

# Spring Medicine

The best is Hood's Sarsaparilla. It is the best because it does the most good. While it makes the blood pure, fresh and lively, it tones the stomach to better digestion, creates an appetite, stimulates the kidneys and liver, gives new brain, nerve and digestive strength.



An unequalled list of cures—40,366 testimonials in two years—proves its merit.

**Sarsaparilla**—For those who prefer medicine in tablet form, the new Sarsaparilla has been introduced in the form of tablets. It is the same as the liquid form, but more convenient to carry and use. It is sold by druggists or sent by mail, on receipt of the price. Write to C. I. Hood Co., Lowell, Mass.

**Disputed the Proposition.**  
"All that you are, my friend," said the lecturer, slinging out an elderly man sitting in a front seat who appeared to be deeply interested—"all that you are, I repeat, you owe to heredity and environment."  
"Gosh," exclaimed the elderly man, turning red with indignation, "I never had no death's with that firm in my life, and I don't owe them or nobody else a blamed cent!"—Chicago Tribune.

**Taking in the Soil.**  
The automobile was going fifty miles an hour.  
"We are now passing through a beautiful part of the country," shouted the chauffeur in the front seat.  
The tourist swallowed another pint of grit and dust.  
"Hi!" he ejaculated between coughs, "it seems as though the country is passing through me."

**He Aimed High.**  
To the uninitiated observer some of the gymnastics performed in a game of football are beyond explanation. The story is told of a half-back who complained to his family about the injustice of allowing football players to wear head protectors.  
"I should think it was most necessary," said his mother, who had witnessed one game with many tremors. "Look at the front teeth your poor cousin Frederick lost!"  
"That may be," said her son, stubbornly, "but look at me, laid up for two weeks with a lame foot just from kicking a fellow's nose-gear!"

**A Beauty Parlor.**  
"Gerald," she said, breaking the monotony, "what is a beauty parlor?"  
"A beauty parlor," my dear," he whispered, moving closer. "Why, this is a beauty parlor."  
"The idea! Why so?"  
"Why, any parlor would be a beauty parlor if you were in it."  
And after that the rest was easy. She accepted him on the spot.

**Of Small Value.**  
The nose of the Egyptian sphinx had dropped off.  
"It fell off," said the sphinx, speaking for the first and only time. "It wasn't a Grecian nose, anyway."

## Syrup of Figs and Elixir of Senna

Cleanses the System Effectually; Disperses Colds and Headaches due to Constipation; Acts naturally, acts truly as a Laxative.

Best for Men, Women and Children—Young and Old.

To get its Beneficial Effects Always buy the Genuine which has the full name of the Company

**CALIFORNIA FIG SYRUP CO.**  
by whom it is manufactured, printed on the front of every package.  
SOLD BY ALL LEADING DRUGGISTS.  
One size only, regular price 50¢ per bottle.

## HOTEL MOORE

OPENS ALL THE YEAR  
CLATSOP BEACH SEASIDE, OREGON

Directly on the beach overlooking the ocean. Hot salt baths and reef bathing. Recreation and fishing. Electric lights. Fire-places and steam heat. Fine walks and drives. Sea foods a specialty. Rates, \$2.50 and \$3.00 per day. 25¢ breakfast with the week.

DAN J. MOORE, Proprietor

An English newspaper had this death notice the other day: "At Stratford-on-Avon, age seventy-five. William Shakespeare. At rest."

# S.S.S. CURES SKIN DISEASES

There is an evaporation from the body going on continually, day and night, through the pores and glands of the skin. This is nature's way of maintaining the proper temperature of our systems and preserving the softness and flexibility of the skin, and so long as the blood is free from impurities no trouble will result. When, however, the blood from any cause becomes infected with humors and acids, these too must be expelled, and coming in contact with the delicate fibres and tissues with which the skin is so abundantly supplied they produce irritation and inflammation, and the effect is shown by Eczema, Acne, Tetter, and skin affections of various kinds. These impurities and humors get into the blood through a deranged or inactive condition of the system; the members who perform their work, and this impure, fermenting matter is left in the system to be absorbed by the blood. The skin is not only affected by poisons generated within the system, but poisons from without, such as Poison Oak, Poison Ivy, Nettle Rash, etc., enter through the open pores and glands, and so thoroughly do they become rooted in the blood that they are ever present, or return at certain seasons of each year to torment the sufferer. Salves, washes, lotions, etc., cannot cure skin diseases. True, such treatment relieves some of the itching and discomfort, and aids in keeping the skin clean, but it does not reach the real cause, and at best can be only palliating and soothing. A thorough cleansing of the blood is the only certain cure for skin diseases. S. S. S., a gentle acting, safe blood purifier, made entirely of vegetable ingredients of the forest and field, is the proper treatment. S. S. S. goes down into the circulation, and neutralizes the acids and humors, thoroughly cleansing and purifying the blood, and curing skin affections of every kind. It supplies to the blood the fresh, nutritive qualities necessary to sustain the skin and all other parts of the body, and rids the blood of any and all poisons. S. S. S. cures Eczema, Tetter, Acne, Salt Rheum, Poison Oak and Ivy, Nettle Rash, and all other skin troubles, and cures them permanently by removing every trace of the cause from the blood. Special book on Skin Diseases and any medical advice desired furnished free to all who write.

**THE SWIFT SPECIFIC CO., ATLANTA, GA.**

## 20 YEARS IN PORTLAND DOING WORK FOR THE BEST PEOPLE

Is positive proof of the reliability and confidence our patients have in us. Specialists always in attendance, assuring prompt and courteous attention. Lady attendants always present.

**Reliable Painless Dentists.**—Our reputation for reliability and thoroughness is well established. Cleanliness, Good Work and Quick Service.

"AND IT DIDN'T HURT A BIT!"

Painless Extractions, 50 cents. Extraction Free when plates or bridges are ordered. Plates fit and up. Best Plate Work.—Perhaps your teeth have become so loose that it is impossible to firmly set a bridge. Then the old bridge is removed and a new one is set in its place, and a plate is fitted. If the plate fits perfectly it will look well and perform its work of maintaining your teeth satisfactorily. With my 20 years' experience in this work I guarantee satisfaction in every case.

Crowns and Bridge Work.—It's a shame to spill your personal appearance and ruin your digestion from the lack of teeth to properly masticate your food, when a bridge can be supplied that will cost no discomfort what.

**W. A. WISE DENTIST**  
FALLING BUILDING, THIRD AND WASHINGTON, PORTLAND, OREGON

# Old Favorites

**Baby.**  
Where did you come from, baby dear?  
Out of the everywhere into here.  
Where did you get those eyes so blue?  
Out of the sky as I came through.

What makes the light in them sparkle and spin?  
Some of the starry spikes left in.  
Where did you get that little tear?  
I found it waiting when I got here.

What makes your forehead so smooth and high?  
A soft hand stroked it as I went by.  
What makes your cheek like a warm, white rose?  
I saw something better than any one knows.

Where did you get that little tear?  
I found it waiting when I got here.

What makes your forehead so smooth and high?  
A soft hand stroked it as I went by.

What makes your cheek like a warm, white rose?  
I saw something better than any one knows.

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# LANDSCAPE GARDENING.

**Subject Every Home Lover Should Give Attention.**  
By J. R. Shinn, Professor of Horticulture, Mabe Experiment Station, Moscow.

Most of the West is new country, therefore it is not surprising that comparatively few dwellings and farmsteads within her boundaries are surrounded by attractively arranged plantings of trees, flowers and shrubs. Naturally, the attention of most citizens of this great commonwealth has been confined to the one idea of money-making; perhaps the place has been mortgaged and every effort has been bent to relieve this condition; or, some may have set a certain standard of money accumulation and have devoted their energies to working toward this goal. The result of these conditions has been that of setting as de the real beautifying of home grounds as a secondary consideration. Another very prevalent reason why people neglect this all-important matter, is found in the fact that scarcely one person in a thousand steps aside and gives the matter adequate thought. Although one may appreciate the attractive places of others, still the idea of making his own place equally attractive is far from the imagination. A third class of people are those who really love the touch which nature gives the home surroundings, but from lack of forethought and systematic planning their efforts fall far short of success. All of these classes of home-makers can profitably devote some attention to this subject, commonly known as landscape gardening, and its application to homes of our country.

The ultimate aim of all landscape gardening, whether conducted on a small or on a large scale, should be to present a pleasing picture. In other words, landscape gardening may be defined as the art of arranging and grouping trees, shrubs and flowers in such a manner that a picture of undeniable beauty prevails from season to season. It is not enough that the material chosen for the plantings should give an attractive display for a single season, such as the painter places upon his canvas, but the selection should go farther, presenting material that will give increasing variety and alluring beauty for each day, each week and each month.

From this statement of the subject it is quite evident that the landscape gardener who wields the tools which nature places at his disposal occupies a position on equal footing with the artist who wields the brush in transferring these pictures to the canvas. Yet it is quite possible for most of us to play the part of the former, even though it be in a very limited manner. As many painters are facilitators to a great degree, so should the landscape gardener be in the arranging of plants, he would be committing no unpardonable sin. In fact, this latter method of procedure is likely to prove the most fruitful means for the average person to employ; at any rate, it will serve admirably for the purpose of giving an idea of the kinds of plants to select and the grouping methods most pleasing to the eye.

On the other hand, it is necessary that the person who is to become the amateur landscape gardener should understand some of the prime essentials of common sense rules of this art. Where shall the flowers be placed? Shall the trees and shrubs come in the middle of the lawn or shall they find a more appropriate location in some other point? Is it good taste to make walks and roads in curves? These and many other questions naturally arise in the minds of those who are carefully prospecting in this subject. It therefore behooves us to get some working idea of these various topics. Every home-lover should give simple attention to this subject.

**Of Interest to Farmers.**  
The following publications of interest to farmers and others have been issued by the Agricultural department of the Federal government and will be furnished free, so long as they are available, except where otherwise noted, upon application to the Superintendent of Documents, Government Printing Office, Washington, D. C.:

**Bulletin No. 145.—Preparing Land for Irrigation and Methods of Applying Water.** Prepared by the agents of irrigation investigation. Pp. 24, pls. 7, figs. 33. Price 15 cents. This bulletin gives descriptions of methods of removing sagebrush, of smoothing land, of laying out fields for different systems of applying water, and of the different systems of applying water. The various methods are compared as to cost and efficiency.

**Bulletin No. 146.—Current Wheels: Their Use in Lifting Water for Irrigation.** Prepared in the office of experiment stations, irrigation investigations. Pp. 38, pls. 4, figs. 21. Price 10 cents. Drawings and photographs of a large number of wheels used for raising water from streams are given, accompanied by descriptions, statements of cost, and discussions of efficiency. A general discussion of the theory of current wheels is also given.

**Had One of Her Own.**  
Mrs. Lottakids, who had been invited to attend the opening session of the mothers' congress, was sending her regrets over the telephone.  
"It's awfully kind of you to ask me, Mrs. Ondego," she said, "but I can't come. I'm too busy looking after the children."

**Grape Sweet Meat.**  
Eight pounds of Concord grapes, 4 pounds of sugar, 1½ pounds of raisins, two oranges, pulp and peel chopped; pulp the grapes and cook until seeds come out, rub through colander, then add skins and boil fifteen minutes, then add sugar, raisins, lemon, oranges and boil three-quarters of an hour, or until like marmalade. It does not need to be sealed.

**Boycott.**—It is a true saying that time is money. Joyce—It must be; you never see that old miser wasting a minute.

**To Use Cold Meat.**  
Take scraps of cold meat of any kind, cut in uniform size, add a piece of butter the size of a walnut and one small onion, and fry together until brown. Add boiling water to make a good gravy, and thicken with flour to the consistency of cream. This makes an excellent "warmed-over" dish.

It is estimated that in New York City there are 12,300 men who were educated for the bar who are in various employments outside of law offices.

# NO ONE CAN ALWAYS AVOID



## Catching Cold on the Street Car

Pe-ru-na Prevents Catching Cold. One Dose in Time, Saves Nine.

Many people persist in riding on the street cars, insufficiently protected by clothing. They start out perhaps in the heat of the day, and do not feel the need of wraps.

The rapid moving of the car cools the body unduly. When they board the car perhaps they are slightly perspiring. When the body is in this condition it is easily chilled. This is especially true when a person is sitting.

Beginning a street car ride in the middle of the day and ending it in the evening almost invariably requires extra wraps, but people do not observe these precautions, hence they catch cold.

Colds are very frequent in the Spring on this account, and as the Summer advances they do not decrease. During the Spring months no one should think of riding on the car without being provided with a wrap. A cold caught in the Spring is liable to last through the entire Summer. Great caution should be observed at this season against exposure to cold. During the first few pleasant days of Spring, the liability of catching cold is great.

No wonder so many people acquire muscular rheumatism and catarrhal diseases during this season.

However, in spite of the greatest precautions, colds will be caught. At the appearance of the first symptom, Peruna should be taken according to directions on the bottle, and continued until every symptom disappears.

Do not put it off. Do not waste time by taking other remedies. Begin at once to take Peruna and continue taking it until you are positive that the cold has entirely disappeared. This may save you a long and perhaps serious illness later on.

**Bad Effects From Cold.**  
Mr. M. J. Deutch, Secretary Building Material Trades Council, 151 Washington St., Chicago, Ill., writes:  
"I have found your medicine to be unusually efficacious in getting rid of bad effects from cold, and more especially in driving away all symptoms of catarrh, with which I am frequently troubled."

"The relief Peruna gives in catarrhal troubles alone is well worth the price per bottle. I have used the remedy for several years now."

**Spells of Coughing.**  
Mrs. C. E. Long, writes from Atwood, Colorado, as follows:  
"When I wrote you for advice my little three-year old girl had a cough that had been troubling her for four months. She took cold easily, and would wheeze and have spells of coughing that would sometimes last for half an hour."

"Now we can never thank you enough for the change you have made in our little one's health. Before she began taking your Peruna she suffered everything in the way of cough, colds and croup, but now she has taken not quite a bottle of Peruna, and is well and strong as she has ever been in her life."

**Out of the Dism Past.**  
Alexander the Great had subdued Bucephalus.  
"Anybody can bust a broncho," he said, "but it takes a man to put the saddle on a big four-legged devil like this one."

Being shrewd, politic fellows, the cowboys of that age allowed the impression to go out that they were afraid to try to ride the savage beast, and the subservient historians hastened to confirm that impression.

**Not a Cheerful Brand.**  
"Haven't you any milk that is more cheerful than this?" queried the new boarder as he poured some of the liquid into his coffee.  
"Why, what do you mean by that?" queried the landlady.  
"Oh, nothing," rejoined the n. b.; "only this milk seems to have the blues."

A Hungarian student who was plucked at a recent examination at Klausenberg shot himself, but first winged an examiner.

**Our Landlady—It's the strangest thing in the world!** Do you know, our dear old pet cat disappeared very suddenly yesterday. Excuse me, Mr. Rudolph, will you have another piece of rabbit pie?  
Mr. Rudolph (promptly)—No, thank you!  
Our Landlady (an hour later)—That is three more pies saved. This season will be a profitable one, indeed.

**His Idea of One.**  
The teacher in the Darktown school was hearing the class in geography.  
"What is known as the Great Divide?" she asked.  
"Cuttin' a big watermelon!" answered little Rastus with a grin that showed all his ivories.—Chicago Tribune.

The data about the manufacture of steel cars in this country are not as definite as might be desired, but the Railway Age reports the number of all steel cars ordered in 1907 to be 27,800, and of cars with steel underframes, 44,500.

# Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine. Sold for over 60 years.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is absolutely essential to regular, healthy, vigorous activity and your bowels regular by taking laxative doses of Ayer's Pills.

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of: HAIR VIGOR, ANGLE CURE, CHERRY PECTORAL.

P. N. U. No. 17-08

There is Only One "Bromo Quinine" That is Laxative Bromo Quinine

USED THE WORLD OVER TO CURE A COLD IN ONE DAY.

Always remember the full name. Look for this signature on every box. 25c. *E. W. Grove*

# PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors silk, wool and cotton equally well and is guaranteed to give perfect results. Ask dealer, or we will send post paid at 10c a package. Write for free booklet how to dye, bleach and mix colors. MONROE DRUG COMPANY, Quincy, Illinois.