

## The Small of the Back

That is where some people feel weak all the time. They are likely to be despondent and it is not unusual to find them borrowing trouble as if they hadn't enough already.

The fact is their kidneys are weak, either naturally or because of sickness, exposure, worry or other influences.

"I am thankful to say," writes J. L. Campbell, of Syracuse, Ill., "that Hood's Sarsaparilla has cured me. For many years I was troubled with backache. At times I was so bad I had to be helped from the bed or chair. I am now well and strong and free from pain. What this great medicine did for him it has done for others."

**Hood's Sarsaparilla**  
Promises to cure and keeps the promise. Begin treatment with Hood's today.

**His Experience.**  
"Suspense," sighed the condemned man. "Ah, my young friend; you don't know what moments of torture are."

"Oh, yes I do," interposed the calm youth. "I have often sat quietly with only a dime in my pocket while my best girl leisurely perused the menu of a French cafe."—Chicago News.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought  
Bears the Signature of *W. L. Chas. H. Fletcher*

**A Genuine Surprise.**  
Her Mother—I saw him kiss you! I am terribly shocked. I did not imagine for a moment he would dare take such a liberty.

Herself—Nor did I, ma. In fact, I let him a pair of gloves he daren't! Brooklyn, N. Y., Oct. 26.—After investigating Garfield Tea, which is quite universally acknowledged to be the best family remedy, it is not difficult to explain its success—it is the medicine for GOOD RESULTS. It is manufactured here by the Garfield Tea Co. in their new and attractive laboratory and is made wholly from simple, pure and health giving HERBS. Garfield Tea is the ORIGINAL herb cure for constipation and sick headache.

**Where He Was.**  
A little four year old occupied an upper berth in a sleeping car. Awakening once in the middle of the night, his mother asked him if he knew where he was.

"Toussie I do," he replied, "I'm in the top drawer."

**FITS** Permanently Cured. (See the advertisement after first day's use of the Kilm's Great Nerve Restorer. Read for FURTHER DETAILS and testimonials. The K. H. Kilm Co., 101 Arch St., Philadelphia, Pa.)

**Helpful Hints.**  
"Are you the man who used to write articles about 'How to live on Ten Dollars a Week?'" asked the caller of the pale gentleman with the bulging brow.

"I am he," responded the pale gentleman.

"Well, say, won't you give us one on 'How to Build a Thousand Dollar Cottage on Five Thousand Dollars?'"—Baltimore American.

**A Disagreeable Characteristic.**  
Katharine—I detest that Mr. Tiff-Barton.  
Margaret—Why, Katharine?  
"Oh, he's the kind of man who always calls when you are expecting somebody else who doesn't come."—Life.

**Smith's Handicap.**  
Rev. Dr. Thirly—I wish to announce brethren and sisters, that next Sunday my place in this pulpit will be occupied by the Rev. Mr. Smith. We will now sing three verses of hymn No. 196, "That Awful Day Will Surely Come."

**Caller II II II.**  
Mistress—Jane, have you ever been second girl before?  
Jane—No mum; allus cook.

Mistress—Then, when a caller comes you take the card, show the lady into the reception room and bring the card to me. I will then tell you what to do.

Next afternoon, Jane appearing at the door of her mistress's sitting room—Caller down stairs in the hall.  
Mistress—In the hall? Why didn't you show her into the reception room?  
Jane—She didn't have no ticket.

**Schools in Porto Rico.**  
The expense of maintaining schools in Porto Rico is very high if we consider the amount spent for the small number of pupils enrolled. Education, however, is always essential to success. In our country the people are being educated to the fact that there is a sure cure for indigestion, dyspepsia, constipation, nervousness and malaria, fever and ague, and that medicine is **WILLIAMS' PINK PILLS**. Try it. Our Private Dispensary is over the neck of the bottle.

**Those Low Characters.**  
Greene—That fellow in the short coat was a wonderfully fluent talker.

Gray—Yes, I was wondering whether he was a labor agitator or only just a prizefighter.—Boston Transcript.

There is more Castoria in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors prescribed it as a local disease, and prescribed local remedies, and by constantly poisoning the system with local treatments, pronounced it incurable. Science has proven Castoria to be a constitutional cure, and the only one. It is a constitutional cure, and the only one. It is a constitutional cure, and the only one. It is a constitutional cure, and the only one.

**Bitter Experience.**  
Mrs. Rasin Kane—Oh! Rasin; there's the wedding march. Do you remember when we marched up the aisle to it ten years ago?

Mr. Rasin Kane—Yes, and I have been marching ever since.

**Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.**

**Expert Testimony.**  
"Jenkins has just wrote a book on 'How to Succeed.'"  
"I wonder if it will be a success."  
"It ought to be, Jenkins has failed at everything else."

**Piso's Cure for Consumption** is an infallible medicine for coughs and colds.—N. W. SAMUEL, Ocean Grove, N. J., Feb. 17, 1906.

**Very Probable.**  
Teacher—What led Columbus to conclude the world was round.

Bright Boy—Well, his experience with it proved that it was anything but square.—Boston Transcript.

## TEACHERS' TROUBLES

**A TRYING OCCUPATION FOR WOMEN WITH DELICATE NERVES.**

**The Hard Work Entailed by the Charge of a School Room Often Causes the Health to Break Down.**

From the Tribune, Minneapolis, Minn.

Teaching school is an occupation which has many attractions for cultured women, but it also has many drawbacks and often affects their health seriously. Especially is this so in the case of women with delicate nervous systems and those with a tendency to pulmonary troubles. Miss Mary K. Powers, of Ellsworth, Wis., is a teacher whose health was broken down by the hard work which the charge of a large school entails. She says:

"During the winter of 1898, while teaching school, I became subject to nervousness, which grew worse until my whole system was run down. My back ached and at times I was so dizzy that I could hardly stand. My limbs were swollen and always tired, so that I felt no more rested in the morning than when I went to bed. I was also troubled with a cough and the food I ate did not strengthen me. This condition, accompanied by palpitation of the heart, kept up for several months until in March, when I read about Dr. Williams' Pink Pills for Pale People in a Juneau, Wisconsin, newspaper.

"I began taking the pills and in about a week I noticed a change for the better. I felt so encouraged by this improvement that I kept on taking them until I had used three boxes, and was entirely cured. I always keep Pink Pills by me and I take them occasionally when I feel the need of a tonic.

"I believe firmly in the good done by Pink Pills for Pale People and have advised many of my friends to use them."

All the elements necessary to give new life and richness to the blood and restore shattered nerves are contained in a condensed form, in Dr. Williams' Pink Pills for Pale People. They are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of the grip, palpitation of the heart, pale and sallow complexion, and all forms of weakness. At all druggists, or direct from Dr. Williams Medicine Co., Schenectady, N. Y., 50 cents per box; six boxes \$2.50.

**Way They Played Partners.**  
"They had been married a year before anybody knew it, and even then their secret was discovered only by accident." "Indeed?" "Yes, one evening at a card party, they thoughtlessly played partners, and the way they quarreled let the whole thing out!"—Detroit Free Press.

**WANTED** Every man, woman and child suffering with colds, catarrhs, or any mucous or consumptive to write us. American Lung Balm Pad Co., Chattanooga, Tenn.

**A Pekin Musical.**  
From the pagoda of the late Prince Li Sum Whot we heard strains of strange and weird music.

Turning to the guide we asked: "What causes that peculiar melody?" "Why," he explained, "that is one of our soldiers playing on his loot."—Baltimore American.

## WOMAN AND PEDDLER

**SHE TRIED TO EXPLAIN, BUT SAW NO OPENING.**

He Was a Good Talker, but Could Not Convince the Woman of the House that His Goods Were of Any Practical Use to Her.

"Good morning, madam. May I ask if you are troubled with rats about your premises?" said the man at the door, unslinging his pack.

"We're nearly worried to death with them," replied the woman of the house. "I am not surprised to hear it," he rejoined, opening his pack. "False delicacy prompts many persons to answer that question in the negative. The rat, like the human race, exists. There is no home, however so well defended, but some live rats are there. Doggerel, madame, being a slight variation of an effort by the late Mr. Longfellow, but applicable to the case. The rat may serve some good purpose, but it doesn't fit in with the general scheme of civilization, and mankind does well to use all honorable means to exterminate it."

Here he took out a curious piece of mechanism, made chiefly of wood and wire. "Chief among the agencies for the extermination of this universal pest," he resumed, "is the invention I shall now have the honor to show you."

"Why, it is—"  
"You are right, ma'am. It is. It's a rat trap. Not one of the wretchedly inefficient things commonly dignified by that title, but a trap constructed on scientific principles. It takes advantage of a well-known weakness of rat nature, which heretofore has never been—"  
"Yes, but we've—"  
"Pardon me. I was about to say that this trap approaches the rat on its weak side. A rat, madame, has two of the characteristics of the average human being—vanity and curiosity. Advantage has never been taken of this fact heretofore for commercial purposes, if I may so express it. The operation of this device is exceedingly simple. Here is where you place the bait, preferably a bit of cheese, although anything savory and toothsome will answer the purpose—"

"We've got—"  
"Plenty of cheese, doubtless, you would say. It is well. Having placed the bait in position, you press back the spring in this way, and set the trap in a casual manner near the place where the rat usually emerges from its retirement. Not too close, remember. The rat is a suspicious animal, and seems to be gifted with a detective instinct—which is more than can be said of the ordinary detective. When a rat comes forth he inspects the trap from a safe distance. Here is where you observe the strong point of this trap. Do you notice this mirror, cunningly set at an upright angle in the rear of the bait? Filled with curiosity, or it may be vanity—for who shall fathom the depths of a rat's mind?—the doomed animal, seeing his reflection in the mirror, advances toward the trap. The rat in the mirror seems to come to meet him. Then the bait attracts his attention. He seizes it, and the spring, released from its tension, at once—"

"Say, now, there isn't a bit of use in your talking to me. We've had a trap exactly like that one in the house for the last three weeks, and—"  
"Do you mean to say, ma'am, that—"  
"Yes, sir, I do. We've tried that trap and it's no good. I wouldn't take one as a gift."

"Madame," he said, laughingly, and with the tone of an injured man, as he put away the trap, shouldered his bundle again and backed down the steps. "Why didn't you say so?"

**RECENT INVENTIONS.**  
Bottles and cans can be thoroughly cleaned by a new utensil, which is formed of a hollow metal handle, carrying two spring tubes, at the end of which are fitted bulbs of soft, porous material to scrub the bottle as water is admitted through the handle.

The cutting edge of a pair of shears are held tightly together by a new attachment, which is formed of a spring plate attached to one of the blades to press a pin through one blade to the inner surface of the other, back of the pivot on which the blades swing.

Cyclists will appreciate a newly designed riding recorder consisting of a calendar, with spaces beside each day for the number of trips and distance ridden, a series of disks being also provided to be set at the number of miles indicated on the cyclometer at the beginning of each trip.

A Michigan man has invented a high explosive shell, which may be fired from ordinary cannon, the inner shell containing the explosive being protected from concussion at the rear by a vacuum cell. A firing pin is placed in the point of the outer shell to slide inward and explode the shell as soon as it strikes.

**Mrs. Botha's Discreetness.**  
Mrs. Louis Botha, wife of the Boer commandant general, vindicates women against the aspersion that they cannot keep a secret. The most experienced diplomatist was never more discreet than this lady. During her stay in London she was besieged by interviewers and bombarded with letters. But not a soul had the least idea of what was passing through her mind. And she has enjoyed shopping in Regent street as if she had not a care in the world.

There's always a blip betwixt the sidewalk and the ship.

## FARM MACHINERY AND SUPPLIES.

**THE STAR OF STARS STEEL STAR WIND MILL.**

Has ball bearing in turn-table. Turns freely to the wind. Ball bearings thrust in wheel, insuring greatest amount of power for pumping. Valved after making. Put together with galvanized bolts, double-shouldered; no part can rust or get loose and rattle. Weight regulator; perfect regulation. No spring to change tension with every change of temperature, and grow weaker with age. Repairs always on hand. These things are worth money to you. Then why not buy a STAR?

**MITCHELL, LEWIS & STAYER CO.**  
PORTLAND, OREGON.

**CLAIM FOR PENSION**  
BICKFORD, Washington, D. C., they will receive quick replies. R. 5th N. H. Vols. Staff 20th Corps. Prosecuting claims since 1875.

**NOTHING SO GOOD FOR CHICKENS AS THE PRUSSIAN POULTRY FOOD**  
It makes Hens Lay and keeps them Laying. It cures Roup, Cholera and All Diseases. It strengthens young chicks, and makes them grow. Price 25c and 50c. By young chickens commenced dying, and after eating four doses I purchased a package of your PRUSSIAN POULTRY FOOD, which stopped them from dying and I have constantly kept it on hand ever since. I can recommend it as just what is needed in raising poultry. C. E. RIGGINS, Litch, Wash.

**Proof.**  
"My sister likes you," said little Willie, shyly.  
"O, does she, Willie?" exclaimed Mr. Swellheaded, with interest.  
"Here's a nickel, Willie; now, tell me how you know she likes me, before she comes in."  
"Well," said Willie, convulsively.  
"I heard her say you wuz the greenest thing she ever saw, an' green is her favorite color."—Ohio State Journal.

**Block Houses to Defend Railroads.**  
A series of block houses are being built to defend the railway lines in South Africa. When the order to build these block houses was given by General Kitchener, a chain of them 180 miles in length was completed in a fortnight.

**Trifling that Costs.**  
Neglect  
**Sciatica and Lumbago**  
And you may be disabled and incapacitated for work for many long days.

**St. Jacobs Oil**  
Will cure surely, right away, and save time, money and suffering. It

**Conquers Pain**  
Price, 25c and 50c.  
BOLD BY ALL DEALERS IN MEDICINE.

**Summer Resolutions**  
**Take the Keeley Cure**  
Sure relief from liquor, opium and tobacco habits. Send for particulars.

Keeley Institute, Ave. Portland, Oregon.  
N. P. N. E. No. 45-1901.  
WHEN writing to advertisers please mention this paper.

## SCHOOLS AND COLLEGES.

**JOHN POOLE, Portland, Oregon,**  
Foot of Morrison Street.  
Can give you the best bargains in Engines, Pumps, Boilers and Engines, Win mills and Pumps and General Machinery. See us before buying.

**BISHOP SCOTT ACADEMY**  
FOUNDED 1876  
A HOME SCHOOL FOR BOYS  
MILITARY AND MANUAL TRAINING  
C. A. NEWELL, PRINCIPAL

**...Columbia University...**  
Academic and Collegiate Halls.  
COURSES—Classical, Literary, Scientific and Commercial. For particulars apply to  
REV. E. P. MURPHY, President,  
University Park, Portland, Oregon.

**Prussian Poultry Food**  
It makes Hens Lay and keeps them Laying. It cures Roup, Cholera and All Diseases. It strengthens young chicks, and makes them grow. Price 25c and 50c. By young chickens commenced dying, and after eating four doses I purchased a package of your PRUSSIAN POULTRY FOOD, which stopped them from dying and I have constantly kept it on hand ever since. I can recommend it as just what is needed in raising poultry. C. E. RIGGINS, Litch, Wash.

**Points for Souvenir Collectors**  
Souvenir collectors will be interested to learn that 100 large tables, six dozen chairs, twelve dozen work boxes, 11 desks, 24 dozen knife handles, 24 dozen cigar cases, 100 dozen umbrella handles and over 10,000 pen holders have so far been made out of the only original surrender tree of Santiago, and the tree is nearly all there still.—New York World.

**A Coincidence.**  
"I suppose it is merely a coincidence," said the young man who is anxious to learn.  
"What is?" inquired the experienced friend.  
"The fact that the most sensational reformers have been men who were so rich they didn't need any more money, or so poor that they had lost hope of getting any."—Washington Star.

**Evidence.**  
Struggling minister—There was a stranger in church today.  
His Wife—Well, what did he look like?  
Struggling Minister—I did not see him, but I found a five-shilling piece in the contribution box.—Cassells Journal.

**Unexplained.**  
Author—What do you think of my article in the Graphic?  
Critic—It was a remarkable production. One thing about it, I thought was particularly wonderful.  
Author—What was that?  
Critic—That the Graphic ever published it.

**Summer Resolutions**  
**Take the Keeley Cure**  
Sure relief from liquor, opium and tobacco habits. Send for particulars.

Keeley Institute, Ave. Portland, Oregon.  
N. P. N. E. No. 45-1901.  
WHEN writing to advertisers please mention this paper.

**Best for the Bowels**  
**Cascarets**  
CANDY CATHARTIC  
THEY WORK WHILE YOU SLEEP  
25c 50c  
ALL DRUGGISTS.

taste good. Eat them like candy. They remove any bad taste in the mouth, leaving the breath sweet and perfumed. It is a pleasure to take them, and they are liked especially by children.

sweeten the stomach by cleansing the mouth, throat and food channel. That means, they stop undigested food from souring in the stomach, prevent gas forming in the bowels, and kill disease germs of any kind that breed and feed in the entire system.

are purely vegetable and contain no mercury or other mineral poison. They consist of the latest discoveries in medicine, and form a combination of remedies unequalled to make the blood pure and rich and make clean skin and beautiful complexion.

tone the stomach and bowels and stir up the lax liver. They do not merely soften the stools and cause their discharge, but strengthen the bowels and put them into lively, healthy condition, making their action natural.

never grip nor gripe. They act quietly, positively and never cause any kind of uncomfortable feeling. Taken regularly they make the liver act regularly and naturally as it should. They keep the sewerage of the body properly moving and keep the system clean.

increase the flow of milk in nursing mothers. If the mother eats a tablet, it makes her milk mildly purgative and has a mild but certain effect on the baby. In this way they are the only safe laxative for the nursing infant.

taken patiently, persistently, will cure any form of constipation, no matter how old or how often other remedies have failed. They are absolutely guaranteed to cure any case, or purchase money will be cheerfully refunded.

cost 10c, 25c, 50c a box. Samples sent free for the asking. We publish no testimonials but sell Cascarets on their merit under absolute guarantee to cure. Buy and try a box to-day, or write us for free samples and booklet.

Address: STEWART KEELEY CO., CHICAGO or NEW YORK.

**\$100 REWARD** will be paid to any reader of this paper who will report to us any attempt of substitution, or sale of "something just as good" when Cascarets are called for, and furnish evidence upon which we can convict. All correspondence confidential.

# Syrup of Figs

IS AN EXCELLENT FAMILY LAXATIVE—  
(IT IS REFRESHING TO THE TASTE AND ACTS PLEASANTLY AND GENTLY.)  
IT ASSISTS ONE TO OVERCOME HABITUAL CONSTIPATION PERMANENTLY

With many millions of families Syrup of Figs has become the ideal home laxative. The combination is a simple and wholesome one, and the method of manufacture by the California Fig Syrup Company ensures that perfect purity and uniformity of product, which have commended it to the favorable consideration of the most eminent physicians and to the intelligent appreciation of all who are well informed in reference to medicinal agents.

Syrup of Figs has truly a laxative effect and acts gently without in any way disturbing the natural functions and with perfect freedom from any unpleasant after effects.

In the process of manufacturing, figs are used, as they are pleasant to the taste, but the medicinally laxative principles of the combination are obtained from plants known to act most beneficially on the system.

To get its beneficial effects—  
buy the genuine—Manufactured by

**California Fig Syrup Co.**  
Louisville, Ky. San Francisco, Cal. New York, N.Y.  
FOR SALE BY ALL DRUGGISTS PRICE 30¢ PER BOTTLE