

St. Helen's Hall CATARRH THIRTY YEARS.

PORTLAND, OREGON.
A Boarding and Day School for Girls.
Has a Normal Kindergarten Training Department, which has a separate residence for kindergarten classes. The Boarding Department provides a cheerful and well arranged home for young ladies. For Catalogue or other information apply to
MISS ELEANOR TEBBETTS, Principal.

I WANT TO BUY FOR CASH

Chicken, Duck and Geese feathers. Address
G. O. SMITH,
10th and Davis Sts., Portland, Or

Ocean Steamers.

The average life of ocean steamers is only 26 years, although some reach an age of 100 years.

PULLING TEETH.

No Pain, and Doesn't Cost Much, at Wise Bros., Portland, Oregon.

The wonderful changes accomplished by advertising dentists are well illustrated by the fame of Wise Brothers, whose offices are in the Falling building, Third and Washington streets, Portland, Oregon. It is true that you can have a tooth pulled entirely without pain and that the cost of false teeth is very moderate. This great advance in dental surgery is one of the blessings of the present age. Establishments like that of Wise Brothers in Portland render it about as pleasant to fit yourself out with new teeth as to acquire any other article of wear and usefulness. We suggest that our readers watch the Wise Brothers' advertisements and act upon them.

He Set It, All Right.

Bill Collector—You say you intend to pay this bill some time. Can't you set a certain day?
Lawyer Furst—Yes; judgment day.
—Baltimore World.

Mothers will find Mrs. Winstow's Soothing Syrup the best remedy to use for their children during the teething period.

A Feast of Good Things in St. Nicholas for 1903.

St. Nicholas announces for 1903 "The Story of King Arthur," written and illustrated by Howard Pyle, a companion story to his famous "Robin Hood." Two short stories by Miss Alcott, will soon appear in St. Nicholas, with other stories and articles by other well known writers. St. Nicholas makes a specialty of papers of information, richly illustrated articles on practical subjects, like the navy yard, the assay office, etc.

The price of St. Nicholas is three dollars a year. The publishers announce that new subscribers who begin with January may receive the November and December numbers free.

Hirsute Calculation.

Little Wynnie (just returned from Sunday school)—Is it true that even the hairs of our heads are numbered?
Mr. Frontseat—The Bible says so, my child.

Little Wynnie (after a pause)—It won't be very hard to keep track of yours, will it, papa?—Judge.

The Remarkable Experience of a Prominent Statesman—Congressman Meekison Gives Pe-ru-na a High Endorsement.



Congressman Meekison, of Ohio.
Hon. David Meekison is well known not only in his own state, but throughout America. He was elected to the Fifty-fifth congress by a very large majority, and is the acknowledged leader of his party in his section of the state. Only one flaw marred the otherwise complete success of this rising statesman. Catarrh with its insidious approach and tenacious grasp, was his only unconquered foe. For 30 years he waged unsuccessful warfare against this personal enemy. At last Peruna came to the rescue. He writes:

"I have used several bottles of Peruna and I feel greatly benefitted thereby from my catarrh of the head. I feel encouraged to believe that if I use it a short time longer I will be fully able to eradicate the disease of thirty years' standing."—David Meekison, Member of Congress.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Marriage Would Cure.

Mr. Gumpss—That boy will never be good for anything until he marries.

Mrs. Gumpss—I suppose not.
Mr. Gumpss—No; he's got to get over the habit of hanging around the house.—New York Weekly.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 531 Arch St., Philadelphia, Pa.

Discouraging Prospect.

The boy was greatly troubled.
"Is it true, father," he asked, "that they have whipping posts in some states?"

His father assured him that it was.
"And they whip grown people?" asked the boy.

"When they deserve it," said the father.
"Well," asserted the boy, with conviction, "I don't see what's the use of growing up."—Booklyn Eagle.

OLD FAVORITES

The Last Hymn.
The Sabbath day was ending, in a village by the sea,
The uttered benediction touched the people tenderly;
And they rose to face the sunset, in the glowing lighted west,
And then hastened to their dwellings for God's blessed boon of rest.

But they looked across the waters, and a storm was raging there;
A fierce spirit moved above them—the wild spirit of the air—
And it lashed, and shook, and tore them, till they thundered, groaned, and boomed.
And, alas! for any vessel in their yawning gulfs entombed.

Very anxious were the people, on that rocky coast of Wales,
Lest the dawns of coming morrows should be telling awful tales.
When the sea had spent its passion, and should cast upon the shore
Bits of wreck and swollen victims, as it had done heretofore.

With the rough winds blowing 'round her, a brave woman trained her eyes,
And she saw, along the billows, a large vessel fall and rise.
Oh! it did not need a prophet to tell what the end must be,
For no ship could ride in safety near that shore on such a sea.

Then the pitying people hurried from their homes and thronged the beach—
Oh! for power to cross the waters, and the perishing to reach!
Helpless hands were wrung for sorrow, tender hearts grew cold with dread,
And the ship, urged by the tempest, to the fatal rock-shore sped.

"She has parted in the middle! Oh, the half of her goes down!
God have mercy! Is His heaven far to seek for those who drown?"
Lo! when next the white, shocked faces looked with terror on the sea,
Only one last clinging figure on a spar was seen to be.

Nearer to the trembling watchers came the wreck tossed by the wave;
And the man still clung and floated, though no power on earth could save.
"Could we send him a short message? Here's a trumpet—shout away!"
'Twas the preacher's hand that took it, and he wondered what to say.

Any memory of his sermon? Firstly? Secondly?—Ah, no.
There was but one thing to utter in that awful hour of woe;
So he shouted through the trumpet: "Look to Jesus! can you hear?"
And "Ay—ay, sir!" rang the answer o'er the waters loud and clear.

Then they listened. "He is singing 'Jesus, lover of my soul,'" and the wind brought back the echo—"while the nearer waters roll;"
Strange, indeed, it was to hear him—"till the storm of life is past,"
Singing bravely from the waters—"Oh, receive my soul at last."

He could have no other refuge. "Hangs my helpless soul on thee;
Leave, or leave me not—" The singer dropped at last into the sea.
And the watchers, looking homeward through their eyes by tears made dim,
Said: "He passed to be with Jesus, in the singing of that hymn."
—Marianne Farmingham.

Preferred a Plain Dinner.

The virtue of plain speaking is not desirable on all occasions, even when it is so pleasantly received as in an incident described in "Queens of American Society." What passes under the name of "plain speaking" is too often, as it was in this case, only rudeness.

During the winter of 1795-6, when Judge Samuel Chase was in Philadelphia, a Mr. Bingham gave a great dinner in his honor. The judge was placed on Mrs. Bingham's right hand, and coolly adjusted his spectacles to view the superb repast, which, unfortunately for him, had been prepared by a French cook.

Having searched in vain for a familiar dish, he turned to his hostess and remarked, "A very pretty dinner, madam; but there is not a thing on your table I can eat."

With her habitual presence of mind and urbanity, Mrs. Bingham inquired if she could procure anything more suitable to his taste.

"A beefsteak or a piece of roast beef, madam," was the reply, "will please me better than anything else."

A servant was called, and a word whispered in his ear, whereupon he vanished. Very soon he reappeared, bearing a dish of roast beef, which Chase attacked with vigor and appetite.

Having finished, he turned to his hostess, and with a satisfied air exclaimed: "There, madam, I have made a sensible and excellent dinner, but no thanks to your French cook!"

When a girl is so thin and hungry looking that she shames her mother's pantry, the way to compliment her is by saying that she has a sensitive, spirituelle face.

Your Hair

"Two years ago my hair was falling out badly. I purchased a bottle of Ayer's Hair Vigor, and soon my hair stopped coming out."
Miss Minnie Hoover, Paris, Ill.

Perhaps your mother had thin hair, but that is no reason why you must go through life with half-starved hair. If you want long, thick hair, feed it with Ayer's Hair Vigor, and make it rich, dark, and heavy.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

PISO'S CURE FOR CONSUMPTION

Frog's Skin is Porous.
A piece of frog's skin not larger in diameter than the rubber tip on your lead pencil has more pores in it than there are meshes in the mosquito netting on your screen door.

To Break in New Shoes.
Always shake in Allen's Foot-Ease, a powder. It cures chilblains, damp, sweating, aching, swollen feet. Cures Corns and Bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmstead, LeRoy, N. Y.

Fresh Corn.
Would you like to know, in the middle of the winter, what fresh corn is like? If you would, get a can of Monopole Corn, and, if it were not for the season, you would probably not know the difference. Monopole Corn is canned where it is grown, only the best and tenderest ears being used. It retains the natural freshness and flavor of the vegetable, and you won't find it half so good if you ask for any other brand. Your grocer doubtless handles Monopole groceries and can furnish you with them. If he will not, write us direct and we will advise you of one who will. Wadhams & Kerr Bros., packers, Portland, Ore.

Lovers of Dancing.
The Porto Rican native is very much given to dancing. Both men and women have a natural love for the ball-room.
Piso's Cure is a good cough medicine. It has cured coughs and colds for forty years. At druggists, 25 cents.

Be Fair to All.
One day a little five-year-old boy said to his mother:
"Mamma, didn't you say you took Lester to the dentist's to get his tooth filled because it ached? Well, my stomach aches. Won't you take me to the candy store and get it filled?"
Cleveland Leader.

JOHN POOLE, PORTLAND, ORE.

Foot of Morrison Street.
Can give you the best bargains in Boilers and Engines, Windmills, Pumps and General Machinery. Wood Sawing Machines a specialty. See us before buying.



W. L. DOUGLAS \$3 & \$3.50 SHOES

Established 1876. For more than a quarter of a century the reputation of W. L. Douglas shoes for style, comfort, and wear has exceeded all other makes. A trial will convince you.
W. L. DOUGLAS \$4 SHOES CANNOT BE EXCELLED.
1899 sales, \$1,103,820 | 1902 sales, \$2,310,000
1st 6 months, \$1,103,820 | 1st 6 months, \$2,310,000
Best Imported and American leathers, Hegl's Patent Gait, Enamel, Box Gait, Vici Kid, Corona Gait, Wat. Kangaroo, East Color Eyelets used.
Caution! The genuine have W. L. DOUGLAS name and price stamped on bottom.
Shoes by mail, 25c. extra. Illus. Catalog free.
W. L. DOUGLAS, BROCKTON, MASS.

DR. C. GEE WO WONDERFUL HOME TREATMENT

This wonderful Chinese doctor is called great because he cures people without operation, thus are given up to die. He cures with those wonderful Chinese herbs, roots, barks and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies, which he successfully uses in different diseases. He guarantees to cure cancer, asthma, lung, throat, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send 4 cents in stamps. CONSULTATION FREE. ADDRESS
THE C. GEE WO CHINESE MEDICINE CO.
132 1/2 Third St., Portland, Oregon.
Mention paper.

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WITH TEN DAYS FREE WEARING TRIAL in your own home, we invent the genuine and only HINDLEBORG ALTERNATING CURRENT ELECTRIC BELTS to any reader of this paper. No money in advance; very low cost; positive guarantee. COSTS ALMOST NOTHING compared with most all other treatments. Cures back, other electric belts, appliances and remedies fail. QUICK CURE for more than 80 ailments. Only sure cure for all nervous diseases, weaknesses and disorders. For complete and sealed confidential catalogue, cut this ad. out and mail to us.
SEARS, ROEBUCK & CO., CHICAGO.

RHEUMATISM CANNOT BE RUBBED OUT



But a good liniment or plaster will often give temporary relief because it produces counter irritation or reduces the inflammation and soreness. But no sort of external treatment can have any effect whatever upon the disease itself, for **Rheumatism is not a skin disease**, but is due to an overacid condition of the blood, and the deposit of irritating matter or Uric Acid salts or sediment in the muscles and joints, and no amount of rubbing or blistering can dislodge these gritty particles or change the acid blood. Rheumatism often becomes chronic, and the muscles and joints permanently stiff and useless and the nervous system almost wrecked, because so much time is lost in trying to cure a blood disease with outside applications or doctoring the skin.

Rheumatism must be treated through the blood, and no remedy brings such prompt and lasting relief as S. S. S. It attacks the disease in the blood, neutralizes the acids, and removes all irritating or poisonous substances from the system.

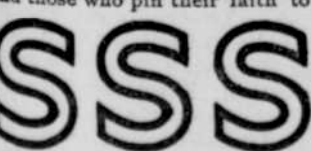
S. S. S. strengthens and enriches the thin acid blood, and, as it circulates through the body, the corroding, gnawing poisons and acid deposits are dislodged and washed out of the muscles and joints, and the sufferer is happily relieved from the discomforts and misery of Rheumatism.

External remedies are all right so far as they go, but they don't go far enough, and you can't depend upon them to do the work of a blood purifier, and those who pin their faith to liniments and plasters are bound to meet with disappointment, and will be nursing a case of Rheumatism the greater part of their lives.

S. S. S. is a purely vegetable remedy, does not contain any Potash or mineral of any kind, and can be taken with safety by old and young.

Rheumatic sufferers who write us about their case will receive valuable aid and helpful advice from our physicians, for which no charge is made. We will mail free our special book on Rheumatism, which is the result of years of practical experience in treating this disease. It contains in a condensed form much information about Rheumatism.

Louisville, Ky., March 27, '02.
Gentlemen:—I am glad to say that S. S. S. has cured me of Rheumatism. About two years ago I suffered from Rheumatism in my knees and feet, my ankles swelling so that I could not put on my shoes. This continued for several months, during which time I was applying liniments and going by my physician's directions, but derived no benefit. I was told of S. S. S. and tried it. I immediately got relief, and continued the medicine until I was entirely well.
2108 Floyd St. D. J. DUANE.



THE SWIFT SPECIFIC CO., ATLANTA, GA.

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL FITCHER

Pumpkin Seed -
Licorice -
Rhubarb Salt -
Aloes Seed -
Pimento -
20 Carob-tree Seeds -
Worm Seed -
Clarified Sugar -
Mint-leaf Essence

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and **LOSS OF SLEEP.**

Fac Simile Signature of
Chas. H. Fitcher
NEW YORK.

At 6 months old
35 DROPS - 35 CENTS

* EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fitcher

of

In Use For Over Thirty Years

CASTORIA

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