

REV. TROUTMAN SENDS BEST WISHES FOR PE-RU-NA

Rev. George A. E. Troutman, Mt. Washington, Mo., Writes,

"My Wife and I Are Strong Believers in Pe-ru-na."

Catarrah and La Grippe.
Rev. Geo. A. E. Troutman, Mt. Washington, Mo., writes: "My wife and I are strong believers in Peruna."



REV. GEORGE A. E. TROUTMAN

troubled with a peculiar spasmodic affection of the throat. It would seize me suddenly and for a few minutes I would be unable to speak audibly, and my breath would be greatly interfered with. I would be obliged to gasp for breath.

"I finally concluded that it was some catarrhal affection which probably excited the spasm. It interfered with my vocation as a preacher, attacking me occasionally in the pulpit.

"I had heard so much about Peruna as a catharr remedy that I determined to try it. After taking two bottles, my trouble has disappeared. I feel sure that Peruna has greatly benefited me."

Rev. P. E. Swanstrom, Swedish Baptist pastor, Box 228, Grantsburg, Wis., writes that from the use of Peruna he is perfectly well, entirely cured of chronic diarrhea and catarrh.

Peruna in Tablet Form.

For two years Dr. Hartman and his assistant have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna Tablets, which represent the medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.

Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hills, Cincinnati, Ohio, writes: "For several years I have been



I was cured of a bad case of catarrh when nothing else that I tried had any effect. My wife was cured from a severe case of la grippe, and we feel that the least we can do is to gratefully acknowledge the merit of Peruna. "My wife joins me in sending best wishes for your success."

Throat Trouble.

Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hills, Cincinnati, Ohio, writes: "For several years I have been

Ask Your Druggist for Free Peruna Almanac for 1908

CONSCRIPTION IN ARMY OR MORE PAY TO MEN

Enforced Service Faces American People, Declares Adjutant General Ainsworth.

Unless radical measures are enacted to induce men to enlist in the United States army, conscription must be resorted to, declares Major General F. C. Ainsworth, adjutant general, in his annual report.

"Notwithstanding the most strenuous efforts on the part of the War Department and the recruiting officers," says General Ainsworth, "it has been found impossible wholly to make good the losses, to say nothing of increasing the enlisted strength to the authorized limit. If present conditions continue there will be nothing for the government to do but meet this competition by materially increasing the soldiers' pay or to evade competition altogether by a resort to conscription."

Never before has such a suggestion, come from an officer clothed with the authority to make recommendations. The idea of compulsory enrollment of individuals for the military service has been held abhorrent to republican principles and the absence of such a law is one of the most forceful arguments used in attracting desirable immigration from Europe.

Officials of the War Department anticipate that the possible necessity for such action outlined by General Ainsworth will prove efficacious in securing consideration by Congress of the increase of pay bill. It is with the greatest reluctance that army officers entertain the thought of conscription, but generally they agree with General Ainsworth that it either must come to that, extremity or more money must be provided for the soldier if the standing of the army is to be maintained.

TASTE OF HER OWN MEDICINE

Europe in Sad Straits with Horde of Returning Immigrants.

It is a curious commentary on the economic conditions of the old world that the turn in the tide of American immigration is causing serious trouble in Italy, Austria, Germany, Sweden and Norway. If the industrial conditions of the United States of America threaten to be bad, they are infinitely worse in the countries named. Italy complains the loudest because the situation there is the most serious. Her returning hordes do not bring sufficient money to support them more than a few weeks at most, while many land practically penniless. The authorities there confess themselves unable to deal with the problem.

The Germans, however, are much better provided with money on an average than the Italians. Business conditions in Sweden and Norway are so bad this unexpected influx is truly appalling and much distress is inevitable in the severe northern winter.

How Is Your Blood?

If you lack strength, are nervous, have no appetite, don't sleep well, get tired easily, your blood is in bad condition. You cannot be strong without pure, rich blood. Hood's Sarsaparilla makes good, rich blood and keeps it good.

Dyspepsia—"For six months my system was out of order with dyspepsia and impure blood. Spent lots of money in vain, but Hood's Sarsaparilla cured me." Jos. S. ZATKA, Genoa, Neb.

Had No Appetite—"I was troubled with dyspepsia and had no appetite. I had a faint feeling after eating. My constitution was all run down, but Hood's Sarsaparilla has fully relieved me." FLORENCE STOWE, Siderville, Wisconsin.

Weakness—"I bless the day I heard of Hood's Sarsaparilla, as it cured me of extreme weakness after grip, built my husband up after pneumonia, and cured eczema and blood-poisoning in our children." Mrs. M. A. DELWORTH, Box 4, Embreeville, Pa.

Hood's Sarsaparilla is sold everywhere. In the usual liquid, or in tablet form called **Sarsatabs**. 100 Doses One Dollar. Prepared only by C. L. Hood Co., Lowell, Mass.

A "10-penny nail" means that 1,000 nails weigh ten pounds. The word "penny" in this sense is a corruption of pound.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of Kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce; Compound Karg n, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the Kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Save the prescription.

PILES CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

The Angora goat furnishes most of the hair which adorns ordinary dolls. This product is valued at \$40,000,000 a year.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c per bottle. Take Hall's Family Pills for constipation.

Truth and Quality

appeal to the Well-Informed in every walk of life, and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

10 CENTS FOR A 50 CENT GAME

That can be played by all the family, also an illustrated book of interest to all in the Home or Farm and sample of "20-MULE-TEAM" BORAX all for 10c and dealer's name. Address Pacific Coast Borax Co., Oakland, Cal.



Ferry's Seeds are the best known and the most reliable seeds grown. Every package has behind it the reputation of a house whose business standards are the highest in the trade. Ferry's 1908 Seed Annual will be mailed FREE to all applicants. It contains colored plates, many services, and full descriptions, prices and directions for planting over 120 varieties of Vegetables and Flower Seeds. Send for it. Seed for 10c. D. M. FERRY & CO., Detroit, Mich.

old Saw Proved.
"Most of the old maxims still hold good," observed the random conversationalist.
"Yes," agreed the man who had just returned from an international exposition. "For instance, a world's fair exchange is no robbery. It's worse."—Kansas City Times.

Only One "BROMO QUININE."
That is LAXATIVE BROMO QUININE. Look for the signature of K. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Uncle Allen.
"Talking of short measure," said Uncle Allen Sparks, "there are lots of people that never seem to have got their share when the milk of human kindness was handed around."

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 361 Arch St., Phila., Pa.

The metric system has been introduced in Denmark by a law of March, 1907. The law provides that the old weights and measures may be used for a period of five years in conjunction with the new. However, all government and local authorities may use the old system for only two years to come.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Exaggerated.

"Is it true, colonel, that your recent losses in Wall street have compelled you to sell your automobiles?"

"Now—that's a ridiculous and unmitigated falsehood. All I've had to do has been to cut down my consumption of gasoline a few gallons a day."

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Notice on a Connaught railway platform: "There will be no last train on Saturday."

"The hands of the housewife will be kept soft and white and free from all chaf, redness or roughness if bojax is used."

A gale blowing eighty miles an hour exerts a pressure of nearly thirty-two pounds to the square foot.

For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions. The best kind of a testimonial—
"Sold for over sixty years."



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MADE FOR SERVICE IN THE ROUGHEST WEATHER AND GUARANTEED ABSOLUTELY WATERPROOF



Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the Health of Children—Experience against Experiment.

What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Farcoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought Bears the Signature of
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In Use For Over 30 Years.
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SHOES AT ALL PRICES FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price.

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory in any part of the world. Illustrated Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.

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You save money and avoid failures in your baking if you use

KC BAKING POWDER

25 Ounces for 25 Cents

Here is true economy. You cannot be sure every time or have your food dainty, tasty and wholesome if you pay less or accept a substitute.

Jaques Mfg. Co. Chicago.

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Waltz, Two Step, Three Step, etc. Dance completely taught and guaranteed in four lessons. Prof. W. L. Wilson, 113 1/2 Street Bldg., Portland, Oregon.

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Has made a life study of roots and herbs, and in that study discovered and is giving to the world his wonderful remedies.

No Mercury, Poisons or Drugs Used—He Cures Without Operation, or Without the Aid of a Knife. He specializes in Cures: Catarrh, Asthma, Lung, Throat, Rheumatism, Nervousness, Nervous Debility, Stomach, Liver, Kidney, Trichinosis, Lost Manhood, Female Weakness and All Private Diseases.

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Just Received from Peking, China—Safe, Sure and Reliable.

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CONSULTATION FREE.
If you cannot call, write for system blank and circular. Dr. Inclose treats in stamps.

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LABOR WORLD

Brickmakers in New South Wales earn about \$10 a week.

Furniture making in Canada gives employment to over 8,000 people.

Ten women in the United States earn their living in the capacity of baggage men.

Among the organized women workers in Germany, 14,972 belong to the metal trades.

Tinsmiths in Calgary, B. C., have had their wages increased from 40 cents to 52 1/2 cents an hour.

The next biennial convention of the Retail Clerks' International Protective Association will be held at Louisville.

The strike of Vienna (Austria) omnibus employees is at an end, several concessions having been made by the management.

The iron farring and metallic lathers of Boston have recently had their wages increased from 41 1/2 to 47 1/2 cents an hour.

Unions in the clothing trades of Russia number 15,039 members. This refers to strict trades unionism, free from any political affiliation.

The Fall River Textile Council and the manufacturers have agreed to continue the wage-establishment agreement for another six months.

Adelaide (Australia) warehousemen, shop assistants and clerks' unions have recently become affiliated with the local Trade and Labor Council.

Patternmakers are voting on a plan to consolidate the office of national president and secretary-treasurer, and thus have but one permanent general officer.

During the period extending from January, 1896, to Nov. 1 of this year, the Iron Molders' Union paid in benefits to its sick members \$1,397,703. The union has passed the 100,500 mark and is still growing rapidly.

At the conciliation meeting, held recently, the request of the Welsh colliers for an advance of 2 1/2 per cent was granted. This now makes the rate at 99 per cent above the maximum, according to the standard of 1879.

More than 90 per cent of the stereotypers and electrotypers of the United States and Canada are within the ranks of the union, while in some of the larger cities every man at the trade is a member of the union.

The loss of time to employes through trades disputes in the Dominion of Canada during September of this year amounted to 81,900 working days. In 1906 the loss from the same cause was 90,800, and the year before, 97,140.

RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

S. S. S. PURELY VEGETABLE

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