

Women Who have the Blues

Dependancy in women is a mental condition directly traceable to some distinctly female ill. Well women don't have the blues, but comparatively few people understand that the right medicine will drive them away.

Lydia E. Pinkham's Vegetable Compound

Removes the blues, because it is the safeguard of woman's health.

It regulates the entire female organism as nothing else does. When the dragging sensation of the backache goes, the blues will go also.

Read the letters from women appearing in this paper—women who have tried it and know. There are a million such women.

Fatening.
Concocted Invalid (just arrived the springs)—Is it true that drink these waters produces fat?
Native (weight 250)—Produces fat? I, stranger, when I came here I weighed eight pounds, and look like now!—Rochester Herald.

Sick Headache Quickly Cured.
Agitation, bad stomach, constipation, sick headache. That's the program. Next program, Sarsaparilla. Instant relief, 10c. 25c. 50c.

Money Talks.
Money talks, but a little scare is apt but it up tight.—Chicago Daily News.

Believe Pin's Cure is the only medicine that will cure Consumption.—Anna Ross, Williamsport, Pa., Dec. 8, '05.

Physician: "All the comings in the world will not beautify a face if the mind is disturbed."
"Explains why the dude is a thingummy—he has no mind to disturb."—Chicago Daily News.

CURE A COLD IN ONE DAY.
Laxative Bromo Quinine Tablets, druggists refund the money if it does not cure. E. W. Grove's signature on each box. 25c.

An Ohio widow refused to marry a millionaire because he wore a wig, although she is a millionaire. Her excuse was in case of a family row there would be no fun in snatching him bald.—Chicago Daily News.

The Pleasantest, Most Powerful and Effective Nervin'g Remedy for Rheumatism.
LA GRIPPE and CATARRH: If all knew what thousands know of this medicine, without a bottle of "INSOR RHEUMATIC CURE CO." 100-104 E. Lake St., Chicago, Ill.

Hoax: "Klumsy is very fond of his neck, isn't he?"
"Hoax—"Well, he had both arms around the neck."—Philadelphia Record.

Excellent Combination.
The pleasant method and beneficial of the well known remedy, or FROG, manufactured by the ONTARIO FIG SYRUP CO., illustrate the principle of obtaining the liquid laxative principles of plants known to be finally laxative and presenting in the form most refreshing to the system. It is one perfect strengthening laxative, cleansing the system effectually, driving colds, headaches and fevers off promptly and enabling one to resume habitual constipation permanently. Its perfect freedom from objectionable quality and substance, and its acting on the kidneys, bowels, without weakening or irritating them, make it the ideal

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SAN FRANCISCO, CAL.
NEW YORK, N. Y.
by all Druggists.—Price 50c. per bottle.

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SQUELCHED A MUTINY

ANECDOTE OF "BOBS" THE BRITISH COMMANDER.

Harsh Measures Were Necessary Just at That Time, and He Ordered an English Soldier Shot for Insubordination—It Took Place in India.

"Gen. Lord Roberts of Kandahar, Kipling's 'Boba Bahadur,' was the last English general to order the execution of a private soldier for insubordination," said a visitor to Washington, who has seen service under her Majesty's flag.

"It was away back in the '70s; but the incident is still very clear in the memory of old soldiers, and has been handed down with every possible exaggeration for the delectation of the 'recruit,' who listens to the barrack-room tales told for the express purpose of striking terror and horror to his unhardened heart.

"The story is revived now. It contributes something to illustrate the man who is beloved and feared by rank and file, and notwithstanding his determined and exacting discipline, is conceded to be England's ranking soldier among good soldiers.

"The Indian contingent has always been a ticklish department to handle. Roberts did more than any one man to bring them to a realization of what discipline really means. To-day, thanks to him, there is less grumbling, less uneasiness, and less chance of revolt than ever there has been since first the native wore the uniform, and even now extreme measures are necessary.

"But Roberts, once upon a time about the year 1878, found himself threatened with a serious situation. The native troops were uneasy. The English soldiers, too, in the case of several regiments that had been kept overtime on Indian service, were kicking loud and strong. The moulting of the men of the English regiments was a bad example to the natives. It disorganized everything, and the punishments were made severe upon offenders who gave opportunity. But insubordination was rife. It needed but a little spark to kindle the whole command into a blaze, in which many lives must have been sacrificed and the prestige of the commanding officer lost.

"One day a drunken private was insolent to a corporal of one of the regiments. The 'non-com.' ordered the man to the guard house. A lance-corporal of the room called out a file of men. One of these refused to act as escort. He had slept in the next bed to the prisoner for years, he protested. They were army 'bed chums.' He, too, was made a prisoner, and the charge of insubordination and refusal to obey orders entered against him. It was a high crime. A general court martial was ordered, the man was sentenced to be shot, and the sentence was approved by Gen. Roberts.

"Before the assembled regiments at Calcutta he was taken out and died ignominiously with his face to the wall. "It was a terrible and effective lesson. The spirit of insubordination was dead, but the department issued an order, religiously observed since then, to the effect that where others are available, a 'bed chum' cannot be ordered to act as escort."

COUNTESS VON BRUENING.

American Woman Who Is Admired by the Old World Aristocracy.

An American woman, Countess Adolf von Bruening, is well known in the social circles in which European nobility moves because of her marriage to her husband, the Count, but to the American people her name is familiar chiefly because of the touching devotion of her divorced husband, Gordon MacKay, of Boston and Washington. The Countess' life has been most romantic. She was the daughter of Mr. MacKay's housekeeper and had grown from child-

hood to mature beauty under his eyes. Although twice her age, Mr. MacKay paid her devoted attention, and she finally became his bride. Everything that wealth could provide was lavished upon the young wife and for a time theirs was a happy home. But a season of court life evidently gave Mrs. MacKay new ideas, for she made a pronounced sensation by her beauty and was loth to return to her native land.

Mr. MacKay's life was always busy and it came about that while he worked the fascinating daughter of his former housekeeper sumptuously entertained Washington society. Finally Mrs. MacKay began suit for divorce and, in 1890, was granted a decree with \$25,000 yearly as alimony, the possession of two beautiful homes and also the custody of their two sons. Mr. MacKay made no defense and by many was considered too magnanimous because of his quiet acceptance of the decree.

Six years later Count von Bruening, then a secretary of the German embassy at Washington, came into Mrs. MacKay's life. After two years they became engaged. The marriage took

place in Washington the latter part of last April, the Count and Countess aniling at once to Constantinople, where the former was stationed as a member of the German embassy. The Count and Countess are now living in Berlin, where the beauty and charm of the accomplished American are greatly admired.

As a wedding gift to the Countess, Mr. MacKay presented her a check for \$1,000,000. He still devotes himself to business and has amassed an enormous fortune.

CAUSE OF BALDNESS.
Hard Hats Said to Be Responsible for Increasing Loss of Hair.

Are you predisposed to baldness? If so, don't wear a stiff hat. Doctors, wigmakers, and barbers have said that the derby and beaver hat are responsible for the increasing blight of baldness. This is interesting in view of the rapid progress scientists say we are making toward absolute baldness. Men have not used their hair for centuries, and it is slowly becoming less abundant.

Woman, on the other hand, has used her hair as nature intended it to be used, as a head protector. She has never confined it tightly with a stiff hat. Hence it remains to her fine and thick.

The hair depends for its nutrition on the blood supply that flows in the fine veins running over the scalp. Some of the veins that supply the hair follicles with food come through the skull, but

those veins extending up around the outside of the skull are most important. Analogously it is pointed out that if a rose tree were to be bound tightly around the trunk a great deal of nutrition would be cut off from the bark. If, in addition to this, you were to cover the tree with a great bag and tie the mouth tightly around the trunk, the tree would die. The attitude of the stiff hat is similar to this. Every time you pull your derby hat from your head and it comes loose with a jerk you are overcoming the pounds of pressure it is exerting on the skull.

In order to maintain a healthy growth the hair must have air. The act of protecting the head from draughts deprives it of nutrition. The derby hat may be compared to the Black Hole of Calcutta. The better class of derby hats have two little eyelets placed one in each side of the crown, but even these do little good.

HOMESPUN PHILOSOPHY.

Observations on Commonplace Things by the Atchison Globe Man.

A man's reminiscences are nearly always tiresome.

How long useless, troublesome people hang on! How easily useful people die!

An Englishman never thinks that he is old so long as he is younger than the Queen.

Men tell their troubles to a policeman, and the women hunt up a preacher.

When one grocer wants to abuse another, he says he sells cold storage eggs for fresh.

If no time has been set for a marriage, there is still a chance for the man to get away.

It is the little things of life that are annoying; it is easier to dodge an elephant than a microbe.

Women do not rave over dentists as they rave over doctors, because teeth cannot be fixed without pain.

While every one agrees out loud that there is no place like home, he reserves to himself the opinion that homes differ.

When an American marries a girl, he marries her family. Scream as much as you please, but you can't get away from the fact.

When a man is really fond of his wife she believes it is because she is a good cook; a man is never given credit for anything soulful.

If people worked and saved half as hard as they worry, it would be impossible to throw a stone without hitting a Vanderbilt.

A woman is perhaps never quite so proud as when her husband goes home to her folks, on a visit with her, and says he enjoyed himself.

After a girl has taken as many as six lessons on the piano, she begins to pronounce Beethoven and Wagner in a manner to jar her elders.

When the wind blows a lot of loose hair around a girl's face it is never as becoming as the description sounded in the novels she has read.

Occasionally you meet a housekeeper who would as soon think of going to church bare-headed as to fail to have mashed potatoes for dinner.

There is nothing that causes a woman more indignation than when a boy throws stones at her cow, and his mother fails to whip him for it.

It is a common experience to call upon a woman who is reported very ill, and find that she has recovered, and has a dress-maker in the house.

When a visiting woman asks for a Bible to read, it always arouses a suspicion that she wants to look at the family record in it, and find out the ages.

The women demand of every man who lives in a boarding-house that he get a sad, far-away look in his eyes when he hears the song, "Home, Sweet Home."

It would be interesting to know how rich and prosperous a man has to get before he is rich and prosperous enough to remember favors shown him when he was poor.

When a new girl comes to town on a visit she comes down town the first day she arrives, and thinks that business suspends while the men say to one another, "Who is the peach?"

The girl who has her picture taken while she is laughing may have good teeth, but she also has poor taste. She becomes the soubrette of the family photograph album, and her laugh grows sillier as the picture gets older.

An Out-Time Sing.

I don't want any hymnbook when the Methodists is high.

A-linin' out the ol' ones that went thrillin' to the sky.

In the ol' comp'mentin' seasons, when 'twas "Glory hallelu!"

An' "Brother, rise an' tell us what the Lord has done fer you!"

Fer I know them songs so perfect that when I git the swing

Of the tune they want to go to I kin shet my eyes an' sing!

"On Jordan's stormy banks," an' an' "Anazin' Grace"—they seem

So nat'ral, I'm like someone that's singin' in a dream!

Oh, when it comes to them ol' songs I allus does my part;

An' I've got the ol'-time Bible down, as you might say, "by heart!"

When the preacher says the fust word in the givin' of his text

I smile with satisfaction, 'cos I know what's comin' next!

The wife says, "That's amazin'!" an' the preacher says—says he,

With lots o' meamin' in his voice, an' lookin' queer at me—

"Sence you know more o' the Bible than the best of us kin teach,

Don't you think you orter practice what you're passin' us to preach?"

Well, that gits me in a corner—an' I orter raise my eyes

An' the tune about them titles to the "mansions in the skies!"

I want the benediction then—I'm ready to depart!

But when it comes to singin'—well, I've got the lyrics by heart!

—Atlanta Constitution.

Similar but Different.

Tomdix—Are you fond of winter sports?

Hojax—No. I always try to avoid them.

Tomdix—Why so?

Hojax—Because they're nearly always broke and want to make a touch.

Chinese Faith in Foreign Doctors.

With all their superstition and disdain for the Christian religion, the Chinese people have great faith in the "foreigners' knowledge of medicine and their powers for healing.

A physician says that love is measles of the heart.

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Wanted Some Return.

She—We must break off our engagement. Mr. Booper; I find that I really cannot return your love.

He—Well, anyway, I hope you'll return my presents.—Fun.

Our Increase of Insanity.

Much discussion has been aroused lately by the alarming increase of insanity. Our high living is the cause assigned. In the rush for money, men and women neglect their health until the breakdown comes. The best way to preserve the health is by a faithful use of Hostetter's Stomach Bitters. It cures stomach ills, such as constipation, dyspepsia and biliousness.

Milwaukee has started plans for a Dewey monument.

Improved Train Equipment.

The O. R. & N. and Oregon Short Line have added a buffet, smoking and library car to their Portland-Chicago through train, and a dining car service has been inaugurated. The train is equipped with the latest chair cars, day coaches and luxurious first-class and ordinary sleepers. Direct connection made at Granger with Union Pacific, and at Ogden with Rio Grande line, from all points in Oregon, Washington and Idaho to all Eastern cities. For information, rates, etc., call on any O. R. & N. agent, or address W. H. Heriburt, General Passenger Agent, Portland.

Milwaukee is to raise \$35,000 for a school for the deaf.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The trip made by motor car from Cairo to the pyramids is made in 14 minutes.

Philadelphia has decided to allow motorcycles in the parks.

BAD BREATH

"I have been using CASCARETS and as a mild and effective laxative they are simply wonderful. My daughter and I were bothered with sick stomach and our breath was very bad. After taking a few doses of Cascarets we have improved wonderfully. They are a great help in the family."

WILKELMINE NAGEL,
1127 Rittenberg St., Cincinnati, Ohio.

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REGULATE THE LIVER

Pleasant, Palatable, Painless, Taste Good, Do Good, Never Sickens, Weakens or Grips. 10c. 25c. 50c.

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NO-TO-BAC Sold and guaranteed by all druggists to CURE TOBACCO HABIT.

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MARIANI WINE—THE IDEAL FRENCH TONIC—FOR BODY AND BRAIN.

FOR H. I. M. EMPEROR OF RUSSIA.

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JOHN POOLE, PORTLAND, OREGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I X L windmill, sold by him, is unequalled.

Jerry's SEEDS

grow paying crops because they're fresh and always the best. For sale everywhere. Refuse substitutes. Stick to Jerry's Seeds and prosper.

1000 Seed Annual free. Write for it. D. M. FERRY & CO., Detroit, Mich.

KLONDIKE BOOT AND SHOE BLACKING

A wonderful discovery. Will render the thickest and most porous leather waterproof and add to its durability. Send us 25c silver and receive by return mail, post paid, enough to last you two years. Satisfaction guaranteed. Thompson & Craig, 415 3rd St., San Francisco, Cal.

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EVERY MOTHER NEEDS

Something to take away the severe backaches and eliminate the terrible headaches.

Moore's Revealed Remedy

Will do it and there is a pleasure in the taking. \$1.00 per bottle at the druggists.

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with no fee unless successful. Patent advertised free. Free advice as to patentability. Send in invention to W. L. STEVENSON & CO., Established 1864. Washington, D. C. Branches: Chicago, Cleveland, Detroit.

DROPSY Treated Successfully

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SALT LAKE CITY.

An Important Factor in Transcontinental Travel.

No one crossing the continent can afford to cut Salt Lake City from his route. The attractions of the place, including the Mormon Temple, Tabernacle and Church institutions, the Great Salt Lake—deader and denser than the Dead Sea in the Holy Land—the picturesque environment and the warm sulphur and hot springs, are greater to the square yard than any locality on the American continent.

The Rio Grande Western Railway, connecting on the East with the Denver & Rio Grande and Colorado Midland Railways and on the West with the Southern Pacific (Central Route) and Oregon Short Line, is the only transcontinental line passing directly through Salt Lake City. The route through Salt Lake City via the Rio Grande Western Railway is famous all the year round. On account of the equable climate of Utah and Colorado it is just as popular in winter as in summer. Send 2c to J. D. Mansfield, 253 Washington Street, Portland, or George W. Heintz, General Passenger Agent, Salt Lake City, for a copy of "Salt Lake City—the City of the Saints."

The value of the imports of potatoes into England yearly is estimated at \$3,000,000.

TRY ALLEN'S FOOT EASE.

A powder to be shaken into the shoes. At this season your feet feel swollen, nervous and uncomfortable. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It rests and comforts; makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of all pain and is a certain cure for Chilblains, Swelling, damp or frost-bitten feet. We have over thirty thousand testimonials. Try it today. Sold by all druggists and shoe stores for 25c. Trial package FREE. Address, Allen S. Olust