

Nothing contributes more to life than a fine set of Teeth. A gold and porcelain bridge or a cast aluminum plate will last a life time. Let me examine your mouth and tell you in advance what it will cost.

Dr. Elof T. Hedlund
DENTIST

456-459 Morgan Building, Washington Near Broadway, Portland, Oregon.
PRICES REASONABLE WORK GUARANTEED



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Send us a list of what you require for your buildings and we will name you prices delivered at your station and Guarantee to save you Money.
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BAR VIEW HOTEL
Located at
Bar View, Tillamook Co., Ore.

Train stops at our door. Only 200 feet from high tide. Plank drive to beautiful beach. Safe bathing, comfortable beds. All the clams, crabs & chicken you can eat. Rates \$1 per day and up. For particulars write or call on WISE DENTAL CO., Rooms 211-212, Falling Blide, 3rd at Wash., Portland, Ore. Phone A or M 3029, or Bar View, Tillamook Co., Oregon. Dance Every Night. Pool, Billiards & Bowling. Surf Bathing; Sea Fishing.

"USE THE RIVER"
Dalles-Columbia Line
State of Washington, for The Dalles daily ex. Sunday 11 p. m. Leave Dalles daily ex. Monday 12 M. Steamers J. N. Teal, Inland Empire and Twin Cities for Upper Columbia and Snake river points. Taylor St. Dock. Tel. Main 613.
Willamette and Columbia River Towing Co., Portland.

DAISY FLY KILLER
placed anywhere, kills flies, gnats, mosquitoes, house flies, etc. Lasts all season. Made of metal, can't tear over; will not soil or stain anything. Guaranteed effective. Sold by druggists, or sent by express paid for \$1.
HAROLD SOMERS, 150 DeKalb Ave., Brooklyn, N. Y.

Spiteful.
Ragged Rogers—"De lady in de next house give me a piece of homemade cake. Won't you give me somethin', too?" Mrs. Spiteful—"Certainly, I'll get you a piece o' cake!"—Exchange.

Agreed With Him.
"Your husband is looking so much better nowadays, Mrs. Nurlich." "Yes, it's the new treatment. He's been trying some immunity baths."—Buffalo Express.

Tired of it.
"Let's sit down and have a quiet talk about the war." "Impossible." "You mean you haven't time?" "No, I haven't the patience."

Must Travel to Know.
The world is a country which nobody ever yet knew by description; out must travel through it one's self to be acquainted with it.—Chesterfield.

Fixing the Blame.
"Blinks says that when he was young he was the architect of his own fortune." "Didn't they have any building inspectors in those days?"

Optimistic Thought.
He is not yet born who can please everybody.

C. Gee Wo
Successful Home Remedies
His successful herbal remedies cure all kinds of ailments of men and women without operation, used from the wonderful Chinese herbs, roots, buds and vegetables, which are known to the medical science of this country.
Write for blank and circulars. Send stamp. CONSULTATION FREE. Address
The C. Gee Wo Chinese Medicine Co.
162 1/2 First St., Portland, Ore.
Mention Paper.

P. N. U. No. 30, 1915

WHEN writing to advertisers, please mention this paper.

KILLED BY THOUGHT

Example of Fact Furnished by Paris Woman.

Importance of Controlling Thinking Has Been Shown Time and Again—Derangement of the Nervous System is Easy.

Everybody ought to learn, from early childhood, the importance of controlling their thinking. Thoughts may be, and often are, as deadly as the worst engine of destruction ever invented.

Not long ago a Zeppelin went sailing over Paris, dropping bombs as it passed. Fortune was kind to the Parisians, and no one was killed or seriously wounded by the exploding bombs. One woman, however, though untouched, fell dead.

She had been killed, not by a bomb, but by a thought—a momentary, devastating thought of fear conjured up in her own mind.

There was a train wreck in Illinois. A number of passengers were badly injured, but many escaped without physical harm of any sort. Yet among the latter there were at least a dozen who afterward developed paralysis of arms or legs.

These persons, I repeat, had not received the least real bodily harm. The whole trouble with them was that they had thought they must be severely injured, and by thus thinking they had so deranged their nervous system as to cause the development of paralytic symptoms.

Bearing cases like these in mind—and they are occurring every day—it is easy to understand and appreciate the force of this emphatic statement by a leading American physiologist, Professor Dearborn of Tufts college: "The aspects of consciousness are the realists of all real things. For every man crushed by a falling rock or an overturning car, dozens are crushed by mental objects such as volitions and feelings."

Again and again it has been conclusively proved that thoughts of fear, anxiety, despair, have caused a fatal outcome in case of accident and illness where recovery would otherwise have been assured.

Moreover, the world is, and always has been, full of physical wrecks whose invalidism has been directly and solely due to the destroying thoughts on which they have allowed their minds to dwell.

Truly thoughts are "the realists of all real things," and the whole trend of a man's life, for good or evil, depends on the kind of thinking in which he indulges.

"As a man thinketh, so is he," is no mere picturesque literary phrase. It accords with, and is supported by, the facts of scientific research and everyday observation.

Control your thoughts, and the secret of health, happiness and success is in your grasp.—Kansas City Star.

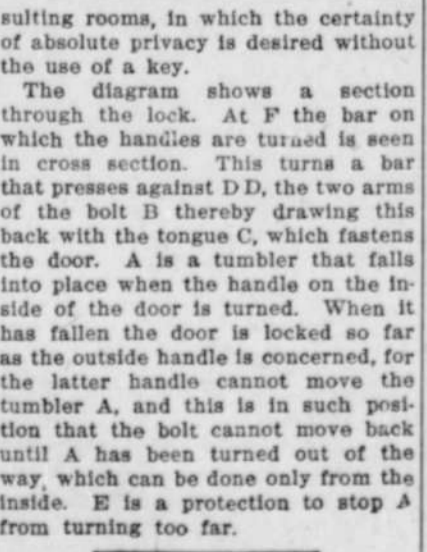
LOCK THAT REQUIRES NO KEY

New York Man Has Patented Invention That Probably Will Be Taken Up Eagerly.

A lock that can be locked from one side without a key, by the simple turn of the door handle, and that when so locked cannot be opened from the other side of the door was patented recently by Anders Gustaf Anderson of New York. It is quite simple and can readily be understood by examination of the accompanying diagram.

This lock is intended for use on the doors of such apartments as bathrooms, private offices or doctors' consulting rooms, in which the certainty of absolute privacy is desired without the use of a key.

The diagram shows a section through the lock. At F the bar on which the handles are turned is seen in cross section. This turns a bar that presses against DD, the two arms of the bolt B thereby drawing this back with the tongue C, which fastens the door. A is a tumbler that falls into place when the handle on the inside of the door is turned. When it has fallen the door is locked so far as the outside handle is concerned, for the latter handle cannot move the tumbler A, and this is in such position that the bolt cannot move back until A has been turned out of the way, which can be done only from the inside. E is a protection to stop A from turning too far.



His Next Preferment.
Here's a prominent foreigner who has had the Order of the Bath and the Order of the Garter conferred upon him, and probably he's now nervously waiting for the order of the winter underclothes as the next step in the line of preferment.—Ohio State Journal.

LOOK FOR THE WINCHESTER



WHEN BUYING Rifle or Pistol Cartridges

Winchester Cartridges—the W Brand—are sure fire and accurate. In Winchester and other makes of guns they always give the best results and results are what count. They cost a few cents more than inferior makes, but they are dollars better.
SOLD BY DEALERS EVERYWHERE.

Reason for Her Social Prominence.
"Eh-yah!" said the landlord of the tavern at Polkville, Ark., in reply to the question of the Kansas City drummer. "The lady that just passed is one of our most prominent society leaders. She's already caused four men to be shot, and as you saw, she's still medium young and considerable handsome."

Will Not Eat Flesh of Cat.
No carnivorous bird or quadruped in England will eat the flesh of a cat. The rule applies even to the carrion crow, which will devour dead dogs greedily.

Self-Righteous.
"Some people," said Uncle Eben, "talks about heaven like it was their own property dat dey was preparin' to tack a 'No admittance' sign on to."—Washington Star.

No Hurry for Details.
Passenger (to chauffeur)—"Hey! You've run over a man. Aren't you going to stop?" Chauffeur—"Naw! I can read all about it in the papers."—Boston Transcript.

Eat Skunks in Argentina.
The Gauchos of the Argentine are in the habit of hunting skunks, not merely for their fur, but also for their flesh.

Safe to Pardon.
When a man is sincerely penitent, and gives satisfactory evidence of the same, he can safely be pardoned.—Lincoln.

Real Hypocrite.
"A hypocrite," said Uncle Eben, "is a man dat takes credit for makin' garden when he's only diggin' fishin' worms."

THOUGHT SHE COULD NOT LIVE

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Unionville, Mo.—"I suffered from a female trouble and I got so weak that I could hardly walk across the floor without holding on to something. I had nervous spells and my fingers would cramp and my face would draw, and I could not speak, nor sleep to do any good, had no appetite, and everyone thought I would not live. I have always recommended your medicine ever since I was so wonderfully benefited by it and I hope this letter will be the means of saving some other poor woman from suffering."—Mrs. MARTHA SEAVEY, Box 1144, Unionville, Missouri.

The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as that above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger—it has stood the test for years.

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Wonder of It.
Rose had called on her afternoon out to see her friend, Arabella. Arabella's mistress had just purchased a parrot, and Rose was much interested in the bird.
"Birds is shore sensible," she observed. "You kin learn them anything. I uster work for a lady that had a bird in a clock, an' when it was time to tell de time ob day it uster come out an' say 'cuckoo' just as many times as de time was."
"Go along. Yo' doan' say so," said Arabella, incredulously.
"Shore thing," replied Rose, "and de mos' wonderful part was dat it was only a wooden bird, too."—Harper's Monthly.

A bill has been introduced in the California legislature providing pay of \$2 for each day lost by people arrested and tried for crime who escape conviction.

Many people suffer from ennui, but think of the man who, when told he must go to the rack, remarked: "Oh, well, it will help me pass an hour or two!"

King George of England is the inventor of a stove that will serve as an open grate in one room of a house and cook meals in the usual way in another.

Fire losses and the expense of fire prevention cost the United States more each year than the total value of its production of gold, silver, copper and petroleum.

Hawaii, with a population of 200,000, had a foreign trade last year of \$76,000,000. The trade total was but \$6,800,000 in 1897, the year before annexation to this country.

A remarkable fog on the Peruvian coast is known as the "garua." It occurs in a region where rain is unknown, and supplies sufficient moisture to support vegetation.

Alligator eggs are eaten by the natives on the west coast of Africa. In taste they resemble the egg of the domestic hen, but are larger and slightly stronger in their flavor.

The little girl who described a toad as "a big green bug with warts all over it, who's always sitting down behind and standing up in front," will probably become some day a famous novelist, or even a manurist.

The Bosphorus, which leads to the Black sea, and the entrance to which Constantinople and Scutari command, is about 17 miles long, with a breadth of from little more than a third of a mile to two miles.

Constipation causes and aggravates many serious diseases. It is thoroughly cured by Dr. Pierce's Pleasant Pellets. The favorite family laxative.

All the Difference.
Little Molly had been very trying all day.

That evening, when her grown-up sister was putting her to bed, she said she hoped the child would be a better girl tomorrow, and not make everybody unhappy with her naughty temper.

Mollie listened in silence, thought hard for a few moments, and then said wisely:

"Yes, when it's me it's temper; when it's you it's nerves!"—Philadelphia Record.

YOUNG MAN, BE A BARBER. Learn a Trade. Be Independent. Trade taught in eight weeks; tools free. Comments paid while learning; positions secured. Write for free catalog. MOLER COLLEGE, Portland, 848 N. 2nd St.; Spokane, 829 Main Ave.; Seattle, 1109 Main St.

Obliging.
Mr. Bowen was having dinner with the Rellys and the 7-year-old son of the family was present.
"And what are you going to be when you grow up, young man?" asked Mr. Bowen of the little boy.
"Well," replied the boy, thoughtfully, "after I've been a minister to please mother, an' a judge to please father, I'm goin' to be a policeman."

WHAT TO DO FOR YOUR ITCHING SKIN

Eczema, ringworm and other itching, burning skin eruptions are so easily made worse by improper treatment that one has to be very careful. There is one method, however, that you need not hesitate to use, even on a baby's tender skin—that is the Resinol treatment. Resinol is the prescription of a Baltimore doctor, put up in the form of resinol ointment and resinol soap. This proved so remarkably successful that thousands of other physicians have been prescribing it constantly for 20 years.

Resinol stops itching instantly and almost always heals the eruption quickly and at little cost. Resinol ointment and resinol soap can be bought at any druggist's and are not at all expensive. Great for sunburn.—Adv.

Fair Weather Verses.
Clorinda smiles—and darkened skies
Take on a golden, gleaming guise;
Clorinda frowns—and e'en the sun
Its gay, resplendent course has run.

Clorinda dear, the present weather is sickly, nasty altogether; Forego, then, every other wife, But, please, oh, please, don't doff your smile!—Judge.

Few Can Swim.
"Society is so shallow," mused the parlor philosopher.
"It's a good thing it is," retorted the mere man, "or half the people who are wading around in it would get drowned."

Yukon Potatoes.
Potatoes, cabbage, celery, cauliflower, lettuce, carrots and turnips of fine quality are extensively grown in Yukon territory, Canada. Potatoes are the principal crop, retailing at 5 cents a pound.

Not a Social Call.
Mrs. Beat—Tell the gentleman I'm not receiving today, Nora.
New Maid—But he ain't deliverin', mum; he's collectin'!—Puck.

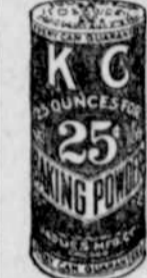
Practice generally discovers what theory did not know.



WHY DINING CAR CHEFS PREFER KC BAKING POWDER

Those who have had cakes ruined by jarring the stove, slamming the oven door or a heavy footstep, may have wondered how the dining car chef can turn out such marvelous biscuits, hot breads and pastry when his oven is being incessantly jarred and jolted and shaken by the motion of the train.

To get pastry to raise and stay raised under these conditions, a baking powder must be used that continues to give off its leavening gas—that sustains the raise—until the dough is baked through.



Dining Car Chefs have found a baking powder exactly suited to their needs in K C and you will find it just as well suited to your requirements. K C is really a blend of two baking powders, one active as soon as moistened, the other requiring both moisture and heat to start the generation of leavening gas. No matter how moist and rich you make your cake, K C Baking Powder will sustain the raise until a crust is formed and all danger of falling is past.

K C Baking Powder is pure and healthful. It is guaranteed under all pure food laws, and is guaranteed to please you. And it is sold at a reasonable price—no baking powder should sell for more.

Try a can at our risk and be convinced.

Different.

"Right this way, sir," said the head waiter. "I'll get you a good table, where you can watch the dancing."
"But I don't want to watch the dancing," objected the patron. "I want to eat."

"In that case," replied the head waiter, "you'd better try the Owl Lunch Wagon on the corner. This is a restaurant."

Cumulative Injury.
"Do 17-year locusts arrive every 17 years?"

"They come offener'n that," said Farmer Cornussesel.
"Then how do they get their name?"
"I s'pose mebbe it's because when they come around it takes a place 17 years to get over it."—Washington Star.

An After-Thought.
"And how are we fixed for the clam bake? Got all the cigars, cigarettes, wines, beers, and ales ordered?"
"All ordered."
"And say!"
"Well?"
"Better get a few clams."—Louisville Courier-Journal.

Judgment.
"I fear that the young man to whom I gave a job in the store last week is crooked."
"You should not judge by appearance."
"I am judging by disappearance in this case."—Houston Post.

Why.
"Are you going to the exposition?"
"Nope; can't afford it."
"But your wife bought an entire new outfit to wear at the exposition."
"That's why we can't afford it."—Houston Post.

Garden Society.
"Why is the lily so haughty?" inquired the mushroom. "She barely nods to the rest of us."
"She is very proud," explained the ivy. "She regards you as an upstart and me as a climber."—Louisville Courier-Journal.

Amply Described.
"What kind of a fellow is he?"
"Oh, he's the kind of a fellow who goes out for a walk with you and then tells you how democratic he is—not afraid of being seen with anybody."—Yale Record.

Not Prepared.
"They seem to be appalled at the slaughter on the European battlefields."
"Yes; but they're not used to football games over there."—Baltimore American.

Weak Women!

Some women are weak because of ills that are common in Girlhood—Womanhood and Motherhood

The prescription which Dr. R. V. Pierce used most successfully—in diseases of women—which has stood the test of nearly half a century—is

Dr. Pierce's Favorite Prescription

Take this in liquid or tablet form as a tonic and regulator!

Mrs. Kate D. Richardson, of Beasley, Essex Co., Va., says, "I esteem it a pleasure to testify to the wonderful curative qualities of Dr. Pierce's Favorite Prescription. For some years I suffered greatly with weakness peculiar to my sex. I was treated by several physicians but gradually grew worse. One of my friends told me of the good results of your 'Favorite Prescription.' I went to the drug store and got a bottle, and after taking it, with the 'Pleasant Pellets,' I commenced to get better. I never knew what happiness was, for I was always sick and complaining and made others as well as myself unhappy. So you see what a debt I owe you!"

Dr. Pierce's Pleasant Pellets regulate stomach, liver, bowels

PUTNAM FADELESS DYES

Color more goods faster and brighter colors than any other dye. Every package guaranteed to color Silk, Wool, Cotton and Mixed Goods at one boiling. 10 cents package. Write for free booklet "How to Dye and Mix Colors," calendar, blotters, etc. MONROE DRUG COMPANY, Department Z, Quincy, Illinois