BOHEMIA NUGGET

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WEDNESDAY, JAN. 2, 1907

THE EYE AND ITS CARE

By Dr. Franc Lucile Hard, Rooms 1-4 Chrisman Building, Eugene.

1—Cornea 6—Virtrious humor
2—Aqueous humor 7—Optic nerve
3—Pupil 8—Retina
4—Iris 9—Choriod
5—Crystaline lens 10—Sclerotic

In our first article upon the eye and its care we will commence a brief description of the anatomy of the eye.

As we all know the eye-balls are situated in the front of the head in two hollow cavities, called the orbits, the shape of these cavities is conical with the bases directed outward. The walls of the orbits are made of bone and lined with various tissue and much fat which forms a soft bed for the eye-ball to rest in.

In front the eye is protected by the eye-brow, eye-lids, and eye-lashes.

The eye-brows help keep the dust and dirt from the eye and, also regulate to a small extent the amount of light that enters the eye.

The eye-lids are the shields of the eye. These little shields play a very important part in protecting the eye-ball. Their action being involuntery as well as voluntary. They close upon approach of the least danger to the eye. And in the act of winking the little glands which line their under surface are made to secrete the solution which keeps the front of the eye moist and well lubricated. But perhaps the greatest use of the eye-lids is to keep the light from the eyes when at rest. Think what it is to close the eyes and shut out all light and motion for a few moments, then, think what a calamity it would be to be unable to do this.

The eye-lashes help greatly in keeping the dust from entering the eye. Sometimes these tiny hairs grow in the wrong direction and cause much trouble by scratching and irritating the outer coating of the eye-ball, which we will tell about in one of the following articles. These ingrowing lashes then have to be removed as fast as they grow in. Thus giving relief from the pain. But this should only be done by one who is skillful at such work as the eye-lid is very tender and is apt to be torn unless great care is taken in removing the offending lashes.

The above are the protecters of the eye-ball. We will now talk about the rotators of muscles of the eye-ball.

There were six of these attached to each eye-ball; the Internal Rectus which pulls the eye toward the nose, the External Rectus which pulls the eye toward the temple, the Superior Rectus pulling upward, and the Inferior Rectus pulling downward. There are two muscles called the Oblique muscles, named from their action of pulling the eye upward and inward; and outward and downward.

Of these muscles the Internal Rectus is the strongest, the External Rectus the longest, and the Inferior Rectus the shortest.

This week the appendages of the eye have been taken up, next week the eye-ball itself will be described.

DIED

Mrs. Harriet Reese, wife of Colman Reese of this city passed away at 9:30 Thursday, Dec. 27th at their home in the south part of the city, after a lingering illness of nearly one year.

She leaves an affectionate husband and son as well as many friends to mourn her loss.

Mrs. Reese was a member of the L. O. T. M. order and the funeral will be conducted by that order who will meet at the residence at one p. m. Sunday Dec. 80, and the services will be held from the Christian church at 2 p. m.

Married.

George R. Whittington of Seattle, Wash. and Mrs. Carmen Jennie Burkart Dunbar, only daughter of Mr. and Mrs. C. J. Miller of Cottage Grove, Oregon were united in marriage on the evening of Dec. 15, 1906 by Rev. M. A. Mathews, pastor of the First Presbyterian Church. The young couple are residing in Aberdeen, Wash. at the Waldron.

At the residence of Mr. S. B. Morss on Christmas eve Miss Annie E. Morss and Mr. David A. Rissue was united in marriage, Rev. C. H. Wallace, the brides grandfather officiating.

Twenty-six years ago Rev. Wallace married the grooms father to Miss Vaughn.

So Say We.

It will pay to pass up, like a white chip, the non-taxpaying agitator and breeder of local dissention for he is the real source of danger to any community, talk being his chief stock in trade.

It would be well for the conservative, level headed citizens, the voters and taxpayers who bear the burden of city government, to take a more active part in municipal affairs for the common good of all—not only by going to to the polls and voting representative men for mayor and council, but in exerting their influence in behalf of the right kind of men for these places of responsibility and trust.—Register.

CURED OF LUNG TROUBLE.

"It is now eleven years since I had a narrow escape from consumption," writes C. O. Floyd, a leading business man of Kershaw, S. C. "I had run down in weight to 135 pounds and coughing was constant, both by day and by night. Finally I began taking Dr. King's New Discovery and continued this for about six months, when my cough and lung trouble were entirely gone and I was restored to my own normal weight, 170 pounds." Thousands of persons are healed every year. Guaranteed at Bensons Pharmacy. 50c and $1. Trial bottle free.

Lodge Directory.

A. F. & A. M.

Cottage Grove Lodge No. 51.
Meetings 1st and 3rd Wednesdays of each month.

Oliver Veatch, W. M.
L. F. Wooley, Secy.

G. A. R.

Appomatax Post No. 34.
Meets at 1 p. m. on the 2nd and 4th Saturday of each month.

Dr. D. L. Woods, Post Com.
G. W. McReynolds, Adjutant

W. O. W.

Bohemia Camp No. 260.
Meets each Friday evening.

L. W. Baker, Consul Com.
Chas. VanDenburg, Clerk.

O. E. S.

Cottage Grove Chapter No. 4.
Meetings held on 2nd and 4th Friday of each month.

Mrs. Rosenburg, W. M.
T. C. Wheeler, W. P.
Mrs. Maud Wheeler, Secy.

K. of P.

Juventus Lodge No. 48.
Meets every Wednesday night.

S. R. Piper Chancellar Com.
Chas. VanDenburg, K. of R. & S.

I. O. O. F.

Cottage Grove No. 68.
Meetings every Saturday night.

S. S. Shortridge, N. G.
Gus D. Gross, Secy.

Royal Neighbors.

Meets 2nd and 4th Wednesday of each month.

Ethel Bisby, Oracle.
Mrs. C. W. Wallace, Recorder.

M. W. of A.

Meetings 1st and 3rd Tuesday.

LeRoy Woods, Consul.
C. W. Wallace, Secy.

Rebekahs

Cottage Grove No. 24.
Meetings 1st, 3rd and 5th Friday of each month.

Etta Baker, N. G.
Katie B. Veatch, Secy.

M B A

Modern Brotherhood of America
Meets 2nd and 4th Tuesday at I. O. O. F. Hall.

T. W. Jenkins, Sec.

W. O. W.

St. Valentine Circle 121.
Meets 1st and 3rd Tuesday in W O. W. Hall.

Flora J. Miller, Clerk.

L. O. T. M.

Lady Lamson Hive No. 42.
Meets 2nd and 4th Friday of each month.

Mrs. Mary Schmutz, L. C.
Miss Leta Sanford, K. K.

K. O. T. M.

Cascade No. 66.
Meets every Thursday night.

O. H. Veatch, Com.
R. K. Bennis, Cooter.

HAVE YOU SENT YOUR DOLLAR?

TO REPUBLICANS:

We are anxious to have every Republican in close touch, and working in harmony with the Republican National Congressional Committee in favor of the election of a Republican Congress.

The Congressional campaign must be based on the administrative and legislative record of the party, and, that being so, Theodore Roosevelt's personality must be a central figure and his achievements a central thought in the campaign.

We desire to maintain the work of this campaign with popular subscriptions of One Dollar each from Republicans. To each subscriber we will send the Republican National Campaign Text Book and all documents issued by the Committee.

Help us achieve a great victory.

JAMES S. SHERMAN, Chairman.
P. O. Box 2063, New York.

Cottage Grove souvenir tablets at the Bazaar.

HOW TO CURE CHILBLAINS.

"To enjoy freedom from chilblains" writes John Kemp, East Orland, Me., "I apply Bucklen's Arnica Salve. Have also used it for sore feet with excellent results." Also unrivaled to cure fever sores, indolent ulcers, felons, burns, wounds, bruises, cuts, and skin diseases. 25c at Benson's Pharmacy.

Xmas and New Year Holiday rates.

One and one third [illegible] trip to all points [illegible] Christmas Dec. 22, [illegible] for New Year Dec. 29, [illegible] Jan. 1st. No stopover privileges on these tickets.

S. P. Co., J. M. Ingram, Agent.

Are you taking advantage of our big clubbing offer? It can't be beaten.

Classified Advertisements.

Wood Wanted.

Will accept wood for [illegible] subscriptions at this office.

Boar For Sale or Exchange.

Registered Poland China Boar, 18 months old, weight [illegible] tf. FRANK [illegible]

Wanted.

Gentleman or lady [illegible] reference, to travel by [illegible] a rig, for a home [illegible] capital. Salary $1.07[illegible] and expenses; salary paid [illegible] and expenses advanced [illegible] with stamp, Jos. A. Alderson, Cottage Grove, Ore.

Stock for Sale.

Stock of the [illegible] Springs Association [illegible] tion owns and operates [illegible] Mineral Springs under the management of Levi Gray [illegible] office for 25 cents per share.

Found.

A breast pin was found on the railroad track. Owner [illegible] by calling at Nugget office and paying for notice.

Received.

Tom Awbrey has [illegible] Cottage Grove and is [illegible] insurance policies in the [illegible] Fire Relief Assn. of [illegible] and the Aetna Fire Insurance Co. of Hartford, Conn.

For Sale.

Span eleven hundred [illegible] mares, or will trade for [illegible] quire of, or address,

FRANK J. [illegible]
Wilsonville, Ore.

Phone Bohemia [illegible]

Cottage Grove Flour Mills

Manufacturers of Flour and Feed.

Bran $20 per ton, averaging 50 cents per sack.
Shorts $23 per ton; 80 lb. sack $1.
Rolled barley $1.05 per sack; special rate on ton lots.
Compare our barley with the imported varieties and note the difference.

Vetch Hay!

We have a lot of clean Vetch hay, splendid for cows; see it at our warehouse.
We pay 4 cents for second hand feed sacks.

Respectfully,

Hartung & Hansen.

PATRONS!

We wish you

A Successful New Year

Lurch's

Plans in Merchandising will be more remarkable than ever before.

1907

BOHEMIA NUGGET'S Greatest Magazine Bargain of the Year

including the biggest magazines at the littlest prices. We can save you 40 per cent in standard magazine subscriptions if you accept this offer NOW. 40 PER CENT SAVED.

REVIEW OF REVIEWS	$3.00	Our Price
WOMAN'S HOME COMPANION	1.00	Only
SUCCESS MAGAZINE	1.00	
NUGGET	1.50	
REGULAR PRICE	$6.50	$3.90

The time for subscribing for one periodical is past. Every refined home, where good reading is appreciated, is not without its family group of periodicals—something for the man, something for the young people, something for the woman. These three magazines fill the bill completely as a year's supply for the library table. You will want them anyhow, so why not get them with the Nugget, saving 40 per cent as well as the trouble of corresponding with four publishers?

Six million of the best people in America have found these three great magazines a joy and help and inspiration. We are proud to be able to offer them in one great combination with the Nugget. If for any reason you do not want all the magazines for yourself, send them to your friends. No present is more acceptable.

REMEMBER the three great magazines above cost $5.00 if bought separately and the Nugget costs $1.50 per year. We offer all four to you for a limited time only for $3.90. Send in your order today; do it now.

Royal Baking Powder Absolutely Pure

DISTINCTIVELY A CREAM OF TARTAR BAKING POWDER

Royal does not contain an atom of phosphatic acid (which is the product of bones digested in sulphuric acid) or of alum (which is one-third sulphuric acid) substances adopted for other baking powders because of their cheapness.

ROYAL BAKING POWDER CO., NEW YORK.