

Distress After Eating

Indigestion, flatulence, fits of nervous headache, pain in the stomach, are all symptoms of dyspepsia, and the longer it is neglected the harder it is to cure it.

Hood's Sarsaparilla and Pills
Effectually and permanently cure it—strengthen and tone the stomach and other digestive organs for the natural performance of their functions.

Accept no substitute for Hood's. I had dyspepsia twenty-five years and took different medicines but got no help until I began taking Hood's Sarsaparilla. I have taken four bottles of this medicine and can now eat almost anything, sleep well, have no cramps in my stomach, no indigestion and no distress. Mrs. WILLIAM BARRETT, 14 Olney St., Providence, R. I. Hood's Sarsaparilla promises to cure and keeps the promise.

Friendly Suggestion.
"I'm at a loss to know what to make of my only son," said the trust magnate. It seems to have no brains for business."

"Permit me to hand you a suggestion," joined the merchant prince. "Make a study leader of him."—Philadelphia Inquirer.

What Microbes Are.
Since Pasteur demonstrated the fact that many human diseases are due to minute living things which grow and multiply in our bodies, there has been a tendency to call all microscopic organisms, whether harmful or not, "germs" or "microbes" or "bacteria" indiscriminately. This confusion may be cleared by the statement that protozoa are the lowest known forms of animals and that bacteria are the lowest known forms of plants, while "germs" and "microbes" may apply to disease-causing forms in either group.—From Gary N. Calkins' "Protozoa and Disease" in the April Century.

For bronchial troubles try Pisco's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

About Correct.
Teacher—Can you tell me the difference between caution and cowardice? Bright Boy—Yes, ma'am. When you're afraid yourself, that's caution; when the other fellow's afraid, that's cowardice.

The Wonderful Cream Separator
It works in 30 minutes and leaves less than 1 per cent butter fat. The price is ridiculously low, according to size, \$2.50 to \$6.00 each. When you have one you would not part with it for fifty times its cost.

Longest Road in the World.
In 1901 the great Siberian railway was thrown open to the public. There is then in operation a total of 1,444 miles in Manchuria and 3,559 miles in Siberia, a continuous Russian line from Moscow to Port Arthur of 5,429 miles; the new trains de luxe, which will be running this summer, will give a through service from Paris to Port Arthur, a distance of 7,299 miles, 6,600 miles of which is overland lines.—From James W. Davidson's "The Great Siberian Railway" in the April Century.

Do Something for the Boys.
Secretary Shaw makes a few remarks every little while on "The Boy." The Secretary is pretty sure to make the friendship of boys generally because he talks directly to fathers when he says that boys want the companionship of boys and that the home should welcome the boy as much as it does the baby and the man. Secretary Shaw calls attention to the fact that the world is producing a higher type of manhood than of manhood; that there are more young women whom you would welcome to your homes as daughters-in-law than young men whom you would welcome as sons-in-law. He says there is no excuse for it, although there are reasons, one of which is that about the only place where the boy is sure of a cordial greeting is where you do not desire him to go.

Indispensable
For all aches from head to foot

St. Jacobs Oil
has curative qualities to reach the

PAINS AND ACHES
of the human family, and to relieve and cure them promptly.

Price 25c. and 50c.

A Bantam to the Rescue.
One day a flock of sparrows were noticed flying excitedly around a house, and on going near I saw that a young sparrow had fallen from a nest under the tiles and was too young to fly back.

Suddenly a bantam cock stepped forward. He evidently quite understood the state of affairs, for he picked the little mite up very tenderly in his beak, mounted an empty cart that happened to be conveniently near, drew from it on to the tiles and, stretching his neck over the edge replaced the sparrow in its nest.

In doing so, however, he overbalanced himself and tumbled to the ground. But after plumping his feathers for a minute he strutted about the yard none the worse for his adventure and evidently very proud of his exploit.

Growing Stock of Electricity.
The possibilities of electricity have never yet been fully demonstrated. Its beneficial effect upon growing plants in the way of hastening development has been proved to an extent, and now the mysterious fluid is being tried on animals at the University of Michigan, at Ann Arbor. It has been demonstrated that rabbits enclosed in a pen about which run a number of electrically-charged wires reach maturity in two-thirds the time taken by those kept under normal conditions. The electrically-treated animals were in all respects healthy and their flesh has been found to be unusually tender. It is thought possible that the same treatment may be applied to beef cattle, making a 2-year-old steer as large as one 3 years old under present conditions, besides producing a superior quality of beef.

A Wonderful Discovery.
Broadland, S. Dak., March 28.—Quite a sensation has been created here by the publication of the story of G. W. Gray, who after a special treatment for three months was prostrate and helpless and given up to die with Bright's Disease. Bright's Disease has always been considered incurable, but evidently from the story told by Mr. Gray, there is a remedy which will cure it even in the most advanced stages. This is what he says:

"I was helpless as a little babe. My wife and I searched everything and read everything we could find about Bright's Disease, hoping that I would be able to find a remedy. After many failures my wife insisted that I should try Dodd's Kidney Pills. I praise God for the day when I decided to do so for this remedy met every phase of my case and in a short time I was able to get out of bed and after a few weeks' treatment I was a strong, well man. Dodd's Kidney Pills saved my life."

A remedy that will cure Bright's Disease will cure any lesser kidney disease. Dodd's Kidney Pills are certainly the most wonderful discovery which modern medical research has given to the world.

CAT CANNOT SUCK BREATH.
Old Superstition Is Upset by the Highest Medical Authorities.
Can a cat really suck the breath of a child?

We have always heard that it could. Away back in early childhood we distinctly remember of frequent warnings to look out for the cat. Do not allow the cat to get into bed with the baby, as it is liable to suck the baby's breath, which would cause the baby to die.

Is there any foundation for such a notion as this? We never could discover any real meaning to the belief that a cat can suck the breath of a child. Indeed, the sentence is totally unintelligible.

What is meant by sucking the breath? It may be true that the cat, attracted by the breath of a child who had recently been nursing, might attempt to interfere in some manner with the child's mouth. In young cats the impulse to nurse might be excited by the smell of the child's breath. It is barely possible that the cat might be seized with a desire to bite or to devour the child's lips or tongue, lured on by the smell of milk. We are not in a position to deny these possibilities. Maybe they are true.

Ayer's Sarsaparilla

Your doctor will tell you that thin, pale, weak, nervous children become strong and well by taking Ayer's Sarsaparilla. Small doses, for a few days.

Sarsaparilla
The change is very prompt and very marked. Ask your doctor why it is. He has our formula and will explain.

"When 13 years old, for many months no one thought I could live because of this blood. But, in a few weeks, Ayer's Sarsaparilla completely restored me to health."
Mrs. E. BUCKMINSTER, Vineland, N. J.

The Children
Biliousness, constipation prevent recovery. Cure these with Ayer's Pills.

A Degenerate.
Kind Lady—Have you always been a tramp? Were you never any higher?
Tramp—Oh! yes'm. I uster be a second-story worker and porch-climber.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.
F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 10 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.
WEST & THURAX, Wholesale Druggists, Toledo, O. WALKING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.
Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price 75c. per bottle. Sold by all Druggists. Testimonials free.
Hall's Family Pills are the best.

Mrs. Elizabeth H. Thompson, of Lillydale, N.Y., Grand Worthy Wise Templar, and Member of W.C.T.U., tells how she recovered by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I am one of the many of your grateful friends who have been cured through the use of Lydia E. Pinkham's Vegetable Compound, and who can to-day thank you for the fine health I enjoy. When I was thirty-five years old, I suffered severe backache and frequent bearing-down pains; in fact, I had womb trouble. I was very anxious to get well, and reading of the cures your Compound had made, I decided to try it. I took only six bottles, but it built me up and cured me entirely of my troubles. My family and relatives were naturally as gratified as I was. My niece had heart trouble and nervous prostration, and was considered incurable. She took your Vegetable Compound, and she became well and strong, and her home to her great joy and her husband's delight was blessed with a baby. I know of a number of others who have been cured of different kinds of female trouble, and am satisfied that your Compound is the best medicine for sick women."—Mrs. ELIZABETH H. THOMPSON, Box 105, Lillydale, N.Y. \$5000 forfeit if original of above letter proving genuineness cannot be produced.

W. L. DOUGLAS
\$3.50 & \$3 SHOES

W. L. Douglas shoes have by their excellent style, easy-fitting, and superior wearing qualities, achieved the largest sale of any shoes in the world. They are just as good as those that cost you \$4 to \$5—the only difference is the price.

SEED, POTATOES
500,000 BUSHELS
FOR SALE CHEAP

Largest seed potato growers in the world! Elegant stock. Tremendous yields. From 400 to 1000 bushels per acre.

JOHN A. SALZER.
SEED CO., LA CROSSE, WIS.



"Is your wife a club woman, Mike?"
"Narry the like o' that, sor. She uses a fattron, sor."—Detroit Free Press.

"Say, pa, what's 'multurem in parvo'?"
"Those three dumplings you have just eaten."—Chicago Record-Herald.

Winkle—I have been over in England visiting the nobility. Van Antler—What did you think of our American girls?—Ex.

Worth the Sacrifice.—Staylate—May I have a kiss before I go? Miss Weary—If I give you one will you really go?—Judge.

Henri—If I kissed you, would you give it away to your father? Marie—Of course not! What would he want with your kisses?—Le Vie Parisienne.

Departing Boarder—I'm sorry we couldn't get along, but I hope you are willing to let bygones be bygones. Landlady—Does that include your board bill, Mr. Sloppy?

The Smart Man—"De really smaht man," said Uncle Eben. "Is de one dat has sense enough to know dat he's liable to be fooled de same as anybody else."—Washington Star.

Tom—Your uncle asked after your health several times; displayed quite a tender solicitude; in fact—Dick Yes, his solicitude is tender, but unfortunately, not legal tender.—Ex.

"Didn't you think I made some rather cutting remarks in my speech at the club banquet last night?" "You did, old fellow. I noticed them. You split infinitives right along."—Chicago Tribune.

"Now this won't do, you know." "What won't?" "This line: 'Her eyes were like stars.'" "Why not?" "Why, poets have been using that for ages. Be up to date! Say 'Like radium.'"—Detroit Free Press.

The Parson—Dis am mos' positively de mos' streamly juiciest chicking I ever put in mah mouth. Brer Jackson. Brer Jackson—Yes, sah, pahson; dat chicking wuz raised an' brung up on watermellons, sah.—Leslie's Weekly.

Boy—My mother said there was a pound of sand in the last box of prunes you sent up. Grocer—Well, you tell your mother that was the best scrubbing sand. She is a good customer, and I threw that in.—Philadelphia Record.

Fond Parent (to young hopeful)—Unless you keep your face and hands clean, your teeth brushed, and look neat, the children of nice people won't have anything to do with you—they won't play with you. Young Hopeful—I bet if I had a goat and a wagon they would.—Judge.

"Gladys," said Chumley to his manish sister, "I've done so much for you, you should write me a testimonial." "A testimonial?" "Yes. You might say, 'Dear Brother—Once I was a timid, delicate girl, but since using your collars, shirts and ties I have become a new woman.'"

Father—So you took dinner at Willie Stout's house to-day. I hope when it came to extra helpings you had manners enough to say "No." Tommy—Oh, yes, sir, I said "No" several times. Father—You did, eh? Tommy—Yes, sir; Mrs. Stout kept askin' me if I had enough.—Philadelphia Press.

Mother—Elsie, your sister tells me you took a second helping of pudding at Mrs. Brown's to-day. Little Elsie—So I did, mamma. "Do you think that was right, Elsie?" "Yes. You know you have often told me not to contradict any one, and Mrs. Brown said, 'I know Elsie will have a second helping to pudding,' and I couldn't contradict her, could I?"

The New Woman's Quandary.—"Yes," the new woman remarked, "I am greatly troubled." "By what?" "Well, I want to get married, just to prove that I can, and I don't want to get married, just to prove that I don't have to. If I don't they'll say I can't; if I do, they'll say I have no more independence than any other woman."—Chicago Post.

Old Uncle Ben wanted to have his portrait painted, but he did not care to pay very much for it. "Surely that is a large sum?" he said, when the artist named the price. The artist protested, and assured him that, as portraits went, that was very little to ask. Uncle Ben hesitated. "Well," he said, at length, "how much will it be if I furnish the paint?"

Bridget and Pat were reading an article on "The Law of Compensation." "Just fancy!" exclaimed Bridget. "According to this, when a man loses one of his sinuses another gets more developed. For instance, a blind man gets more sense as he loses his touch, an—" "Shure, an' it's quite true," answered Pat. "O've noticed it meself. When a man has a leg shorter than the other, begorra the other's longer."

A country vicar gave a dance to the farmers and tenants of his parish. After supper he noticed a certain farmer's wife looking rather disconsolate. On being interrogated, she replied: "Well, sir, I never was so insulted in my life as I have been to-night." "Dear me," said the vicar. "What has happened?" "Happened!" she replied. "Why, a young chap comes up to me after supper and says, 'I suppose by this time your program is quite full?' and, believe me, sir, I had had nothing but the wing of a chicken!"

THE OLD FOLKS AT HOME

Are Never Without Peruna in the House for Catarrhal Diseases.



MR. AND MRS. J. O. ATKINSON, INDEPENDENCE, MO.

Under date of January 1, 1897, Dr. Hartman received the following letter: "My wife had been suffering from a complication of diseases for the past 25 years. "Her case had baffled the skill of some of the most noted physicians. One of her worst troubles was chronic constipation of several years' standing. "She also was passing through that most critical period in the life of a woman—change of life. In June, 1895, I wrote to you about her case. You advised a course of Peruna and Manalib, which we at once commenced, and have to say it completely cured her. She firmly believes that she would have been dead only for these wonderful remedies. "About the same time I wrote you about my own case of catarrh, which had been of 25 years' standing. At times I was almost past going. I commenced to use Peruna according to your instructions and continued its use for about a year, and it has completely cured me. "Your remedies do all that you claim for them, and even more. Catarrh cannot exist where Peruna is taken according to directions. Success to you and your remedies." John O. Atkinson.

In a letter dated January 1, 1900, Mr. Atkinson says, after five years' experience with Peruna: "I will ever continue to speak a good word for Peruna. In my rounds as a traveling man I am a walking advertisement for Peruna and have induced many people during the past year to use Peruna with the most satisfactory results. I am still cured of catarrh." John O. Atkinson, Independence, Mo. When old age comes on, catarrhal diseases come also. Systemic catarrh is almost universal in old people. This explains why Peruna has become so indispensable to old people. Peruna is their safe-guard. Peruna is the only remedy yet devised that meets these cases exactly. Such cases cannot be treated locally; nothing but an effective systemic remedy could cure them. This is exactly what Peruna is. If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Never Had One.
Teacher—Johnny, what is an adamant?
Johnny—You can't fool me. Adam never had no aunt.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Swiss watches, according to a report just published, are becoming popular in China. Those with fantastic designs on the face find the most ready sale.

Not Crowded.
"I suppose there is plenty of room at the top in your business."
"Hardly. I am a steeple-jack."

FITS Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 387 Arch St., Philadelphia, Pa.

SURE INDICATIONS OF BAD BLOOD

OLD SORES, ULCERS, ABSCESSSES

The best evidence of a bad condition of the blood and unhealthy state of the system, is an old festering sore, running ulcer, or abscess. They show the bodily impurities are not passing out through the proper channels, but are left in the system to clog and poison the blood. So thoroughly does the poison permeate the system that every little scratch, cut or bruise inflames and festers. Everything about an old sore or ulcer suggests disease.

They affect the general health, they require constant attention, and are a source of anxiety and trouble all the time, and in some cases highly offensive. There is danger, too, of these places becoming cancerous if not treated promptly and in the right way. Washes, salves and ointments are good for external use, but they can't stop the discharge or change the condition of the blood, and for this reason the sore never heals permanently.

Not until the blood is purged of impurities and the system cleansed of all harmful substances should the ulcer heal, or the effect upon the system might prove disastrous. S. S. S. goes into the circulation and searches out and removes the cause of the old sore and invigorates and builds up the polluted, sluggish blood again, and as the poisonous matter is driven from the system the sore begins to heal, new flesh forms and the place is soon covered over with fresh skin and the sore is gone for all time. Where the constitution is debilitated from the effects of chronic sores, ulcers, abscesses, carbuncles, boils or other severe skin eruptions, S. S. S. will build it up again and stimulate and strengthen all parts of the system. S. S. S. contains no strong minerals, but is guaranteed entirely vegetable. It is unequalled as a Blood Purifier and invigorating tonic. Do not depend upon local remedies alone. Get your blood right, and as it forces out the poison the sore must heal, because nothing is left in the system for it to feed upon. Write us should you desire medical advice, which is given without charge.

SSS

PRUSSIAN POULTRY FOOD!
Makes Hens Lay and Keeps them laying. Cures Cholera, Roup and all Diseases. It Strengthens Young Chicks and Helps Them Grow. WOULD'N'T BE WITHOUT IT.—CHAS. LACK, HOSKINS, Wash., says he wouldn't be without Prussian Poultry Food. PRODUCES EGGS.—As an egg producer, Prussian Poultry Food has no equal.—H. H. Payne, Fairview, Ohio. Prussian Poultry Food, FREE. PRUSSIAN BREWERY CO., St. Paul, Minn.

PORTLAND SEED CO., Portland, Or., Coast Agents