

Nothing Tastes Good

And eating is simply perfunctory—done because it must be. This is the common complaint of the dyspeptic.

If eating sparingly would cure dyspepsia, few would suffer from it long.

The only way to cure dyspepsia, which is difficult digestion, is to give vigor and tone to the stomach and the whole digestive system.

Hood's Sarsaparilla cured the niece of Frank Fay, 106 N. St., South Boston, Mass., who writes that she had been a great sufferer from dyspepsia for six years; had been without appetite and had been troubled with sour stomach and headache. She had tried many other medicines in vain. Two bottles of Hood's Sarsaparilla made her well.

Hood's Sarsaparilla Promises to cure and keeps the promise. Don't wait till you are worse, but buy a bottle today.

From the Automoblist's View.

First Chauffeur—Have any bad luck during your trip yesterday?

Second Chauffeur—Oh, I ran over a man, but I don't think I hurt the machine any.—Ohio State Journal.

Are You Using Allen's Foot-Ease? It is the only cure for swollen, smarting, itching, burning feet, corns and bunions. Ask for Allen's Foot-Ease, a powder to be shaken into the shoes. At all druggists and shoe stores. E. C. ALLEN, 153 N. BROAD ST., NEW YORK, N. Y.

One Thing Lacking.

"Have you got in all the fire wood?" "Yes, sir." "Well, what are you doing now?" "Prayin' ter de lawd for somepin' ter roast on it!"—Atlanta Constitution.

Pink's Cure is the best medicine we ever used for all affections of the throat and lungs.—W. O. EMBLEY, Vancouver, Ind., Feb. 10, 1900.

Their Similarity.

Mr. Hicks—How almost human that dog acts at times, doesn't he? Mrs. Hicks—Yes; he grows over his food almost as much as you do.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

After the Lecture.

"Do you think the devil is worse than those who talk about him?" "Well, sub, hit 'peuds 'em who doin' de talkin'!"—Atlanta Constitution.

Hanlin's Wizard Oil is an old remedy, and like an old friend may be depended on. It cures pain.

The Title is the Thing.

He—Would you marry a foreign nobleman? She—No; not for love or money. He—Of course, not; but would you marry one?—Judge.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *W. C. Carter*

What He Would Think.

"Johnny," said the young man, who wanted to conciliate him, "if I should give you a penny, what would you think?" "Humph! I'd think mos' likely y' wanted me t' buy a automobile an' break my neck."—Denver Times.

rewarned, Forearmed.

The liability to disease is greatly lessened when the blood is in good condition, and the circulation healthy and vigorous. For then all refuse matter is promptly carried out of the system; otherwise it would rapidly accumulate—fermentation would take place, the blood become polluted and the constitution so weakened that a simple malady might result seriously.

A healthy, active circulation means good digestion and strong, healthy nerves.

As a blood purifier and tonic S. S. S. has no equal. It is the safest and best remedy for old people and children because it contains no minerals, but is made exclusively of roots and herbs.

No other remedy so thoroughly and effectually cleanses the blood of impurities. At the same time it builds up the weak and debilitated, and renovates the entire system. It cures permanently all manner of blood and skin troubles.

Mr. E. E. Kelly, of Urbana, O., writes: "I had eczema on my hands and face for five years. It would break out in little white pustules, crusts would form and drop off, leaving the skin red and inflamed. The doctors did me no good. I used all the medicated soaps and salves without benefit. S. S. S. cured me, and my skin is as clear and smooth as any one's."

Mrs. Henry Sigfried, of Cape May, N. J., says that twenty-one bottles of S. S. S. cured her of Cancer of the breast. Doctors and friends thought her case hopeless.

Richard T. Gardner, Florence, S. C., suffered for years with Bolls. Two bottles of S. S. S. put his blood in good condition and the Bolls disappeared.

Send for our free book, and write our physicians about your case. Medical advice free.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

PINK'S CURE FOR BRUISES, WHIPPLES, ALL THESE FAILS, Best Cough Syrup, Tastes Good. Use in time. Sold by druggists.

THE PRIME OF LIFE.

AT WHAT AGE IS MAN AT HIS HIGHEST AND BEST?

Writer Thinks Man Attains His Best Fitness for Business at Fifty Years or Later—Previously He Has Been Acquiring Experience.

There seems to be quite a difference of opinion as to when a man reaches the highest stage of business development. If you have not fixed yourself for life at forty your chances are slim, in an old saying. But actual statistics do not bear out this theory. Charles T. Yerkes, the great Chicago financier, goes so far as to say that if a man succeeds before fifty it is more a case of luck than anything else, for up to that age he has not acquired the essential business experience and judgment to make him useful. To bear out his statement he gives his own experience. He had acquired a million dollars, all of which he lost after he had passed the half century mark, and his enormous accumulations have all occurred since that time. The subject of a recent sketch, Dr. Hartman, was a poor man at fifty, badly in debt and floundering along from day to day. The elder Vanderbill failed absolutely three times before he laid the foundation for his enormous estate. And so it goes. Nearly all our wealthy men have made their greatest success after they had reached the age of fifty. Of course, there have always been some "lucky dogs" who have fallen into a snap early in life and have gone right on until the tones from Gabriel's horn have called them to the "happy hunting grounds," but I cannot but agree with Mr. Yerkes that this condition has been more through the meditations of the Goddess of Luck, wherever she may be, than through real business ability. Certainly it looks reasonable that the mature business man of fifty should be better able to look a business proposition fairly in the face than the impetuous thirty or forty year old. Now my object in bringing these thoughts to the minds of my readers is this: How many of you have passed the imaginary zenith of forty and are saying to yourself my opportunities are gone. I am too old to start now. There is no hope for me. Well, there is no hope for you if you succeed in getting this fact firmly fixed in your mind, for you have lost by this means the very attribute that will bring about a happy issue. But if you will realize the fact that your past experience has given you just the knowledge and judgment that is necessary to bring about a condition of business success you will be far nearer right than you are with your pessimistic ideas. Why, man, does it not look reasonable? Look back at your mentality of thirty and forty and compare it with your mature business sagacity and conservatism of to-day, and you will find that your conditions are far more favorable than ever before. This is not a theory but a plain common-sense statement of facts which is undeniable. If you think you are past at fifty, for heaven's sake get it out of your mind. Your best business days are just beginning. Wake up, get a move on yourself and see if I am not right.

His Own Executioner.

Many instances have been cited in proof of the argument that it pays to be polite, but few are more striking than the experience of an Italian telegrapher at the hands of Callimberti, the minister of posts and telegraphs, as reported in a letter from Rome.

The minister was at Genoa, and desiring to send a despatch of great importance, he went to the telegraph office and approached the wicket.

No one was there. He knocked—profound silence. He repeated his efforts, and only after a third trial a clerk appeared, who addressed him in language that was anything but complimentary. He had evidently been awakened from his afternoon nap.

The minister listened to his grumbling and then said, pleasantly: "Excuse me, but what may your name be?" "X. X."

"Are you a clerk or telegrapher?" "Telegrapher."

Callimberti wrote out a telegraphic message and said: "Will you be so kind as to send this for me?"

The telegrapher read: "Ministry of Posts, Rome: The telegrapher, X. X., is transferred to Sicily, Callimberti."

As Sicily is the hospital for all public functionaries who are in disgrace or in the way, and as one seldom escapes from it, the clerk's feelings may be easily imagined.

Could Have Stood More.

"That chorus by the Welsh singing society was short and sweet, wasn't it?" "Yes. Do you know what I thought of calling it?" "No. What?" "A Welsh rarebit."—Philadelphia Bulletin.

American Silk Plants.

The capacity of the present silk plants of America is insufficient, it is said, to more than supply the domestic demand.

New Coal Beds in Siberia.

More than fifty groups of workable coal or lignite beds have been discovered in Siberia.

Some people live off their wits and some live off the lack of wit in other people.

There is such a thing as a woman of few words, but she is apt to be reterative.

A Long Narrow City.

Duluth is a peculiar city. Its population is about 70,000, yet the length of the incorporated town along the lake front is 28 miles. Its width ranges from one to two miles.

His Mistake.

He had worked for many years in a dry goods store, but late placed him behind a counter in a coal office, and that was the cause of his undoing. A lady entered the coal office, one day, and said she needed two tons of coal at once.

"All right," said the clerk, tipping the ashes from a cigarette in a dreamy fashion, "will you take it with you or have it sent, madam?"—Yonkers Statesman.

Had Become a Habit.

"I've been looking for my husband for the last two hours," said the agitated woman to the calm one.

"Don't be excited, madam," replied the latter. "I've been looking for a husband for the last 25 years."—Tampabay Times.

Fortunate.

"Well, Joshua," said Mr. Warren to his country cousin, "what was the first thing that struck you when you reached town?"

"A trolley car," replied Joshua, "but, fortunately, it did not hit me very hard."—Detroit Free Press.

His Knowledge of Brooklyn.

Brooklyn Man—Have you ever been in Brooklyn? Cochrane—No, sir. Of niver was in Brooklyn but once, an' thin O! struck the wrong ferry an' got only to Jersey City.—New York Weekly.

Another Reason.

"I thought Jones said he was going to church this morning." "No. The minister asked him to give his reasons for not going, and he is staying at home to write them."—Cleveland Plain Dealer.

The Neighboring Quality.

Mrs. Aseum—She is a very neighborly woman, isn't she? Mrs. Snuppe—Yes; she's forever poking into other people's business.—Philadelphia Press.

Our Recently-Built War Vessels.

The vessels built or authorized by congress since the Spanish war more than equal in tonnage the regular naval vessels we then had. The effectiveness of guns has also been doubled.

The World's Great Cities.

There are in the world 270 cities, having more than 100,000 inhabitants each; 35 having more than 500,000, and 12 with a population of more than 1,000,000.

A Base Motive.

Von Blumer—I didn't come down to this hotel over Sunday to spend the night dancing, or the day in playing golf, or the interval in talking to a lot of idiots.

Mrs. Von Blumer (indignantly)—No; of course not! The only thing you care about is getting rested.—Pack.

Better Left Unsaid.

Mr. Sappy—Don't you often wish you were—or—a gentleman, Miss Smythe? Miss Smythe—Yes; don't you?

STATE OF OHIO, CITY OF TOLEDO, Lucas County.

FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1896.

A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Sent for treatment, free. F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Pills are the best.

Surplus at Glasgow Exposition.

It is stated that the surplus profit on the Glasgow International Exhibition is 115,000 pounds, and it has been agreed to offer the corporation such part of that sum as they will accept up to 80,000 pounds.

Made for Each Other.

Edith—I hear that you and Fred are quite interested in one another. Bertha—Don't you tell a soul, Edith, but, really, I believe that Fred and I were made for each other. We have played golf together three times, and we never have quarreled—except two or three times when Fred was clearly in the wrong.—Boston Transcript.

He Presses the Question.

"Aren't you sorry you're not married, Auntie?" "H'm! Might be sorry if I was." "But wouldn't you rather be sorry you were married than sorry you were not?"—Puck.

Brooklyn, N. Y., Feb. 30.—The activity at the laboratory of the Garfield Tea Co. is further evidence of the popularity of their preparations: over THREE MILLION FAMILIES used Garfield Remedies last year! This vast public approval speaks well for the remedies. They are: Garfield Tea, Garfield Headache Powders, Garfield Tea-Syrup, Garfield Relief Plasters, Garfield Bile Beans, Garfield Castor Oil, Garfield Tablets and Garfield Cold Cure.

Doing Him Justice.

The Heiress—You seem to have no objection to him, papa, except that he has no money. Papa—No; and I'll even admit that he's trying hard to get some.—Brooklyn Life.

New Year Resolutions

TAKE THE Keeley Cure

Relief from all liquor, opium and tobacco habits. Send for particulars to Keeley Institute, Moved to 420 Williams Street, Portland, Oregon.

N. P. N. U. No. 8-1902. WHEN writing to advertisers please mention this paper.

The Worst Yet.

"It is admitted that Napoleon Bonaparte can get along without that statue that they propose to give him in St. Louis."

"Of Corsican."—Cleveland Plain Dealer.

Like the Others.

"I thank God," said the Pharisee, "that I am not as other men."

"Oh, I don't know," replied the lady. "You seem to be like a good many of them. I saw you occupying a seat in a car last night when there were lots of women standing."—Chicago Record-Herald.

Her Share.

"Oh, Lucy! Where did you get that lovely new hat?" asked Mrs. Fowlie of Mrs. Keedick.

"Frank gave me the money to buy it. It's my share out of a fortunate investment he made with a Mr. John Pott."

Necessarily.

She—Really, my husband is quite a philosopher. Her Aunt—Well, a man might as well bow to the inevitable—when he's married to it!—Chicago Journal.

Wonderful Collection of Birds.

Mrs. Henry Wells Terry, a resident of Babylon, L. I., has one of the most complete and valuable collections of birds in America, which she inherited from her father, J. C. Knoss, an ornithologist, known all over the world for his knowledge on this subject.

New York's Extinct Volcano.

A Harvard professor has discovered what he considers the remains of an extinct volcano at Schuylerville, N. Y., a small country place already famous in American history.

Only Eight.

Willie—Oh, maw, I have such a pain in my stomach. Fond Mother—Willie, have you been eating something? Willie—No, maw, I didn't eat a thing but eight green apples.—Ohio State Journal.

WELL LIGHTED STORES.

The M. & N. Arcs are Causing Quite a Stir. Nothing is more annoying than a poorly lighted store. From the time of old tallow dips millions of people have been bothered by insufficient light when the evening comes. But now it seems the whole question is settled by the beautiful, brilliant, economical "M & N" Arc Lamps that are becoming so popular. They are cheap, too. Write to C. W. Lord, Portland, Oregon, for a circular telling you all about them. You'll be glad you wrote. Agents are wanted in every town.

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HERE THIS IS IT.

Know by the sign



St. Jacobs Oil

CURES RHEUMATISM, NEURALGIA, SCIATICA, LUMBAGO, SPRAINS, BRUISES, SORENESS, STIFFNESS.

CONQUERS PAIN

IN WET WEATHER A WISE MAN WEARS TOWER'S



FISH BRAND OILED WATERPROOF CLOTHING

WILL KEEP YOU DRY NOTHING ELSE WILL. TAKE NO SUBSTITUTES. CATALOGUES FREE. SHOWING FULL LINE OF GARMENTS AND HATS. A. J. TOWER CO. BOSTON, MASS. 46

BISHOP SCOTT ACADEMY

Portland Ore. Founded 1870. A Home School for Boys. Military and Manual Training. Write for Illustrated Catalogue. ARTHUR C. NEWELL, PRINCIPAL.

150 Kinds for 16c.

It is a fact that Salzer's vegetable and flower seeds are found in more gardens in America. There is reason for this. We own and operate over 1000 acres for the production of our choice seeds. In order to induce you to try them we make the following unprecedented offer: For 16 Cents Postpaid 80 kinds of rarest vegetables, 25 kinds of earliest maturing, 10 sorts of glorious tomatoes, 25 perenne lettuce varieties, 12 splendid beet sorts, 65 gorgeously beautiful flower seeds. In all 150 kinds positively furnishing hundreds of charming flowers and lots and lots of choice vegetables. Together with our great catalogue, telling all about Tomatoes and Peas and all the other things, and a box of seeds at 10c. a pound, etc., all only for 16c. in stamps. Write to-day. JOHN A. SALZER SEED CO., La Crosse, Wis.

Our Working Girls.

Life to the most favored is not always full of sunshine, but to the average American girl or woman who is obliged to work for her living, and, perhaps to help others at home, life is often a heavy drag in consequence of illness.

Women who work, especially those who are constantly on their feet, are peculiarly liable to the development of organic troubles, and should particularly heed the first manifestations, such as headache, pains in the lower limbs and lower part of the stomach, irregular and painful monthly periods



MISS ELLA BREMER, E. ROCHESTER, OHIO.

faintness, weakness, loss of appetite and sleep.

The young lady whose portrait we publish herewith had all these symptoms and in addition leucorrhoea, and was cured by Lydia E. Pinkham's Vegetable Compound. First, she wrote a letter to Mrs. Pinkham's laboratory at Lynn, Mass., describing her trouble, received in reply accurate instructions what to do to get well, and now wishes her name used to convince others that they may be cured as she was.

The same helping hand, free of charge or obligation, is extended to every ailing woman in America. If you are sick you are foolish not to get this valuable advice, it costs you nothing, and she is sure to help you. Don't wait until it is too late—write to-day.

The Farmer's First Profit

is made in his selection of seed. Send for Our Complete Annual Catalogue for 1902, FREE!

It contains full directions for garden work and many useful tables for the farmer. No one sells better seeds than LAMBERSON'S SEEDS.

LAMBERSON - Portland Oregon

SALZER'S Superior FODDER PLANTS

VICTORIA RAPE. A hardy, early maturing, and nutritious quality. It makes it possible to grow winter and spring crops and cattle all over America as it is a marvelously prolific. Salzer's catalog tells.

Giant Incarnate Clover. Produces a luxuriant crop three feet tall within six weeks after seeding and lots of pasture all summer long. Will do well anywhere. Price dirt cheap.

Grass, Clovers and Fodder Plants. Our catalogue is bristling with thoroughly tested farm seeds such as Thousand Headed Kale; Teasdale, producing 20 tons of green fodder per acre; Fox oat; Spitz, with its 100 bushels of grain and 4 tons of hay per acre; Billion Dollar Grass, etc.

Salzer's Grass Mixtures. Yielding 4 tons of magnificent hay and an endless amount of pasture on any farm in America. Bromus Inermis—6 tons of Hay per Acre. The great grass of the century, growing wherever soil is found. Our great catalogue, worth \$100 to any wide awake American grower of farm or pasture, is mailed to you with many farm seed samples, upon receipt of 10c to cents postage. See Catalogue about cents for postage.

JOHN A. SALZER SEED COMPANY, La Crosse, Wis.

BEST FOR THE BOWELS

Cascarets

CANDY CATHARTIC. THEY WORK WHILE YOU SLEEP. 25c 50c ALL DRUGGISTS.

taste good. Eat them like candy. They remove any bad taste in the mouth, leaving the breath sweet and perfumed. It is especially to take them, and they are liked especially by children.

sweeten the stomach by cleansing the mouth, throat and food channel. That means they stop undigested food from souring in the stomach, prevent gas forming in the bowels, and kill disease germs of any kind that breed and feed in the entire system.

are purely vegetable and contain no mercurial or other mineral poison. They consist of the latest discoveries in medicine, and form a combination of remedies un-equaled to make the blood pure and rich and make clean skin and beautiful complexion.

tone the stomach and bowels and stir up the lazy liver. They do not merely soften the stools and cause their discharge, but strengthen the bowels and put them into lively, healthy condition, making their action natural.

never grip nor gripe. They act quietly, positively and never cause any kind of uncomfortable feeling. Taken regularly they make the liver act regularly and naturally as it should. They keep the sewerage of the body properly moving and keep the system clean. Increase the flow of milk in nursing mothers. If the mother eats a tablet, it makes her milk mildly purgative and has a mild but certain effect on the baby. In this way they are the only safe laxative for the nursing infant.

taken patiently, persistently, will cure any form of constipation, no matter how old or how stubborn other remedies have failed. They are absolutely guaranteed to cure any case, or purchase money will be cheerfully refunded. cost 10c, 25c, 50c a box. Samples sent free for the asking. We publish no testimonials but sell Cascarets on their merit under absolute guarantee to cure. Buy and try a box to-day, or write us for free sample and booklet. Address: STERLING REMEDY CO., CHICAGO or NEW YORK.

\$100 REWARD

will be paid to any reader of this paper who will report to us any attempt of substitution, or sale of "something just as good" when Cascarets are called for, and furnish evidence upon which we can convict. All correspondence confidential.

ABSOLUTE SECURITY.

Carter's Little Liver Pills.

Genuine. Must Bear Signature of *Aunt Wood*

See Fac-Simile Wrapper Below.

Very small and so easy to take as sugar.

CARTER'S LITTLE LIVER PILLS. FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

Price 25 Cents. Purely Vegetable. *Aunt Wood* CURE SICK HEADACHE.

JOHN POOLE, Portland, Oregon, Food of Morrison Street.

Can give you the best bargains in Engines, Plows, Boilers and Engines, Windmills and Pumps and General Machinery. See us before buying.



BIG MONEY FOR AGENTS

Selling my goods under new plan. A trial article that sells on its merit. Write quick for particulars and exclusive territory. Lock Box 606, Portland, Or.