

Scrofula

It is commonly inherited. Few are entirely free from it. Pale, weak, puny children are afflicted with it in nine cases out of ten, and many adults suffer from it.

Hood's Sarsaparilla and Pills

Reckless it, positively and absolutely. This statement is based on the thousands of permanent cures these medicines have wrought.

Don't Grit Your Teeth.

"No teeth to grit!" the dentist said to the man in the chair, "but you are grinding off your teeth more than you ought to. Do you grit your teeth in your sleep?"

And the man said he didn't stay awake long enough to know about that, but were they much ground off?

"More than they ought to be at your age," said the dentist. "You have worn the enamel off from some of them and got down to the dentine."

"What's going to happen?" asked the victim.

"Why, if you keep on grinding them off," said the dentist, "the teeth will hollow out and we'll have to put plugs in them with gold tops to give them new grinding surfaces."

This wasn't a very pleasant prospect, so later the man sought to ascertain for himself whether he did grit his teeth unduly.

And while he was still unable to stay awake long enough to find out, he did discover that he had a habit at times of gritting his teeth in his waking moments, when he sat back from his work to think of something.

For instance, And he made up his mind that he would stop that, anyway, and he hoped that he might thus stop grinding his teeth in his sleep.

He did so grind them. For, as they might be, he didn't want any of those nice little gold-capped plugs put in his teeth if he could help it.—New York Sun.

Thimbles made of lava are extensively used in Naples.

In idleness there is perpetual despair.—Carlyle.

The best mathematics—that which doubles the most joys and divides the most sorrows.

The British Isles comprise no fewer than 1,100 separate islands and islets.

ITCHING ECZEMA

In July, 1883, I began to break out with Eczema on my head, legs and arms, and began treatment with local doctors, but did not get much relief.

One of these mice has been kept for three years with no other food than the mixed bird seed of commerce. During this period it has not a taste of either water or green food.

Other experimenters have found, in fact, that these mice in captivity refuse such treats, not seeming to know that water is good to drink.

The bird seed put before this mouse contained not more than 10 per cent of moisture, which is less than is necessary for digestion.

He suffered nothing in health of spirits during his captivity. The "absolutely abstemious age" of which Edward Lear wrote is completely outclassed.

An Unfortunate Choice.

Mrs. Black, with a family of eight, could keep a cook, but Mrs. Green, who paid the same wages and whose family numbered only two, experienced the greatest difficulty in procuring one to stay with her.

"I'm buying," explained Mrs. Black. "A Swedish newspaper for my cook. She likes to read, and I take one home to her occasionally."

"Why?" exclaimed Mrs. Green. "I wonder if that's the reason you're so successful in keeping a girl. I've always wanted to know the secret."

"Possibly it's one of the reasons," admitted Mrs. Black. "I'm going to try it myself," announced Mrs. Green, promptly taking a copy of the same paper.

A week later the two women met again near an agency where Mrs. Green was looking for a new cook.

"Well," asked Mrs. Black, smiling, "how did the newspaper scheme work?" "It didn't work at all," confessed Mrs. Green. "I bought a Swedish paper, and the girl was a Finn."

Six Doctors Failed.

South Bend, Ind., Oct. 24 (Special)—After suffering from Kidney Disease for three years, after taking treatment from six different doctors without getting relief, Mr. J. D. Laudeman of this place found not only relief but a speedy and complete cure in Dodd's Kidney Pills.

"Yes, I suffered from Kidney Trouble for three years and tried six doctors to no good. Then I took just two boxes of Dodd's Kidney Pills and they not only cured my kidneys, but gave me better health in general. Of course I recommended Dodd's Kidney Pills to others and I know a number now who are using them with good results."

Mr. Laudeman's case is not an exception. Thousands give similar experiences. For there never yet was a case of Kidney Trouble from Backache to Bright's Disease that Dodd's Kidney Pills could not cure. They are the only remedy that ever cured Bright's Disease.

LEAVE CAMEL FAR BEHIND.

Several Animals Can Go Without Water for Remarkable Long Periods. Several other creatures besides the camel are able to get along for extended periods without drinking.

Sheep in the southwestern deserts of America go for forty to sixty days in winter without drink, grazing on the green, succulent vegetation of that season.

Ferocious in the desert of Sonora live in little dry hills, where there is no natural water, for long periods. They cannot possibly find water—in fact, for months at a time the moisture they can obtain comes from roots and the fruits of cacti.

But the most extraordinary case is that of the pocket mouse, one of the common rodents of the desert. This little creature, by the way, has a genuine furnished "pocket" on the outside of his cheek. When it is hungry it takes food from this pocket with its paw, just as a man would pull a ham sandwich from his pocket.

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FOR UNEXPECTED GUESTS.

Luncheon Evolved Out of Dinner Material by Country Housekeeper. "Possibly," she said, "the woman doesn't live who hasn't learned from experience what it means unkindly to entertain an unexpected guest and meanwhile to rack her brain as to how she can evolve a luncheon from the odds and ends that crowd her stock on hand at this particular crisis."

"That is exactly the fix I was in one day last week. My guest arrived within an hour of lunch time, and the housekeeper who has been my dependence this season failed to put in an appearance."

"Our own vegetables, owing to the late date of our removal to a country place, were not yet available for the table. We are at some distance from the stores, and anyway I had no one to send."

"A large number of American women—I believe it is 83 per cent—are servants. Well, on this particular day I happened to be one of that large majority."

"So, when I decently could, I excused myself and went on an investigating tour of the refrigerator. My search was rewarded as follows: Two tomatoes, one ear of corn, one small cucumber, half a dozen leaves of lettuce, one jar of anchovy paste and two cantaloupes."

"There were a few very small potatoes in stock, also milk and eggs, likewise crackers and cheese."

"After a minute and a half of profound headwork these several components had separated and recombined themselves into a bill of fare in this wise:

Next eggs with anchovy. Creamed whole potatoes. Stuffed tomatoes. Cucumber salad, lead cantaloupe, Crackers. Coffee. Cheese.

"That reads very well, doesn't it? And it tasted just as well as it sounds, if I may be pardoned for saying so."

"First of all I made the coffee, then I pared those miles of potatoes and put them on to boil. Meanwhile I cut the top from each tomato and scraped out the inside."

"Then I cut the corn from the cob, mixed it with the tomato pulp, seasoned it with red pepper, salt and a bit of sugar and filled the tomato shells with the mixture. Over the top of each was spread a generous spoonful of butter crumbs and the whole put in the oven to bake."

"Next I took the inside of a loaf of bread and cut it into thick rounds out of which I scooped the centers to make the nests. After crapping them in the oven and thinly spreading the insides with the anchovy the nests were ready for the eggs."

"The whites were beaten stiff and piped up in the nests with a little depression in the center to receive the yolk. The dish was then ready for its finishing brown in the oven."

"I could see that my guest approved of the affair from wild backwater decorations to demi-tasse, and when she departed her praise of the 'dear little luncheon' was so sincere that it made the dishwashing a delight."

Many people are killed in gathering edelweiss on the Alps. The belief has been that it is a rare plant that grows only in inaccessible or nearly inaccessible places near the snow line. But a writer to the London Times says it can be grown easily in "any back yard."

A Swiss engineer has undertaken, for a Franco-Swiss company, to construct a system of transmission for electric power which will deliver in Lyons several thousand horse power daily, in the form of electricity.

The source of the power is to be found in the waterfalls of the Alps, about 125 miles from the great center of silk manufacture in France. The French are depending more and more on the "white coal" of the mountain streams, as they express it.

Ayer's

Take cold easily? Throat tender? Lungs weak? Any relatives have consumption? Then a cough means a great

Cherry Pectoral

deal to you. Follow your doctor's advice and take Ayer's Cherry Pectoral. It heals, strengthens, prevents.

Weak Lungs

Ayer's Pills increase the activity of the liver, and thus aid recovery.

Caught. Mr. Simpson says you know that ice cream, instead of making one cooler, makes one warmer?

Her Boast. City Boy—Swampian, where we went this summer, was terrific hot. Mother—Yes, it was.

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Remember the Gas. The wedding was to occur soon, and she was telling her mother about her plans.

"When Fred is out late at night," she said, "I shall not scold him. I shall try to be reasonable. I think I shall go so far as to keep a light burning for him to make him cheery when he returns."

Her mother was silent. "Don't you think it would be a good idea to keep the light burning?" she persisted.

"Well, it might do very well for the first month or so. But after you have paid a few gas bills you'll probably conclude that it will be just as well to put the matches where he can find them and turn the light out."

THE WEEKLY HISTORIAN



One Hundred Years Ago. Napoleon sent dispatches to Madrid which threatened war unless his demands were complied with.

A British squadron under Commodore Moore attacked and captured three Spanish vessels with valuable cargoes.

About one-half of the adult population of England was formed into a volunteer corps to resist the expected invasion by Napoleon's army.

After the revolution 50,000 trees were planted in France to use later as fuel, the prices of which had risen 100 per cent.

War was declared between Russia and Persia. The Emperor of Germany established a new bank at Venice.

Seventy-five Years Ago. Yellow fever was raging in Natchez, Miss. Condy Raguet began the publication of the Free Trade Advocate, afterwards known as the Banner of the Constitution.

In Montreal 60 grocers entered upon an agreement to prosecute all persons found retailing liquor without license. The iron used in the construction of the Schenck Valley railroad was imported from England at a much cheaper rate than it could have been manufactured in this country.

President Jackson interfered in the case of a government clerk who was dismissed by the head of his department, raising the question as to what power was vested in the chiefs of departments.

Fifty Years Ago. The greater part of Memel, a Prussian seaport, was destroyed by fire with loss estimated at \$3,750,000. The shores about the harbor of Vera Cruz were strewn with an immense number of dead fish, supposed to have been killed by the gas evolved in some submarine eruption.

A passenger steamer from San Francisco to Panama struck a reef outside the Golden Gate. Fifteen passengers and \$100,000 in gold were lost. The Academy of Music, New York, opened with the opera of "Norma."

Austria defined her policy as more favorable to the allied forces against Russia. Sunday schools had been established by all of the churches in the country.

Thirty Years Ago. The engagement of the then Colonel Frederick Dent Grant and Ida Marie Honore was announced in Chicago. Henry Ward Beecher secured the indictment of Theodore Tilton and Francis D. Moulton by a Brooklyn grand jury on a charge of slander.

The School Board of London occupied its new headquarters on the Victoria embankment. Maria Ewing Sherman, daughter of General W. T. Sherman, was married in Washington, D. C., to Thomas William Fitch of the navy.

An insurrection in the Argentine, S. A., states had become formidable, the revolutionists having control of the navy. A four days' battle between Carlists and Republicans in the Province of Navarre, Spain, ended.

Twenty Years Ago. Hans Makart, the celebrated Austrian painter, died in Vienna. Both the American (or Gould) Atlantic cables were broken. Frank Chanfrau, the actor, died suddenly in New York. John McCullough, the actor, broke down in his lines at McVicker's, Chicago, and then chided those in the audience who had hissed him.

Horse vs. Donkey. "I say," remarked young Snapleg, "ten—no—got a commandrum for you. What is the aw—diffidence between him and a horse?"

"The difference," replied Miss Cautique, "is probably in the length of your ears."

For bronchial troubles try Pico's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Tough Songs. "There are some songs that will never die," said the musical enthusiast. "I guess that's right," answered Mr. Cumtux. "My daughter sits down at the piano and tries to kill a few 'em every evening. But it's no use."—Washington Star.

Mother will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Growth of European Population. Few persons have any idea of the extraordinary manner in which the population of Europe has increased during the last century.

Prussian Heave Powders. Prussian Heave Powders are the best remedy for chronic cough. Your Prussian Heave Powders have gained a great reputation in this section.

RUSSELL ENGINES BOILERS. SAW MILLS High Grade THRESHERS Stackers Machinery. Write for Catalogue and Prices.

The A. H. Averill Machinery Co. PORTLAND OREGON. W.L. DOUGLAS \$3.50 SHOES.

W. L. Douglas makes and sells more men's \$3.50 shoes than any other manufacturer in the world.

THE VERDICT OF EVERY ONE WHO USES DIAMOND W. Waltham's Colon.

Ask Your Grocer. Do not carry on local grocers, write Waltham & Co., who will advise where obtainable.

J. I. CASE PLOWS. Ask a Man From IOWA MINNESOTA THE DAKOTAS KANSAS or NEBRASKA.

About the reputation of the J. I. CASE PLOW. He will tell you it IS ALL RIGHT.

J. I. CASE WALKING PLOW. It is simply perfection, that is all. We have them in Subble, Sod and Subble and Timber Land styles.

THE TRIUMPH SULKY. It is a triumph over all competition. We guarantee it the BEST SULKY PLOW MADE.

THE NEW CASE GANG PLOW. Made in two cases, three bottom styles, with or without riding attachment, Subble or Sod and Subble—THE PLOW FOR EASTERN OREGON AND WASHINGTON.

Mitchell, Lewis & Staver Co. First and Taylor Streets PORTLAND OREGON.

Mr. Graybeard—You say you have been using the "Housewife's Never-Fail Cookbook" for twenty years. I am delighted to hear that. I am the author of that book. Have you tried many of the recipes?

"Mrs. Household—Nearly all. Mr. Graybeard—Glorious! You are just the person I've been wanting to meet. Did any of them work?"

WET WEATHER WISDOM! THE ORIGINAL TOWER'S FISH BRAND SLICKER WILL KEEP YOU DRY NOTHING ELSE WILL TAKE NO SUBSTITUTES.

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Miss Whittaker, a prominent club woman of Savannah, Ga., tells how she was entirely cured of ovarian troubles by the use of Lydia E. Pinkham's Vegetable Compound.

Dear Mrs. Pinkham:—I heartily recommend Lydia E. Pinkham's Vegetable Compound as a Uterine Tonic and Regulator. I suffered for four years with irregularities and Uterine troubles. No one but those who have experienced this dreadful agony can form any idea of the physical and mental misery those changes who are thus afflicted.

One of the recently discovered natural curiosities of China, says the Youth's Companion, is an "alum mountain," nineteen hundred feet in height, and about ten miles in circumference at the base. The Chinese quarry the alum, or masses containing alum, in large blocks, which are heated in ovens made for the purpose and afterward dissolved in boiling water.

The Illinois census figures were published showing that 63.28 per cent of the farmers owned the land they worked.

PISO'S CURE FOR CONSUMPTION.