Engene Field year a book collector and one of his favorite jokes, according to the Philadelphia Post, was to enter a bookshop where he was not known and ask in the solemnest manner for an expurgated edition of Mrs. flemans' poems. One day in Milwan-kee he was walking along the street with his friend. George Yenowine, when the latter inited in front of n bookshop and sable "Gene, the pro-prietor of this place is the most serious man I ever knew. He never saw a joke in his life. Wouldn't it be a good chance to try again for that expergate Mrs. Hemans?" Without a word Field entered, asked for the proprietor, and then made the usual request. "That is a rather scarce book," came the reply "Are you prepared to pay a fair price for it?" For just a second Field was taken aback. Then he said, "Certainly certainly. I—I know it's rare." The man stopped to a case, took out a cheaply bound volume and handed it to Field, saying, "The price is \$5." Field took it nervously, opened to the title page and read in correct print, "The Poems of Mrs. Felicia Hemans. Sciented and Arranged With All Objectional Passages Excised by George Yenowine Editor of Isaac Watts For the Home. The Fireside Hannah More, etc., with the usual publisher's name and date at the bottom. Field glassed up at the besiselier. He stood there the very picture of sad solemnity. "I'll take it," said Field faintly, pro-fucing the money. Outside Yenowine was missing. At his office the boy said that he had just left, saying that he was going to Standing Rock, Dakota, to keep an appointment with Sitting Built

EXERCISES FOR HEALTH.

A Little Shaking Up Before Breakfast in a Good Thing.

For almost every person under fifty, and for a great many people over fifty, exercise is the nearest approach to a panacea for bodily ills that has yet been devised. Causing the body to move and stretch and push and pull ninkes the blood circulate, the liver de its work and the nerves pick up their dropped stitches. An excellent time to exercise is before breakfast. Neither man nor beast, as a rule, goes to sleep hungry. During sleep there is little waste of energy. On waking there is no immediate demand for replenishment of lost issues. Furthermore, the little waste is strong to the cavity. No new lung tissue is formed to the cavity. No new lung tissue is formed to loog sleep has left the nerves and the disperive apparatus dull and leadened. To sit down to a heavy breakfast with-in fifteen or twenty minutes after get-ting out of bed means that the stomach receives feed which it does not need and will not readily direct. To sit down to a heavy breakfast with-

and will not readily digest.

A little shaking up before breakfast aromes the vitality and consequently makes the appetite and digestion better. That means before work done during if it is wounded there will be a much That means better work done during in the day, if a man can get away from work in time to take additional exercise during the afternoon be will have cise during the afternoon be will have a better appetite for the evening meal and more power to digest it. That will mean better sleep at night. Many a man has streeeded in the world without paying any attention to his body—Joseph Chamberlain, for instance. But such men would probably have succeeded more easily and certainly with more plessaure to themselves if they had taken care of their bodies. A atrong minal is certainly stronger and more enduring in a healthy body than in a sickip one. The best way to keep the body healthy is to use it.—Chicago Tribune.

The French Archives.

The grathy of Magazine.

The Prench Archives.

The grathy of the grathy of the most interesting sights of Paris. Here, bound in white calf, thousands of follow contain the history of France, duting from the Capet and Valois kings, all documents being classified under four heads—administrative, historic, legis—attive and judiciary. Among milnor objects of interest not shown to visitors without special permission is the table on which Robespierre, wounded, was placed in the Hotel de Ville on the eve of Thermidor and the inventory of Marie Autoinetic's wardrobe, with patrie Antoinette's wardrobe, with pat-terns of her dresses, and also of Mme.

A great source of cruelty is temper.

A great source of cruelty is temper.

When it is considered what a vast sum of misory temper causes in the world, how many homes are darkened and how many hearts are saddened by it; when we remember that its persecutions have not even the purifying consequences of most other calamities, insuch as its effects upon its innocent Baltimore, in Maryland, gets its name namuch as its effects upon its innocent victims are rather cankerous than medicinal; when we call to mind that a bright face and a bright disposition are like sunshine in a house, and a gloomy, lowering countenance as depressing as an Arctic night, we must acknowledge that temper itself is only shother form of crucity, and a very bad form too. an imposing leight; a sentine over the numerous little dwellings that have form too.

Practical Aunt—Do you think you are qualified to become the wife of a poor man? The Confident Girl—Ob. yes; it's all settled. We are to live in a cottage, and I know how to retain the confident of the confident a cottage, and I know how to make cottage pudding already.

The Servant Problem.
"What has been the greatest difficulty with which you have had to contend, Mrs. Kinder, in your struggle

with the servant girl problem?"
"Preventing the good ones getting

The poor people of Barbadoes subsist principally on sugar cane, sweet pota-toes and flying fish.

One Exception. "Papa, is the hand that rocks the cradie the one that rules the world?" "That's what I've heard."

"Well, I know one that don't."
"Who is it?" "Nurse. She wanted to go downtown, and mamma told her she'd fire her if she went and wouldn't give her no recommendation." — Indianapolis

A Chronic Robit. "No," said the man who had recently made his fourth pfigrimage to the mat-

rimonial altar; "I can't say that marringe is a fallure."

"Of course not," rejoined his bache-ler friend, "With you it is merely a habit."—Philadelphia Inquirer.

ONLY MAKES A BAD MATTER

WORSE.

rerhaps you have never thought of it but the fact must be apparent to every one that constipation is eaused by a lack of water in the system, and the use of drastic cathartics like the old fashioned pills only makes a bad matter worse. Chamberlain's Stomach and Liver Tablets are much more mild and gentle in their effect, and when the proper one is taken their action is so matural that one can hardly realize is the effect of a medicine. Try a 21 cent bottle of them. For sale by New Fra Drug Store.

GEMS IN VERSE

To a tiend Book.

Come, Priend, and all with mer We-two are company Who, in our melia retreat.

Need nothing from the atrect, Nor opera nor play nor dance.

Nor subt nor dimer to entance.

The pleasure that it is to be Each in the other company.

You give me everything, while I-1 gly you nothing and I sigh.

Because what to you say.

I have you, and no taker pay.

Too ask for your alloring cheer.

Is that enough? It is so care, dear, to lave you alloring to me.

I give you half to be the me.

I give you half to be me.

he effect of the cold man its county sushition. And not only it this state

of things true of the convertently of the big towns. It is also true of many

of the agricultural villages. Let a visitor to a village elementary actual local

ueod more nooristical rood. A break-

bread and treadle and some absolute bly poor ten those form the three meds delly. Dr. T. J. McNamara, M.

There must be an exercise as exer-ise for the consumitive patient. If

on are able and forl like it, amos

sprung up and jucreased in the vicinity

FEMALE

WEAKNESS

831-7 Congress 58.
FORTA-SIN, MASSE, Qet. 17, 1902, onsider Wine of Cardell supported by do not'e medicine I ever used I know whereon I wpeak. I set I have a meant to with supported trast in which completely present the supported trast in which completely present the supported by the supported trast in which completely present the supported trast in which completely present the supported trast in which completely present the supported to the su

Wilhelmina Soww

Periodical headaches tell of female wen ness. Wine of Carduicurs per canently nineteen out of
every twenty cases of pregular
menses, hearing down pains or
any femile weakness. If you are
discouraged and doctors have
discouraged and doctors have
falled, that is the best reason in
the world you should try Wine of
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headaches mean female weakness.
Secure n \$1.00 bottle of Wine of
Cardui today,

dosely at the children. They many cases flatby and pale.

England's Underfed Children. In every hig town the children of he shins habitrally go to school inperly fed. Many of them are not marcoperly fed. but the food they do get is far too fittle in quantity. In the hard winter season, when the building trades are idle, many again go to school either with no road at all building trades are falls, many again go to school either with no result at all go to school either with no result at all go to school either with no result at all go to school either with no result at all go to school either with no result at all go to school either with no result at all go to school either with no result at all go to said and any and all persons claiming adverse the marking with a crust of dry bread.

H. Benton, a staunch friend of Oremonia to the gon; his colleague. Senator Lewis gon; his colleague. Senator Lewis gon; his colleague. Senator Lewis gon; his colleague. F. Linu; President Jefferson, and J. T. Bunsacs, Register. F. Linu: President Jefferson, and elementary schools of the poorer parts of our great trous -t have often seen President Monroe. to to that children suddenly seized with condition. This is not as much caused by 1 c fact that the stomach is upset as that it has revolted against

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Ledgers, journals and day books at the Eagle Book Store,

A VERY CLOSE CALL

rounsieff, but don't take exercise to build your system up. I know I. bu, have leard those stories about men aften up to die who began work in a A VERY CLOSE CALL

"I stuck to my engine, although every joint sched and overy nervis was racked with paid," writes C. W. Bellamy, a locometive fireman, of Burlingson, Iewa, "I was weak and pale, without any appetite and all rim down. As I was about to give up, I got a bottle of Electric Blitters, and after taking it, I felt as well as I ever the in my life." Weak, stekly, run down people always gam new life, strength and vigor from their use. Try them, Satisfacthut guaranteed by Benson Pharmacy Price 50 cents. fibrons sear material filling is the cav-ity. No new lung tissue is formed to replace what his been lest, and this scar material is useless for breathing.

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NOTICE FOR PUBLICATION.

United States Land Office, Roseburg, Oregon, Sept. 16, 1904. Notice is bereby given that in com-tinuous with the provisions of the act of ongress of June 3, 1878, entitled "An et for the sale of timber lands in the inter of California, Oregon, Nevada, and Washington Territory," as extended and the Public Land States by act of greenst 4, 1899.

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NOTICE FOR PUBLICATION.

Land Office at Roseburg, Ore.
November 4, 1904.
Notice is hereby given that the following named settler has filed notice of his int atton to make final proof in support of his claim, and that said proof will be made befored. J. Walton, U. S. Commissioner, at his office at Eogene, Oregon, on January 18, 1905. viz. H. E. No. 1965. George F. Hall, for the SE § NE § Sec. 24, T. 21 S. H. 4 W.
He names the following witnesses to prove his continuous residence.

to prove his continuous residence upon and cultivation of said land Earnest McReynolds, George Her rison, George McReynolds, Bert Mc-Dole, of Divide, Oregon, J. 2, Bunburs, Register

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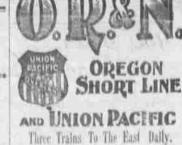
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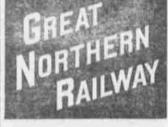
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