SCOREBOARD

Continued from Page 12A

BOYS BASKETBALL

CLASS 5A MID-WILLAMETTE

Team	League	All
Lebanon	0-0	7-3
Central	0-0	6-3
Corvallis	0-0	6-4
Silverton	0-0	5-3
Dallas	0-0	4-5
South Albany	0-0	3-7
Crescent Valley	0-0	2-8
Woodburn	0-0	1-7

Tuesday, Jan. 6 Results
Churchill 78, Corvallis 74 (2OT)
Tualatin 67, Crescent Valley 46
Lebanon 63, Milwaukie 61
Silverton 63, Marist 47
South Albany 72, Hood River Valley 61
Woodburn 47, Aloha 44

Friday, Jan. 9 Results
Central 55, St. Helens 46
Hood River Valley 69, Woodburn 61

Saturday, Jan. 10 Result
Pendleton 75, Lebanon 52

CENTRAL 55, ST. HELENS 46
Friday's Box Score

ST. HELENS (46) — Ruege 17, Helgerson 9, Bumgardner 8, Poorman 6, Galvin 3, Falk 2, Mulcahy 1, Alcazar, Roxey **Totals 12 17-27 46**.

CENTRAL (55) — Fleming 13, Bansen 12, Barba 11, Cable 8, Smith 6, Eltelbany 2, Landers 2, Brinton 1, Stepp, Barry. **Totals 16 20-27 55**.

St. Helens	**10**	**19**	**9**	**8—46**
Central	**14**	**8**	**19**	**14—55**

3-point goals — St. Helens 5 (Ruerge 4, Poorman 1); Central 3 (Bansen 2, Barba 1).

Wednesday, Jan. 14 Games
Dallas at Woodburn
South Albany at Central
Corvallis at Crescent Valley
Silverton at Lebanon

Friday, Jan. 16 Games
Central at Dallas
Lebanon at Corvallis
Crescent Valley at Silverton
Woodburn at South Albany

Wednesday, Jan. 21 Games
South Albany at Dallas
Central at Crescent Valley
Corvallis at Silverton
Lebanon at Woodburn

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CLASS 2A TRI-RIVER CONFERENCE

Team	League	All
Regis	3-0	8-5
Kennedy	2-1	11-3
Santiam	2-1	5-7
Western Mennonite	1-1	8-4
St. Paul	1-1	6-6
Central Linn	1-2	6-7
Perrydale	1-2	5-6
East Linn Christian	0-3	8-6

Tuesday, Jan. 6 Results
Central Linn 60, Perrydale 52
Regis 54, East Linn Christian 44
Santiam 34, St. Paul 31
Kennedy 47, Western Mennonite 42

Friday, Jan. 9 Results
Regis 41, Perrydale 32
St. Paul 46, East Linn Christian 25
Kennedy 56, Santiam 44
Western Mennonite 58, Central Linn 46

CENTRAL LINN 60, PERRYDALE 52
Jan. 6 Box Score

PERRYDALE (52) — Price 23, Janesofsky 17, Trembly 6, Bailey 3, Barnes 3, Bibler, Cruickshnk, Silver, Fairchild. **Totals 18 13-22 52**

CENTRAL LINN (60) — Hernandez 24, Brown 25, Debban 6, Nightingale 3, Pettner 2, Wibbens, Barnes, Chapman. **Totals 24 6-11 60**.

Perrydale	**12**	**12**	**12**	**16—52**
Central Linn	**11**	**15**	**15**	**19—60**

3-point goals — Perrydale 3 (Price 2, Janesofsky 1); Central Linn 6 (Hernandez 4, Deban 2).

REGIS 41, PERRYDALE 32
Friday's Box Score

REGIS (41) — Minten 13, Nieslanik 7, Schmitt 4, Reynolds 4, Brown 4, Keudell 4, Piete 3, B. Woodcock 1, J. Woodcock 1, Guzman. **Totals 15 9-17 41**.

PERRYDALE (32) — Price 14, Barnes 7, Fairchild 6, Bibler 2, Bailey 2, Janesofsky 1, Silver. **Totals 11 8-17 32**.

Regis	**6**	**10**	**14**	**11—41**
Perrydale	**4**	**7**	**11**	**10—32**

3-point goals — Regis 2 (Minten 1, Reynolds 1); Perrydale 2 (Price 2).

Tuesday, Jan. 13 Games
Perrydale at East Linn Christian
Santiam at Central Linn
St. Paul at Kennedy
Western Mennonite at Regis

Friday, Jan. 16 Games
Perrydale at Western Mennonite
Central Linn at St. Paul
East Linn Christian at Kennedy
Regis at Santiam

Monday, Jan. 19 Game
Delphian at Western Mennonite

Tuesday, Jan. 20 Games
Santiam at Perrydale
Kennedy at Central Linn
St. Paul at Regis
Western Mennonite at East Linn Christian

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CLASS 1A CASCO LEAGUE

Team	League	All
Country Christian	4-0	11-1
C.S. Lewis	3-0	5-8
Crosshill Christian	2-1	9-3
Willamette Valley Christ.	2-1	6-3
Livingstone Adventist	1-2	1-2
Falls City/Kings Valley	0-4	2-9
Jewell	0-4	0-13

Tuesday, Jan. 6 Results
C.S. Lewis 47, Falls City 35
Country Christian 44, Crosshill Christ. 31
Livingstone Adventist 66, Jewell 64

Thursday, Jan. 8 Result
Country Christian 86, Livingstone Adv. 20

Friday, Jan. 9 Results
Crosshill Christian 69, Falls City 34
Willamette Valley Christian 41, Jewell 30

Saturday, Jan. 10 Results
Falls City 46, Mohawk 30
Lowell 66, C.S. Lewis 53

C.S. LEWIS 47, FALLS CITY 35
Jan. 6 Box Score

C.S. LEWIS (47) —Hager 22, Cody 10, Fredrick 7, Grobey 4, Rodsepp 4, Blair. **Totals 20 6-11 47**.

FALLS CITY (35) — Simmons 13, Sickles 8, Yeager 8, Weems 2, Labrado 2, Simmons 2, Kempfer, Loraine. **Totals 13 8-17 35**.

C.S. Lewis	**14**	**11**	**12**	**10—47**
Falls City	**7**	**11**	**8**	**9—35**

3-point goals — C.S. Lewis 1 (Hager 1); Falls City 1 (Yeager 1).

CROSSHILL CHRIST. 69, FALLS CITY 34
Friday's Box Score

FALLS CITY (34) — Yeager 11, Simmons 9, Sickles 7, Loraine 2, Kempfer 2, Varney 2, Hillard 1. **Totals 14 4-11 34**.

CROSSHILL CHRISTIAN (69) — Gille 15, Cubitt 11, Talmage 6, Isa. Rodriguez 6, Ism. Rodriguez 6, Holfman 5, Haskell 5, Blackburn 4, Griffin 3, Overturf 2, Brockman 2, Cotler 2, DeJager 2. **Totals 31 3-10 69**.

Falls City	**2**	**14**	**6**	**12—34**
Crosshill Christ.	**25**	**8**	**19**	**17—69**

3-point goals — Falls City 2 (Sickles 1, Yeager 1); Crosshill Christian 4 (Gille 2, Talmage 1, Haskell 1).

FALLS CITY 46, MOHAWK 30
Saturday's Box Score

MOHAWK (30) — Cunnington 13, James 7, Smith 6, Bigder 2, Brewer 2, Culp, Rockuel, Sander. **Totals 13 3-8 30**.

FALLS CITY (46) — Sickles 16, Yeager 15, R. Kempfer 7, T. Simmons 4, R. Simmons 4, Young, Loraine, Smith, Na. Kempfer, Weems, Varney, Hillard, Ni. Kempfer, Labrado. **Totals 22 0-11 46**.

Mohawk	**12**	**2**	**2**	**14—30**
Falls City	**10**	**15**	**11**	**10—46**

3-point goals — Mohawk 1 (James 1); Falls City 2 (Yeager 1, Kempfer 1).

Tuesday, Jan. 13 Games
C.S. Lewis at Jewell
Country Christ. at Willamette Valley Christ.
Livingstone Advent. at Crosshill Christian

Thursday, Jan. 15 Games
Falls City at Livingstone Adventist
Oregon School for the Deaf JV at Jewell

Friday, Jan. 16 Games
Country Christian at C.S. Lewis
Crosshill Christian at Will. Valley Christ.

Tuesday, Jan. 20 Games
Jewell at Falls City
C.S. Lewis at Crosshill Christian
Country Christian at North Douglas
Livingstone Advent. at Will. Valley Christ.

GIRLS BASKETBALL

CLASS 5A MID-WILLAMETTE

Team	League	All
Corvallis	0-0	7-3
South Albany	0-0	6-4
Woodburn	0-0	6-4
Central	0-0	5-4
Dallas	0-0	5-4
Silverton	0-0	4-6
Crescent Valley	0-0	3-6
Lebanon	0-0	1-9

Tuesday, Jan. 6 Results
Beaverton 51, Dallas 49
Central 58, Aloha 39
Corvallis 53, Churchill 29
North Eugene 42, Crescent Valley 37
Lebanon 53, Milwaukie 52
Silverton 49, Marist 47
South Albany 42, Hood River Valley 35
Woodburn 49, McKay 11

Friday, Jan. 9 Results
Forest Grove 58, Crescent Valley 46
St. Mary's 53, Silverton 45

Saturday, Jan. 10 Result
Pendleton 65, Lebanon 48

BEAVERTON 51, DALLAS 49
Jan. 6 Box Score

BEAVERTON (51) — A. Christiansen 14, McConnell 10, Miller-Moylan 8, Stoll 8, T. Christiansen 4, Mueller 3, Chacon 2, Smalley 2, Distifeno, Miller. **Totals 21 5-8 51**.

DALLAS (49) — Zwicker 14, Fennell 11, E. Ronco 9, B. Ronco 5, Mitchell 4, Tallon 3, Davis 3, Classen. **Totals 14 16-21 49**.

Beaverton	**14**	**10**	**14**	**13—51**
Dallas	**11**	**9**	**12**	**17—49**

3-point goals — Beaverton 4 (T. Christiansen 1, Miller-Moylan 1, Stoll 1, A. Christiansen 1); Dallas 5 (Fennell 2, Mitchell 1, B. Ronco 1, Davis 1).

CENTRAL 58, ALOHA 39
Jan. 6 Box Score

ALOHA (39) — Sibert 14, Nordberg 10, Kelsey 4, Hiev 4, Lange 3, Mustafic 2, Fetahu 2, Rosencrance, Jenkins, Simovic. **Totals 13 8-13 39**.

CENTRAL (58) — Hoffman 13, Tapasa 10, Alvarez 9, Nash 8, Huffman 8, Omlid 6, Webb 2, Girod 2, White, Hartford. **Totals 21 16-26 58**.

Aloha	**13**	**5**	**6**	**15—39**
Central	**8**	**20**	**12**	**18—58**

3-point goals — Aloha 5 (Sibert 2, Nordberg 2, Khiev 1); Central 0.

Tuesday, Jan. 13 Games
Woodburn at Dallas
Central at South Albany
Crescent Valley at Corvallis
Lebanon at Silverton

Thursday, Jan. 15 Game
Corvallis at Lebanon

Friday, Jan. 16 Games
Dallas at Central
Silverton at Crescent Valley
South Albany at Woodburn

Tuesday, Jan. 20 Games
Dallas at South Albany
Crescent Valley at Central
Corvallis at Silverton
Woodburn at Lebanon

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CLASS 2A TRI-RIVER CONFERENCE

Team	League	All
Regis	3-0	12-1
Western Mennonite	2-0	9-4
East Linn Christian	2-1	11-3
Kennedy	2-1	10-3
St. Paul	1-1	9-3
Perrydale	1-2	6-4
Central Linn	0-3	4-9
Santiam	0-3	1-11

Tuesday, Jan. 6 Results
Perrydale 51, Central Linn 37
Regis 35, East Linn Christian 23
St. Paul 71, Santiam 23
Western Mennonite 57, Kennedy 41

Friday, Jan. 9 Results
Regis 42, Perrydale 32
East Linn Christian 47, St. Paul 39
Kennedy 70, Santiam 28
Western Mennonite 55, Central Linn 22

PERRYDALE 51, CENTRAL LINN 37
Jan. 6 Box Score

PERRYDALE (51) — Locke 24, S. Nelson 10, Mitchell 4, Newton 4, Perkins 4, McGill 4, E. Nelson 1, Burbank, Pope, Kennedy, Griffin, Starr. **Totals 17 13-24 51**.

CENTRAL LINN (37) — Wright 11, K. Kaczmarek 8, McLaughlin 7, Vaughn 7, Black 2, A. Phearson 2, Robb, Neuswander, E. Phearson, C. Kaczmarek. **Totals 11 12-16 37.**

Perrydale	**6**	**12**	**14**	**19—51**
Central Linn	**7**	**9**	**4**	**17—37**

3-point goals — Perrydale 4 (Locke 3, Mitchell 1); Central Linn 3 (Wright 2, Vaughn 1).

Tuesday, Jan. 13 Games
Perrydale at East Linn Christian
Santiam at Central Linn
St. Paul at Kennedy
Western Mennonite at Regis

Friday, Jan. 16 Games
Perrydale at Western Mennonite
Central Linn at St. Paul
East Linn Christian at Kennedy
Regis at Santiam

Tuesday, Jan. 20 Games
Santiam at Perrydale
Kennedy at Central Linn
St. Paul at Regis
Western Mennonite at East Linn Christian

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CLASS 1A CASCO LEAGUE

Team	League	All
Country Christian	3-0	10-2
Willamette Valley Christ.	1-1	3-5
Falls City/Kings Valley	1-1	3-10
Jewell	1-2	3-9
Livingstone Adventist	0-2	1-2

Tuesday, Jan. 6 Results
Falls City 41, C.S. Lewis JV 7
Jewell 44, Livingstone Adventist 25
Willamette Valley Christian 44, OSD 27

Thursday, Jan. 8 Result
Country Christian 78, Livingstone Adv. 23

Friday, Jan. 9 Result
Willamette Valley Christian 31, Jewell 23

FALLS CITY 41, C.S. LEWIS JV 7
Jan. 6 Box Score

C.S. LEWIS JV (7) — Trowbridge 7, Swan, Espinosa, Huber, Grant, Commack. **Totals 3 1-4 7**.

FALLS CITY (41) — Reynolds 8, Varney 8, Davis 6, Ziola 6, Ellingson 5, Coker 4, Kidd 4. **Totals 16 8-12 41**.

C.S. Lewis JV	**4**	**2**	**1**	**0— 7**
Falls City	**20**	**11**	**2**	**8—41**

3-point goals — C.S. Lewis 0; Falls City 1 (Ellingson 1).

Tuesday, Jan. 13 Game
Country Christ. at Willamette Valley Christ.

Thursday, Jan. 15 Games
Falls City at Livingstone Adventist
Portland Lutheran at Country Christian
Oregon School for the Deaf JV at Jewell

Friday, Jan. 16 Game
Falls City at Gaston

Saturday, Jan. 17 Game
McKenzie at Country Christian

Tuesday, Jan. 20 Games
Jewell at Falls City
Country Christian at North Douglas
Livingstone Advent. at Will. Valley Christ.

COLLEGE BASKETBALL

GNAC MEN

Team	League	All
Western Oregon	5-1	13-3
Alaska Anchorage	4-1	8-7
Seattle Pacific	4-2	12-4
Central Washington	3-2	8-4
Northwest Nazarene	3-2	5-10
Western Washington	2-3	9-6
Alaska Fairbanks	2-3	5-8
Saint Martin's	2-4	5-11
Simon Fraser	1-4	6-7
Montana State Billings	1-5	3-13

Thursday, Jan. 8 Results
Western Oregon 66, NW Nazarene 59
Western Washington 88, MSU Billings 68
Seattle Pacific 115, Simon Fraser 81
Central Washington 70, Saint Martin's 68

Saturday, Jan. 10 Results
West. Oregon 78, Cent. Washington 74
Alaska Anchorage 76, Alaska Fairbanks 64
MSU Billings 111, Simon Fraser 104
West. Washington 68, Seattle Pacific 66
NW Nazarene 72, Saint Martin's 68 (OT)

WOU 66, NNU 59
Thursday's Box Score

NORTHWEST NAZARENE (59) — Kinney 21, Hering 14, Birketoft 10, Rima 6, Massey 4, Wright 2, N'Diaye 2, Olivier, Shedrick, Helgsen. **Totals 22-52 10-13 59**.

WESTERN OREGON (66) — Avgi 18, Wiley 16, Alexander 11, Nichols 10, Sarhan 8, Thomas 2, Hastings 1, Nestell, DupreeTurner, Schriber, Thompson. **Totals 24-59 12-15 66**.

Northwest Nazarene	**34**	**25—59**
Western Oregon	**31**	**35—66**

3-point goals — Northwest Nazarene 5-18 (Hering 4-8, Birketoft 1-4, Kinney 0-1, Shedrick 0-1, Wright 0-2, N'-Diaye 0-2); Western Oregon 6-17 (Alexander 3-5, Wiley 3-6, Sarhan 0-1, Nichols 0-2, Thomas 0-3).

WOU 78, CWU 74
Saturday's Box Score

CENTRAL WASHINGTON (74) — Stroud 17, Dawn 12, Williams 11, Russell 9, Matthews 8, Rademacher 4, Roppo 5, Rodgers 3, Jacobs 3, Vaughn 2. **Totals 28-54 10-15 74**.

WESTERN OREGON (78) — Avgi 23, Wiley 10, Sarhan 10, Thomas 9, Dupree-Turner 8, Nichols 7, Alexander 5, Hastings 4, Schriber 2, Nestell. **Totals 24-54 24-30 78**.

Central Washington	**38**	**36—74**
Western Oregon	**37**	**41—78**

3-point goals — Central Washington 8-19 (Dawn 2-4, Williams 2-7, Roppo 1-1, Jacobs 1-1, Russell 1-3, Matthews 1-3); Western Oregon 6-15 (DupreeTurner 2-2, Wiley 2-4, Avgi 1-1, Thomas 1-2, Alexander 0-1, Sarhan 0-1, Nichols 0-4).

Wednesday, Jan. 14 Game
West. Washington at Cent. Washington

Thursday, Jan. 15 Games
Simon Fraser at Northwest Nazarene
Alaska Anchorage at Seattle Pacific
Alaska Fairbanks at MSU Billings

Saturday, Jan. 17 Games
Saint Martin's at Western Oregon
Simon Fraser at Central Washington
Western Washington at NW Nazarene
Alaska Fairbanks at Seattle Pacific
Alaska Anchorage at MSU Billings

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GNAC WOMEN

Team	League	All
Alaska Anchorage	5-1	15-1
Seattle Pacific	4-1	12-1
Alaska Fairbanks	4-2	12-4
Western Washington	3-2	9-5
Simon Fraser	3-2	7-6
Central Washington	3-3	8-6
Northwest Nazarene	2-4	4-11
Montana State Billings	1-4	9-6
Saint Martin's	1-4	4-9
Western Oregon	1-4	4-9

Thursday, Jan. 8 Results
Alaska Anchorage 79, Western Oregon 61
Simon Fraser 103, Northwest Nazarene 86
Alaska Fairbanks 85, Saint Martin's 77 (OT)
West. Washington 76, Cent. Washington 68

Saturday, Jan. 10 Results
Alaska Fairbanks 74, Western Oregon 65
Alaska Anchorage 74, Saint Martin's 47
Seattle Pacific 70, MSU Billings 60
Central Washington 66, Simon Fraser 54
West. Washington 85, NW Nazarene 66

AAU 79, WOU 61
Thursday's Box Score

ALASKA ANCHORAGE (79) — Mullings 19, Buchanan 15, A. Madison 9, Robertson 9, Wright 8, Devine 6, J. Madison 4, Dent 4, Afoa 3, Nelson 2. **Totals 28-57 17-30 79**.

WESTERN OREGON (61) — Mottershaw 17, Goddard 16, Howey 10, Osborne 9, Akins 6, E. Miller 3, Titus, J. Miller, Bromagem. **Totals 22-50 7-14 61**.

Alaska Anchorage	**35**	**44—79**
Western Oregon	**34**	**27—61**

3-point goals — Alaska Anchorage 6-16 (Buchanan 5-7, A. Madison 1-2, Devone 0-1, Robertson 0-1, Dent 0-1, J. Madison 0-4); Western Oregon 10-20 (Goddard 4-7, Osborne 2-5, Mottershaw 2-6, E. Miller 1-1, Akins 1-1).

AFU 74, WOU 65
Saturday's Box Score

ALASKA FAIRBANKS (74) — Bulaya 21, Wilson 16, Skjold 12, Smith 10, Kirk 4, Milton 3, Elleby 3, Toumson 2, Mainville 2, Childers 1, Williams. **Totals 26-65 21-29 74**.

WESTERN OREGON (65) — Osborne 14, Mottershaw 12, Akins 12, Goddard 9, Titus 8, E. Miller 5, Howey 3, J. Miller 2, Bromagem. **Totals 24-60 14-22 65**.

Alaska Fairbanks	**37**	**37—74**
Western Oregon	**32**	**33—65**

3-point goals — Alaska Fairbanks 1-12 (Kirk 1-7, Elleby 0-1, Childers 0-1, Skjold 0-1, Smith 0-2); Western Oregon 3-11 (Akins 1-2, Goddard 1-3, Osborne 1-4, E. Miller 0-2).

Thursday, Jan. 15 Games
Western Oregon at Western Washington
Central Washington at MSU Billings
Northwest Nazarene at Seattle Pacific
Saint Martin's at Simon Fraser

Saturday, Jan. 17 Games
Western Oregon at Simon Fraser
Central Washington at Seattle Pacific
Northwest Nazarene at MSU Billings
Alaska Fairbanks at Alaska Anchorage
Saint Martin's at Western Washington

Rookie: Monmouth's Evans sworn into office on Monday

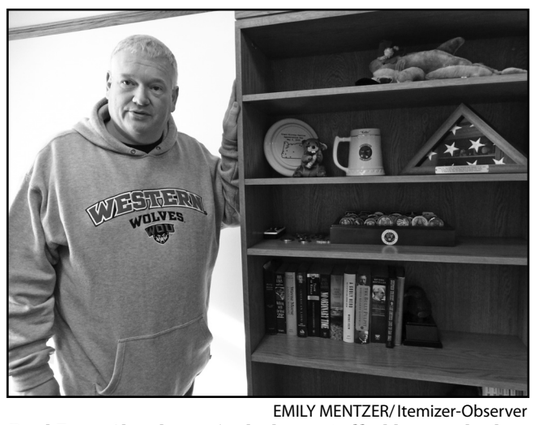
Continued from Page 1A

His second and third priority would be to provide local exemptions to Measure 5, which limits property taxes to $10 per $1,000 of assessed value. His idea is to allow local communities the ability to approve bonds and levies for specific local investments that would make property taxes exceed Measure 5's caps.

"I don't believe in the same cookie cutter approach across the state, and if a community says they don't want to pay more in taxes for this service, that should be their right," Evans said. "But I want to give them the tools. I want to make sure local governments have the tools they need to succeed."

Evans was sworn in and officially began his first Legislative session representing District 20, whose boundaries include most of Monmouth, Independence and West Salem, on Monday. He replaces longtime State Rep. Vicki Berger of West Salem, who retired.

Polk County's other new face at the State Capitol, District 23 Rep. Mike Nearman, did not return several attempts via phone and email to contact him for this story. He was not in his Capitol office on Friday.



EMILY MENTZER/ Itemizer-Observer

Paul Evans' bookcase includes a stuffed beaver he has taken with him all over the world, military service coins, a folded American flag and a collection of books.

Flu: Vaccination still being suggested for most people

Continued from Page 1A

Hillebrand said the number of people showing flu-like symptoms — fever of 100 degrees or higher, cough or sore throat — began increasing around Christmas. If that trend holds and patterns follow previous years, Oregon may catch up to states with a high level of cases.

"If the rest of the country is (trending high), we probably will get there too, but that remains to be seen," he said.

So far this season, 10 cases of the flu were identified at West Valley Hospital in Dallas and more than 100 cases were reported in the West Salem area. Increased flu activity prompted West Valley's parent company, Salem Health, to limit visitation to West Valley and Salem Hospital to protect patients, starting Jan. 2.

With the risk of contracting the virus still very possible, Hillebrand recommends precautions.

"The biggest message is for people to continue to do all those things we like to see them do to prevent the spread of the flu," he said.

That includes covering coughs and sneezes, proper hand washing, and avoiding those who are ill. Staying home from work or school, if possible, is recommended if you are experiencing flu symptoms. Even those who don't feel seriously ill should take precautions around people who may be more at risk.

"The flu is sort of a hitchhiker," Hillebrand said. "They can still spread the virus to others."

Due to the late emergence of flu strain H3N2 — the virus causing much of the trouble — flu vaccines may not be as effective. Hillebrand still recommends getting vaccinated, especially for young children, those older than 65, and those with compromised immune systems.

Hillebrand did note people testing positive for the virus aren't just the very young or older people, but range across all ages.

He added that if people see a doctor soon enough (typically within 24 hours of the onset of symptoms), antiviral medication can be prescribed to treat the flu.

You Can Help

Prevent the spread of flu by doing the following:

- Cover your nose and mouth with a tissue or arm when coughing or sneezing.
- Wash your hands with soap and warm water, especially after you cough or sneeze.
- Avoid touching eyes, nose or mouth, and avoid close contact with sick people.
- Stay home if you become sick.
- Clean work and household surfaces often.
- Wear a mask if you have a weakened immune system.
- Ask friends and family to get their flu shot.
- Get plenty of sleep, eat well, and exercise.

For more information about flu vaccinations, contact your doctor or Polk County Public Health Department: 503-623-8175.

Source: Polk County Public Health

Whites: Dental issues can disrupt education process

Continued from Page 14A

She said those without insurance or adequate coverage could explore options on the Oregon Health Plan or coverage through the Affordable Care Act.

Comerford contacted Tigard-based Medical Teams International and was sent a packet of information on how to organize a screening and dental van. She then recruited a local dentist, Matthew Woolsey from Dallas, to provide donated dental work for referred students and community members on Friday.

She collected donations to pay for the van, and the Perrydale Service Integration Team — a partnership between Polk County, the school district and local agencies who coordinate to provide resources to families and individuals in need — stepped in to pay for the remainder.

Thursday, a group of volunteers performed the screenings and made referrals when necessary.

The screenings, which began at 1 p.m. with preschool students, were very basic. Volunteers just shined a flashlight in the mouths of each child to look for cavities and other issues — and later in the day, those community members who showed up — and asked them a few questions about their brushing habits.

"Do you brush your teeth every day?" Comerford asked each of the students she screened.

Depending on their answers, she gave them a "Good job!" or "You really should brush every day."

For the most part, the kids passed the checkups, but even finding the handful of children who did need dental work helps.

"I've always been of the belief that if students have medical or dental issues, it's going to disrupt the education process, so whenever you can fulfill a need, it's a great opportunity," said Perrydale Superintendent Eric Milburn.

Milburn credited Comerford's hard work with bringing the dental van to Perrydale.

"She did a great job of providing this," he said.

Thursday, only about a dozen community members attended the screening, but Friday's dental van will be booked with 10 to 12 patients, students and community members. During the hours open to the public, Cover Oregon and Polk County Family and Community Outreach representatives, as well as retired Dallas School District employees, were on hand to assist people with finding resources.

Comerford said she would like to organize at least one screening and dental van each year and hopes that Thursday's initial screening will help get the word out to bring more people in next year.

"There are people who live on the outskirts of the city limits who have trouble just even getting screened or knowing that some of those services are available," she said.

JOLENE GUZMAN/ Itemizer-Observer

Volunteer Lindsey O'Connor checks Kelso Haught's teeth Thursday during a dental screening at Perrydale School. Only a few students needed dental work.