

**COTTAGE GROVE LEADER**

COTTAGE GROVE OREGON  
**J. McKEAN FISHER, Manager.**  
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SATURDAY.....DECEMBER 1, 1906

The families of Cottage Grove all enjoyed a good Thanksgiving time. The year has been an unusually prosperous one of nearly every family and the stores all report that the preparation of good things for the feast of the day made their sales larger than ever before at such a time, and it is to be supposed that consequently the feasts were all par excellence.

**Silk Creek.**

The Medley boys killed two wildcats Saturday near the Becking place.

Uncle John Damewood and wife went to Springfield Wednesday to spend Thanksgiving with their daughter, Mrs. Z. Collins and family.

A. D. Owens and Roy Wheeler went to Eugene last Friday.

W. N. Wheeler made a business trip to Saginaw Monday.

Miss Inez Casebeer arrived from London Monday night and is stopping with her aunt Mrs. D. A. Estes. She will probably attend the Royal Academy this winter.

Grandpa Babcock has recently sold a piece of land to Gilbert Meard of Creswell.

**First Quarterly Conference.**

Rev. M. C. Wire, Presiding Elder Eugene District, will hold quarterly conference at the M. E. Church Friday eve, Dec. 7th. He will go to Lorane Saturday and returning will preach Sunday night in the M. E. Church.

**A Fine Present.**

Little Miss Naomi Constance Wynne, the five months old daughter of Mr. and Mrs. Harry Wynne received on Wednesday a lovely plush lounging robe, the gift of Mr. P. Thomason, travelling salesman for Mitchell, Lewis & Staver Co., Portland. The young lady will enjoy getting out in the coldest weather in her carriage with such a warm covering.



**A Bargain for our Subscribers**

**The New Idea Woman's Magazine and The Leader for \$1.60**

**Cottage Grove Churches**

**METHODIST EPISCOPAL.** Rev. J. L. Beatty, Pastor. Preaching services at 11 a. m. and 7:30 p. m. Sunday School, 10 a. m. Epworth League, 6:30 p. m. Prayer meeting Thursday evening at 7:30. All are cordially invited to be present.

First Presbyterian Church, Pastor R. C. Grace. Morning service, 11, evening 8, Y. P. S. C. E. 7 p. m. All strangers and sojourners welcome.

Morning subject "Distinctive words in the Christian religion." Evening subject "Hours of Darkness."

Episcopal Church. Services held the second Wednesday evening of each month at 7:30 in Masonic hall. There will be services every fifth Sunday of a month.

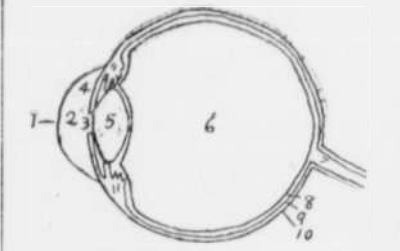
Catholic Church, Father Carroll. Services the second Sunday in each month.

Christian Science services held over Allison's Barber shop every Sunday morning at 11 o'clock and Wednesday evening at 8 o'clock.

Christian Church, Rev. D. E. Olson Pastor. Services at 11 in the morning and 7:30 in the evening. Y. P. S. C. E. meeting at 6:30 p. m. Sunday school at 10 o'clock. Intermediate Endeavor Society at 2:30 and Choir practice every Saturday evening at 7:30.

**THE EYE AND ITS CARE**

By DR. FRANC LUCILE HARD, EUGENE, OREGON.



1. Cornea.
2. Aqueous Humor.
3. Pupil.
4. Iris.
5. Crystalline Lens.
6. Vitreous Humor.
7. Optic Nerve.
8. Retina.
9. Choroid.
10. Sclerotic.

In the article of last week the Cornea; Aqueous Humor and Iris were talked about. This time the focusing apparatus of the eye is to be taken up.

Just back of the Iris is the Crystalline Lens. This is not perfectly round but is longer than it is wide. And is convex on both surfaces, the convexity being greater on the posterior surface. It is three-eighths of an inch long and three-sixteenths thick. The lens is highly transparent, rather soft, and very elastic. It is enclosed in a capsule that is extremely thin and transparent. The Crystalline lens is made up of one layer upon another of tissue that is so fine that to distinguish the separate layers a very high power microscope is required. The layers being placed one over another to form the lens makes it resemble an onion. These layers at the center form a hardened nucleus but grow softer towards the edge of the lens. As people grow older the outer layers grow harder and less elastic.

On either side of the lens, as shown in the above drawing, is a tiny muscle which is attached to the lens. This is called the Ciliary muscle.

When looking at an object some distance away, twenty feet or more, the eyes are said to be at rest. That is, the Crystalline lens is as flat as it can be, and the little ciliary muscle is at its normal length.

Then when reading it is necessary for the lens to become more convex, or magnifying. Consequently the ciliary muscle which holds the lens flat when the eye is at rest, must relax, thus allowing the lens to become more convex.

At the age of forty-three or forty-five the Crystalline lens becomes so much harder than in youth that when the ciliary muscle relaxes, in the act of reading, it does not respond by becoming more convex. Then the letters of the reading or the stitches in the sewing seem to run together and becomes hard to see. And we find that it is necessary to hold the work further from the eyes than is convenient.

This is the time of all others when the aid of the Optician or Refractionist should be sought and the proper glasses prescribed and worn. This must not be put off for neglect brings eyestrain and headaches.

In the above illustration posterior to the Crystalline lens is a large space. This is called the Vitreous Chamber and is filled with a jelly-like substance called the Vitreous Humor. This forms four-fifths of the eye. The Vitreous Humor has no especial part to perform in the act of seeing, but is the support of the eye. In front it forms a hollow in which the Crystalline lens

**Special Sunday School Convention.**

Cottage Grove District will hold a convention Monday and Tuesday, Dec. 3 and 4 at the Presbyterian Church. Rev. Chas. A. Phipps will be in charge.

**1ST DAY—AFTERNOON SESSION**  
 2:00—Praise service.....Rev. R. C. Grace.  
 2:30—Round table conference, led by.....C. A. Phipps.  
 3:15—"Relation of the Pastor to S. S.".....Pastor Olsen.  
 3:45—"Who Should attend the S. S.".....Mr. Clarence Morris.  
 4:30—Roll call of S. S., etc.

**EVENING SESSION.**  
 7:30—Praise service.....Mr. O. W. Fiddler.  
 7:50—"The Church at Work in S. S.".....Mrs. Orpha Benson.  
 8:05—Special music.  
 8:15—Evangelism in S. S. by.....Rev. C. A. Phipps.

**2ND DAY—MORNING SESSION.**  
 9:30—Praise service.....J. J. Cochran.  
 9:50—"Music in S. S.".....Mr. C. A. Phipps.  
 10:30—"Teachers Training".....Mrs. F. E. Billington.  
 10:45—"Teachers Opportunity".....Rev. Beatty.

**AFTERNOON SESSION.**  
 2:00—Praise service.....Mr. Burges.  
 2:15—Business reports, etc.  
 2:35—"The Child as Gods".....Rev. R. C. Grace.  
 3:00—"The Boy Problem".....Mrs. Ora Hemenway.  
 3:15—"Primary and Junior Work."

**2ND EVENING SESSION.**  
 7:30—Praise service.....J. I. Jones.  
 7:50—"A Call to Service".....Mr. Fred Waehle.  
 8:05—Special music.  
 8:15—"Does It Pay".....Rev. C. A. Phipps.

**COUNTY OFFICERS.**  
 President—Mrs. M. D. Mitchell, Eugene.  
 Vice President—Miss D. M. Logan, Eugene.

**DISTRICT PRESIDENTS.**  
 Oren Bennett, Junction; H. K. Shirk, Eugene; B. F. Chase, Springfield; A. L. Wheeler, Creswell; Mrs. A. H. King, Cottage Grove; Rev. C. A. Burvis, Florence.  
 Primary Superintendent — Mrs. Franklin Martin, Eugene.  
 Secretary and Treasurer—Mrs. M. M. Pitney, Junction.  
 Assistant—J. M. Day, Junction.

**Wages Go Up.**

One by one the great corporations of the country are raising wages on an average of ten per cent. This is not by reason of any pressure, but because it is warranted by existing conditions. The railways and other public service corporations have been earning unusual profits and they are right in distributing some of the increased earnings among those who do the work.

It seems likely that this policy will be generally followed. It is true that the cost of living has increased a great deal in ten years, but most of the corporations have increased wages more than once in that time. Indeed, the coming ten per cent will be the greatest boon of recent times, because it gives a chance to save. That is where the advantage will come in. The man who gets an increase of income and spends it all is very foolish. A day cometh when he will be unable to earn the maximum and that man is shrewd who uses present opportunities to provide for the rainy day that is inevitable in most lives.

The American people do not save as much as they should. They waste too much. It is proper enough to spend money if you get back a full return, but there are so many who rush wildly to spend their little all and have nothing of consequence to show for it. It is these spendthrifts who often make the fortunes of the rich. Those who complain against wealth should remember that much of the individual riches of the country are simply accretions of the unwise expenditures of those who are foolish. Save the ten per cent that is coming.—Enquirer.

**Special Reduced Rate to Kansas City and Return.**

"Mississippi Commercial Congress", Kansas City, Mo. Nov. 20-23 '06' Round trip tickets for this occasion will be on sale at this office Nov. 14 and 15. Round trip (both ways through Portland) \$64.40. Round trip (one way through Portland and one way through Calif.), \$73.50.

J. M. ISHAM, Agent.

**New Time Table.**

In effect Sunday, Nov. 25 12 a m

**NORTH BOUND**  
 No 16 1:53 a m  
 No 18 Cottage Grove Local 5:10 a m  
 No 12 11:20 a m  
 No 14 New Fast Train 6:13 p m

**SOUTH BOUND**  
 No 15 1:26 a m  
 No 13 New Fast Train 4:30 a m  
 No 11 2:55 p m  
 No 17 Cottage Grove Local 9:50 p m

rests and in back it is convex filling the curve of Retina and holding it in place.

Next week, the coats or tunics of the eye will be described.

**Professional Cards.**

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 DENTIST  
 Office: Ahbey Building, Main Street

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J. H. BAKER

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**Cottage Grove Flour Mills**  
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 Bran \$20 per ton, averaging 50 cents per sack.  
 Shorts \$23 per ton; 80 lb. sack \$1.  
 Rolled barley \$1.05 per sack; special rate on ton lots.  
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