

neral Debility

and out there is that feeling of that makes a burden of itself. Does not strengthen. Does not refresh. Hard to do, hard to bear, what easy, — vitality is on the ebb, and system suffers. Condition take

d's Sarsaparilla

is the blood, gives vigor and tone to organs and functions, and is unequalled for all run-down or conditions.

3 PILLS cure constipation. 25 cents.

In Politics.

was too dignified to join in a for office." "What has he now?" "Being but his dignity."—Brook- le.

Wonderland 1902

ng called for from every part of try. Libraries, schools, read- and homes all want the Pacific's latest. Send six r it to Chas. S. Fee, G. P. & t St. Paul, Minn.

A Disappointment.

per—I want a shoe that is both able and stylish. man—Very sorry, madam, but of miracles is past.—Judge

permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Remedy. Send for FREE \$2.00 trial bottle and treat- L. H. Kline, Ltd., 301 Arch St., Philadelphia, Pa.

Ignorance.

style—Have you ever heard of ing? busta (innocently)—Oh, yes; I tly take my laundry to him.—Set.

"Where to Hunt and Fish."

thern Pacific's new game book is dy for distribution. Illustra- of LIVE GAME a particular . Four full pages from Seton- son's drawings made specially for ook. Send address with six cents ook will be mailed to you by S. Fee, G. P. and T. A., St. Minn.

A Misunderstood Man.

ldine—Did you ever have the that people didn't understand

ld—I often have it; I use the one a great deal.—Smart Set.

men will find Mrs. Winslow's Sooth- ing the best remedy to use for their during the teething period.

Financial Efforts.

—Was the church garden party a

—Well, I worked hard enough; cream with every young man grounds.—Detroit Free Press.

Shake Into Your Shoes

Foot-Ease. A powder. It makes tight shoes easy. It is a certain cure for calluses and hot, tired, aching feet. All Druggists. Price 25c. Trial package FREE. Address Allen S. Olmsted, Le- Y.

Inharmonious.

He is not properly arranged," said Mr. Laertes O'Hamme. " queried Mr. Polonius de ne. "ye, true. In the winter the crit- at us, and when we play a sum- ble we get a frost."—Baltimore can.

Science AND Invention

The ear is found by M. Paul Bonnier to have a sense of altitude in addition to that of hearing. It depends on change of barometric pressure due to altitude, and he has proven its existence by his sensations during a balloon ascent. It is believed to be more highly developed, and more useful in such animals as birds than in man.

A new French refrigerator consists of closed metallic cylinders surrounded by a freezing mixture, being designed for keeping fruit at a fixed temperature with a restricted amount of air and an absence of light. Thawing must be gradual. After two months peaches were in perfect condition, and the method is adapted for transporting soft fruits, including bananas.

Dr. Elliot Smith, professor of anatomy in the Medical School at Cairo, is reported to have obtained two months' leave of absence in order to investigate a remarkable discovery of ancient human remains at Girgeh, in Upper Egypt. It is said that the series of graves unearthed extends over an interval of at least 8,000 years, representing the most archaic of prehistoric periods. The bodies, owing to the dryness of the climate, and perhaps the excellence of the methods employed in embalming, are in a surprising state of preservation, and in two cases the eyes remain so perfect that the lenses are in good condition.

Prof. R. H. Thurston of Cornell University speaks of recent experiments with a "double-decked" aviator, by the Messrs. Wright of Dayton, as having distinctly contributed to our knowledge in the field of aerial flight. The Wright apparatus, carrying one man who assumes a nearly horizontal position, has a total spread of 308 feet of canvas, the length of the machine being 22 feet. The planes have a curvature copied from that of a pigeon's wing. Gliding or soaring was successfully accomplished in winds ranging from 11 to 27 miles per hour. Starting from a slight elevation, the longest flight was 400 feet. No motor was used. The operator found no difficulty in steering and balancing.

The recurrent alarm about the approaching exhaustion of the coal supply in Great Britain has been fanned a little by the recent appointment of a royal commission to inquire into the matter. About thirty years ago a similar commission investigated the British coal supply, but since then, it is said, unexpected changes in the coal trade have taken place, which affect the question. At present Great Britain produces one-third of the world's entire supply of coal. No immediate danger of exhaustion is feared, but among the duties of the new commission is to inquire into the possible substitution of other fuel, or the employment of kinds of power not depending upon the use of coal.

Twenty years ago a lightning rod conference, representing several of the leading scientific societies of Great Britain, made an elaborate report recommending a system of protection of buildings against thunderstorms. Experience has since shown that further study of the effects of lightning, and of the means of guarding against them, is needed, and a new lightning research committee is now at work in England, with the assistance of many observers scattered over the British islands and colonies, and of several branches of the British government, while the United States Department of Agriculture has promised to furnish data gathered in this country. Photography offers an important aid in these new researches.

DON'T JUMP OFF CARS.

Nervous Disorders Said to Result from Practice.

Jumping off moving trains and street cars as practiced to-day is a fruitful source of nervous disorders and one not fully recognized for its importance by any school except osteopaths. Yet the facts are easily comprehended. Certain it is that nervousness in all its protean forms, from irritability, neurasthenia and general nervous collapse to paralysis, is so caused, and that the careless habit of so many people of bowling off moving cars stiff-legged lays the foundation for these disorders every hour of the day.

In leading the strenuous life of our cities men and women seem unable to wait to get to their journey's end. Before trains come to a half stop at crossings and platforms fidgety pedestrians with muscles tense drop from platforms, and, almost before their bodies have recovered from the forward momentum, are stalking a mad foot race against time in the opposite direction.

This enterprise saves ten seconds, of course, for that particular errand, but possibly it hastens by many months one's journey to the grave. Positive injury is thereby done to the spine and nervous system which must gather in cumulative effect until one day the whole nervous organism may go to pieces. Then more or less innocent things will be blamed for the collapse. The doctors may even analyze the vic-

tim of these innumerable concussions piecemeal in the laboratories to find that he is being preyed upon by ubiquitous microbes, yet the origin of his troubles is a simple spinal disorder, caused by oft-repeated joltings, some of which proved by chance more vicious than the rest, throwing one or more of his vertebral segments out of perfect alignment. Once that has come about the foundation has been laid—as osteopathy shows—for nearly all the ills in the calendar of medicine.

It is not to be understood that such concussions produce dislocations of spinal vertebrae in the sense that they are thrown out of joint, as occurs in a "broken neck." That is no more the case than that chinaware must shatter from every simple jar before it cracks. The lesser injuries come before the greater, and happen with a thousandfold greater frequency. Mere slips of the vertebrae from their true positions—one upon the other—and the strains brought to bear in consequence upon the ligaments and muscles binding them together, are what first occur from these sudden innumerable poundings of hard heels against adamant pavements. These seemingly trivial mishaps to the body are productive of the most far-reaching consequences.

At every point in the spine where such a concussion spends its force a defective spot develops. It becomes a weak point anatomically, and a point of congestion, blockade and impaired work physiologically.—Osteopathic Health.

ONE LOST MINE IS FOUND.

Chain of Unsuccessful Searches Seems Broken in Oregon.

An interesting but true story of a lost mine being found has been brought to light at Grant's Pass, Ore. A rich mine discovered and left fifty years ago has been found again, the jubilant discoverer coming into Grant's Pass with a bag of gold dust and nuggets that he had removed from the treasure.

S. D. Johnson, a mining man from Iowa, arrived in Grant's Pass, bringing with him a rough sketch or map of the Josephine mining districts that had been drawn for him by a capitalist of Colorado Springs. This capitalist was a close friend of Johnson, and in the pioneer days had been in southern Oregon prospecting and mining. He made a good stake near Grant's Pass, and among others, made a very rich discovery on Jack Creek, of the Jump-Off-Joe district, Northern Josephine County. This find was in the nature of an auriferous gravel bed, the yellow grains being distributed through it in a most remarkable quantity. He had hardly begun work upon his bonanza when he and his companions were attacked by the Indians and forced to flee for their lives. The bloody Rogue River Indian war came on and the prospector left southern Oregon.

He made many later fortunes in Colorado, but did not forget his bonanza on Jack Creek, Jump-Off-Joe. Fifty years passed by, and his friend Johnson came to him and wanted a grub stake to Oregon. The capitalist agreed to put up all the money required if Johnson would come to Josephine County and search for the lost treasure on Jack Creek. Johnson agreed to do so, and with nothing but the rough sketch to guide him came to Grant's Pass.

He found Jack Creek and began prospecting. On one gravel bar he dug three shallow prospect holes and took out \$26 in coarse gold. He kept on scratching around and uncovered several big nuggets. He nearly went wild with delight. He came into Grant's Pass with his bag of gold, a much excited man. He had found the lost mine. Investigation proved that the claim had been since located by H. Hall, of this county. Mr. Hall, not knowing of the discovery, sold the claim to Johnson, together with all water rights he had taken up, for \$1,500.

Johnson has left for Colorado Springs, but will return in a short time with his capitalist partner. They will equip the mine with a complete and extensive hydraulic plant and put it in shape for work on a big scale. The gravel of the property is such as to make it one of the richest placer propositions in southern Oregon.—Portland Telegram.

The European Plan.

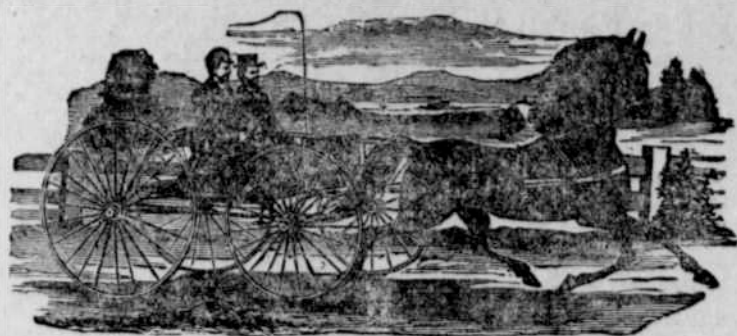
Some queer customers are seen at New York hotels. An old farmer from the country tells how he got ahead of one of the clerks: "I walked in," he says, "asked the young man at the desk: 'What are your prices?' 'American or European?' he asked me. Now I wasn't going to tell where I was from until I had seen the lay of the land. 'What difference does that make?' says I. 'If American,' he answered, 'it's \$4 per day; if European, \$1.50.' I thought a moment, and then an idea struck me how to get ahead of him. I walked up boldly and registered from London, England."

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