

Loss of Appetite

Which is so common in the spring or upon the return of warm weather, is loss of vitality, vigor or tone, and is often a forerunner of prostrating disease.

It is serious and especially so to people that must keep up and doing or get behindhand.

The best medicine to take for it is the great constitutional remedy

Hood's Sarsaparilla

Which purifies and enriches the blood and builds up the whole system. Get it today in usual liquid form or chocolate tablets known as Sarsatabs.

AGENTS AND SOLICITORS I have the greatest out-seller out of any new patented article; carried in pocket. Send 5c in stamps for sample to Pocket Door Lock Co., 50 Mohawk Bldg., Portland, Oregon.

MOHAIR WOOL AND HIDES.

Write Today for Prices
THE H. F. NORTON CO.
713 and 315 Front St. PORTLAND, ORE.

KODAKS AND KODAK SUPPLIES

Write for catalogues and literature. Developing and printing. Mail orders given prompt attention. Portland Photo Supply Co.
149 Third Street PORTLAND, ORE.

MOHAIR Send for prices and shipping tags.

THEO. BERNHEIMER CO.
247 Ash St., Portland, Ore.

SICK? If you send today for book "How to get well and keep well."

W. FREEZE, Neurologist, 308 Merchants Trust Bldg., Portland, Or.

Bismarck Was Superstitious.
The great Prince Bismarck was not without superstition and this always was noticeable on the eve of the new year. From nine o'clock that night until after midnight he would not take water in any circumstances from a glass. It was an ancient tradition in the chancellors family that anyone who set the legend at defiance would pass through a serious illness.

Wester FARMS, ACREAGE

CITY REAL ESTATE AND HOMES
330 Railway Exchange Building, Portland, Or.

Skylights Tanks Gutters

Down Spouts Steel Ceiling
J. C. BAYER
204 Market Portland, Oregon
SEND FOR CATALOGUE.

INSIST UPON WESTERN

Gasoline and Kerosene MANTLES
L. A. KLEIN & CO., Inc., Distributors
28 Front Street Portland, Ore.

BELMONT AUTO SCHOOL

You get the most thorough instruction in driving and practical work that can be produced, also the latest work, full price and license. Fully equipped machine shop and school room. Tuition fee \$35 cash; \$40 payments \$10 per week.
BELMONT AUTO SCHOOL & REALTY COMPANY,
East 23d and Morrison, Portland, Or.

THE EMPIRE LINE

Have you seen the Easy Running Empire Cream Separator or the Lauson Frost King Gasoline Engine? If not, you should, for they are both leaders in their line, and the prices are right. We will be glad to send you catalogues.

EMPIRE CREAM SEPARATOR CO., Ltd.
326 Flanders St., Portland, Or.

GOLDEN WEST

COFFEE, TEA, SPICES, BAKING POWDER, EXTRACTS, JUST RIGHT.
CLOSET & DEVER'S
PORTLAND, ORE.

NO DUST SWEEPING COMPOUND

Cleans and brightens Carpets, Rugs, Linoleums and Floors. Absorbs the germs and dust. Saves dusting and beating carpets.

Per lb., 200 lbs., \$5.00
Per lb., 150 lbs., 4.00
75-lb. metal drum 2.50
Order by mail or through your grocer.

CRESCENT CHEMICAL CO.
526 Washington St., Portland, Or.

C. Gee Wo

The Chinese Doctor
This wonderful man has made a life study of the properties of herbs, and is giving the world the benefit of his services.

No Mercury, Poisons or Drugs Used. No Operations or Cutting.

Guarantee to cure Catarrh, Asthma, Lung, Stomach and Kidney troubles, and all Private Diseases of Men and Women.

A CURE FOR CANCER CURE

Just received from Peking, China—a safe, sure and reliable. U. S. falling in stamp.

If you cannot call, write for symptom blank and circular. Enclose 4 cents in stamps.

C. G. SULLIVAN FREE

The C. Gee Wo Medicine Co.

162 1/2 First St., cor. Morrison, Portland, Or.

Seed Tomatoes.

Growers having a choice variety of tomatoes should select the best and earliest ripe fruit for seed. A dozen vines of this same kind planted in the same soil and given the same fertilizing and culture will show marked differences in order of ripening and in the yield. Let the fruit get fully ripe; the pulp of the tomatoes should be soft, the seed can then be easily squeezed out into a pan of water. Let the seed remain in the water over night; the next day drain off, then wash in several waters to remove the mucilage, strain through muslin, squeeze the water out of the seed, then spread the seed on papers to dry in the sun. The seed should be dry and hard before wrapping up. Mark each variety distinctly, and the date of ripening. Keep in tin box away from mice.

RHEUMATISM

Munyon's Rheumatism Remedy relieves pains in the legs, arms, back, stiff or swollen joints. Contains no morphine, opium, cocaine or drugs to deaden the pain. It neutralizes the acid and drives out all rheumatic poisons from the system. Write Prof. Munyon, 534 and Jefferson Sts., Phila., Pa., for medical advice, absolutely free.

Prepared for emergency.

"What makes you keep giving me fish for dinner day after day?" he inquired.

"Are you particularly fond of it?"

"No," she replied, "I was wholly unselfish. I read a lovely recipe about how to remove a fish bone when it sticks in your throat, and I wanted to try it."

"You women seem to think money turns up as easily as a handle turns round!" growled the harassed hubby.

"But it doesn't. Look here, Julia," he added, firmly, "you and I will have to economize."

Julia stopped prouetting and looked serious.

"How, dear?" she asked. "We need everything we have."

"Nonsense! We can surely, each of us, make one small sacrifice. For instance, in future I shall shave myself. Now, what will you do?"

She considered for a moment. Then she exclaimed: "I know, dear! I'll cut your hair!"

Evidence of it.

Two young women of Wayne were talking about men and things—principally men—the other day, when one of them remarked with strange shyness:

"You ought to have heard Mr. Elliott's ringing speech to me last night."

Her friend looked more than a little astonished. "Speech," she repeated, "I didn't know he ever made a speech in his life."

"O, but he did," the first maiden insisted; "I—I can't repeat the speech, but I can show you the ring."

Odious Comparison.

A Boston woman, who attained much prominence in the campaign for woman's suffrage, once said at a public meeting that she thought T. B. Aldrich was effeminate.

The remark was repeated to Aldrich as a joke, whereupon he very dryly remarked:

"Yes, so I am—compared to her."—Success.

With Poor Success.

"Talk about man!" exclaimed the suffragist. "What has man ever done for woman?"

"He's furnished her with a model she's trying darned hard to imitate," came a voice from the rear of the hall.

Between Friends.

Alice—I thought Mr. Smart had good literary taste until he sent me that silly novel.

Kate—Oh, that doesn't necessarily indicate his taste, dear; it merely represents his opinion of yours.

A SAD LOSS.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

"Atheists" Converted.

A number of Serbian conscripts, on entering Belgrade barracks to serve their time, announced themselves as atheists so as to avoid attendance at church. The commander got them to clean out the yard and stables every Sunday morning while their comrades went to mass. The atheists have now asked to be instructed with a view to conversion to the national creed.

Blood poisoning is a ten caused by slight cuts or wounds. Death may result. Hamlin's Wizard Oil will draw out the poison, heal the wound and prevent serious trouble.

Prisoners Do Valuable Work.

In England, at Dartmoor, the prisoners have been engaged in reclaiming the moorland, working even in winter. Agricultural prisons have been established in England, New South Wales, Prussia, Austria, Hungary, Switzerland, France, Russia and Belgium.

"I'm mighty sorry that pretty little brown-eyed nurse has got married," said the visiting surgeon.

"You didn't happen to be in love with her yourself, did you, doctor?" asked the chief interne.

"No, but she had a way of prolonging a case, without endangering the life of the patient, that was very gratifying and helpful."

Consistency of Criticism.

"There's one thing I don't like about Brown."

"What is that?"

"Why, the confounded, low-browed, half-baked idiot is always calling somebody names."

Trials of Modern Art.

Artist—There! My latest masterpiece!

Patron—Splendid! For the humorists' exhibition, I suppose?

Very Likely.

Patience—Peggy says she likes the way Will holds her during a dance."

Patience—That's the reason they sit out so many in the conservatory, I suppose.—Yonkers Statesman.

A sluggish liver means a coated tongue, a bad breath, and constipated bowels. The question is, "What is the best thing to do under such circumstances?" Ask your doctor if this is not a good answer: "Take laxative doses of Ayer's Pills."

Made by the J. C. Ayer Co., Lowell, Mass.

We publish our formulae

We banish alcohol from our medicines

We urge you to consult your doctor

Ayer's

CAP and BELLS



WIFE'S WAY OF ECONOMIZING

Generously Offers to Cut Her Husband's Hair When He Suggests Cutting Expenses.

"Bills, bills, bills!" cried the distracted man. "They come morning, afternoon and night. But what doesn't come is the money to pay them with."

"Never mind, dear," said his wife, sweetly, as she prouetting before the mirror in a new hat. "I expect it'll turn up."

"You women seem to think money turns up as easily as a handle turns round!" growled the harassed hubby.

"But it doesn't. Look here, Julia," he added, firmly, "you and I will have to economize."

Julia stopped prouetting and looked serious.

"How, dear?" she asked. "We need everything we have."

"Nonsense! We can surely, each of us, make one small sacrifice. For instance, in future I shall shave myself. Now, what will you do?"

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FEW RULES FOR DIETING

Too Much Trifling With Digestion These Days and Much Harm Results.

Here are a few rules that the girl who is determined to diet does well to observe. There is too much trifling with our digestion these days, and not the least harm is done by the notion for underestimating.

Never diet on the advice of a friend. Her regimen may have done wonders for her and will put you to bed or make you a sorry-looking wreck.

Don't diet to excess at any time. Girls, make sure she knows dietetics. Many physicians, good in other things, have little knowledge of the effect of food upon the system.

If you want to diet from a cause, as from diabetes or kidney trouble, do it religiously; almost better not begin than to do it spasmodically, letting up whenever food tempts you.

If you only diet for the sake of figure or complexion, count the cost before starting. Cutting out the foods of ordinary family meals is hard. Ask yourself, "Which means most to me, the loss of a few pounds or being a nuisance at mealtime?"

Don't keep on dieting if you feel that it disagrees with you. This holds good even when your food list is carefully censored by a physician. The best of them will make mistakes. Find out in time what is wrong.

Don't diet to excess at any time. Women often go to the point of weakening their entire system by injudiciously following a doctor's advice.

Common sense and moderation are good things to hold to in the matter of food.

ART CREATION

Panama-Pacific International Exposition.

Everybody buys Transfer Emblem in twelve colors, three beautiful designs representing Commerce, Manufacturing and Agriculture, size ten inches, biggest sellers on Earth, transfers on anything. Agents wanted. Sample by mail 50c. Don't delay. Address 1915 Exposition Ad Co., 32 Market St., San Francisco.

Taking the Rain Cure.

The complexion cure of the Irish society belle is the rain cure, according to the Pall Mall Gazette. The Irish woman puts on her raincoat, and a small hat, without veil, and saunters out for a brisk walk in the hardest downpour, letting the fresh drops play on her face as they will. When she returns to her home she changes her wet clothes, rubs her face with a soft, warm towel and rests all her facial muscles.

TRY MURINE EYE REMEDY

for Red, Weak, Watery, Watery Eyes and Granulated Eyelids. Murine Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c, \$1.00. Murine Eye Salve in Aseptic Tubes, 25c, \$1.00. Eye Books and Eye Advice Free by Mail.

Murine Eye Remedy Co., Chicago.

Love in England.

"In England," says the London Daily Mail, "love dwells and remains in the most secret recesses of the soul; it does not circulate about in the air. That is why the air in England is somewhat cold. And that is why closed up hearts there burn so intensely. For the English love is not the delightful occupation of youth, it is the very warp through which the whole life is woven."

Dr. Pierce's Pleasant Pellets cure constipation. Constipation is the cause of many diseases. Cure the cause and you cure the disease. Easy to take.

Telephones in Church.

Morial church of Utica has installed a telephone system for the benefit of members of the church who may be afflicted with deafness. Six telephones have been placed in various parts of the auditorium, the transmitter being located on the pulpit directly in front of the speaker.

Telephone Pulpit.

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We Give Away Absolutely Free of Cost



The People's Common Sense Medical Adviser, in Plain English, or Medicine Simplified, by R. V. Pierce, M. D., Chief Consulting Physician to the Invalids' Hotel and Surgical Institute at Buffalo, a book of 1008 large pages and over 700 illustrations, in strong paper covers, to any one sending 21 one-cent stamps to cover cost of mailing only, or, in French Cloth Binding for 31 stamps. Over 680,000 copies of this complete Family Doctor Book were sold in cloth binding at regular price of \$1.50. Afterwards, one and a half million copies were given away as above. A new, up-to-date revised edition is now ready for mailing. Better send NOW, before all are gone. Address World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

DR. PIERCE'S FAVORITE PRESCRIPTION

THE ONE REMEDY for women's peculiar ailments good enough that its makers are not afraid to print on its outside wrapper its every ingredient. No Secrets—No Deception.

THE ONE REMEDY for women which contains no alcohol and no habit-forming drugs. Made from native medicinal forest roots of well established curative value.

KIDNEY TROUBLE

Is a deceptive disease—thousands have it and don't know it. If you want good results you can make no mistake by using Dr. Kilmer's Swamp-Root, the great kidney remedy. At druggists in fifty-cent and dollar sizes. Sample bottle by mail free, also pamphlet telling you how to find out if you have kidney trouble.

Address Dr. Kilmer & Co., Binghamton, N. Y.

SAVE BEST HENS FOR MATING

Leg Band and Trap Nest Are Almost Indispensable for Success—Care of Flock.

The season is approaching when the poultry keeper will be glad to pick out his best birds for the next season's matings. None but the best should be used in the breeding pens, and if the breeder has hatched eggs from his best hens of last season he is reasonably sure of some good birds. If a breeder is trying for perfection in any form, the leg band and the trap nest are almost indispensable.

The careful breeder can estimate very closely the value of the young stock for future breeders. He knows the good and bad points of each of his birds, and has mated to overcome defects and improve points already good. Every year he is nearer perfection, and every year greater care is taken of the flock, for he has learned the value of cleanliness and proper food. Insects will never snap the life of his flock and kill the vitality of his breeders. Tainted food or water never reaches them, everything is fresh, pure and clean. They have plenty of room in their winter quarters, and he provides exercise by throwing the grain in chaff on the floor. He does this in the evening after they have gone to roost, and they have had their breakfast long before he has had his own morning meal.

After he has learned the right way and got a fairly good start, the work is easy and pleasant, and seems to swing along without any difficulty. As in everything else, it is the beginner who experiences the difficulties, for he has very little knowledge to begin with, and often pays dearly for the knowledge he acquires, but it does not take long to understand the most essential points in poultry keeping. One must keep on learning, however, there should be no standing still; every day something helpful may be learned, and it is well to keep a notebook in which to jot any little item that may prove helpful later on, for it is not well to trust one's memory too much.

Penicillin

100 Vials

Eye Salve

Believes SORE EYES

Treasured Trees.

Two trees to be seen in the main street of Thorshavn, the capital of the Faroe Islands, have an interesting history. Trees resolutely refuse to grow in these islands, except in some few