

The Evolution of Household Remedies

The modern patent medicine business is the natural outgrowth of the old-time household remedies.

In the early history of this country, EVERY FAMILY HAD ITS HOME-MADE MEDICINES. Herb teas, biters, laxatives and tonics, were to be found in almost every house, compounded by the housewife, sometimes assisted by the apothecary or the family doctor. Such remedies as picra, which was alone and quassia, dissolved in apple brandy. Sometimes a hop tonic, made of whiskey, hops and bitter barks. A score or more of popular, home-made remedies were thus compounded, the formulae for which were passed along from house to house, sometimes written, sometimes verbally communicated.

The patent medicine business is a natural outgrowth from this wholesome, old time custom. In the beginning, some enterprising doctor, impressed by the usefulness of one of these home-made remedies, would take it up, improve it in many ways, manufacture it on a large scale, advertise it mainly through almanacs for the home, and thus it would become used over a large area. LATTERLY THE HOUSEHOLD REMEDY BUSINESS TOOK A MORE EXACT AND SCIENTIFIC FORM.

Peruna was originally one of these old time remedies. It was used by the Mennonites, of Pennsylvania, before it was offered to the public for sale. Dr. Hartman, THE ORIGINAL COMPOUNDER OF PERUNA, is of Mennonite origin. First, he prescribed it for his neighbors and his patients. The sale of it increased, and at last he established a manufactory and furnished it to the general drug trade.

Peruna is useful in a great many climatic ailments, such as coughs, colds, sore throat, bronchitis, and catarrhal diseases generally. THOUSANDS OF FAMILIES HAVE LEARNED THE USE OF PERUNA and its value in the treatment of these ailments. They have learned to trust and believe in Dr. Hartman's judgment, and to rely on his remedy, Peruna.

A MISSOURI WOMAN

Tells a Story of Awful Suffering and Wonderful Relief.

Mrs. J. D. Johnson, of 603 West Hickman St., Columbia, Mo., says:

"Following an operation two years ago, dropsy set in, and my left side was so swollen the doctor said he would have to tap out the water. There was constant pain and a gurgling sensation around my heart, and I could not raise my arm above my head. The kidney action was disordered and passages of the secretions too frequent. On the advice of my husband I began using Doan's Kidney Pills. Since using two boxes my trouble has not reappeared. This is wonderful, after suffering two years."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SKIN DISEASES HUMORS IN THE BLOOD

When the blood is pure, fresh and healthy, the skin will be soft, smooth and free from blemishes, but when some acid humor takes root in the circulation its presence is manifested by a skin eruption or disease. These humors get into the blood, generally because of an inactive or sluggish condition of the members of the body whose duty it is to collect and carry off the waste and refuse matter of the system. This unhealthy matter is left to sour and ferment and soon the circulation becomes charged with the acid poison. The blood begins to throw off the humors and acids through the pores and glands of the skin, producing Eczema, Acne, Tetter, Psoriasis, Salt Rheum and skin eruptions of various kinds. Eczema appears, usually with a slight redness of the skin followed by pustules from which there flows a sticky fluid that dries and forms a crust, and the itching is intense. It is generally on the back, breast, face, arms and legs, though other parts of the body may be affected. In Tetter the skin dries, cracks and bleeds; the acid in the blood dries up the natural oils of the skin, which are intended to keep it soft and pliant, causing a dry, feverish condition and giving it a hard, leathery appearance. Acne makes its appearance on the face in the form of pimples and black heads, while Psoriasis comes in scaly patches on different parts of the body. One of the worst forms of skin trouble is Salt Rheum; its favorite point of attack is the scalp, sometimes causing baldness. Poison Oak and Ivy are also disagreeable types of skin disease. The humor producing the trouble lies dormant in the blood through the winter to break out and torment the sufferer with the return of Spring. The best treatment for all skin diseases is S. S. S. It neutralizes the acids and removes the humors so that the skin instead of being irritated and diseased, is nourished by a supply of fresh, healthy blood. External applications of salves, washes, lotions, etc., while they soothe the itching caused by skin affections, can never cure the trouble because they do not reach the blood. S. S. S. goes down into the circulation and forces out every particle of foreign matter and restores the blood to its normal, pure condition, thereby permanently curing every form of skin affection. Book on Skin Diseases and any medical advice desired sent free to all who write. S. S. S. is for sale at all first class drug stores.

S. S. S.
PURELY VEGETABLE

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His Best Answer.

The meekest kind of a little boy joined a Sunday school class in a West Philadelphia church. He did not know the other scholars and appeared nervous, half-scared and ready to cry at any second. The teacher, however, treated him kindly and the lessons proceeded without any outbreak. After a short reading from the Bible the teacher began to question the pupils on their last lessons and asked:

"Who led the children of Israel into Canaan?"

As no one answered she looked from boy to boy. At last her gaze rested on the new boy. He started guiltily and said, between sobs:

"It wasn't me, honest, teacher. I just moved here last week from Ohio."

—Philadelphia Ledger.

Oldest House in New York.

The oldest house in New York State is situated at the lower end of Staten Island in Tottenville. It is known as the "Billogg house," and was built in 1668. The Duke of York presented Captain Christopher Billogg with a tract of land on Staten Island, where on he built this stone mansion, which still overlooks the waters of Raritan. That it was well built its survival during 238 years attests. In it have been many notable gatherings, and here was held the peace conference. During the revolution Billogg's descendants were loyalists, and the famous generals of the British were entertained at the old house.

Mexican Church Legends.

Queretaro was a town before the Spanish conquest and was made a city in 1655. A legend of Queretaro is that an Otomilti chief, Fernando de Tapia by name, undertook to convert the city to Christianity in a way that seems novel to us, but was common enough to his day. He came from Tula with a challenge to the people of Queretaro to a fair stand up fight. If he won, the people surviving were to be baptized. The challenge was accepted, but while the fight was in progress a dark cloud came up and the blessed Santiago was seen in the heavens with a fiery cross, whereupon the people of Queretaro gave up and were baptized. They set up a stone cross to commemorate the event on the site of the present church of Santa Cruz. There is scarcely a church in Mexico which has not a legend of this kind attached to it.

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Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Accounted For.
"Your wife doesn't worry about you when you are sick nearly so much now as she did when you were first married."
"Nope."
"Hard to account for woman's vagaries, isn't it?"
"Not in this case; I have my life insured now and I did not then."
—Houston Post.

A "Guild of Tubaloes" has been formed in an English Episcopal church. Its especial business is to keep bright the brass gas fixtures of the church.

At the government station Lulea, in Sweden, experiments are being made to secure varieties of plants not likely to be injured by frost.

RECLAIM LAND WORN OUT.

Portuguese Hope to Restore to Cultivation 10,000,000 Acres.

Portugal, according to Vice and Deputy Consul R. H. Kinchant of Lisbon, has started in on a system of land reclamation which, if as successful as it promises to be, must result in similar movements in various parts of Europe. He writes:

"In the south of Portugal a serious attempt is being made, with some chance of success, to bring back into cultivation a large tract of land. This country being essentially agricultural, any steps to reclaim land that has gone out of cultivation, estimated at 4,334,600 hectares (about 10,000,000 acres), or 44 per cent of the total area of Portugal, are a move in the right direction. "Some energetic members of society in the district of Serpa, in combination with the municipal authorities, have set to work upon 100,000 acres, dividing it up into allotments of fifteen acres each and letting it at a nominal rent, calculated according to the estimated value of the land, which has, as it were, four classifications, the highest quit rent being placed at \$3.20 and the lowest at 40 cents an allotment, free of total rates and taxes for ten years. "Quite a heterogeneous mixture of settlers has already taken possession of their tenements. Carpenters, masons, doctors, chemists, barbers, seamstresses, tailors, and even beggars, figure in the list. "One of the chief difficulties to be overcome before making the allotments was to deal with the proprietary right of beekeepers, who centuries ago had certain privileges conferred upon them whereby they did a thriving trade in honey and wax. This trade has in later times diminished, owing to the destruction of the forest produce of the land, chiefly by firing when portions thereof were cleared for wheat and other cereals. Matters have been amicably settled for the beekeepers and the embryo agriculturists. The success of the scheme as far as it has gone has stirred the ambition of the residents in a large part of the north of Portugal, where a project on similar lines is being set on foot to bring back into cultivation something like half a million acres."

The number of cattle in Argentina is estimated at 25,000,000.

Ninety-eight per cent of the 50,000 blind of Japan support themselves by practicing massage.

Physical Inheritance.
When people use the word "heredity" they are very likely to mean some dreadful bugaboo of a supposed natural law, which they have invited for themselves, through which the poor human race comes in for all the ailments and weaknesses of its forbears, with none of the compensations. One hears constantly such phrases as "her mother had consumption," or "his uncle drank himself to death," but there is much less frankness in returning thanks for the physical benefits that also come down so abundantly from the past. It must not be forgotten that diseases are not directly inherited, but only the tendency to them. This is a very comfortable fact, for it constantly offers a reward for well-directed effort. If one knows from the start which are the avenues open to danger one is forewarned and forearmed. Those who have that knowledge will not take the children in whose families there have been many instances of tuberculosis and shut them up in stuffy places or give them a diet containing too little fat. They would be too wise to let the excitable child of nervous parentage lead a life of overstimulation or be pushed in its studies, or to offer sips of wine at the table to the small boy whose father is a heavy drinker. Just as a predisposition to a disease may be inherited, so also may an absolute inability to have it. One sees this proved by persons who pass unscathed through epidemic after epidemic. This shows that their inherited tendency toward the disease, if they have any, is so much weaker than their inherited resistance to it that they are virtually unable to catch it. Nature herself shows constant preference for the normal, and is always working to that end; therefore a tendency to disease is the punishment for disobeying her. Neither is she implacable, so that if one will only work long enough and hard enough to correct one's mistakes there comes a time when nature gives a clean bill of health. It would be a tragic world indeed if only the sins of the parents were visited upon the children.—Youth's Companion.



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Wasting His Time.
"Yeh," said Tommp Tuff, "our Sunday school teacher's got sense. She's smarter than mom is."
"Indeed?" remarked Aunt Janes. "So you believe in her, eh?"
"Sure. Me an' her thinks alike. She sez Sunday school don't do me no good at all."
—Philadelphia Press.

There are so many useless things in the world that we sometimes think the Lord made some things just to be mischievous.

About the only thing people borrow, which they are not expected to return, is trouble.

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The number of cattle in Argentina is estimated at 25,000,000. Ninety-eight per cent of the 50,000 blind of Japan support themselves by practicing massage.

Compensation of Health.

Miss Harriet Curtis, the golf champion, at a dinner in Boston praised golf's effect on the health. "Many persons," she said, "especially women, have ill health because they never take any exercise, and their nerves weaken, and half their complaints are nervous, imaginary ones, that hard work would cure. I know a doctor who has a patient of this type—a big, robust woman, who is never without a list of ailments as long as her arm. "The last time she sent for the doctor he lost patience with her. As she was telling him how she was suffering from rheumatism, sore throat, nervous indigestion, heartburn, pains in the back of the head and what not, he interrupted her. "Ah," he said, in an admiring tone, 'what splendid health you must have in order to be able to stand all these complaints.'"—The Washington Star.

How the Engagement Was Broken.

She (having nothing else to say)— "It's funny how we ever came to think so much of each other. He—Funny? It's positively ridiculous!"

The Place to Learn.

"Do you know much about mental disturbances?" "Yes," answered the expert, "by personal experience on the witness stand." —Washington Star.

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