

# Distress After Eating

Between meals, belching, vomiting, flatulence, fits of nervous headache, pain in the stomach, are all symptoms of dyspepsia, and the longer neglected the harder it is to cure it.

## Hood's Sarsaparilla and Pills

Effectually and permanently cure it—strengthen and tone the stomach and other digestive organs for the natural performance of their functions.

Accept no substitute for Hood's. I had dyspepsia twenty-five years and took different medicines but got no help until I began taking Hood's Sarsaparilla.

How to Keep House. With all the luxuries and pleasures of this life, its big enjoyments and its smaller comforts, there is an offset or antithesis which we have to contend with in the form of aches and pains.

The Cautious Riley. A friend of James Whitcomb Riley tells a story of an encounter with the bachelor poet once had with a woman reporter. The energetic young woman, after strenuous effort, had finally caught Mr. Riley at the telephone.

Oh, thanks! How long will you remain in Louisville, Mr. Riley? "Only a short time." "Is your wife with you?" "No, ma'am, she is not."

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Workers in lead, brass and other metals are often poisoned by the chemicals and acids used in polishing, and the dust and filings settling upon the skin, and which find their way through the pores into the blood, followed by inflammation, swelling and the most obstinate sores.

Blood Poison, the vilest of all human diseases, is often contracted through shaking the hand or handling the clothing or other articles used by one infected with this dangerous poison. The deadly virus finding its way through the pores of the skin, contaminates the blood and produces fearful ulcers, eruptions and blotches.

SSS The diseases that enter the system by absorption or through the pores are as deep-seated and dangerous as any brought on by internal causes, and cannot be reached by washes, salves, soaps or other external remedies.

Precious Stones in America. "It is a little strange," said Irving L. Russell, "that the United States, so far ahead in national resources of every other part of the globe in all essential things, should be so deficient as a producer of precious stones."

Can You Conjugate the Word Kiss. Richard Grant White, the eminent philologist, was asked once upon a time to conjugate the verb "kiss."

No More Orphans. Bishop Potter admitted at a dinner the other night that he had fallen into the habit of asking his wife what he should speak about if called upon at any public function.

The Wrong Girl. Miss Passay (with affected indignation)—Mr. Huggard caught me in the dark hall last evening and kissed me.

Becoming Constitutional. "Is it true that Uncle Rastus has got de lung trouble, like I heard?" asked Mrs. Jackson, anxiously, for Uncle Rastus was a valued member of the neighborhood society.

POISON OAK AND ITS EFFECTS. Over fifteen years ago I was poisoned with Poison Oak. I tried remedy after remedy without getting relief.

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# SHEAR NONSENSE

Mamie—What is biology? Gladys—I suppose it's the science of shopping. "How about references?" inquired the mistress.

Druggists Come Handy. Young Lady—Have you a city directory here? Druggist—Yes, madam.

Steel Used in Making Pens. The latest figures show that more steel is used in the manufacture of pens than in all the sword and gun factories in the world.

Deafness Cannot Be Cured. by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies.

A Russian lieutenant gets about \$200 a year, a captain about \$300 and a major \$450.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

A Boston Husband. Mrs. Caudle—I think there's a man downstairs. Mr. Caudle—I thought I heard some one.

For bronchial troubles try Piso's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

If the wife isn't boss during the honeymoon she doesn't amount to much as a ruler.

Natural. McJigger—Well, what do you think of that fellow Giddep? Jokeley tells me he takes a cab whenever he goes to look for work.

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His Years. Poor Feeble (about to be operated for appendicitis)—Doctor, before you begin, I wish you would send and have our pastor, the Rev. Mr. Harpe, come over.

To Break in New Shoes. Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet.

Miss Nettie Blackmore, Minneapolis, tells how any young woman may be permanently cured of monthly pains by taking Lydia E. Pinkham's Vegetable Compound.

Young Women:—I had frequent headaches of a severe nature, dark spots before my eyes, and at my menstrual periods I suffered untold agony.

If there is anything about your case about which you would like special advice, write freely to Mrs. Pinkham.

W. L. Douglas shoes are worn by more men than any other make. The reason is, they hold their shape, fit better, wear longer, and have greater intrinsic value than any other shoes.

Dr. C. Gee Wo WONDERFUL HOME TREATMENT. This wonderful Chinese doctor is called great because he cures people without operation that are given up to die.

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"BEE LINE" BUGGIES. Are not manufacturers regular construction, but Our Own Special Construction.

MITCHELL, LEWIS & STAVEL CO. 200 First Street, PORTLAND, OREGON. Branches: SPOKANE, SEATTLE, BOISE.

Effect of Moral Teaching on Youth. Two small boys stood before Judge Stubbs of the Juvenile Court. They gazed fearfully into his earnest, yet kindly face, and, not too badly frightened to understand, grasped the import of the lecture.

Self-Righteous Man's Last Words. Dr. Charles H. Parkhurst was talking about the self-righteous. "They are a strange class," he said.

Perrin's Pile Specific. The INTERNAL REMEDY. No Case Exists it Will Not Cure. HOWARD E. BURTON, Assayer and Chemist.

BUY SOLID SHOES FROM YOUR DEALER. W. L. DOUGLAS \$4.00, \$3.50, \$3.00, \$2.50. UNION SHOES BEST IN THE WORLD.

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