

WORDS FROM THE SUN

GIANTIC HELIOGRAPHIC SCHEME OF THE MAZAMAS.

Telegraphic Messages to Flash From Peak to Peak All the Way From British Columbia to Mexico.

The Mazamas is the name of a society of mountain climbers. It was organized on the summit of Mount Hood, Oregon, on the 19th day of July, 1894, at which time and place the constitution and by-laws were adopted and the first officers elected.

The objects of the society as outlined in its constitution are as follows: Exploration of unexplored mountains, especially of the Pacific Northwest; the collection of scientific knowledge and other data concerning the same; the encouragement of annual expeditions, with the above objects in view, and the dissemination of knowledge concerning the beauty and grandeur of the mountain scenery of the Pacific Northwest.

This year our aspiration is to convey by means of heliograph along the line of snow-capped peaks, a sunbeam message from the summit of Mount Mazama, Oregon, and California are invited to co-operate and carry out this plan.

The principal mountains in Oregon and Washington available for the purpose, beginning at the north, are: Baker, Rainier, St. Helens, Adams, Hood, Jefferson, Three Sisters, Diamond Peak, Mount Scott, and Pitt; and in California, Mount Shasta, Lassen's Lolo, Teah, Round-Top, Dana, Lovell, Silliman, Whitney, Lewis, Baldy, and such other peaks as are necessary to complete the chain.

The desert districts of California covers 80,000 square miles, embraced by Inyo, Kern, Los Angeles and San Bernardino counties. Death valley is in the north-west corner of Inyo county, north of Mount Whitney, which is 15,000 feet high. The valley is 75 miles long and from 6 to 15 miles wide.

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One of the most thoroughly original English poets of the present day is Nat Lee who was born in New York.

THE SCHEME OF COLOR

WHY SO MANY WOMEN PRESENT AN UNATTRACTIVE APPEARANCE.

A Proper Respect For Color Is Not Shown in the Selection of Hair-Colors For the Fleeting Women, Others For The Thin One—White Suits All.

One sees so many women presenting an unattractive appearance, which inspection shows to be unnecessary, that the wish comes involuntarily that some one would instruct them as to their good points, and ignoring their vanities, as to their bad points too.

White indeed is one of the colors that are becoming to almost all women, especially with ribbons or flowers of the colors which will make her seem pink, fair and rosy woman seldom looks so well in anything as in pale pink; she may be almost plain, and a white dress and pink ribbons will make her seem pink, the delicate pink with a yellow cast in it, is peculiarly suitable to the red haired woman who has a clear complexion; yet such a color will make her seem brown and almost as she would fire. Pale blue suits her, but she will look delicate and perhaps a little pinched in it; pale green will be as fresh and delicate as any color she can wear.

It will be found that the letters can be more readily learned in the following series of lessons:

To properly handle one set of instruments, the party should consist of not less than three persons—four would be better—one to keep the alignment, one to do the signaling, and one to do the receiving; while the fourth should manipulate the field glass when the distance between stations is very great.

The longest distance ever recorded for heliograph work was 32 miles. This feat was accomplished by the United States Army signal corps last summer. One party was stationed at an elevation of 11,410 feet on the summit of Mount Elmer, away beyond the Grand Canyon of the Colorado, in the desert region of Southern Utah.

The woman in middle life who wears her widow's weeds deliberately places herself in the hands of fate. There is, in fact, as much art in the choosing of colors for dress as in any other scheme of decoration. Properly chosen, they not only increase the charm of good looks, but they can make something like beauty where under other circumstances beauty does not exist.

Dr. Price's Cream Balm and Ointment. World's Fair Highest Medal and Diploma.

HOW IT IS DONE.

THE SIMPLE REASON WHY THE BURTS OF PRIZE FIGHTERS SHOW NO SIGN AND DISAPPEAR SO QUICKLY IS BECAUSE IN THE TREATMENT OF TRAINING THE FLESH IS HARDENED. THEY CAN STAND A BLOW LIKE THE KICK OF A HORSE AND NOT SHOW A BRUISE.

The simple reason why the burts of prize fighters show no sign and disappear so quickly is because in the treatment of training the flesh is hardened. They can stand a blow like the kick of a horse and not show a bruise.

From the Antipodan, a far-off Australian periodical, the pleasant sketch of Mrs. Robert Louis Stevenson is quoted: "She is the most charming of women. There are beauty and character in that dark complexioned face, with the big, soft eyes which can be so stern. With a fanciful imagination and a mind rich in observation, she is a bluestocking who discards blue stockings. Her husband, the famous author of the paths of literature and professes to write only when she wants money to spend foolishly. I am tempted to suggest that she is a trifle of exaggeration in all this. The popularity which she has won is almost gained without the burning of midnight oil, and many writers would waste the whole life in trying to make a name for themselves in the same way as she has done."

We picked up a winchester rifle the other day and started down the street, intending to deliver the weapon to its owner, by the way, we had borrowed it the day before, but it did such effective work in the way of collecting that we had made up our mind to keep it as long as we could. The very next man we met was J. W. Miller, who coughed up \$1.50 for a year's subscription to The Democrat because we were thought of pointing the gun at him. The very next man we met was a farmer who we had always considered a star subscriber. He had not missed a paper or bill in seven years. But when we got home we found a note pinned to the wall which said: "I have just bought a barrel of turnips, which had been brought in a mass exhibit being a strike every day, we are going to keep it to make collections with.—Arkansas City Democrat."

FOOR INDEED! The prospect of relief from drastic cathartics for persons troubled with constipation is poor indeed. They are often told that if they do this they do violence, and their operation is very difficult. It is not so. The stomach is the seat of the action. The stomach is the seat of the action. The stomach is the seat of the action.

Every good thing has its host of imitators; every genuine article its counterfeit. The imitators always choose the most valuable and popular article to counterfeit, so that when they claim their sham to be the genuine article, they are always wrong.

Good Breeding. To be well bred is desirable for every one, and in this democratic country, where there is always a possibility of social promotion, the duty of cultivating fine manners is clear, even from a purely selfish standpoint. There is a higher reason why every one should possess good manners. Boorishness has no apology, and "affectation" is not to its ills its needlessness and repellent absurdity. Were the art of good manners to be put into one word, it would be simplicity. Not the simplicity of the ignorant, though that may be a thing to be desired in the case of a thoughtful regard for others—in short, the actual application even in little things of the golden rule.—Jennett Miller-Monthly.

She Demanded a Receipt. "And so you gave my new overcoat to a stranger?" said an angry man to his wife. "Simply upon his saying that I had lost it," she replied. "I didn't know he was a swindler," replied the unfortunate woman between her sobs. "And besides that I took every precaution." "What precautions, pray?" inquired the husband. "I made him give me a receipt for it, and here it is," returned the wife, extending a piece of paper. "I always thought such acknowledgments were never seen again!"—New York Herald.

Intricate Individuality. A certain lady, writing about a certain gentleman, said: "He is a man of intricate individuality." We haven't the dimmest idea what she meant. It is, however, a high sounding, most filling phrase.—Intricate individuality.—Louisville Western Recorder.

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SPRING CLEANING

Is such a trial that men say "Let the house take care of itself." But the conscientious wife feels bound to risk health and strength in this annual struggle with dust and dirt. The consequences of her feverish anxiety over extra work of depletion of the blood, the source of all life and strength, manifested in that weak, tired, nervous condition too prevalent at this season, and very dangerous if allowed to continue. What every man and woman needs in the spring is Hood's Sarsaparilla. It keeps the blood vitalized

and enriched, and thus sustains the nerves and all the bodily functions. I take Hood's Sarsaparilla every spring, and it is the only medicine I use through the year. It enables me to do my house cleaning and to work all month of the summer. It helped me very much for palpitation of the heart. I think Hood's Sarsaparilla is the medicine for everyone, and all who take it will never be without it. I have also used Hood's Pills, and they are the best I ever tried. Mrs. F. H. ANDREWS, 8 Woodstock, Ct.

Hood's Sarsaparilla Is the Only True Blood Purifier

REWARD. \$10 Reward for information as to the whereabouts of the late Mrs. J. W. White, who left Santa Cruz, Cal., in 1865, Address: Wm. P. Dupont White, Palace Hotel, San Francisco, Cal.

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CHICKEN RAISING PAYS. If you use the Petaluma Hatchery's Brooder, you will find it the best for raising chickens.

DR. GUNN'S LIVER PILLS. A MILD PHYSIC. ONE PILL FOR A DOSE.

W. L. DOUGLAS'S \$3 SHOE IS THE BEST. MADE IN AMERICA.

CATARRH. KELLY'S CREAM BALM Opens and cleanses the Nasal Passages, Alleviates Pain and Inflammation.

Mason Fruit Jars. 50c per doz. for Pints, 60c per doz. for Quarts, 85c per doz. for Half-Gallons.

Lipman-Wolfe & Co. PORTLAND, OREGON. AMERICAN TYPE FOUNDERS' CO.

PALESTINE - CORN. In the form of a seedling it is planted on dry land. Yields 2,000 lbs. of corn per acre.

MRS. WINSLOW'S SOOTHING SYRUP FOR CHILDREN TEething. Three doses only. 75c.

"A FAIR FACE MAY PROVE A FOUL BA GAIN." MARRY A PLAIN GIRL IF SHE US SURE CURE FOR PILES.

G. W. STAVER & CO. PORTLAND, OREGON. General Agents for AUTUMN & TAYLOR TRAILERS, TRACTION ENGINES and DISK WOODRUYS POWER.

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