BOHEMIA NUGGET

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This paper is kept on file by THE AMERICAN MINING CONGRESS, Chamber of Commerce Building, Denver, Colo., where our readers will be welcome to the use of the leading papers from the various mining sections of the West, a scientific library and miners' exhibit.

HIS PAPER is kept on file at K. C. Drake's Advertising Agency, 64 and 65 Merchants Exchange, San Francisco, California, where contracts for advertising can be made for it.

WEDNESDAY, JAN. 16, 1907

Is the Valley Asleep?

Want of enterprise is the charge that has often been made against the Willamette valley. The indictments have been presented time after time; first upon one specification and then upon another. Upon one of these indictments a trial has been had and the verdict is guilty. Secretary E. R. Lake, of the State Horticultural Society, voiced the opinion of the popular jury when he condemned the apple-growers of the Willamette valley for their failure to come to the annual meeting with a suitable exhibit of their product. Lack of enterprise is the charge made and proven against Willamette valley apple-growers, not as individuals, but as a body. There were a few growers who made the showing that was expected of them, but the valley growers as a whole made a most humiliating failure.

Neither Professor Lake nor the people in general has anything to say against Willamette valley apples. The Hood River people have long asserted in season and out of season that Willamette valley apples are inferior to their own product. This assertion has been met by vehement denial and the counter assertion that the valley can and does raise "just as good" apples as any region on earth. Against the charge made The Oregonian and other newspapers defended the Willamette valley. The defense had been so vigorously waged that the case had been almost won for the valley. Now, however, when it came to a matter of proof, as well as denials, the Willamette valley growers fell down and fell hard.

The Oregonian still believes, and Professor Lake believes, that the proof could be had, but through the lack of enterprise on the part of growers it was not brought forth and the case goes practically by default in favor of Hood River. Instead of making an effort to reestablish and sustain the Willamette valley, each hung back to let the others do the work with the result that it has not been done. So far as the world knows, or, from present indications, is likely to know, the Willamette valley is not an apple-growing section worth mentioning. The valley is apparently indulging in a Rip Van Winkle sleep, and were it not a part of our own beloved Oregon, we would be tempted to say, don't disturb its slumbers.

But such must not be the accepted policy. Neither the Willamette valley nor any other section of the state must be permitted to miss its opportunities. What the valley most needs is not a revival of apple-growing, nor the building of electric lines. It needs first of all, the development of an enterprising spirit, an advertising spirit, which will not let the people rest until the whole world knows what that part of Oregon has done and can do.—Oregonian.

Drain is Alright—We Told You So.

A Drain woman who suspected that her husband was altogether too familiar with the rosy-cheeked, buxom hired girl, resolved to detect him in the act and one evening, seeing him pass quietly into the kitchen, the jealous dame took a few matches in her hand, threw a shawl over her head as the servant often did and went around the house and entered the back door. Immediately she was seized in the darkness and violently embraced and smothered with kisses. She allowed the thing to go on until she thought the proper moment for exposing the horrid villain had arrived, and tearing herself from the encircling arms, struck a match and was horrified to find herself face to face with the hired man.—Nonpareil.

THE RIGHT NAME.

Mr. August Sherpe, the popular overseer of the poor at Fort Madison, Ia., says: "Dr. King's New Life Pills are rightly named; they act more agreeably, do more good and make one feel better than any other laxative." Guaranteed to cure biliousness and constipation. 25c at Benson's Pharmacy.

Finn Sues Doyle for Commission.

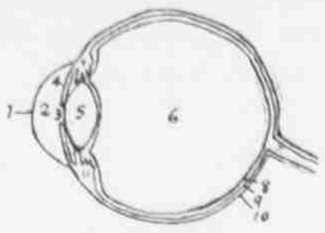
Plaintiff sues defendants for $145 commission on sale of certain timber land near Vancouver, Washington. Also $525 for sale of a tract of land near Castle Rock, Washington, and for $85 for commission on sale of 240 acres on Row river in Lane county, aggregating in all $855 for which the plaintiff asks judgment. Medley & Johnson are plaintiff's attorneys.

Went to Help Install.

A party of 12 or 15 Odd Fellows went from Eugene to Coburg Friday evening to assist the lodge in installing the newly elected officers and to do some degree work. They had a splendid time.

Will accept wood for renewals of subscriptions at this office.

THE EYE AND ITS CARE



By Dr. Franc Lucile Hard, Rooms 1-4 Chrisman Building, Eugene.

1—Cornea 6—Virtrious Humor
2—Aqueous Humor 7—Optic Nerve
3—Pupil 8—Retina
4—Iris 9—Choriod
5—Crystaline lens 10—Sclerotic

In the article of last week the cornea, aqueous humor, and iris were talked about. This time the focusing apparatus of the eye will be taken up. Just back of the iris is the crystalline lens. This is not perfectly round but is longer than it is wide. And is convex on both surfaces the convexity being greater on the posterior surface. It is three-eights of an inch long and three-sixteenths of an inch thick. The lens is highly transparent, rather soft and very elastic. It is enclosed in a capsule that is extremely thin, brittle and elastic. The lens is made up of one layer upon another of tissue that is so fine that to distinguish the separate layers requires a very high power microscope. The layers being placed one over another makes the lens resemble an onion. These layers at the center form a hardened nucleus but grow softer toward the outside. As people grow older the outer layers become harder and less elastic, constituting Presbyopia which will be mentioned later.

On either side of the lens, as shown in the above drawing, is a tiny muscle which is attached to the lens, called the ciliary muscle.

When looking at an object some distance away, twenty feet or more the eyes are said to be at rest. That is the ciliary muscle, is at its normal length. Then when reading it is necessary for the lens to become more convex, or more magnifying. Consequently the ciliary muscle, which holds the lens flat when the eye is at rest, must relax, thus allowing the lens to become more convex.

When the age of forty-three or forty-five is reached the crystaline lens has become so hard that when the ciliary muscle relaxes it does not respond by becoming more convex. Then the letters of the reading or the stitches seem to run together. And we find that to see, the work must be held farther from the eyes than is handy. This is the time of all others when the aid of the Refractionist or Optician is required to prescribe the proper glasses. And should not be neglected as neglect brings eye strain and headaches.

In the above illustration posterior to the lens is a large space called the Vitrious chamber and is filled with a jelly-like substance called the Vitrious humor. This forms four-fifths of the body of the eye. The Vitrious has no especial part to perform in the act of seeing, but is the support of the eye. In front it forms a hollow in which the Crystaline lens rests and in back it is convex, filling in the curve of the Retina and holding it in place.

Next week the coats or tunics of the eye will be described.

Gymnasium Appliances Arrive.

The first shipment of appliances for the gymnasium at the Methodist church arrived from the East yesterday including horizontal bars, parallel bars, Indian clubs, dumbells, wands, basket ball outfit and punching bag.

Miss Allie Phillips Entertains Seventh And Eighth Grades.

Miss Allie Phillips entertained about 30 of her friends at her home on Wall street Thursday evening and a jolly party of the young people from the 7th and 8th grades it was. Refreshments were served at 10 o'clock, after which the guests departed for home.

S. P. Railway Co. Cleans Out Yard at Cottage Grove.

Sunday night a train of twenty-three cars of lumber was moved out of the railway yards here. These cars were all billed from Cottage Grove, they had been accumulating for several days.

"It is now eleven years since I had a narrow escape from consumption," writes C. O. Floyd, a leading business man of Kershaw, S. C. "I had run down in weight to 135 pounds and coughing was constant, both by day and by night. Finally I began taking Dr. King's New Discovery and continued this for about six months, when my cough and lung trouble were entirely gone and I was restored to my own normal weight, 170 pounds." Thousands of persons are healed every year. Guaranteed at Bensons Pharmacy. 50c and $1. Trial bottle free.

HOW TO CURE CHILBLAINS.

"To enjoy freedom from chilblains, writes John Kemp, East Orrfield, Me., "I apply Bucklen's Arnica salve. Have also used it for salt rheum with excellent results." Guaranteed to cure fever sores, indolent ulcers, piles, burns, wounds, frost bites and skin diseases. 25c at Benson's Pharmacy.

Cottage Grove souvenir tables at the Bazaar.

Classified Advertisements.

Two general agents, salary $20 per week, expenses advanced. Call Room 12, Graham Hotel, 4 to 7 p. m.

WANTED—I want one hundred Angora Does, state price and where they can be seen. B. M. HOWARD, Wildwood, Oregon.

Golden Wiandotts.

I have a few pure bred birds for sale at $2.50 per pair; cocks $1.50. Select eggs per setting of 15, $1.

MRS. JOHN OVERHOLSER, Cottage Grove, Phone No. 998. tf

Boar For Sale or Exchange

Registered Poland China Boar, 18 months old, weight 300 pounds. tf FRANK CRIBBENS.

Wanted.

Gentleman or lady with good reference, to travel by rail or with a rig, for a firm of $250,000.00 capital. Salary $1,072.00 per year and expenses; salary paid weekly and expenses advanced. Address, with stamp, Jos. A. Alexander, Cottage Grove, Ore. 7-1-7

Stock for Sale.

Stock of the Oregon Mineral Springs Association which association owns and operates the Lorelei Mineral Springs under the management of Levi Geer, is on sale at this office for 25 cents per share.

Found.

A breast pin was found on railroad track. Owner can get it by calling at Nugget office and paying for notice.

Returned.

Tom Awbrey has returned to Cottage Grove and is again writing insurance policies in the Oregon Fire Relief Assn., of McMinnville, and the Aetna Fire Insurance Co of Hartford, Conn.

For Sale

Span eleven hundred pound mares, or will trade for cattle. Inquire of, or address

FRANK J. DAMKWOOD,
Wildwood, Ore.
Phone Bohemia Line. 11-2-tf