

# Catarrh

Is a constitutional disease originating in impure blood and requiring constitutional treatment acting through and purifying the blood for its radical and permanent cure. The greatest constitutional remedy is

## Hood's Sarsaparilla

In usual liquid form or in chocolate tablets known as **Sarsatabs**, 100 doses \$1. Nasal and other local forms of catarrh are relieved by Catarrhics, which allay inflammation and deodorize discharge. 50c.

The colonies of Great Britain have nearly 100 times more area than the mother country. France eighteen times and Germany five times.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Foreign and Domestic. His Wife (reading)—I see they had a bread riot in Spain recently.

Her Husband—Yes; and we'll have one at home soon if there isn't an improvement in your biscuits.

## Truth and Quality

Appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

# S.S.S. CURES SKIN DISEASES

There is an evaporation from the body going on continually, day and night, through the pores and glands of the skin. This is nature's way of maintaining the proper temperature of our systems and preserving the softness and flexibility of the skin, and so long as the blood is free from impurities no trouble will result. When, however, the blood from any cause becomes infected with humors and acids, these too must be expelled, and coming in contact with the delicate fibres and tissues with which the skin is so abundantly supplied they produce irritation and inflammation, and the effect is shown by Eczema, Acne, Tetter, and skin affections of various kinds. These impurities and humors get into the blood through a deranged or inactive condition of the system; the members whose duty it is to carry off the waste and refuse matter of the body fail to properly perform their work, and this impure, fermenting matter is left in the system to be absorbed by the blood. The skin is not only affected by poisons generated within the system, but poisons from without, such as Poison Oak, Poison Ivy, Nettle Rash, etc., enter through the open pores and glands, and so thoroughly do they become rooted in the blood that they are ever present, or return at certain seasons of each year to torment the sufferer. Salves, washes, lotions, etc., cannot cure skin diseases. True, such treatment relieves some of the itching and discomfort, and aids in keeping the skin clean, but it does not reach the real cause, and at best can be only palliating and soothing. A thorough cleansing of the blood is the only certain cure for skin diseases. S. S. S., a gentle acting, safe blood purifier, made entirely of vegetable ingredients of the forest and field, is the proper treatment. S. S. S. goes down into the circulation, and neutralizes the acids and humors, thoroughly cleansing and purifying the blood, and curing skin affections of every kind. It supplies to the blood the fresh, nutritive qualities necessary to sustain the skin and all other parts of the body, and rids the blood of any and all poisons. S. S. S. cures Eczema, Tetter, Acne, Salt Rheum, Poison Oak and Ivy, Nettle Rash, and all other skin troubles, and cures them permanently by removing every trace of the cause from the blood. Special book on Skin Diseases and any medical advice desired furnished free to all who write.

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# OLD-TIME FARM BOYS

They Began to Do the Usual Chores at the Age of Seven Years.

## WORKED IN THE FIELDS AT 10.

In the Evening They Had to Husk Corn and Pare Apples for Drying on a String.

What would the boys of to-day think of the way the country boys lived sixty and seventy years ago, or even forty years ago, when the writer was a boy? asks a contributor to the Rural New Yorker. At the age of 6 we boys (I speak more especially about boys, as there were no girls in our family) began to have our regular chores to do. At 7 we began to milk, and at the age of 10 we were expected to be out at 11 in the morning, and do our share of the milking, feed the pigs and calves, eat our breakfast and away to the field.

The boys of those days had to work, not compulsory educational laws in those days) driving oxen to plow or harrowing with an old forty-tooth drag; hoeing corn, for it must be hoed at least three times. We boys at 10 were expected to hoe a hill and skip a hill to keep up with the men; fetch the water for the men to drink and ride the old mare to cultivate, for the man who held the cultivator must have a boy to ride the horse, but he must not let her step on a hill of corn, for if he did the whole field was thought to have gone to ruin. I wonder what the farmers of those days would have thought to see the farmers of to-day gliding through the cornfield with a two-horse, double-row cultivator doing the work of six men.

The majority of farmers seemed to think that all a boy was created for was what work they could get out of him; that a boy ever became tired was something against the laws of nature; if he lagged he was lazy. The school days of the farmer boys of those times were from about Dec. 1 to April 1, but mind you, we were expected to go to the barn evenings and husk corn until the husking was all done. After that was done, then for the apples, for about 75 to 100 bushels must be pared, quartered and cored, and strung on strings with the rib of an old umbrella for a needle, and hung up behind the kitchen stove to dry. This work was all done evenings. About two or three bushels were considered to be a fair evening's work. Oh, yes, we used to have corn huskings and apple parings. It broke the monotony, and we youngsters had lots of fun, but I guess the boys of to-day would think it was rather tame sport, for now the hotels and saloons have more attractions. The average farmer's boy of the twentieth century has more money to spend on himself in one year than the boy of fifty years ago had in his entire boyhood days. There was not even a \$1,000 boy in those days.

At the age of 9 and 10, respectively, my brother and I rode our old bot-taled mare, "Slippery Jane," to school, a distance of two miles. What would the boys of this age think to see two such youngsters astride of one horse? But as we became a little older we drove her hitched to father's old punge. In connection with this I never shall forget an incident, although it was a very common occurrence for boys of those days to be left alone and with the care of the premises. My brother was 10 and I 11 years old. We came from school one very cold, stormy night in February. We stopped on our way to leave a girl who lived at a neighbor's, and who rode to and from school with us.

The neighbor was a relative of the family and he told us that our people had all gone away early in the day, as a near relative of the family had died, and that we must hurry home and do up the chores, which consisted of about forty head of cattle to care for, including horses, hogs, hens and various other things. Our neighbor relative told us to hurry home, do up the chores, eat our supper, be careful of fire and get to bed early and get up early next morning, do up the chores, give our cowbirds boots a fresh coat of grease and make ready to go to the funeral of the relative where our people had gone the day before.

Well, we trudged home as fast as we could hurry the old mare. The snow was falling fast and a stiff wind was coming up in the west. Our home was a mile from the main highway and over a mile from the nearest neighbor and in the very shadow of the heavy timber. We arrived home to find it deserted except for our old shepherd dog Jim and the house cat to care for, I suppose. You can bet we were not very long in doing up those chores and getting ourselves tucked away in bed. It seems that I can hear now the wind howl around that old-fashioned Dutch house up there on the hill that cold and stormy night. The next morning we were up bright and early to make ready for our journey, some five or six miles away. Our neighbor relative came and helped us some about chores, so we could get started as early as possible, for the funeral was to be quite early, for the body was to be shipped by railroad. At last we were off with old "Slippery Jane" hitched to the punge, but the high wind of the night before had piled the snow mountains high and our passage was necessarily very slow. We tipped over no less than sixteen times and had the old mare so deeply in the snow that we were obliged to shove her out as many times, but at last we reached our destination. This is practically the life the farmer boy of our section lived away back in the '90s.

A Sign of Wealth. "He must be a very rich man." "Not so very. I haven't read about him presenting a diploma to any museum just yet."—Detroit Free Press.

Every time a boy shows his hands, somebody suggests that he wash them.

# DAIRYING IN DENMARK.

Land Worked for Hundreds of Years Still Beats Ours.

That American farmers and promoters of agricultural industries are rather lax in grasping their opportunities, and are in danger of being outgeneraled in the markets of the world, unless they improve their methods, is the belief of Dean James E. Russell, of Columbia University, New York. Dean Russell was recently a visitor at the state college, and during his stay there addressed an assembly of the teachers of the Inland Empire, who were attending the teachers' institute in Pullman. Relatively to the problems just mentioned, he said:

"Thirty years ago New York was sending butter and cheese to the London markets. New York butter and cheese were selling at similar prices to those from Ontario, and other parts of the West. Just thirty years ago Denmark began to think she could make butter and put it in the London market. The question was, How could she overcome the lead that New York already had in the London markets? She sent men to London to study out the ground; to find what London wanted. Then she set out to give them the required product.

"Denmark is a country of poor soil, which has been tilled and overworked for a thousand years. Nevertheless, the Danish population annually sells in the markets of London \$35,000,000 worth of butter. In 1903 the entire United States exported only \$10,000,000 worth of butter. In addition to the vast quantity of butter mentioned, Denmark sends out one-fifth as much pork as we do, and just as many horses, and certainly, we should lead the world in the breeding of the meat. In the Danish nation has taught the hens how to work. Four hundred and fifty thousand dollars worth of eggs were exported by this country in 1915, and in 1903 this export had reached a value of \$2,000,000. In the last ten years Denmark has taken \$8,000,000 worth of corn from Iowa and Nebraska, via New York, which she has fed to Danish cows and pigs, and then placed the latter in European markets. In this way the Danish nation has secured a small competition with similar products from America.

"I said a moment ago that twenty years ago the competitor of Denmark was the State of New York. In those twenty years the Danish people have increased their exports from \$1,000,000 to \$40,000,000. In the same twenty years farm values in the State of New York have decreased \$200,000,000. In the last fifteen years Ontario has outbid New York in the same way in the cheese market. Twenty years ago New York companies received Canadian cheese and put the New York stamp on it to get one cent more in the English market. Today the New York farmers are sending their cheese over the Canadian boundaries, and paying two cents per pound in order to sell it at all."

Showing the superiority of European methods of education in comparison with American education, Dean Russell said: "Wurtemberg is a small German state, a little larger than the Inland Empire of Eastern Washington, and having a population of about two millions persons. Thirty years ago Wurtemberg began to realize that her population was beginning to dwindle; that something had to be done to maintain her integrity as a state. So she set about building up a system of schools for all the people; that would help the boy who wished to be a carpenter, a plumber, or a farmer, in the same degree, according to his needs, as they would assist the youth who desired to be an engineer, or a physician, or a scientist. Today Wurtemberg has a university giving courses of world-wide fame; technical schools, weaving and manufacturing schools; two hundred and thirty industrial schools in towns and villages; schools for metal workers and workers in the textile trades; schools of art, of agriculture, of preparation for household management; and numerous farm schools, and high schools throughout the state.

"Wurtemberg, a state but little larger than the Inland Empire of Eastern Washington, supports all these institutions, with an income of ten dollars per head of population. What would our own citizens think, if in addition to supporting agricultural colleges, they were asked to support five hundred technical and industrial schools for every two million of population? This is what is being done in the small state of Wurtemberg, and from the point of view of American citizens today, it is almost inconceivable; the contemplation of which must lead any American citizen to infer that his country has much to learn before it can successfully compete with the old country in the products of industrial education."

Answers to Queries. By J. L. Ashlock, Washington Experiment Station, Pullman.

Haverford, Pa.—"Is it considered that hog-raising is practicable in the northern part of the 'Bad States'?" H. W.

"It is probable that there is no place in the United States where the prices for pork products average as high as in the Pacific Northwest. A condition of significance, too, is that the people of this region are not sufficiently alive to the necessity of their meeting the demand for pork products. These who are in the business are making money. Conditions are improving, however, for at the present time we note a growing tendency among farmers to pay more attention to this business. The Berkshire breed is preferable, in my opinion, although the Duroc Jerseys are making some headway. At the experiment station we have just concluded that a cross of these two breeds would be better than either one by itself."

Eventually. Reporter—Do you ever contribute anything to foreign papers? Comic Bard—Why—er—yes; on looking over the miscellaneous columns of the papers I find that I contribute lots of stuff to the London Tit-Bits.

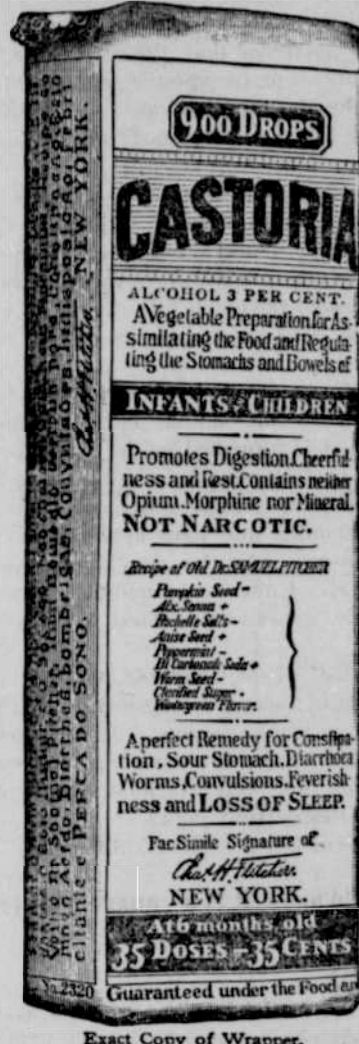
Sans Everything. Prosperous Clubman—When I first arrived in this town, forty years ago, I had a shirt to my back. Old Clubman—Worse than that; you hadn't a tooth in your head.

Fine Prospect for the Public. "The corporation has resolved at last to lay out a park for the benefit of the poor." "Have the preparations begun?" "Yes. All the 'Keep Off the Grass' signs have arrived already."

His Modesty. "Your full name is John Quincy Adams, is it? Why do you always write J. J. Quincy Adams?" "Well, naturally, I don't want anybody to get the impression that I'm the original John Quincy Adams."

# Don't Poison Baby.

**FORTY YEARS AGO** almost every mother thought her child must have PAREGORIC or laudanum to make it sleep. These drugs will produce sleep, and A FEW DROPS TOO MANY will produce the SLEEP FROM WHICH THERE IS NO WAKING. Many are the children who have been killed or whose health has been ruined for life by paregoric, laudanum and morphine, each of which is a narcotic product of opium. Druggists are prohibited from selling either of the narcotics named to children at all, or to anybody without labeling them "poison." The definition of "narcotic" is: "A medicine which relieves pain and produces sleep, but which in poisonous doses produces stupor, coma, convulsions and death." The taste and smell of medicines containing opium are disguised, and sold under the names of "Drops," "Cordials," "Soothing Syrups," etc. You should not permit any medicine to be given to your children without you or your physician know of what it is composed. **CASTORIA DOES NOT CONTAIN NARCOTICS**, if it bears the signature of Chas. H. Fletcher.



## Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. J. W. Dinwale, of Chicago, Ill., says: "I use your Castoria and advise its use in all families where there are children." Dr. Alexander E. Mintie, of Cleveland, Ohio, says: "I have frequently prescribed your Castoria and have found it a reliable and pleasant remedy for children." Dr. J. S. Alexander, of Omaha, Neb., says: "A medicine so valuable and beneficial for children as your Castoria is deserves the highest praise. I find it in use everywhere." Dr. J. A. McClellan, of Buffalo, N. Y., says: "I have frequently prescribed your Castoria for children and always got good results. In fact I use Castoria for my own children." Dr. J. W. Allen, of St. Louis, Mo., says: "I heartily endorse your Castoria. I have frequently prescribed it in my medical practice, and have always found it to do all that is claimed for it." Dr. C. H. Glidden, of St. Paul, Minn., says: "My experience as a practitioner with your Castoria has been highly satisfactory, and I consider it an excellent remedy for the young." Dr. H. D. Benner, of Philadelphia, Pa., says: "I have used your Castoria as a purgative in the cases of children for years past with the most happy effect, and fully endorse it as a safe remedy." Dr. J. A. Boardman, of Kansas City, Mo., says: "Your Castoria is a splendid remedy for children, known the world over. I use it in my practice and have no hesitancy in recommending it for the complaints of infants and children." Dr. J. J. Mackey, of Brooklyn, N. Y., says: "I consider your Castoria an excellent preparation for children, being composed of reliable medicines and pleasant to the taste. A good remedy for all disturbances of the digestive organs."

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Work for Live Improvement Society. In small centers of population where none but the most general laws govern it is necessary to form an improvement society to look after the health and well being of the people as a whole, says the Los Angeles Times. The laws of hygiene must be observed. Both sewers and surface drainage should be provided by the people as a whole, and where no city government exists this is a splendid work for a live society for civic betterment.

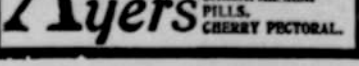
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Neutrality. The voter in Drearystown reflected. "If I vote the 'citizens' ticket." "If I vote that," I'm agin the people, and if I vote the 'people's ticket' I ain't a good citizen. Blamed if I'm goin' to vote at all!" Pulling his hat down over his eyes, he turned on his heel and strode away in disgust. The intricacies of village politics were too deep for him.

Entering a Demurrer. "Talk about the superiority of mind over matter!" said the argumentative boarder. "It's just the other way. If you want to be sure not to forget a thing you don't trust it to your memory. You take a pencil and a slip of paper and make a memorandum of it."

# When the Hair Falls

Then it's time to act! No time to study, to read, to experiment! You want to save your hair, and save it quickly, too! So make up your mind this very minute that if your hair ever comes out you will use Ayer's Hair Vigor. It makes the scalp healthy. The hair stays in. It cannot do anything else. It's nature's way. The best kind of a testimonial— "Gold for over sixty years."



Trousseau Gowns. "Trousseau gowns are lovelier than ever," says the fashion editor of the Woman's Home Companion, "but as they have increased in beauty, they have lessened in number. Very few brides of to-day, no matter how fashionable they may be, order a trousseau consisting of a great number of costumes. The reason for this is that fashionable change so that it is necessary every little while to have a new-style gown if one is to keep pace with the capricious modes.

In Brooklyn. Third-Floor Tenant—See here! I'm one of a committee of men in this building, and I've called to ask you to sell your fute. Second-Floor Tenant—Delighted to see you. I'm one of another committee, and was about to come up and ask if you'd sell your baby.—Tit-Bits.

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