



At this season the housekeeper must look specially after the baking powder.

As she cannot make good cake with bad eggs, no more can she make cake that is light, delicious and dainty with inferior baking powder.

Royal Baking Powder is indispensable for the preparation of the finest food. It imparts that peculiar lightness, sweetness and flavor noticed in the finest cake, biscuit, doughnuts, crusts, etc., which expert bakers say is unobtainable by the use of any other leavening agent.

The "Royal Baker and Pastry Cook" containing over 50 most practical and valuable cooking receipts—free to every patron. Send postal card with your full address.

There are cheap baking powders, made from alum, but they are exceedingly harmful to health. Their satiating and caustic qualities add a dangerous element to food.

ROYAL BAKING POWDER CO., 100 WILLIAM ST., NEW YORK.

NICKNAMES OF THE PEOPLE

Two States Have No Designating "Little" for Natives.

There may be some unaware of the fact that in most cases the nicknames of the inhabitants of the States are different from those of the States. Here are the sobriquets of the native population apart from the claim of State birth:

- Alabama—Yellowhammers.
- Arkansas—Toothpicks.
- California—Gold hunters.
- Colorado—Rovers.
- Connecticut—Nutmegs.
- Delaware—Muskies.
- Florida—Fly-up-the-creeks.
- Georgia—Crackers; also Buzzards.
- Illinois—Suckers.
- Indiana—Hoodlers, same as State.
- Iowa—Hayweeds, same as State.
- Kansas—Squatters (obsolete), Jayhawkers, Fressollers, and (derisively during the civil war) Redlegs; also, Grasshoppers and Sunflowers.
- Kentucky—Same as State, Bluegrass; sometimes Colonels.
- Louisiana—Creoles.
- Maine—Foxes.
- Maryland—Craw-thymbers.
- Massachusetts—Bay Staters and Blue Stockings.
- Michigan—Wolverines.
- Minnesota—Gophers.
- Mississippi—Tadpoles.
- Missouri—Pukes (strictly, Pikes).
- Montana—Bonanzas. (Not general).
- Nebraska—Pug-eaters. (From the invasion of locusts.)
- New Hampshire—Granite Boys.
- New Jersey—Jersey Blues, Spaniards, Crows, Clam-catchers.
- Nevada—Sage Hens.
- New York—Knickerbockers.
- North Carolina—Tar-heels, Tar-boilers, Buffaloes, Tuckers.
- North Dakota—Stouts.
- South Dakota—Coyotes.
- Ohio—Buckeyes.
- Oregon—Web-foot; Hard Cases.
- Pennsylvania—Pennamites; Leather-heads.
- Rhode Island—Gunflints (old).
- South Carolina—Wensels.
- Tennessee—Oce called Whelps; now seldom heard. The Indian name of the State is Curved Spoon.
- Texas—Beefheads.
- Utah—Once Brighamites and Mormons. Neither applies now, and the inhabitants have no nicknames.
- Virginia—Beadies. (Why?)
- Vermont—Green Mountain Boys.
- Washington—Chinooks.
- West Virginia—Panhandlers.
- Wisconsin—Badgers.

Apparently there are no nicknames of the States of Idaho or Wyoming, nor any for their inhabitants. At the time of their admission to statehood in 1890, both were called Centennial States. But that was because of the date of admission. The inhabitants of these two States doubtless have nicknames for themselves, and also for their States, but none appears in any of the authorities I have consulted. The same is true, no doubt, of Utah.

Kansas was the only territory that had a nickname before it was admitted to statehood.

INTERROGATING OFFICIALLY.

A Maine Witness Could Not Understand the Reason for It.

"When I was in Maine a week or two ago," said a commercial traveler, "I had occasion to visit a town near Bangor, and one morning, having an idle hour, strolled into the country courtroom, where I witnessed an amusing scene. The trial justice, a big pompous official, with a voice like a trombone, took it upon himself to examine a witness, a little withered old man, whose face was as red and wrinkled as a herring.

"What is your name?" asked the justice.

"Why, 'squire," said the astonished witness, "you know my name as well as I know your'n."

"Never you mind what I know or what I don't know," was the caution given, with magisterial severity. "I ask the question in my official capacity, and you're bound to answer it under oath."

"With a contemptuous snort the witness gave his name and the questioning proceeded.

"Where do you live?"

"Wal, I swum!" ejaculated the old man. "Why," he continued, appealing to the laughing listeners, "I've lived in this town all my life, and so's he," pointing to the justice, "an', begosh, to hear him go on you'd think—"

"Silence!" thundered the irate magistrate. "Answer my question or I'll fine you for contempt of court."

"Alarmed by the threat the witness named his place of residence and the examination went on.

"What is your occupation?"

"Hub!"

"What do you do for a living?"

"O git out, 'squire! Just as if you don't know that I tend gardens in the summer season and saw wood winters!"

"As a private citizen I know it, but as the court I am not supposed to know anything about you," explained the perspicacious justice.

"Wal, 'squire," remarked the puzzled witness, "if you know somethin' outside the courtroom and don't know nothin' in it, you'd better get out an' let somebody try this case that's got hoss sense."

"The advice may have been good, but it cost the witness \$10."—Washington Star.

Afterward.

She—How did you come to propose to me, Harry?

He—Um—er; I think I came in a street car. I didn't have the price of a cab.—Detroit Free Press.

Bathing Facilities.

Dr. Rohe of Baltimore, in statistics concerning eighteen American cities without public baths, showed that only 23 per cent of the residences were supplied with tubs.

Ready to Use.

Wife—"Why do you buy such a lot of stamps at once?"

Husband—"So there'll be a few that won't get stuck together."

What Will Be the Outcome of the quarrel between foreign powers over the division of China? It is interesting to watch the going to pieces of this ancient but unprogressive race. Many people in America are also going to pieces because of dyspepsia, constipation, blood, liver and stomach diseases. We are living too fast, but strength, vigor and good health can be retained if we keep off and cure the above diseases with Hostetter's Stomach Bitters.

Plenty of Time.

He—And now, darling, when do you think we would better announce our engagement?

She—Oh, there is no hurry, dear. Any time within the next 24 hours.—Harper's Bazar.

SAW DARK SPOTS

A Victim of Biliousness and Inflammatory Rheumatism Tells How He Became Free From Disease.

A recommendation that is not based upon experience is without value but in the following interview the reader will at once recognize the force of advice that is the result of personal knowledge.

Mr. Ned Yerkes Hawley is a traveling man whose home is at 1226 W. Boon Ave., Spokane, Wash. He has recently had an experience of more than general interest and in an interview with a representative of the Spokesman-Review, of Spokane, he said:

"In June, 1899, I became bilious and subject to dizzy spells. I had no appetite, my heart seemed to flutter at times and beat irregularly, and dark spots seemed to float before my eyes. This continued for about six months. During that time I was troubled with lameness in my back and pains over my kidneys. I was under a physician's care and he told me my trouble was biliousness and inflammatory rheumatism. I was in bed for over four weeks and did not seem to be getting any better.

"One day I saw an advertisement in which it was stated that a case similar to mine had been cured by Dr. Williams' Pink Pills for Pale People. I procured some of the pills and within two weeks the inflammatory rheumatism which had become very acute and caused me the most intense suffering, was entirely cured.

"You will therefore realize that I am a firm believer in Dr. Williams' Pink Pills. They cured me and I am so sure that they will prove equally valuable in other cases that I have recommended them to a great many people."

NED YERKES HAWLEY.

Dr. Williams' Pink Pills for Pale People are an unfailing specific for such diseases as locomotor ataxia, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, after-effects of the grip, palpitation of the heart, pale and sallow complexion and all forms of weakness either in male or female. Sold by all dealers, or sent direct from Dr. Williams' Medicine Co., Schenectady, N. Y., 50 cents per box, or six boxes for \$2.50.

Neglected His Business.

A Kansas City physician went in Southwest Missouri for a day's shooting, and on his return complained to his wife that he had killed nothing. "Hum—that's what you get," she volunteered, "for neglecting a day's business."—Kansas City Star.

YOU KNOW WHAT YOU ARE TAKING

When you take Groves' Tasteless Chilli Tonic, because the formula is plainly printed on every bottle showing that it is simply Iron and Quinine in a tasteless form. No Cure, No Pay, No Excuse.

Easily Adjusted.

"Pardon me," said the busy man to the insurance agent who had forced his way into the office, "but I am not prepared to talk to you today."

"Don't let that worry you," replied the insurance agent. "I'll do the talking."—Philadelphia Press.

In the spring take Garfield Tea.

This wonderful Herb Medicine purifies the blood and gives new and vigorous life to systems depleted by the trying winter season.

A Matter of Hearing.

Suburbanite—"You've got a new baby at your house, I hear."

Townite—"Great Scott! can you hear it away out there in the suburbs?"—Detroit Free Press.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. T. Ross, Rensselaer, N. Y., Feb. 17, 1900.

Avoiding the Rush.

Politician—"Tell me the best way to get out of politics."

Turn prohibitionist.

"Oh, that's very sudden; I want to get out gradually."—Smart Set.

The Best Prescription for Malaria

Chills and Fever is a bottle of Groves' Tasteless Chilli Tonic. It is simply iron and quinine in a tasteless form. No Cure, No Pay. Price 50c.

Just the Patient for Him.

Young Dr. Fresh—Here comes that Mrs. Towler. Positively there isn't the first thing that ails her.

Old Dr. Sage—Evidently you are just the man for her case.—Boston Transcript.

Now that the winter season is past, it is well to clean up the system and purify the blood with Garfield Tea—our Herb Medicine that brings good health.

Woman's Way.

"A woman usually thinks her husband perfect," said the young man.

"Yes," answered Sirius Barker. "He may be 'a perfect donkey' or 'a perfect bear'—but he's perfect."—Indianapolis Press.

Cartier's Ink

best for school, home and office. It costs no more than poor ink. Always ask for Cartier's.

UNITED STATES SENATOR ROACH

Says: Peruna has greatly helped me in strength, vigour and appetite.

Hon. W. J. Roach U. S. senator from North Dakota, in a letter written from Larimore, North Dakota, says:

In the first place, it should be noted that catarrh is one of the most prevalent and universal maladies known to medical science. Nearly everybody has catarrh in some degree or phase.

In the second place, it should be noted that Peruna is the only scientific, internal catarrh remedy yet devised.

This explains the almost universal use of Peruna. Everybody uses Peruna, high and low, rich and poor, great and small. Peruna has fought its way out from among the host of catarrh remedies, and stands unique and alone today as the catarrh remedy par excellence.

By its well-earned merits it has attracted the attention of the greatest and the best, and the wisest people. It is equally applicable to all ages, to both sexes, and to every climate.

Nothing in the history of medicine has ever equalled the growth of this remarkable remedy. Catarrh has become a national disease. Peruna has become a national remedy. Dr. Hartman, the inventor of Peruna, has become the best known physician in the United States.

All this is explained by the fact that Peruna cures catarrh wherever located. Catarrh is liable to attack any organ of the human body. Catarrh is not a local disease, but a systemic disease. Peruna is not a local remedy, but a systemic remedy. Peruna cures catarrh by eradicating it from the system.

Such cures are not temporary but permanent.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of the Hartman Sanitarium, Columbus, Ohio.

"Persuaded by a friend I have used Peruna as a tonic and am glad to testify that it has greatly helped me in strength, vigor and appetite. I have been advised by friends that it is remarkably efficacious as a cure for the almost universal complaint of catarrh."

glance at the history of Peruna.

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The explanation of this remarkable circumstance can only be found by a

Cultured.

"She's from Boston."

"I thought you told me you never saw her before this minute?"

"True, but I just now heard her call those mountains in Asia the Himalayas."—Judge.

TO CURE A COLD IN ONE DAY

Take Laxative Bromo-Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

World's Smallest Monarch.

Probably the smallest monarch in the world reigns over the Hindu vassal state of Bhopal, and governs a people more than a million souls. This dwarf is a woman, Pjhan-Begum by name, but although she is about 50 years old, she does not appear larger than a child of 10.

Explained.

The Wife—Who's this Mrs. Nation everybody is talking about?

The Brute—She's the woman in the picture papers whom Uncle Sam leads by the hand.

The Wife—Oh, yes—and her first name is Columbia, isn't it?

The Brute—Er—yes, of course. Say, can't you keep that child quiet?—Colorado Springs Gazette.

Deep Sea Communings.

"That's about as busy a piece of marine architecture," said the starfish, inspecting the hull of Noah's ark, "as ever plowed these waters."

"O, I don't know," replied the barnacle. "I'm a good deal stuck on it, myself."—Chicago Tribune.

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Danish Thrift.

Denmark leads the world for thriftiness. Her inhabitants have on an average \$50 in the savings banks.—N. Y. Sun.

OREGON BLOOD PURIFIER

It Sometimes Happens.

"Curse on him!" growled the hard-worked humorist.

"Curse on him! His wife gave him a letter to mail, and he mailed it!"

Gnashing his teeth and otherwise comporting himself with rage, the h. h. continued to hurl anathemas at the man who spoiled the joke.—Baltimore American.