Spring Humors of the Blood

Come to a large majority of people.

Probably 75 per cent. of these are cured every year by Hood's Sarsaparilla, and we hope by this advertisement to get the other 25 per cent. to take this great Spring Medicine.

It will sharpen your appetite, cure all stomach troubles, relieve that tired feeling.

Its strength as a blood purifier is demonstrated by its marvelous cures of

Scrofula	**Salt Rheum**
Scald Head	**Boils, Pimples**
All Kinds of Humor	**Psoriasis**
Blood Poisoning	**Rheumatism**
Catarrh	**Malaria, Etc.**

All of which are prevalent now.

HOOD'S Sarsaparilla

Will do you a wonderful amount of good. Be sure to get Hood's.

Prince to Stick Type.

Like all the male members of the royal house of Germany, the crown prince is about to learn a trade, which will probably be that of a compositor.

TO CURE A COLD IN ONE DAY

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Can't Take the Medicine.

Bobbs—Laughter is a cure for indigestion.

Dobbs—But a man can't laugh when he has dyspepsia.—Baltimore American.

By taking **GARFIELD TEA**, the danger of contracting la grip is lessened, for the system is cleansed, the blood purified and the digestion perfected by this great herb cure.

Buying Land in Sweden.

In Sweden they have a land arrangement of this kind: the former will give a tenant so many acres of ground, provided the tenant will give him so many days labor for so many years, the labor to be paid as wanted.

The Best Prescription for Malaria

Chills and Fever is a bottle of Grove's Tasteless Chill Tonic. It is simply iron and quinine in a tasteless form. No Cure, No Pay. Price 50c.

The Caspian Sea.

The Caspian sea is literally a great depression in the surface of the earth. It is 84 feet below the regular sea level. Besides this, its waters have very little salt in them, being almost fresh.

A NEW ACCOUNT BOOK

Of Particular Interest to Threshermen and Farmers.

Russell & Co., of Portland, Ore., the largest dealers in machinery on the Pacific Coast, have just issued at considerable expense a neat and very complete account book for up-to-date threshermen, etc. The books are for free distribution, and all people who want them should write immediately to Russell & Co., Portland, Ore.

Only Think They Are Thinking.

When some men think they are thinking, they are only killing time.—Chicago Daily News.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for **FREE $2.00** trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

Anti-Automobile Law.

Denver has an ordinance which prohibits operating an automobile at a speed greater than six miles an hour, and employs a mounted policeman to enforce it.

CATARRH

Catarrh has become such a common disease that a person entirely free from this disgusting complaint is seldom met with. It is customary to speak of Catarrh as nothing more serious than a bad cold, a simple inflammation of the nose and throat. It is, in fact, a complicated and very dangerous disease; if not at first, it very soon becomes so.

The blood is quickly contaminated by the foul secretions, and the poison through the general circulation is carried to all parts of the system.

Salves washes and sprays are unsatisfactory and disappointing, because they do not reach the seat of the trouble. S. S. S. does. It cleanses the blood of the poison and eliminates from the system all catarrhal secretions, and thus cures thoroughly and permanently the worst cases.

Mr. T. A. Williams, a leading dry-goods merchant of Spartanburg, S. C., writes: "For years I had a severe case of nasal Catarrh, with all the disagreeable effects which belong to that disease, and which make life painful and unendurable. I used medicines prescribed by leading physicians and suggested by numbers of friends, but without getting any better. I then began to take S. S. S. It had the desired effect, and cured me after taking eighteen bottles. In my opinion S. S. S. is the only medicine now in use that will effect a permanent cure of Catarrh."

SSS is the only purely vegetable blood purifier known, and the greatest of all blood medicines and tonics.

If you have Catarrh don't wait until it becomes deep-seated and chronic, but begin at once the use of S. S. S., and send for our book on Blood and Skin Diseases and write our physicians about your case.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

METALS USED IN JEWELRY.

Consumption of Gold and Silver in the Arts and Manufactures.

The director of the mint at Washington has for many years made an estimate of the amount of gold and silver consumed in this country in our industrial arts and manufactures, which estimate has been based upon the bullion supplied by the mints and assay offices, as well as the figures from private refineries and manufacturers to whom inquiry has been sent on this subject. For the last decade, however, experts have seriously questioned the estimates of the coin in circulation and coin consumed in the arts, as made by the bureau of the mint on these figures and on the table based on an elaborate investigation made in 1885. To remove all doubts on this subject and to accurately determine the consumption of gold and silver, both bars and coin, in the industrial arts in the United States, the director of the mint, last December, sent circulars to jewelers throughout the country, asking as a favor that the jewelers fill out the blank showing the amount of coin or bars, gold or silver, which they consumed either in their repair work or in manufacturing. The returns from these inquiries, though by no means complete, served to make much more accurate the figures on the consumption of gold and silver in the last report of the director of the mint, and an effort will now be made to obtain even fuller returns for the next report.

With this object in view a circular and blank, similar to that sent out last year, will be issued to all manufacturers using gold or silver, as well as to all jewelers, including those who do even the smallest of repair work, with the request that the recipients fill in the figures required. In doing this the jeweler may feel sure that his figures will never be used except in making a grand total and will be held strictly confidential by the treasury department. Among the reasons which it is believed caused persons in the past to hesitate in answering these inquiries was the fear that they had, in using up coin, inadvertently violated a statute and that an admission of this fact might be used against them. Such a fear, however, is absolutely without foundation, as there is no contention that the use of gold coin in manufactures is contrary to law.

The only object in asking for the information is to enable the treasury department to estimate as accurately as possible the money now on hand by determining the amount of United States coin lost annually by being melted up for manufacturing purposes. It is not claimed that any manufacturer is required by law to give the information, but, as there is no reason why he should not and every reason why he should, for the benefit of all it is confidently hoped that the responses from the jewelry trade to the department's new circular, will be as complete and satisfactory as the authorities of the mint can desire.

HOW MEN MAY WALK WELL.

There Is an Art in the Exercise tha Should Not Be Overlooked.

These suggestions for the benefit of pedestrians are made by a writer on hygienic matters: Not every man can be a good walker. There is no better exercise. Even slouchy walking is good, but it is easy to drop the slouch part and make the every day walking one of the best of health helpers. Every normal man does miles of walking each day, regardless of cars and carriages. Let him make his walking a little more careful, a little more thoughtful. No need to take an extra step unless the delight of it inspires the effort. Walk with the head up, chin down, shoulders back, abdominal muscles tense and ending each step with a toe tip. "Toe out" slightly, bend knees without a wabbly motion and avoid pounding the pavement with heels.

Carry head and shoulders steady without any side swaying. If unused to such effort it will require much thought at first to keep from lapsing into careless ways. After a few trials the ease, comfort and inspiration of such walk will encourage persistence. Breathe deeply, slowly and through the nose. Walk when you can, bearing in mind that perhaps "he who rides in a carriage rides toward his grave." Do not sit hunched up at a desk or a table. Hold the upper body as in walking. Bend at the hips and at the neck when necessary, but never hump the back and shoulders. Give the lungs room, keep them filled with new air and do not let the back bone curve either to the right or to the left. Sleeping on the right side is best. On the back is the snoring position. Take plenty of sleep; to rest in bed is the best of nerve tonics. Worries are sleep scarers.

Tit for Tat.

Here is a good story they are telling in Europe about the German emperor: The kaiser, at a recent review in Berlin, reprimanded old General von Meerscheidt for losing his mind at a critical moment. "If your majesty thinks that I am getting too old, I beg of you to allow me to resign." "No, no," replied the kaiser, "you are too young to resign. Indeed, if your blood didn't course through your veins quite so fast you would be a more useful army leader." On the evening of that day the kaiser and the general met at a court ball. The general was talking to some young ladies. "Ah, Meerscheidt," cried William, "that is right; get ready to marry. Take a young wife, then that excitable temperament of yours will soon vanish." The general bowed low as he retorted: "I beg to be excused, your majesty! A young emperor and a young wife would be more than I could possible stand."—Philadelphia Telegram.

Cost of Paris Police.

The cost of the police force of Paris grows steadily year by year. In 1872 it was $4,031,725 of which $2,237,300 was paid by the city and the rest by the government; in 1885, $4,961,300; in 18.., $6,348,170.

A Strong Man's Secret.

One of the strongest men recently stated that the secret of his wonderful power was perfect digestion. Hostetter's Stomach Bitters makes digestion perfect, and cures all complaints arising from a weak stomach, such as indigestion, biliousness and all liver and kidney ailments. As a blood purifier and nerve tonic it is marvelous. It is recommended by physicians, and sold by every druggist in the country. Try it also for malaria fever, and ague.

Young Lady Bell Ringers.

Six young ladies have learned the art of bell ringing in the village of Bradfield, England. They "rang in" 1901 at the church.

Stops the Cough and Works Off the Cold.

Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

Profits of a Convict Mine.

The Tennessee convict coal min is a paying institution. The profits in the last six months will amount to more than $100,000.

Strike a Success.

Cahill—Was the strike a success?

Cassidy—It was. After being out six weeks we succeeded in gittin' back our jobs.—Puck.

IN BED FOR YEARS

DECLARED A HOPELESS INVALID BY LEARNED PHYSICIANS.

Restored to Perfect Health and Strength by Dr. Williams' Pink Pills for Pale People—A Most Wonderful Cure.

From the Press, Grand Rapids, Mich.

Of the many remarkable cases which have recently occupied the attention of the medical world and of the public at large, none more strikingly illustrates the wonderful power of Dr. Williams' Pink Pills for Pale People than the recovery of Mrs. Jennie Tuttle, who, after two years' confinement to her bed, was restored to perfect health and strength. Mrs. Tuttle, who lives at the corner of Fulton and Market streets, Grand Rapids, Mich., tells the following story:

"I had been flat on my back in bed for two years and the doctors had given me up as a hopeless case. They had resorted to every remedy known to the profession and had even subjected me to the tortures of five surgical operations. My trouble was due to change of life and I grew weaker and weaker until I became helpless and unable to leave my bed. A nurse and four physicians attended me.

"One box of Dr. Williams' Pink Pills for Pale People gave me great relief and after using them for three months I was a well woman, having been able to leave my bed the sixth week after commencing the treatment. I can state that the cure was complete and permanent as it is now three years since I used them.

"I have recommended the pills to several of my relatives. My mother-in-law, who is 72 years old, took them for general debility, and they soon produced a very marked improvement in her condition. I wish that the thousands of women who are afflicted as I have been may know of this remedy which has saved my life and given me health and strength."

Signed, MRS. JENNIE TUTTLE.

Subscribed and sworn to before me this 2nd day of August, 1900.

B. F. BARENDSEN,
[Seal] Notary Public.

Dr. Williams' Pink Pills for Pale People are sold by all dealers, or will be sent post paid on receipt of price, 50 cents a box, or six boxes for $2.50, by addressing Dr. Williams Medicine Co., Schenectady, N. Y.

In Mourning.

Butcher—Leg o' Mutton? Yes'm.

Mrs. De Rigeur—And let it be off a black sheep, if you please. We're in mourning, you know.—Philadelphia Record.

Relative.

Once upon a time a certain Person wrote wisdom.

"What a fool!" said the World.

Then the Person wrote folly exclusively.

"Wise guy!" said the World.

This fable teaches that wisdom and unwisdom are purely relative terms.

Piles of Pain.

Many kind of piles—itching, bleeding—all painful, terrible tortures—but all are quickly cured by Cascarets Candy Cathartic. All druggists, 10c, 25c, 50c.

And Brings You Nothing but a Bill.

Friend—What is hope?

Poet—It is something that wakes you up at 4 o'clock in the morning when the postman doesn't come around till 10.—Syracuse Herald.

E. W. Grove

This signature is on every box of the genuine **Laxative Bromo-Quinine** Tablets the remedy that cures a cold in one day

Fatal Candor.

Suitor—Yes, sir, I assure you I would be glad to marry your daughter, even if she were poor as a churchmouse.

Mr. Moneybags—That settles you! I don't want a fool in my family.—Philadelphia Press.

FOR STOMACH, LIVER AND BOWELS.

Indigestion is effectually cured by the original HERB medicine, **GARFIELD TEA**, which causes a normal action of the digestive organs.

Easy.

"Ah! yes," sighed the lovelorn youth. "I'm passionately in love with Miss Van Fickel. I wonder if I will ever succeed in winning her affections?"

"Why not?" replied his cousin Helen. "I know of at least half a dozen other men who have."—Philadelphia Press.

An Old Fort in Florida.

The oldest fort in America is at St. Augustine, Fla. It was built by the Spanish over three centuries ago. It was for a long time used as a prison.

When You Buy Ink

get Carter's and you will get the best every time. "Inklings" free. Carter's Ink Co., Boston.

After the Consultation.

Patient—Now, doctor, what's the matter with me, anyway?

The Head Consulting Physician—My dear, sir, do you suppose that if we knew what was the matter with you, we would have decided to hold a post-mortem?—Harper's Bazar.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'BRIEN, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

Right Up With the Crowd.

"Oh, yes, they're getting on."

"How do you mean?"

"They're keeping up with the world—they're not living in the dead past—they call their hired girl 'the maid.'"—Chicago Times-Herald.

CATARRH CANNOT BE CURED

With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years, and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

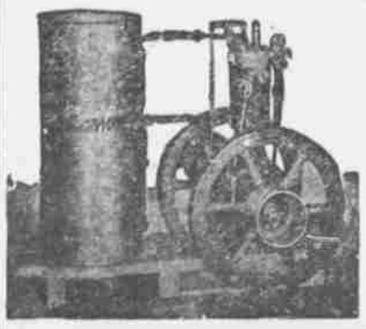
F. J. CHENEY & CO., Props., Toledo, O.
Sold by druggists, price 75c.
Hall's Family Pills are the best.

Her Pointed View.

Chappie (blase)—Don't you think society is an empty thing?

Miss Fuller—I think there are lots of empty things in society.—Smart Set.

FAIRBANKS, MORSE & CO.



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GASOLINE ENGINE

Pumps Water, Saws Wood, Grinds Feed, and costs two cents an hour to run.

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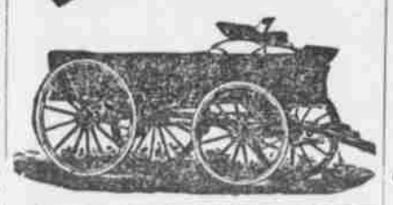

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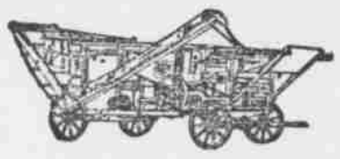

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HORSE POWER OR SAW MILL

You of Course Want the Best. Write for Catalogue and Prices.

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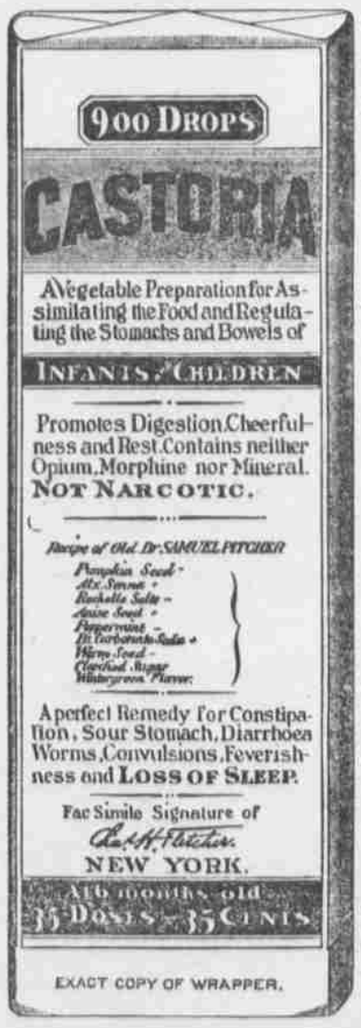
PORTLAND, OREGON



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Heirs of Union Soldiers who homesteaded less than 160 acres before June 22, 1874 (no matter if abandoned), should address

HENRY N. COPP, Washington, D. C.

A WHOLE GARDEN For 14c.

We wish to gain this year 200,000 new customers, and hence offer

1 Pkg.	Salzer's Blue Blood Tomato	10c
1 "	The Northern Lemon	1c
1 "	Mana', Favorite Onion	10c
1 "	Emerald Green Cucumber	10c
1 "	City Garden Beet	10c
1 "	13 Day Radish	10c
1 "	Lettuce Market Lettuce	10c
3 "	Elegant Flower Seeds	1c

Worth $1.00 for 14 cents. $1.00

We will mail you this entire $1.00's worth of splendid seed novelties free, together with our large illustrated Plant and Seed Catalogue on receipt of this notice and 14c in postage

Choice Onion Seed 60c lb and up. Potatoes at $1.00 per barrel and up. Catalogue alone, 5 cents. 1

JOHN A. SALZER SEED CO., LaCrosse, Wis.

FAT FOLKS REDUCED

from 15 to 25 lbs. per month by a harmless treatment. Thousands cured. Mrs. M. A. MacCrone, 431 Hawley St., Rochester, N. Y., writes: "Four years ago I was reduced 48 pounds by your valuable treatment. My experience as Trained Nurse has taught me the dangers of Fatty Degeneration. Have not gained." Patients treated by mail confidentially. For particulars address, with stamp, DR. P. C. AYDER, 1214 Masonic Temple, Chicago, Ill.

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Buy from the manufacturer. Price in full rolls

2 feet wide, 150 feet long	$1.65
3 " " " " "	2.47
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All Kinds of Wire and Iron Work.

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149 Front St., Portland, Oregon.

IF CLAIMANTS FOR PENSION write to NATHAN BICKFORD, Washington, D. C. they will receive quick replies. B. 5th N. H. Vols. Staff 20th Corps. Prosecuting claims since 1878.

CUTLER'S CARBOLATE of IODINE

A guaranteed Cure for Catarrh and Consumption. $1.00. D Lock Box 145.

W. H. SMITH & CO., Buffalo, N. Y., Prop's

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Very small and as easy to take as sugar.

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Regular Sell.

"How has my new book sold?" asked the young author of the bookman.

"Well, judging from what the purchasers say, it is a regular sell!"—Atlanta Constitution.

His Deep-Laid Scheme.

"Yes; that's my wife down in the cellar chopping kindlings."

"How does that happen?"

"She's got an idea that she's a second Mrs. Nation, and I'm encouraging her to learn the use of the hatchet."—Cleveland Plain Dealer.

YOU KNOW WHAT YOU ARE TAKING

When you take Grove's Tasteless Chill Tonic, because the formula is plainly printed on every bottle showing that it is simply Iron and Quinine in a tasteless form. No Cure, No Pay. 50c.

Men's Opinions.

"You can't tell some women anything."

"Of course not; they won't stop talking themselves long enough to let you."—Philadelphia Bulletin.

Her Reward.

"I'd like to have my husband go hunting."

"Does he hit anything?"

"I don't think so; but as I never ask any questions about the game he brings home he always buys me a handsome present of some kind."—Detroit Free Press.

Lazy Liver

"I have been troubled a great deal with a torpid liver, which produces constipation. I found CASCARETS to be all you claim for them, and secured such relief the first trial, that I purchased another supply and was completely cured. I shall only be too glad to recommend Cascarets whenever the opportunity is presented." J. A. SMITH. 2920 Susquehanna Ave., Philadelphia, Pa.

CANDY CATHARTIC **Cascarets** TRADE MARK REGISTERED. REGULATE THE LIVER

Pleasant. Palatable. Potent. Taste Good. Do Good. Never Sicken, Weaken, or Gripe. 10c. 25c. 50c.

... CURE CONSTIPATION. ...

Sterling Remedy Company, Chicago, Montreal, New York. 319

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