

# ROYAL BAKING POWDER

Absolutely Pure

## Makes Home Baking Easy

Royal Baking Powder helps the housewife to produce at home, quickly and economically, fine and tasty cake, hot biscuit, puddings, the frosted layer cake, crisp cookies, crullers, crusts and muffins, fresh, clean, tasty and wholesome, with which the ready-made food found at the shop or grocery does not compare. Royal is the greatest of bake-day helps.

ROYAL COOK BOOK—800 RECEIPTS—FREE  
Send Name and Address.

ROYAL BAKING POWDER CO., NEW YORK.



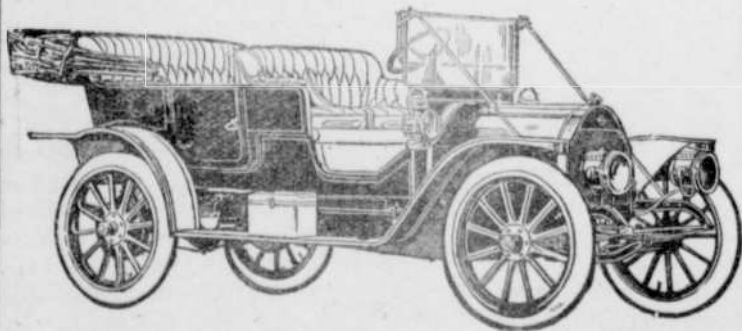
## The Doctor and the Telephone

MANY lives are saved each year because the doctor is reached promptly by the Bell Telephone. From the information he receives by telephone he can give directions or emergency measures, and provide himself with the necessary medicines and instruments.

Consultations with specialists are easily arranged by means of the Bell Long Distance Service.



The Pacific Telephone  
And Telegraph Co.



Agent Reo Automobiles

## STERLING FEED COMPANY

D. STERLING, Manager

Wheat, Oats, Grain Hay. MILL FEED: Shorts, Bran, Vetch Seed, Chopped Oats, Oil Meal. GRASS SEED: Grass Seeds of all kinds constantly on hand. FLOUR: Hard Wheat Brands: American Beauty, Pure White, Red Cross, Every sack guaranteed. Soft Wheat Brands: Pheasant, White Star. Poultry Feeds and Supplies.

All City Trade Delivered

PHONE 1711

Cottage Grove

# Flour Mills

ALL KINDS OF

## Mill Feed, Grain and Hay

CHAS. MATTHEWS, Prop.

## AMBITION TALKS

BY HARLAN READ



Success is the Result of Elimination

A well arranged, convenient store is a splendid thing, and the system man in an office is worth his weight in gold sometimes; but when a man spends all his time on these things he sometimes has no time to get and hold customers. And I would rather have 50 buyers in a store that looked like a weather bureau map, than the pride of Spotless Town without a customer.

Motion is a good thing providing it goes on in the Right Direction; and many a man has worn himself down to bone and by products without building up a business.

The ability to see the one important thing that must be done, and then do it, is the most valuable of business assets. Thousands of men stir up regular siroccos of dust by running around in the same circle and never getting anywhere.

To attain success, Dismiss from your life every outside consideration, whether it is a bad habit or a profitless energy. Learn the few things that count and do them with enthusiasm and purpose. Elimination is the secret of power.

Among active people success is the result of the elimination of Non-Essentials.

Among the lazy, no matter for they don't succeed.

But when a man is willing to work, and does it, then the question of prime importance is the question of Elimination.

Many a young sport has gone to Dante's Eight Circle because he did not know how to eliminate the Siren, the Mocker, and the desire to get money by inducing an ace to turn up or a red wheel to stop a particular time.

Active men and women fail because they can't eliminate the unnecessary. They can't "Cut It Out."

The Ideal that should be ever present in the mind is displaced on Monday by an unworthy habit, on Tuesday by a few drinks, and on Wednesday by a couple of hours wasted on business revenge, which is the silliest form of waste energy.

Elimination of the things that do not count, is the king of business arts.

## GREAT BOYS' CONFERENCE AT CORVALLIS

Thanksgiving Day there will assemble at Corvallis between a hundred and fifty and two hundred of the picked boys of Oregon for a three days conference. This will be the Sixth Annual State Boys Conference held under the auspices of the Oregon-Idaho Young Men's Christian Association and is open to any boy over fourteen representing any Boys' Study Club or Sunday School Class in the State.

The theme of this conference will be "Responsibility" and the motto "Dare to DO IT". The papers will be prepared and read by the boys after which open discussion will take place. Besides a number of papers by the boys on topics in line with the theme, there are to be four addresses given by prominent men in the state who are not only interested in the boy life of Oregon, but who are informed as to its conditions and needs. Such men as Mr. Fred Lockley, manager of the Pacific Monthly, Mr. H. W. Stone, General Secretary of the Portland Y. M. C. A. and Idaho Y. M. C. A. will be in the conference.

The good people of Corvallis are throwing open their homes to the boys and entertainment will be provided for all bona fide delegates. The Oregon Agricultural College Y. M. C. A. men are also planning to assist in entertaining the boys and will give them a banquet in their building. The college men will also serve as guides taking the boys over the campus and through the buildings.

Mr. H. Dalzell will be very glad to answer any inquires as to the reduced rates that may be obtained for the credited delegates and as to the arrangements for entertainment. He will have programs ready for distribution by the middle of the month. Address Y. M. C. A. Portland, Oregon.

## A Disastrous Calamity.

It is a disastrous calamity, when you lose your health, because indigestion and constipation have sapped it away. Prompt relief can be had in Dr. King's New Life Pills. They build up your digestive organs, and cure headache, dizziness, colic, constipation, etc. Guaranteed at Benson's Pharmacy 25c.

Fresh Eastern Oysters served to suit your taste at Charley's

Bad bread makes a bad disposition. Use Drifted Snow flour and you will always have good bread. We guarantee every sack. Spray & Co.

"I am pleased to recommend Chamberlain's Cough Remedy as the best thing I know of and safest remedy for coughs, colds and bronchial trouble," writes Mrs. L. B. Arnold of Denver, Colo. "We have used it repeatedly and it has never failed to give relief." For sale by Benson's Pharmacy.

Sacramento, Cal., Nov. 10.—State Printer, W. W. Shannon tendered his resignation to Governor Johnson today to take effect November 20. The office, which disclosed extravagant purchases made by the State Printer from paper and supply firms, will be dropped.

San Bernardino, Cal., Nov. 10.—Declaring he wanted once more to traverse the desert plains that he crossed as a young man in 1849, Abraham Weller, aged 82, a prosperous rancher of this valley, declared yesterday he would start next Sunday to walk to Salt Lake City and St. Louis. He will retrace the same trail he took when he came to California. Mr. Weller was a gold prospector and stage driver in Arizona in the days before the advent of steam cars. He may visit relatives and friends in St. Louis.

## "I Thank the Lord!"

cried Hannah Plant, of Little Rock, Ark., "for the relief I got from Bucklen's Arnica Salve. It cured my fearful running sores, which nothing else would heal, and from which I had suffered for 5 years." It is a marvelous healer for cuts, burns and wounds. Guaranteed at Benson's Pharmacy, 25c.



"with strength and ease they always please"

## TWO HORSE OVERALLS

MADE BY LEVI STRAUSS & CO.

Every garment guaranteed

## Something Worth Knowing



There is one place in town and only one where you can buy an absolutely water proof hat

Mallory Cravanetted Hats 3.50

Absolutely guaranteed not to leak. We stand back of every hat sold. Mallory Hats--not cravanetted--\$3.00. Other makes 75c \$1.50 \$2.00.

The largest assortment of styles and colors ever shown in Cottage Grove now in stock.

## REES-WALLACE CO.

"Where You Do Better."

"I do not believe there is any other medicine so good for whooping cough as Chamberlain's Cough Remedy," writes Mrs. Francis Turpin, Junction City, Ore. This remedy is also unsurpassed for colds and croup. For sale by Benson's Pharmacy.

## COTTAGE GROVE Hospital and Sanitarium

Right Here at Your Home  
Surgical Cases Especial Attention

X-RAY LABORATORY  
For Further Particulars Address  
DR. H. C. SCHLEEF

## Don't Throw Away Your Old Harness

Give my repair shop a chance at them. Quick and reasonable. You'll be surprised at the wear you can get out of your old harness after they have been through my repair shop. It costs very little. It pays to keep your old harness repaired as I repair them. Our repair shop does more for your money than any shop in town.

C. W. BEALS, Proprietor

## ...CLOTHES CLEANED...

Bring those dirty and rumpled clothes to . . .

## GAROUTTE & McCALEB

And they will look new when returned

Up-to-date Methods. Price Reasonable

CLOTHES TO ORDER

Ladies Work a Specialty



Good Horses deserve good shoeing. Bring yours to us and that is what they will get. Wagon and Woodwork in connection. Good stock on hand. Spriggs Bros., Props. General Blacksmiths. Fourth St. Phone Main 521

## Electric Bitters

Made A New Man Of Him. "I was suffering from pain in my stomach, head and back," writes H. T. Alston, Raleigh, N. C., "and my liver and kidneys did not work right, but four bottles of Electric Bitters made me feel like a new man." PRICE 50 CTS. AT ALL DRUG STORES.

## S. P. Ry. Time Table

NORTH BOUND.

No. 14.....2:25 a. m.  
No. 16.....1:48 a. m.  
No. 20.....3:56 p. m.  
No. 18.....11:02 a. m.

SOUTH BOUND.

No. 15.....1:26 a. m.  
No. 17.....10:27 p. m.  
No. 13.....6:42 a. m.  
No. 19.....3:02 p. m.

G. F. King, Agent,  
Cottage Grove, Oregon.

## O. & S. E. R. R. Company

TIME TABLE NO. 5

To Take Effect June 19 1909

N. BOUND		W. BOUND	
No. 1.		No. 2.	
A. M.	M. S.	STATIONS	A. M.
7:30	3:5	LV. COTTAGE GROVE AR.	12:00
7:50	6:7	WALDEN	11:25
7:59	6:7	CERRO GORDO	11:16
8:14	8:6	DORENA	11:08
8:40	12:5	STAR	10:40
8:50	13:5	WICK	10:33
9:05	15:9	RED BRIDGE	10:28
9:15	16:6	WILDWOOD	10:15
9:25	17:0	DISSTON	10:00

Subject to change without notice. All outward freight shipped only at the joint risk of shippers and consignee. Stage leaves Disston after arrival of train on Monday, Wednesday and Friday for Orseco, returning on Tuesday, Thursday and Saturday. Freight will not be received at the O. & S. E. R. R. Depot after 5 p. m. To insure forwarding on next train freight must be delivered in ample time to permit of its being billed.

A. B. WOOD, Manager

## Cottage Grove Transfer Company

Harrington & Harrel, Props. All Kinds of Hauling and Heavy Dray Work.

Plano Moving a Specialty

Office at Commercial Stables  
PHONE  
Residence 121J Office 72