caring and knowledgeable environment of healing. Also, with a prescription and a claim number, up to a year’s therapeutic massage sessions will help in your rehabilitation from a motor vehicle accident. Relaxation, well care, geriatric and pediatric massage is available, as well as motor vehicle accident rehabilitation. Infant massage instructional sessions available. Call today for an appointment. 503-510-2256 OR # 7627 / National #295187-00

ORTHODONTICS

• **YENNE & SCHOFIELD - SPECIALISTS IN ORTHODONTICS** - 580 Main Street, Suite E, Dallas, 503-623-5002. Providing Polk County with orthodontic care for children and adults for functions and cosmetics. Open Tuesdays & Thursdays.

ORTHOPEDIC SERVICES

• **DR. STEVE YAO** specializes in sports medicine and knee-replacement procedures. Dr. Yao sees patients at the Hope Orthopedics of Oregon satellite office in Dallas, and schedules surgeries nearby at West Valley Hospital in the new state-of-the-art surgery suites. For an appointment with Dr. Yao, call at 503-540-6300. The Hope Orthopedics Dallas location is at 607 SE Jefferson St., Dallas. West Valley Hospital is located at 525 SE Washington St., Dallas, 503-623-8301. Visit www.HopeOrthopedics.com and www.salemhealth.org/vwvh.

PHYSICAL THERAPY/

REHABILITATION SERVICES

• **WEST VALLEY HOSPITAL** provides a wide range of rehabilitation services in Dallas, offering physical therapy, occupational therapy, speech therapy and aquatic therapy (at Dallas Aquatic Center). Let us help you get moving again! We are conveniently located at 525 SE Washington St., Dallas, 503-623-7305.

• **MONMOUTH MEDICAL CENTER** serves Monmouth and Independence locally with a wide range of rehabilitation services including physical therapy, occupational therapy, speech therapy and aquatic therapy (at Dallas Aquatic Center). Let us help you get moving again! We are conveniently located at 512 Main St., Monmouth, 503-838-1388. Se habla español.

• **PINNACLE PHYSICAL THERAPY** is an orthopedic physical therapy facility committed to getting great results for each patient. We focus on advanced spine care, women’s health issues, sport rehab, vehicle accidents, and work injuries. We offer highly specialized care including manual therapy, aquatic therapy, specific deep tissue mobilization techniques, Postural Restoration Institute (PRI) techniques and therapeutic exercise. We have a warm, caring and friendly staff and accept most private health insurance, auto insurance, and workers’ compensation insurance. We offer both male and female physical therapists. Often no physician referral is needed to start care. Call us today and ask how to get therapy for your condition or talk to your physician to see if physical therapy is right for you. *Call us: 503-623-2433. We are conveniently located at 210 W. Ellendale Avenue Dallas, Oregon 97338;* (next to Taco Bell) Check us out on the web: www.pinnacle-physicaltherapy.com

PODIATRY SERVICES

• **WEST VALLEY SURGICAL SPECIALTY CLINIC** podiatrists **Dr. Ruben Pollak** and **Dr. R. Tyson Scott** see patients at West Valley Surgical Specialty Clinic and provide procedures and surgeries for feet, ankle, bunions and plantar fasciitis at nearby West Valley Hospital’s state-of-the-art surgery suites. Request one of these podiatrists and get your surgical care done locally. Dr. Scott sees patients at West Valley Surgical Specialty Clinic on Wednesdays, 8 a.m. - noon. Dr. Pollak sees patients at the Surgical Specialty Clinic on Wednesdays, 12:30 p.m. - 4:30 p.m. For an appointment with Dr. Scott, call 503-370-8784, or fax physician referral to 503-362-4017. For an appointment with Dr. Pollak, call 503-831-0784, or fax physician referral to 503-623-2612. West Valley Surgical Specialty Clinic is located at 591 SE Clay St., Dallas. Visit salemhealth.org/specialty. Dr. Scott speaks fluent Spanish.

PRIMARY CARE PHYSICIANS

• **DR. CHARLES ESSEX**, family medicine, is accepting new patients at Monmouth Medical Center, located at 512 Main St., Suite 300, Monmouth, 503-838-1182. With a proactive healthcare approach, Dr. Essex provides care for the entire family and will work with you to build a healthy lifestyle with annual exams, immunizations, lifestyle counseling, sports physicals, skin care, cancer screenings and more. New patients are welcome.

• **DR. JOHN HADLEY**, family medicine, is accepting new patients at the West Valley Physicians & Surgeons Clinic at 555 SE Washington St., Dallas, 503-623-7301. With a proactive healthcare approach, Dr. Hadley provides offers family medicine for your entire family from newborns to adults with annual exams, immunizations, lifestyle counseling, sports physicals, skin care, cancer screenings and more. New patients are welcome.

UROLOGY SERVICES

• **WEST VALLEY SURGICAL SPECIALTY CLINIC** board certified urologist **Dr. Jaffer Bashey** sees patients on Tuesday mornings, providing complete diagnosis and treatment of urological disorders and diseases for adults and children. Dr. Bashey does outpatient surgeries at West Valley Hospital, including cystoscopy, minor bladder and prostate surgery, bladder and kidney stones, circumcision, vasectomy and other procedures. For an appointment, call 503-561-7100. Physician referral may be required and can be faxed to 503-561-7124. Visit salemhealth.org/specialty or West Valley Surgical Specialty Clinic at 591 Clay St. in Dallas.

SHAMANIC PRACTITIONER

• **MARIAN SIMON**, MA Shamanic practitioner and counselor specializing in spiritual healing and development since 1994. 503-831-0158. simonart@teleport.com <http://mariansimon.com>

Call the Itemizer-Observer at 503-623-2373 for more information or to have your business listed in this directory.