

THE HEALTH OF YOUNG WOMEN

of Them Helped by Mrs. Pinkham... Read Mrs. PINKHAM's Letters.

DEAR MRS. PINKHAM:—I am sixteen years old and am troubled with my monthly sickness. It is very irregular, occurring only once in two or three months, and also very painful. I also suffer with cramps and once in a while strikes me in the heart and I have many headaches. If there is anything you can do for me, I will gladly follow your advice.

DEAR MRS. PINKHAM:—I wish to express my thanks to you for the great benefit I have received from the use of your E. Pinkham's Vegetable Compound. I suffered constantly from terrible sideache, bad chills, was nervous and dizzy. I had tried different kinds of medicine but they all failed entirely. After taking three bottles of Vegetable Compound and three of Blood Purifier I am all right. I cannot thank you enough for what your remedies have done for me.

Elevation Desirable.—Lady (with high hat)—I beg your pardon, but I forgot my opera glass. Would you kindly lend me yours just a moment?

Try Allen's Foot Ease. At this season your feet feel swollen, nervous and hot, and get tired easily. If you have aching feet or tight shoes, try Allen's Foot Ease. It cools the feet and makes walking easy. Cures ingrowing nails, swollen and sweating feet, blisters and salted spots. Relieves corns and bunions of all pain and gives rest and comfort. We have 30,000 testimonials. Try it today, sent by all druggists and shoe dealers for 25c. Trial package FREE. Address Allen, Elmstead, LeRoy, N. Y.

The Occasion.—"Oh, yes; Prof. Groskopf is quite elegant. In fact, I never knew him to be excited, except once." "What was the trouble then?" "He couldn't find his pipe."—Puck.

CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of J. C. Watson.

Fire Escape.—"My mother found my little brother putting his stockings on wrong side out this morning." "Yes? What did he do?" "Turned the hose on him."—Harvard Lampoon.

BeWARE OF Ointments for Catarrh That Contain Mercury. Mercury will surely destroy the sense of smell and completely derange the whole system. It is entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to that which you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials from Druggists, price 75c. per bottle. Hall's Family Pills are the best.

No boy thinks he has had enough candy until he has started a tooth aching.

Advertisement for Dr. Williams' Pink Pills for Pale People, featuring a large illustration of a woman and child and detailed text about the medicine's benefits for various ailments.

WAS A "REBEL SPY."

BELLE BOYD, A NOTED CIVIL WAR CHARACTER.

She Was Once Exiled by President Lincoln and Twice Sentenced to Be Shot—She Also Made One Man a Traitor to His Country.

The career of Belle Boyd, known as the "rebel spy" and who died in Wisconsin not long ago, was a thrilling one. She had just left school when the civil war began.



For allowing the escape of his prisoner Harding was arrested and tried, but he was not convicted. Belle Boyd was banished by Lincoln and went to England. Harding deserted shortly afterward and went to England, where he and the spy were married on Aug. 25, 1864. Harding returned to this country and became a Confederate spy.

In 1869 she married Col. John Swainston Hammond, quit the stage, went, in ill health, with her husband to California and was obliged to enter an insane asylum. In 1884 she obtained a divorce from Hammond and soon afterward married Nat H. High, an actor, with whom she went on the road giving dramatic recitations in costume.



DASHES THROUGH THE FIRING LINE.

when they left them carelessly about, and these she forwarded to the enemy. She was suspected after a time, and then one of her notes fell into the Federal hands and she was arrested, reprimanded and threatened, but Gen. Shields set her at liberty. Gen. Shields, she said afterward, was completely off his guard and introduced her to officers of his staff.

Sentenced to Be Shot.—The night before Shields set out after Stonewall Jackson he announced that he was going to whip Jackson and a council of war was held in what had been the drawing-room of Belle's aunt's house. Through the floor of a closet off a bedroom above the drawing-room a hole had been bored. Belle crept up to the closet and applied her ear to it when the council assembled. She was able to be of such service to Jackson that he sent her a letter after his defeat of Gen. Banks, dated May 23, 1862, thanking her for her "immense services." On Jackson's advice she removed to Winchester, and Jackson made her an aide on his staff with the rank of captain. While at Winchester she was made aware of several very suspicious Northern planks which would destroy the counter-movements of the armies of her beloved Confederacy. Without a thought of the danger to herself she instantly started from the town to the point of land occupied by General Jackson and the Southern troops, a point she gained after a most perilous and harrowing run through the fires of both armies. During her career as a spy she was twice sentenced to be shot, and was for 11 months a prisoner in the Carroll and Capitol prisons at Washington.

Belle Boyd's career in the military service ended in 1864, when she was captured with dispatches on a blockade runner. Lieut. Sam Wyde Harding, of the navy, was put in charge of the blockade runner, which was ordered to Boston. The lieutenant and Belle Boyd were thrown together a good deal and left largely to themselves. He quoted from Shakespeare and Byron to her, she tells in her autobiography. When he began to talk of tender subjects she thought he might become useful to her cause, so when he asked her to become his wife she told him that it might involve serious consequences. He was ready to face them, apparently, and renewed his proposal while the ship was in Long Island sound on the way to Boston. So she told him she would be his wife.

When they were coming to anchor off the Boston navy yard Lieut. Harding went forward to give some orders and his fiancée invited the two Yankee pilots who were aboard to come down to the cabin and have some wine, which they did. The captain of the blockade runner, whom she called in her book Capt. Henry, and another man were of

the party. Harding had called a small boat alongside preparatory to going ashore and this boat had dropped under the quarter. At a moment she thought suitable the girl nodded to Capt. Henry, whom she had planned to have escaped. He left the wine party and stepping into the shore boat which was soon handy he was soon on his way to Boston. When later Harding came aft he asked Belle where his papers were and she told him that probably they were in the lower cabin, where he had been dressing, and he went after them, while the small boat got farther away.

Her After Career.—For allowing the escape of his prisoner Harding was arrested and tried, but he was not convicted. Belle Boyd was banished by Lincoln and went to England. Harding deserted shortly afterward and went to England, where he and the spy were married on Aug. 25, 1864. Harding returned to this country and became a Confederate spy. His wife became an actress in England and returned to America after the proclamation of general amnesty. She played under the name of Nina Benjamin in different cities, and at one time lobbied successfully to put a bill through the "black and tan" Legislature of Texas.

In 1869 she married Col. John Swainston Hammond, quit the stage, went, in ill health, with her husband to California and was obliged to enter an insane asylum. In 1884 she obtained a divorce from Hammond and soon afterward married Nat H. High, an actor, with whom she went on the road giving dramatic recitations in costume.

FOUND AT LAST.

The Ax with Which Charles I. Was Beheaded.

The vexed question, so much in evidence in the papers recently, "Where is the present location of the ax with which King Charles I. was beheaded?" has finally been answered. The famous relic now reposes in the Museo Borbonico, at Naples, Italy. One who has rummaged much among the archives of the British Museum furnishes these particulars regarding it: The executioner of Charles (Giles Dekker) survived the monarch 36 years, dying in 1685. His claim to the ax, which he appears to have regarded as his perquisite, was, after considerable discussion, granted by Parliament, and it remained his until his death. He always refused to make an exhibition of the instrument, but his son, however, devoid of such scruples, placed it on show at the tavern in Lambeth, and this coming to the new King's ears, a raid was made, the ax was confiscated and James II. became its custodian. When compelled to fly from the kingdom in 1688 he took it with him to France, and at St. Germain it remained until his death, in 1701. Louis XIV. became its next possessor, and later on the Regent Duke of Orleans, who parted with it for a "consideration" to Ferdinand, King of Naples. Treasured by that family for upward of 60 years, it was finally deposited in the Naples Museum.

The Other Was Handsomer.

It was in an art store in Fifth avenue, says a New York paper, and the dealer was showing gilded clocks and candelabra to a customer. Pointing to one particularly handsome set, he said: "That is worth \$350." Pointing to another of similar pattern, but not so handsome, he said, "That is worth \$600."

"But the other one is better," said the customer.

"Well," said the dealer, "the chief value of this one (pointing to the six hundred dollar affair) is the gilding. It was gilded by the mercury process, which is now forbidden by law almost everywhere. The other set was treated with the electro-plating process."

"Well, it's the handsomer," said the customer. "Is it as durable? If it is, why should I pay \$250 more?" "It is practically as durable and it is handsomer," said the dealer. "But you can duplicate it, and you can't duplicate the other. The mercury process of gilding was death to the workmen engaged in it. They inhaled the fumes of the mercury, and in the end it killed them, and it wasn't long in doing it, either."

"I'll take the mercury one," said the customer, "but the other is handsomer."

Pie.

The prejudice against pies, more imaginative than real, is dying out. Many persons now eat pie for breakfast. Combined with coffee or milk it furnishes a fine repast, and athletes, after a sumptuous meal of this character, easily digest it in ten minutes' active exercise—so some people say; others do not endorse the assertion.—Pittsburg Dispatch.

Irish Moss.

One of the many useful things which absolute privation has been the means of making known to the world is Irish moss. The poorest of the inhabitants of the Irish coast were driven to its use by the pangs of hunger. When boiled it produced a thick, nourishing and not unpalatable jelly. It is most beneficial for diseases of the throat and lungs.

Physicians in Germany.

In the last eleven years the number of physicians in Germany increased 56 per cent., while the population increased only 14 per cent.

Some men can't find words for their thoughts and some women can't find thoughts for their words.

With time and patience the mulberry leaf becomes silk, which in turn becomes a woman.

COURTED BY MEANS OF SIGNS.

Couple that Never Spoke Until They Stood Before the Altar.

A marriage took place in Boston the other evening, the parties to which had never spoken until a few minutes before they stood before the clergyman who pronounced them man and wife. They had been courting for nearly three months at that, and they were both in full possession of the faculty of speech.

One day a young woman employed in one of the department stores and a young man holding a clerkship in a music store engaged rooms on Shaw-



COURT BY SIGNS.

mut avenue and Union Park street respectively, and that night, sitting at the windows of their lodgings, saw each other across the expansive courtyard for the first time. For several nights they enjoyed each other's presence in a silent manner. Later on the young man acknowledged the lady's presence with a bow, which was returned with a smile. Then began the odd and unique courtship. The young man, in order to get a better look at his inamorata, bought a pair of opera glasses, and, to his delight, the lady did the same. Then the young man cut out some letter from white paper and pinned them on a piece of board that he had covered with black muslin, to spell out "Tell me your name."

The young lady answered the next night in the same way. Through this medium, slow and unsatisfactory as it was, the courtship went on, the young lady, however, being deaf to all his entreaties for a meeting. They soon gave up their original mode of correspondence, however, and began to pay tribute to the postal service. An engagement followed in due course of time and last week there was a wedding distinguished by "no cards, no reception, no bridal tour."

Self-Education.

Sir Walter Scott, whose authority is indisputable, once remarked that the best part of a man's education is that which he gives himself, and the biographies of many of our greatest geniuses afford ample proof of the truth of the statement. Bacon declared that "studies teach not their own use, but that is a wisdom without them, and above them, won by observation," and again in the long roll of fame, of which as a nation we are justly proud, appear the names of those who, independent of tutors, universities and colleges, have given themselves the finest education, developed intellectual powers in the face of insuperable difficulties and attained positions of the highest eminence.

God has dowered rich and poor alike with gifts of mind and heart, so that distinction and culture, genius and talent, are not the prerogative of one class alone. The men who have achieved the greatest triumphs in science, art or literature have frequently been severely handicapped at the outset of their careers by poverty and uncongenial environment; but these hindrances, instead of deterring them or diminishing their enthusiasm, have served as wings on which they rose to higher attainments.—Newcastle (Eng.) Chronicle.

Their Compromise.

"I stopped over in Nevada on my way East," said William Percival, of San Francisco, at the Hoffman House yesterday, "to look after some mining interests I have there, and at Carson City a man told me a capital story. A mining strike had been made in a near-by portion of the State which turned out to be of such promise that a respectable camp soon sprang up around it. The two principal mine owners were respectively an Irishman and a Jew, and as a delicate compliment to these leading citizens the rest of the miners left it to them to bestow a name upon the new camp. The two had many conferences, but could not reach an agreement for the Irishman stood out for a name taken from the Emerald Isle, while the Jew was for one that would be suggestive of the chosen people. The rest of the miners finally became restless and threatened to name the camp themselves if an end was not put to the delay, and this led the pair to compromise and name the new camp Tipperusalem. Rather a neat and suggestive name, don't you think?"—New York Tribune.

The Shrewd Enumerator.

"Well, madam, if you positively refuse to tell me your age, I suppose I can inquire of the lady next door and let her guess at it."

"Young man, you stand right still there where you are. I'll be back in a moment with the family Bible."—Cleveland Plain Dealer.

Broughts and Famines in India. The British government expects a drought in India about twice in every nine years, and a great famine like the present about twice in a century.

If you have a great deal of work to do, you must do it in the easiest way.

A New Romantic Novelist.

The Century Company announces the discovery of a new romantic novelist in a young New Yorker, Miss Bertha Runkle, whose maiden effort is to be The Century's leading piece of fiction for the next eight months, beginning in the August number. It is described as a dramatic romance of love and adventure, and is entitled "The Helmet of Navarre." The scene is Paris during the siege by Henry of Navarre, and the action occupies but four days of the week preceding the Sunday when Henry entered the city. The story is full of vigorous action, and the plot is said to be one of fascinating interest.

The Trust Problem.

To a thoughtful mind is one of serious import, for it creeps upon society before you are aware of its existence, in this respect much resembling the various disorders which attack the stomach, such as constipation, indigestion and dyspepsia. Hostetter's Stomach Bitters is the one reliable remedy for all such ailments.

I could get along with a confession of faith containing but the little that Jesus said when He was trying to make a Christian of Nicodemus: "God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have eternal life." That gives us the doctrine of God's unlimited love, human guilt, the divinity of Christ, salvation through Christ, faith in Christ, immortality; every word Saxon, three-quarters of the words monosyllables, profound enough for any elder, simple enough for any four-year old.—Dr. C. H. Parkhurst.

HEADACHE

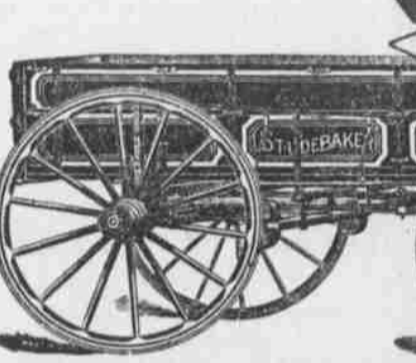
"Both my wife and myself have been using CASCARETS and they are the best medicine we have ever had in the house. Last week my wife was frantic with headache for two days, she tried some of your CASCARETS, and they relieved the pain in her head almost immediately. We both recommend CASCARETS."—CHAS. STEDFORD, Pittsburg Safe & Deposit Co., Pittsburg, Pa.



Pleasant, Palatable, Potent, Taste Good, No Gripe, Never Sickens, Weakens, or Grips. 50c. 25c. 10c. CURE CONSTIPATION. Selling Everywhere. Chicago, Montreal, New York, St. Louis.

NO-T-O-BAC Sold and guaranteed by all druggists to cure tobacco habit.

DON'T LET YOUR HARVEST SEASON FIND YOU WITHOUT A STUDEBAKER WAGON.



Made of the Best Materials, thoroughly seasoned, by competent workmen. It stands without an equal. Call on our Agent, or address STUDEBAKER BROS. MANUFACTURING CO., 320-338 East Morrison Street, Portland, Oregon.

(The Famous German Wood Preserver)

..AVENARIUS CARBOLINEUM..

WHICH PERMANENTLY DESTROYS

..CHICKEN LICE AND VERMIN..

One application is all that is required. It lasts for years. If your dealer cannot supply you, write for circulars and information to the following distributing agents: Perfection Pile Preserving Co., Seattle, Wash.; Fisher, Thorsen & Co., Portland, Oregon.; Whittier, Coburn & Co., San Francisco, Cal.

Mitchell Wagons

Are the best that can be made. Nothing is or can be superior to a Mitchell Wagon, because it is made of the best material—by experienced workmen—which, coupled with 65 years' experience in building wagons, during which time the manufacturers have had but one aim, and that to produce the best possible to build, is a guarantee of quality. If you buy a Mitchell Wagon, you get the best that can be made. AGENTS EVERYWHERE.—If none in your vicinity, we will sell to you direct. Send for circular.

MITCHELL, LEWIS & STAYER CO.

PORTLAND, OREGON. Branches at Spokane, Seattle, Salem, McMinnville, Medford and La Grande. Mention this paper.

Here's a Proposition

Isn't it reasonable to suppose that a firm of 25 years experience could tell you the best way to get good value for your money? If you are making improvements in your house, or building a new house, no matter how small or large the sum you wish to spend in electrical or gas fixtures, appliances, mantel furniture, etc., you will save money and be well suited if you consult THE JOHN BARRETT CO., 91 First Street, Portland, Oregon.

Dayton's Fly Killer

Used a few minutes evenings, will rid your house of Flies and Mosquitoes. No mark or stain left on the ceilings or walls. Works like magic. Price 25 cents. Write for booklet. Dayton Hardware Co., Portland, Oregon.

CLAIMANTS FOR PENSION Write to NATHAN BICKFORD, Washington, D. C., they will receive quick replies. R. 3th N. E. Vols. 8th Div. 3th Corps. Prosecuting claims since 1878.

Warm Weather

Weakness is Quickly Overcome. The cooling, toning, and blood enriching qualities of Hood's Sarsaparilla are wonderful. It strengthens the stomach and digestive organs and creates an appetite. It has an unequal record of cures of scrofula, salt rheum, boils, pimples and other diseases caused by impure blood. Hood's Sarsaparilla is America's Greatest Medicine. Price \$1. Prepared by C. I. Hood & Co., Lowell, Mass. HOOD'S PILLS cure indigestion. Price 25 cents.

By 'appearing at perfect ease in society,' is meant that one laughs and talks as loud as if on the back porch at home.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The gossips in Bible days must have had a good time, if they knew of the things going on—that the Bible tells about. Pilo's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brian, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

It is better to be defeated in a good cause than to be victorious in an unrighteous one.—United Presbyterian.

Down in the Dumps.

Sad, with a heavy, anxious feeling—the blues! The liver needs quick attention. Take Cascarets Candy Cathartic at once! All druggists, 10c, 25c, 50c.

The problem of Indian education seems to be solved by the Indians themselves. In the territory the Chickasaws have five colleges and the Creeks have 10. The Choctaws have no colleges, but have 160 common schools in which the higher branches are taught. The expenses of educating the Indians are borne by the federal government.

HOIT'S SCHOOL.

Menlo Park, San Mateo County, Cal., with its new buildings, newly furnished and complete laboratories, beautiful surroundings and home influences, is one of the best equipped schools for the training of boys and young men on the coast. It is in charge of Dr. Ira G. Hoyt and is accredited at the universities. Send for catalog. Tenth year begins August 6, 1900.

If you want to make trouble for an enemy, tell his wife that a daughter in the family has musical talents which must not be buried.

DR. GUNN'S IMPROVED PILLS

ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples, Purify the Blood, All Diseases, Prevent Illnesses. Does not Grip or Sickens. To convince you, will mail sample free; full box, 50c. DR. GUNN'S CO., Philadelphia, Pa. Sold by Druggists.

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