

### Impaired Digestion

It is not all that is meant by *digestion* that it will be neglected. It is the business after eating, fits of nervousness, sourness of the stomach, and a belching may not be very bad but they will be if the stomach is not to grow weaker.

### Food's Sarsaparilla

It strengthens the whole digestive system. The tendency to it should be given attention. This is completely overcome by Food's Sarsaparilla.

### The Worm Turned

Dr. Hartman (to patient from Waylock) did you ever take gas before? Patient—Look here, smarty! That's gone far enough. You bin'g' to that fresh hotel clerk, ayout?

### A Good Way to Begin 1907

Begin the system, purify the blood and regulate the liver, kidneys, stomach and bowels. Use the Herb medicine, Garfield Tea, for the health and happiness for the New Year.

### Need Going After

Do you believe that all things go to him who waits? "No," replied the hustler, decidedly. Pretty nearly everything that can be done doesn't come to him who waits, but the things worth having go to him who gets up and humps his heels. —Chicago News.

### Former White House Mistress

Residing in Washington at present are three former mistresses of the White House—Mrs. Letitia Tyler, daughter of President Tyler; Mrs. Harriet Lane Johnson, niece of James Buchanan, and Mrs. Eliza Grant.

### Wish All a Happy New Year

The happiness that comes with good health is to all who use "Sarsaparilla." This Herb medicine, Garfield Tea, purify the blood and regulate the liver, kidneys, stomach and bowels.

### Sounded Familiar

"You stretch! You miscreant! You worst of all villains!" exclaimed the heroine at rehearsal. The heavy villain, who had just read the company, look patiently aggrieved, and said: "Excuse me; is that in the part, or are you acting a stage manager?" — Washington Star.

### A Rap at Kipling

A London writer, annoyed by having to search for the sense in Kipling's latest verses, declares that the "poem" seems to be "an attempt to translate four intelligible lines of prose into fourteen unintelligible lines of verse."

### DEAFNESS CANNOT BE CURED

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian tube. When this tube gets inflamed you have a roaring sound or a buzzing in the ear, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surfaces.

### A Dinner Dance

Mrs. Swell—Do you know where Mr. Dancer is, Mr. Brown? We want him to complete a set. Mr. Brown—When I saw him a moment ago, Mrs. Swell, he said that he was headed for the free lunch counter—that is, for the banquet hall. May I call him for you, Mrs. Swell?

### The Oldest and Best.

S. S. S. is a combination of roots and herbs of great curative powers, and when taken into the circulation searches out and removes all manner of poisons from the blood, without the least shock or harm to the system. On the contrary, the general health begins to improve from the first dose, for S. S. S. is not only a blood purifier, but an excellent tonic, and strengthens and builds up the constitution while purging the blood of impurities. S. S. S. cures all diseases of a blood poison origin, Cancer, Scrofula, Rheumatism, Chronic Sores and Ulcers, Eczema, Psoriasis, Salt Rheum, Herpes and similar troubles, and is an infallible cure and the only antidote for that most horrible disease, Contagious Blood Poison.

A record of nearly fifty years of successful cures is a record to be proud of. S. S. S. is more popular today than ever. It numbers its friends by the thousands. Our medical correspondence is larger than ever in the history of the medicine. Many write to thank us for the great good S. S. S. has done them, while others are seeking advice about their cases. All letters receive prompt and careful attention. Our physicians have made a life-long study of Blood and Skin Diseases, and better understand such cases than the ordinary practitioner who makes a specialty of no one disease.

We are doing great good to suffering humanity through our consulting department, and invite you to write us if you have any blood or skin trouble. We make no charge whatever for this service. THE SWIFT SPECIFIC CO., ATLANTA, GA.

### How Many There Were

"Oh, mamma!" exclaimed little Johnny, as he rushed into the house, "there are 200 dogs in our back yard." "Are you sure that there are that many?" asked his mother. "Well," replied Johnny, "there is our dog and another one, anyway."

### The Union Idea

"Did you tip him off to the plot?" "Sure," answered the confidence man. "Why?" "He's a non-union safe-blower."

### Objected to Insects as Food

Little Edith had never seen a lobster before, and when dining at the home of a playmate she was offered a portion, she politely replied: "No, thank you, I never eat grasshopper."

### Municipality Owns Utilities

The municipality of Geneva manufactures its own gas, owns water works and furnishes electric light and power to the city. The electric power is obtained from the Rhone, on which river the council has established an elaborate turbine system.

### Money for Her

Mr. Gill—I dreamt the other night that I was going around in rags. Fortune Teller—Ah! that means money! Mr. Gill—Does it really, madam? Fortune Teller—Yes indeed. One dollar, please.—Philadelphia Press.

### FITS

Permanently Cured. Fits are prevented since the use of Dr. J. C. Smith's Great Nerve Restorer. Sold by F. H. C. Co., 1000 Chestnut St., Philadelphia, Pa.

### Truthful in Some Things

Brown—It's curious about people's beliefs. They will give entire credence to the most absurd things, and put no faith whatever in the most obvious truths. Black—Yes, I've noticed it. There's Green, now. He hasn't the least confidence in hash; but he'll eat all the croquettes and mince pie that you can set before him.—Boston Transcript.

### A Christmas Dinner That Was Not Eaten

Because of indigestion, this sorry tale would not have been told if the system had been regulated and the digestion perfected by the use of Nature's remedy, Garfield Tea. This wonderful Herb medicine cures all forms of stomach, liver and bowel derangements, cleanses the system, purifies the blood and lays the foundation for long life and continued good health. Garfield Tea is equally good for young and old.

### Jungle Talk

"Hello! Where are you going?" cried the lion as the fleet footed stag dashed by him. "Oh, I'm just traveling for my health," panted the stag. "Why do you ask?" "My friend the tiger invited me to participate in a stag dinner party today, and I was wondering if you were the party."

### Automatic Locomotive Stoker

An automatic locomotive stoker has made its appearance on the Panhandle and it bids fair to make the fireman's position a sinecure. Despite the fact that the contrivance is said to be proving a success, there is no talk of doing without the services of firemen, who will be expected to take more part in the running of the engines, provided the fuel is taken care of.

### Harper

Author—There! I've finished that novel in three weeks, and now I must not be interrupted for six months. His Wife—What are you going to do now? Author—I'm going to write a short story.—Harper's Bazar.

### A Gentle Little Knock

"Ah, yes!" sighed the young poet, "when I'm dead I suppose the people who neglect me now will be making pilgrimages to my grave." "Why?" she asked—"to make sure that the news is not too good to be true?"—Chicago Record Herald.

### Goat Herds and No Forests

Greece pays dearly for her goats. They are everywhere, and wherever they are young trees can not grow, says the Forest Leaves. The holm oak, for example, if left to itself attains a height of thirty or forty feet; but it is usually kept down by the goats to the dimensions of a shrub, at the top of which they continually gnaw.

### The Most Suitable Present

For an Oregonian is An Allesina Rust-Proof Umbrella. At Our New Store, 286 Washington Street, The Largest Exclusive Umbrella Emporium West of Chicago.

### They Knew

Dashaway—Did you tell the Brindleys that I was going to call there last night? Cleverton—Yes. How did you know? Dashaway—The wedding present I gave them was in the front parlor.—Town and Country.

### Dealing in Mouse Whiskers

The business done in mouse whiskers is considerable this year, for they are used in the making of the wonderful new fly for fishermen—the new gray gnat. And they are expensive—nearly two cents a whisker. Trout rise very much better at mouse whisker flies than at the same "gnat" dressed in jungle-cock hackles, which look very much like them.

### A Lesson in Washing

Pliny the Great could see things in front of his nose as well as afar off. "I notice that the women rub the washing in cold water," he wrote one day. "Let them heat the water, and the alkali in the soap will be freed and take far better effect." And only after that did women know how to wash.

### Before They Ripen

Sue Brett—Where did you spend your vacation? Ham Lett—In the country. Sue Brett—Have a good time? Ham Lett—Sure. It was a genuine pleasure to find a place where there were only fresh eggs.—Chicago News.

### Women in Tobacco Factories

There are twenty tobacco factories in France—three in Paris and the others in the large cities. In 1899 they employed 17,184 hands, 15,732 of whom were women and girls. Besides these there are 714 persons employed as directors, overseers, foremen, etc.

### A Lawyer's Witty Reply

The Green Bag tells of a lawyer who was about to furnish a bill of costs. "I hope," said the client, who was a baker, "that you will make it as light as possible." "Ah," said the lawyer, "you might perhaps say that to the foreman of your establishment, but that is not the way I make my bread."

## SISTERS OF CHARITY

### Use Pe-ru-na for Coughs, Colds, Grip and Catarrh

#### A Congressman's Letter.



Dr. Hartman receives many letters from Catholic Sisters all over the United States. A recommendation recently received from a Catholic institution in Detroit, Mich., reads as follows:

Detroit, Mich., Oct. 8, 1901.  
Dr. S. B. Hartman, Columbus, Ohio:  
Dear Sir—The young girl who used the Peruna was suffering from laryngitis, and loss of voice. The result of the treatment was most satisfactory. She found great relief, and after further use of the medicine we hope to be able to say she is entirely cured.

This young girl was under the care of the Sisters of Charity and used Peruna for catarrh of the throat, with good results, as the above letter testifies.

## SISTERS OF CHARITY

All Over United States Use Pe-ru-na for Catarrh.

From a Catholic institution in Ohio comes the following recommendation from the Sister Superior:

"Some years ago a friend of our institution recommended to us Dr. Hartman's Peruna as an excellent remedy for the influenza of which we then had several cases which threatened to be of a serious character.

"We began to use it and experienced such wonderful results that since then Peruna has become our favorite medicine for influenza, catarrh, cold, cough and bronchitis."

SISTER SUPERIOR.  
Dr. Hartman, one of the best known physicians and surgeons in the United States, was the first to formulate Peruna. It was through his genius and perseverance that it was introduced to the medical profession

### The Boy Could Direct Her

Lady—Little boy, can you direct me to Blank's shoe store? Small Boy—Yes'm. You go right down this street till you come to a drug store.

Lady—Yes; and then— Small Boy—Then you go in the drug store and look in the directory.

### Commonplace

"Some people seem to think he's a genius." "Oh! he can't be. He's too methodical."

"Is he, really?" "Very. Somebody gave him a silver match safe over a month ago, and he still keeps his matches in it." —Philadelphia Press.

### The Proof

Then the defiant militant spirit took possession of the devoted missionary. You think I'm a pudding!" he cried. "I'll show you I am not!" The proof of the pudding is in the eating!" rejoined the savage darkly. —Detroit Free Press.

### He Would Enjoy It

"Did your father use to whip you when you was a boy?" asked the youngster who had been chastised. "Did he?" repeated the old gentleman, reflectively. "In those days parents were made of sterner stuff, and he used to whale me with a strap."

The boy's eyes brightened instantly. "Golly!" he cried. "I'd like to see him do it now." —Chicago Post.

# APPENDICITIS



that dreadful fiend that threatens the life of rich and poor, can attack and kill only those whose bowels are not kept thoroughly cleaned out, purified and disinfected the year round. One whose liver is dead, whose bowels and stomach are full of half decayed food, whose whole body is unclean inside, is a quick and ready victim of appendicitis.

If you want to be safe against the scourge, keep in good health all the time, KEEP CLEAN INSIDE! Use the only tonic laxative, that will make your bowels strong and healthy, and keep them pure and clean, protected against appendicitis and ALL EPIDEMIC DISEASES. It's CAS-CARETS, that will keep and save you. Take them regularly and you will find that all diseases are absolutely

## PREVENTED BY Cascarets LIVER TONIC

10c. 25c. 50c. ALL DRUGGISTS. BEST FOR THE BOWELS NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CAS-CARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice: start with CAS-CARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE: Five years ago the first box of CAS-CARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CAS-CARETS absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions to cure or money refunded, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you—start today. Health will quickly follow your purchase. You will bless the day you first started the use of CAS-CARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.

### DO YOU WORK IN THE WET?

THE ORIGINAL TOWER'S FISH BRAND OILED CLOTHING. BLACK or YELLOW.

SURE PROTECTION AND MADE FOR SERVICE. CATALOGUES FREE. SHOWING FULL LINE OF GARMENTS AND HATS. A. J. TOWER CO. BOSTON, MASS. 42

### PISO'S CURE FOR CONSUMPTION

WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in Time. Sold by Druggists.