Eruptions

The only way to get rid of pimples and other eruptions is to cleanse the blood, improve the digestion, stimulate the kidneys, liver and skin. The medicine to take is Hood's Sarsaparilla Which has cured thousands.

The Rule of Three; "One week from to-day, Uncle John, I will be a married Yes, in seven short days I will se initiated into the mysteries of mat-

rationce-serore he married her he couldn't de toe much for her, but new he wouldn't lift his hand to help her. Pairice Well, you know she says she as the brown hull comes off easily. has made another man of him!

"Running an auto must be exciting." er. "Every time you stop you wonder spoonfuls of cocoa, three level table-if the machine will start again when spoonfuls of sugar, and one-half teayou are ready."-Brooklyn Life.



Straighten Up

Backache

Price 25c. and 56e. **GVVVVVVVVVVVVVVVVVVVVVVV**

Wanted an Injunction. "Ef you please, suh," said the old darky to the lawyer, "I want to take out a partin' injunction," "What do you mean by that?" asked

the lawyer. "I means, sub, in plain langwidge, a verdict ter break 'way-ter take de right han' road whar de roads cross an'

let de ol; 'coman go her way en me go " Isee," said the lawyer. "You want

a divorce—to break up housekeeping and give her alimony?" "Dat's it, sub," exclaimed the old

man. "I dunno who Alimony is, but des gimms my injunction, en he kin take her of he wants her!"-Atlanta

While Arthur was spending a week at his sunt's he chanced one day to place his elbows on the table during dinner. "My dear boy," said his sunt, "don't you know that children of the first families must never put their elbows on the table?" "Oh, well," said Arthur, "that doesn't hit me for my father's been married twice, and I be long to the second family."

Vanity: Mr. Potts (to his wife)-My dear, the air is chilly. Fermes is feneire. The visitor motto voce)—Why do you ask your wife in French to shut the window? Mr. Potts (ditto)-Because you are here. If I asked her in English she wouldn't do it, as she won't take instructions from me before visitors. But if I say it in French she gets up and does it at once, so as to let you see that she understands the language.-Pick-Me Up.

"Do you believe that the American people like to be humbugged?" "No, sir," answered the sturdy patriot, "but when they find anyone smart epough to do it they can't help takin' off their bats to him." We will be to be t their bats to him."-Washington

Coughing

was given up to die with consumption. I then began quick consumption. I then began to use Ayer's Cherry Pectoral. I improved at once, and am now in perfect health."—Chas. E. Hart-man, Gibbstown, N. Y.

It's too risky, playing with your cough.

The first thing you know it will be down deep in your lungs and the play will be over. Begin early with Ayer's Cherry Pectoral and stop the cough. Three sixes : 25c., 50c., \$1. All druggists.

ault your dector. If he says take it, do as he seys. If he talls you not to it, then don't take it. He knows. It with him. We are willing. J. Q. AVER CO., Lowell, Mass.





Lamon Damplings. Half a pound of grated bread crumbs, quarter pound of chopped suct, half a pound of moist sugar, two eggs, one large temon, a pinch of sait. Mince

His Qualification: Senator—This dry ingredients in a basin, and mix right that you want me to get a gov. well. Moisten with the eggs and the enuent position for you can recom- strained juice of the lemon. Stir well need him as a man of good ability and and put the mixture into small butcapable of filling the place, I suppose? tered cups or moulds. Cover with but-Constituent—Why, no, Senator, I can't tered paper. Set them in a kettle of do that. It's because he can't make a boiling water, and let them steam for living at anything else that I want you two and a half hours. Turn them out to get a government job for him.-Chi- in a dish, and strew sifted sugar over them.

Salted Almonds.

Blanch the simonds in boiling hot water. Melt a tablespoonful of butter, and let the almonds stand in it an "No mysteries shout it, my hour. Put a tablespoonful of sait into It is just the plain, simple rule a dish, stir in the nuts until all are see." "Hule of three? Eh-what lightly covered with sait, spread on a of three." 'Rule of three? Eh-what lightly covered with said, shallow the and set in a warm oven three?" 'Wife, mother-in-law, and shallow the and set in a warm oven to brown delicately. More or less sait may be used, according to taste. Peanuts are salted in the same way, except that they do not need blanching,

Chocolate Custards. "Running an auto must be exciting." To two cups of milk add two well-said the friend. "It is," said the own-beaten eggs, two slightly rounding teaspoonful of vanilla flavoring. The cocos should be mixed with the sugar and dissolved in half of the milk heated, and when this has cooled a little add the other ingredients and pour into cups. Set the cups in a pan of boiling water and bake in a moder-

> Pepper Sandwiches. Remove all the seeds from a green pepper, chop fine and simmer ten min utes in a lablespoonful of butter. Do not allow it to brown. Add a dash of sait, and when cold spread between thin slices of bread minus the crust. Grated American cream cheese may be placed on the top of the pepper layer with happy results. These piquant little sundwiches are said to be especial

> ly nice with cold meat. Cranberry Fritters. Beat one egg thoroughly and stir it into one and a half cups of milk, add tablespoonful of sugar and one cup of flour in which has been sifted one tenspoonful of baking powder. When well mixed stir in one cup of thick, rich cranberry sauce, and drop in spoonfuls on a hot, buttered gridiron. Brown very lightly and serve with butter and powdered sugar.-Good House keeping.

Creamed Oysters. Put one quart of oysters, with the broth, into a stewpan, and let the oy-sters heat through. When the edges of the oysters curl, take them out and add two cups of milk and two tablespoonfuls of butter to the broth. When bolling, add two tablespoonfuls of flour which has been stirred smooth in a little cold milk, with salt and pepper. When thickened, add the oysters, and

serve at once on slices of toast.

Apples with Cream.

Peel, core and quarter six large tart apples; boll in a rich sugar syrup till tender, but not broken. Place in a glass dish, boll the syrup a little longer, and then pour over the apples. When cold cover with a thin layer of red currant jelly, and over all pour a thick layer of whipped cream sweetened with sugar.

Ham Toast. Mix some pounded cold ham with a beaten egg, season with pepper and lay on buttered tonst; put in the oven until it gets thoroughly heated. A nice veying party has way of using up small pieces of ham. tinct specimens of fish.

To Make Dried Boot,

Sales at Fairs.

Bales at fairs have long been a feature of the English cattle shows. In fact, they have become so general that many of the English shows are really market days and are held at frequent intervala. Sales have played a more or less important part with American exhibitors, but have always been made privately, and fair officials bave taken little or no interest in encouraging them. There would seem to be an op portunity in this country for advancement in this direction. If sale clauses are arranged for and a certain part of the day set saide for auction sales of cattle or other produce both the fair management, exhibitors and general public might be benefited thereby. It would help the farmer out at the spot where he is weakest-that is, in marketing what he grows.-American

Cleans Out Vermin.

A writer in the Scientific American says he has cleared his premises of vermin by making whitewash yellow with copperas and covering the stones and rafters in the cellar with it. In every crevice in which a rat might go put the copperas and scattered it in the corners of the floor. The result and frequently stiffens the joints, was a complete disappearance of rats draws the muscles out of shape and mice. Since that time not a rat or and breaks down the nervous mouse has been seen near the house. Every spring the cellar is coated with the yellow whitewash as a purifier and a rat exterminator, and no typhoid,

dysentery or fever attacks the family. Cement Floors for Barns, From a sanitary point of view there is no doubt that cement floors are the best for barns and stables. However when putting on the finishing layer, It hould be rather deeply striated, which prevents it from becoming slippery. The strine should follow a system faorable to drainage-that is, the small furrows should lead to larger ones and these to the drain in the rear of all



woman's troubles, tells of her cure by Lydia E. Pinkham's Vegetable Compound.

"Dean Mss. Pinkham: — For some years I suffered with backache, severe bearing-down pains, leucorrhosa, and falling of the womb. I tried many remedies, but nothing gave any positive relief.

"I commenced taking Lydia E. Pinkham's Vegetable Compound in June, 1991. When I had taken the first half bottle, I felt a vast improvement, and have now taken ten bottles with the result that I feel like a new woman. When I commenced taking the Vegetable Compound I felt all worn out and was fast approaching complete nervous collapse. I weighed only 98 pounds. Now I weigh 1094 pounds and am improving every day. I gladly testify to the benefits received."—Mas. R. C. Turman, 423 West 30th St., Richmond, Va.

When a medicine has been successful in more than a million cases, is it justice to yourself to say, without trying it, "I do not believe it would help me"?"

Surely you cannot wish to remain weak and sick and discouraged, exhausted with each day's work. You have some derangement of the feminine organism, and Lydia E. Pinkham's Vegetable Compound will help you just as surely as it has others.

Mrs. W. H. Pelham, Jr., 108 E. Baker St., Richmond, Va., says:

Mrs. W. H. Pelham, Jr., 108 E. Baker St., Richmond, Va., sayst
"Dear Mus. Pinkham:—I must say that I do not believe there is any
temale medicine to compare with Lydin E. Pinkham's Vegetable Compound, and I return to you my heartfelt thanks for
what your medicine has done for me. Before
taking the Vegetable Compound I was so hadly
off that I thought I could not live much
longer. The little work I had to do was a
burden to me. I suffered with irregular
menstruation and leucorrhosa, which caused
an irritation of the parts. I looked like
one who had consumption, but I do not look
like that now, and I owe it all to your wonderike that now, and I owe it all to your wonderful medicine.

"I took only six bottles, but it has made me feel like a new person. I thank God that there is such a female helper as you."

Be it, therefore, believed by all

Be it, therefore, believed by all women who are ill that Lydia E. Pinkham's Vegetable Compound is the medicine they should take. It has stood the test of time, and it has hundreds of thousands of cures to its credit. Women should consider it unwise to use any other medicine.

Mrs. Pinkham, whose address is Lynn, Mass., will answer cheerfully and without cost all letters addressed to her by sick women. Perhaps she has just the knowledge that will help your case try her to-day - it costs nothing.

\$5000 FORFEIT If we cannot forthwith produce the original letters and signatures of above testimonials. Which will prove their absolute genuineness.

Lydin E. Pinkham Medicine Co., Lynn, Mass.

AN INDESCRIBABLE TORTURE

prove that it is a chance disease or one due to accidental causes. It

takes time for it to develop, and is at work in the system long before any symptoms are felt. The blood is the first point of attack, and

the poisonous acids that cause the aches and pains are then distrib-

uted through the circulation to different parts of the system, and settle in joints, muscles and nerves; and when the system is in this

condition it needs only some exciting cause like exposure to night air, damp, chilly weather, or the cold, bleak winds of winter, to arouse

the slumbering poisons and bring on Rheumatism. The severity of the attack depends upon the amount of acid in the blood and the

ternal remedies like liniments and plasters; such things scatter the

pains or drive them to some other part of the body, but do not touch

the disease or improve the condition of the blood. The thin acid

Write for our special book on Rheumatism, and should you

desire any special information or advice, our physicians will furnish

Because Rheumatism sometimes comes on suddenly it doesn't

"My brother is very much hurt that you should refuse to correspond with him," said Mr. Chellusman's sister. wich?
"By failing to answer his many letters"

Polite Waiter—Yos, air, and there it you wrong him, although, perhaps, you is

do not mean it. "No," replied Miss Jilt. "I do not mean to wrong him; neither do I mean to write him,"—Catholic Standard and Times.

Bay of Apin Fish. In the bay of Apia, in Samoa, a surdiscovered 453 dis-

quantity of acrid matter in the

joints and muscles. Some peo-ple are almost helpless from the

first, while others have occa-

sional spells or are uncomfortable, restless, nervous and half

sick all the time from the

nagging aches and pains. Rheu-

matism is a disagreeable com-

panion even in its mildest form.

It grows worse as we grow older,

system. A disease that originates in the blood, as Rheumatism

does, cannot be cured with ex-

it without charge,

Irate Guest (to waiter)-Look here Polite Waiter-Yes, air, and there it

Irate Guest-There are two slices of

lowing injunctions: "c should never be repeated."

RHEUMATISM IN ELBOWS, WRISTS

408 Bloomfield Ave.

blood must be restored to its normal

purity and strength, so that all poi-

of the system, and no medicine accom-

which not only neutralizes the acids

and counteracts the poisons, but builds

up the general health at the same time.

THE SWIFT SPECIFIC CO., ATLANTA. GA.

plishes this in so short a time as S.S.S.

AND ENRES. Urbans, Ohio, Aug. 25, 1903.

Egyptian Maxims. An Egyptian papyrus which dates back to about 4,000 B. C. has the fol-

"Calumnies "Guard Make a plain brine of four gallons The dahlia was introduced into Eu-thy speech before all things, for a keep it strong, healthy and vigorous water, six pounds sait, one ounce sait-rope for the value of its bulb as a sub-man's ruin lies in his tongue." The with moral and spiritual life. The way peter. Cover the meat with this, and stitute for the Irish potatoe, which it wise men of the race early learned good to keep sin out of the life is not by fencing of any kind, for sin gets over

Fatal Mistakes, -Two classes make fatal mistakes—those who think they are wholly sanctified and those who make no progress at all .- Rev. Ray Palmer, Baptist, Chillicothe, Mo.

Forgetting-If you forget in order to mend, God forgets, too; if you for get in order to persist, then you may forget, but God remembers.—Rev. Frank Crane, Unitarian, Worcester, Mass

The Home.—The American home is the richest inheritance of the nation. It is in its best estate more primal and important than school or church.— Rev. R. A. White, Universalist, Chi-

Getting in Line.-The man who does not line up with God's people in the great fight for righteousness is on the side of the devil and arrays himself against God.—Rev. A. R. Holderby, Methodist, Atlanta, Ga.

The Duties of Life.-Life must be unified by having but one principle and then seeking to attain to the one goal by using two instrumentalities, religious duties and secular interests. -Rev. C. D. Case, Baptist, Montclair,

er in man's relation to God.-Hev. John Reid, Presbyterian, Brooklyn,

Wine, Women and Wealth.-The greatest temptations of men to put them rythmically, are wine, women and wealth. And I think I put these in the order of their importance.—Rev. C. L. Laws, Congregationalist, Balti-

The Touch of Love.-Humanity re-sponds to the touch of love. Around the sunny side of even the most frigid man there is always a door that opens to the presence of a loving heart. Rev. T. J. Villers, Baptist, Indianpolis, Ind.

Labor Unions.-I believe any num er of persons engaged in the same work have as much right to form a mion as we ministers have to meet each Monday in our ministerial meet-ings.—Rev. S. E. Young, Presbyterian, Pittaburg, Pa.

Theft.-A thief is one who steals. To steal is to take without right or leave that which belongs to another. When a thief is convicted of stealing he is put into fall; that is, some thieves are.-Rev. J. M. Markley, Congregaonalist, Denver, Col.

Humility.-There is no principle are universally overworked in the Christian church to-day than that of humility. The average Christian is altogether too meek and too prone to self-disparagement,—Rev. C. E. Jefferon, Baptist, New York City,

Wealth.-The love of money is the oot of evil, but a man by caring strict for his business and doing it all with integrity, can succeed and may become rich. All a man needs is hustle. He does not need to be born rich,-Rev. S. M. Dick, Methodist, Worcester, Mass.

Two Questions.-Life holds two questions of the first importance. there a God? And if so, how does He feel toward us? Is there another life? And if so, what about the harves there of sin that we have sown here Rev. N. D. Hillis, Congregationalis Brooklyn, N. Y.

Missionaries.-It is only 93 years bread, but can you find any cheese on since the first American missionary went out among the heathen and to-Polite Waiter-I'm sorry, sir. The day there are millions of Christians cheese is there all right, only you hap-pened to hit on one of the holes. where there would have been only heathers had not the banner of Christ been unfurled in their midst .- Rev. J. E. McClurkin, Presbyterian, Shady

Sin and Disease.-The best way to keep disease out of the inner life is to all fences; but by having the life filled to overflowing with spiritual life and ower.-Rev. W. M. Martin, Methodist, Brooklyn, N. Y.

Trouble,-The reason trouble is so oublesome is that we seldom put God in the present tense. We transpose Him into the dim past and dwell upon the wonders He wrought in the days of the fathers. We transpose Him int the remote future and dream of the glories which shall be ours when all the vells which now hide Him shall be lifted. Christ's cure for trouble is to live with God beside us in our everyday experiences; to take God to the office, a partner in our business; to take God to the parlor, a sharer in our pleas ures .- Rev. Howard Duffield, Presbyterlan, New York City.

Family Devotion.—Family worship is essential to true home life. When ever young people set up a home they ought to erect an altar. Religion in the home is more important than any-Urbans, Ohio, Aug. 25, 1908.
Last winter I had a severe attack of Rheumattem. It started in the right elbow, and from there to my wrists; the right wrist was the worse. It became awolen and extremely painful. Mylett knee joint was the next place to be attacked. It became swollen and of course painful. The next point to be affected was the hip and ankle, which gave me much trouble. I was barely able to get about for some time. I was under treating no better I began S. S. S., and after taking it for some time I was entirely relieved of the Shoumatism. All awelling and soreness disappeared. I consider S. S., S. an excellent remedy for Rheumatism and all troubles having their origin in the blood.

GHIFFITH EELLY, where else. In the family the day should begin and close with God. Family prayer should be brief, yet com prehensive enough to compass the vants of the family. The selections of Scriptures should be made with care As a rule, family devotion should b conducted at about the same hour norning and evening. Where men and women plan for such devotions, family religion becomes pleasant and profit able.-Rev. D. G. Wylle, Presbyterian New York City.

> Mrs. Gibson, the mother of Charles Dana Gibson, says that a few days since Dana's little girl, aged 7, camover to see her. After playing content diy for some time she came up to be

sonous substances may be carried out and said: Grandma, I must go home now." "But why so soon, dearle?"
"Well, you see, grandma, I mus

lsts of things that aren't so

look after papa. He's all alone there with nobody but his wife and the Knowledge of a good many min con

GOVERNOR OF OREGON



CAPITOL BUILDING, SALEM, OREGON A Letter From the Governor of Oregon.

Peruna is known from the Atlantic admirer of Peruna. He keeps it coato the Facilie. Letters of congratula-stantly in the house. In a recent let-tion and commendation testifying to ter to Dr. Hartman, he says: he merits of Peruna as a catarrh remedy are pouring in from every state in the union. Dr. Hartman is receiving hundreds of such letters daily. All classes write these letters, from the Dear Sirs—I have had occasion to use

lighest to the lowest.

The outdoor laborer, the Indoor artisan, the clerk, the editor, the statesman, the preacher—all agree that Peruna is the catarrh remedy of the age.

Your Peruna medicine in my family for colds, and it proved to be an excellent remedy. I have not had occasion to use it for other allments.

Yours very truly, W. M. Lord. runa is the catarrh remedy of the age. The stage and rostrum, recognizing ca-

The Soul in Action.—Prayer is the stage and rostrum, recognizing casoul in action. And in its pighest form tarrh as their greatest enemy, are estays he has not had occasion to use Peruna for other ailments. The reason for this is, most other ailments begin for this is, most other ailments begin

pecially enthusiastic in their praise and testimony.

Any man who wishes perfect health with a cold. Using Peruna to promptmust be entirely free from catarrh. Catarrh is well nigh universal; almost omnipresent. Peruna is the only absolute safeguard known. A cold is the beginning of catarrh. To prevent colds, to cure colds, is to cheat catarrh cont of its victime. Peruna not only winter and there will be no other all. out of its victims. Peruna not only winter, and there will be no other allcures catarrh, but prevents it. Every
household should be supplied with this
great remedy for coughs, colds and so
forth.

grape, and other charter will be no other allments in the house. Such families
should provide themselves with a copy
of Dr. Hartman's free book, entitled,
"Winter Catarrh." Address Dr. Hart-The Governor of Oregon is an ardent man, Columbus, Ohio.

Ask Your Druggist for a Free Peruna Almanac for 1904

the excavations.

Assyrian Records.

bricks in characters so minute as to be scarcely legible without the aid of a

microscope and that, in fact, a variety

of this instrument was found among

FITO Permanenty Curse. We his or nervoushest Restorer, Send for Free SQ Unit bottle and treatmen Dr. M. H. Kline, Ltd. WS Arch 06. Philadelphia, Pa.

The Modern Way.

"I wish to marry your daughter," said the young man. The old man was a sensible old man.

Mothers will find Mrs. Winslow's Southing syrup the best remedy to use for their children the teething season.

Himself to Blame.

"Didn't you once say that your wife

was the making of you?"
"Only once," replied Mr. Meekton.
"Henrietta heard it and said it was

very unkind and unjust to blame her

Taking Things.

"I always take things as they

come," said the pickpocket as he dex-terously relieved the man ahead of

him of a watch and purse.

Layard in his "History of Nineveh"

Sufficient Reason. "What makes Middlerib so bitter ainst Turks?"

mentions that the national records of
the young man who calls on his the Assyrian empire were written on gainst Turks?"

ighter smokes Turkish eigarettes."

\$100 EEWARD \$100.

The residers of this paper will be pleased to Sern that there is at least one drasded disease that severe has been able to were in all its stages, and that is charri. Hall's Catarri Cure is the only positive ours known to the medical reactinity. Catarri being a constitutional freatment, Hall's Catarri Cure is taken internally, setting directly upon the bised and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The propietors have so much faith in its curstive powers, that they offer One Hundred Dollars for any case that it alls to cure. Send for list of testimonials. Address.

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"Can I support you in the style to which you have been accusmtomed?" Sold by druggists, 75c.

An Odd Chandeller. A chandelier, made of human bones adorns the ceiling of a church in Seid-

Cross? Poor man! He can't help it. in that manner." He gets bilious. He needs a pisors Cure is a remedy for coughs, colde good liver pill—Ayer's Pills. Price 25 cents, at druggists. They act directly on the liver,

cure biliousness. J.C. Ayer Co., Want your moustache or beard a beautiful brown or rich black? Use



WES CANADIAN CO. Lame. A J. TOWER CO.

"For six years I was a victim of dys-pensis in its worst form. I could eat nothing

not retain and direct even that. Last March I began taking CASCARETS and since the have steadily improved, until I am as well as I bver was in my life."

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NO-TO-BAC giats to CUME Tobacco Habit.

HAS BEEN ADVERTISED AND SOLD FOR A QUARTER OF A CENTURY LIKE ALL CLOTHING. It is made of the best saterials, in black or yellow, fully guaranteed and sold by reliable designs everywhere.

STICK TO THE SIGN OF THE FISH.

No Case Exists it Will Not Cure Wood Saws, Drag Saws run by steam or gaso-line engines, also the latest in tasw mill ma-chinery, strong pullers, well drilling machin-ery, etc., etc.
Write for your needs. REIERSON MACHINERY CO.

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GRITLEMEN — I have been feeding your Prussian Stock Poon to my
thoroughbred swine. It gives them an appetite, and makes the pigs
grow. I also tried it on stunted calves with satisfactory results.
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