Catarrh
Consumption delicate lung tissues



SENATOR HOPKINS' "RED HEAD."
How It Gave Him Hie Firat Start in
Congreasional Lealialation.

| How It Gave Him His Firat Start in Congreasional Legislation. <br> When ex-Congressman Albert J. Hopkins of Illinols took hls oath in Washington as United States Senator |
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HOW A BEAUTIFUL WOMAN ESCAPED SPRING CATARRH BY THE USE OF PE-RU-NA
Nothing Robs One of Strength Like Spring Catarrh-..


Have you got nerves? Well, you |eecretary of Legion of Loyal Women,
ought to have nerves. Hut they ought Does your hand tremble? You are a year with general weakness and de-
living too fast. Does our hart flutter bility, manifested in severe headache
Ri times? You had better call a halt. and backache. It took four bottles of
Americang live too fast. They crowd Peruna, and for two months have been co much into a single day. Thay entirely free from thees a
have too little leisure. The hospitals
and insane asylums are filling up.

 | $\begin{array}{l}\text { thow to Get Strong Nerves. } \\ \text { First, repair the injury already }\end{array}$ | $\begin{array}{l}\text { ranged nerves, and pat them on the } \\ \text { good, solid foundation of health. The }\end{array}$ |
| :--- | :--- |
| county anditor of Erie couth |  | to your nerves. The way to do this is

to do exactly,




