

"Fride Goeth Before a Fall."

Some proud people think they are strong, ridicule the idea of disease, neglect health, let the blood run down, and stomach, kidneys and liver become deranged. Take Hood's Sarsaparilla and you will prevent the fall and save your pride.

Hood's Sarsaparilla
Never Disappoints

One Sure Way.
Tightlist—I've been as far as the door of the dentist's office three times, but I can't get up the courage to go in. Wats—I'll tell you what to do; send the money down in advance. That will make you desperate.—Indianapolis Journal.

Venom.
Mabel—Are you going to return the poor fellow's ring?
Florence (who has just broken her engagement)—I haven't decided. I suppose he'll propose to you now, and I thought I'd just hand it over to you to save bother.—Philadelphia North American.

NERVOUS DEPRESSION.

[A TALK WITH MRS. PINKHAM.]
A woman with the blues is a very uncomfortable person. She is illogical, unhappy and frequently hysterical. The condition of the mind known as "the blues," nearly always, with women, results from diseased organs of generation.

It is a source of wonder that in this age of advanced medical science, any person should still believe that mere force of will and determination will overcome depressed spirits and nervousness in women. These troubles are indications of disease.

Every woman who doesn't understand her condition should write to Lynn, Mass., to Mrs. Pinkham for her advice. Her advice is through common sense, and is the counsel of a learned woman of great experience. Read the story of Mrs. F. S. BENNETT, Westphalia, Kansas, as told in the following letter:

"DEAR MRS. PINKHAM:—I have suffered for over two years with falling, enlargement and ulceration of the womb, and this spring, being in such a weakened condition, caused me to flow for nearly six months. Some time ago, urged by friends, I wrote to you for advice. After using the treatment which you advised for a short time, that terrible flow stopped.

"I am now gaining strength and flesh, and have better health than I have had for the past ten years. I wish to say to all distressed, suffering women, do not suffer longer, when there is one so kind and willing to aid you."

Lydia E. Pinkham's Vegetable Compound is a woman's remedy for woman's ills. More than a million women have been benefited by it.

Among His Impediments.
"You've got a lot of baggage," remarked the Washington friend who had accompanied him to the railway station.

"Yes," responded the retiring congressman, "but I carry something on my mind that weighs me down more than all this stuff put together."

"What is it?" inquired the other.
"It's my 'ex'!" said the departing statesman, with a dry sob.—Chicago Tribune.

The Power of Storm.
The Cayman Islands were nearly overwhelmed by the recent storm. Apparently secure things are not safe. Even if you have health be on your guard. Disease of Bowel's Stomach Bitters will keep the bowels regular and disease at bay. If you have indigestion and constipation try it.

"So your poodle ran away, Miss Chic?" "Yes. I'm very sorry now I didn't have a muff made out of him—as Jack wanted me to."—Puck.

There was a young man from Lenore, Who boldly went off to the war; The "beef" made him sick, He recovered quite quick. By the prompt use of old Jesse Moore

Use of sense makes no one poorer,—Ran's Horn.

To yourself you owe the duty, purify your system by Plunder's Oregon Blood Purifier.

There's no denying the fact that Boston is one of the ham-beans.

We will forfeit \$1,000 if any of our published testimonials are proven to be not genuine. The Pico Co., Warren, Pa.

Life is a big poker game in which everybody is bluffing the loser.

Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE BLOOD TREATMENT and treatise. DR. H. H. KLINE, M.D., 329 Arch Street, Philadelphia, Pa.

Slander is like mud; it only sticks where it finds affinity.

A Guaranteed Cure.
Most difficult to cure—Chronic Constipation. Yet Cassarets Candy Cathartic are guaranteed to cure any case or money refunded. Druggists, 10c, 25c, 50c.

If delays are dangerous lawyers must be a brave lot.

SHAKE INTO YOUR SHOES.

Allen's Foot-Ease, a powder for the feet. It cures painful, swollen, smarting feet and instantly takes the sting out of corns and bunions. It's the greatest comfort discovery of the age. Allen's Foot-Ease makes tight-fitting or new shoes feel easy. It's a certain cure for chilblains, sweating, damp, callous and hot, tired, aching feet. We have over 10,000 testimonials of cures. Try it today. Sold by all druggists and shoe stores. By mail for 25c in stamps. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

The best is the cheapest, but the cheapest isn't always the best.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

On account of some sort of a jar in the plan of organization the pottery trust has collapsed.

\$100 REWARD \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c. Hall's Family Pills are the best.

Few men can keep their good resolutions and a diary at the same time.

An Irishman is manager of a Chicago Chinese restaurant.

Tested and true. Oregon Blood Purifier.

A Matrimonial Musing.

The average young man thinks he is in a position to marry if he has \$250 in the bank and a steady job. Hope is a great factor in a love affair. After the man is 40 he wonders how he ever did it, and when he eats pie at night and has the nightmare he always imagines that he is marrying again on \$250.—Atchison Globe.

STORIES OF THE SPANISH WAR

One of the brave jackies who "was with Dewey" at the battle of Manila Bay tells this new anecdote of the great admiral. The teller is Harry Hightman, a sailor of the cruiser Boston, and his story is this: "The most affecting incident which occurred, and which all of the sailors will remember through their lives, was the action of a powder boy. These boys act as aids to captains and lieutenants in carrying messages and doing errands. When the order was given to strip for action, one of the boys tore his coat off hurriedly, and it fell from his hands and went over the rail, down into the bay. A few moments before he had been gazing on his mother's photograph, and just before he took his coat off he had kissed the picture and put it in his inside pocket. When the coat fell overboard he turned to the captain and asked permission to jump overboard and get it. Naturally the request was refused. The boy then climbed down the ladder. He swam around to the place where the coat had dropped, and succeeded in getting it. I believe it was still floating when he got there. When he came back he was ordered in chains for disobedience. After the battle he was tried by a court martial for disobedience and found guilty. Commodore Dewey became interested in the case, for he could not understand why the boy had risked his life and disobeyed orders for a coat. The lad had never told what his motives were. But when the Commodore talked to him in a kindly way, and asked him why he had done such strange things for an old coat, he broke into tears and told the Commodore that his mother's picture was in the coat. Commodore Dewey's eyes filled with tears as he listened to the story. Then he picked the boy up in his arms and embraced him. He ordered the little fellow to be instantly released and pardoned. 'Boys who love their mothers enough to risk their lives for their pictures cannot be kept in irons on this fleet,' he said."

The American soldiers in the Philippines are sometimes obliged to read letters from home under difficulties. "The boys were all anxious to read their letters," writes one of them, "but the question was how to obtain a light. Our squad thought they had solved the difficulty with some gum oil in a dish and a rag; but no sooner had we a good light burning than the bullets began singing around us at a great rate. The light was put out. I had plenty of matches, however, and I adopted another scheme. I covered my head with a poncho and scratched matches till the letter was read, although I almost suffocated in doing so."

"Don't shoot until you can see the whites of their eyes," was an order given by gallant Col. O'Rourke at the summit of Little Round Top. "Don't shoot until you can see the lights on their cigarettes," was the order given by a Twentieth Kansas captain one night near Manila, according to Albert Ury, a Fort Scott boy with that regiment.

COL. STOTSENBERG.
The Nebraska Commander Who Was the Victim of a Filipino's Bullet.
Col. John M. Stotsenburg, commander of the Nebraska regiment in the Philippines, who was shot through the heart in the skirmish fighting at Quingua, in which eight Americans

were killed, was a captain in the regular service. He graduated from West Point in 1881 and some years later was granted leave of absence from service to act as military instructor in the Nebraska State University. He was in the service there when the Spanish war broke out and was made a major in the First Nebraska. His ideas of discipline made him unpopular, but after the regiment reached Manila and his coolness and bravery became known he was the idol of the men.

The man with a 250-pound wife has a large family to support.

CATARRH OF THE PELVIC ORGANS.

The Reason Why So Many Women Are Sick.



Mrs. Eliza Wike, 190 Iron St. Akron, O.

Mrs. Eliza Wike says: "I would be in my grave now if it had not been for your God-sent remedy, Pe-ru-na. Everybody says I am looking so much better. No doctor could help me as Pe-ru-na did. I was a broken-down woman. It is now seven years past that I was cured."

Mrs. Sarah Gallitz, of Luton, Ia., also writes: "I was suffering with the change of life. I had spells of bowing every two or three weeks, which would leave me nearly dead. I had given up hope of being cured, when I heard of Dr. Hartman's remedies and began to use them. I am entirely cured, and give all the credit to Pe-ru-na and Man-a-lin."

A healthy woman is becoming more and more rare. But comparatively few women who are suffering with catarrh know that this is the case. Their trouble is called dyspepsia, heart trouble, female weakness, weak lungs, nervous debility; indeed, almost the whole category of medical terms has been applied to catarrh of some

organ of the female anatomy. If these women would only realized that their trouble is probably catarrh of the organs peculiar to women or pelvic organs, and cure themselves with Pe-ru-na, how much unnecessary suffering would be saved.

Mrs. G. C. Worstell, Clarksburg, W. Va., writes the following to Dr. Hartman. This is only one of hundreds of similar letters which the doctor receives from thankful women. Mrs. Worstell says: "I trust that no one will think from this that I want my name in public for any cause only to let sufferers know where they may find relief from many ailments. I can truly say I have been much benefited by the use of Pe-ru-na. I feel better than I have for two years. It is the best medicine that I know for female troubles. I have taken medicine from the doctors and found no relief; but when I began taking Pe-ru-na I could see that before I had taken the first bottle that it was doing me good. I recommend it to all suffering women. I think that it is the best medicine in the world. I can't say enough in its favor. You can publish this if you like."

Dr. Hartman has written a book entitled "Health and Beauty" especially for women. It treats of female catarrh in all its different phases and stages. It is profusely illustrated and contains common sense talks on subjects which should interest every woman. This book will be sent free to any woman who addresses Dr. Hartman, Columbus, Ohio.



OUT OF THE ORDINARY.
The highest house in Paris has eight stories.
A Maine woman living near Belfast is the happy possessor of 15 coon cats.
Since 1841 the cultivated area of Ireland has dwindled from 4,000,000 acres to 2,030,000.
The expense of running an Atlantic steamer for three years exceeds the cost of its construction.
The whale's nose is on the top of the head, at least his nostrils are situated there, through which he expels the columns of water known as "spouting." Whales only spout when they are feeding.

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DENTISTS.
No pain; new process; fine gold work. DR. LANGWORTHY, N.W. cor. Third and Morrison
Fence and Wire Works.
PORTLAND WIRE & IRON WORKS; WIRE and iron fencing; office railing, etc. 334 Alder.
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EDWARD HUGHES; MACHINERY AND VEHICLES; send for catalogue. 188-194 Front St.

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Dr. Ernest Barton, specialty, diseases of the Skin and Rectal Surgery. 231 3rd St., Portland.

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Free by mail if you write with Carter's Ink to CARTER'S INK CO., BOSTON, MASS.

Relief at Last
Praised by thousands of satisfied ladies as safe, always reliable and without an equal. Ask druggist for Dr. Martel's French Female Pills in metal box with French flag on top in Blue, White and Red. Insist on having the genuine. "Relief for Women," mailed FREE in plain sealed letter with testimonials and particulars. Address, FRENCH DRUG CO., 381 and 383 Pearl St., N.Y.

IF CLAIMANTS FOR PENSION
Write to NATHAN BICKFORD, Washington, D. C., they will receive quick replies. B. 541 N. H. Yols, Staff 20th Corps. Processing claims since 1878.

CURE YOURSELF!
Use Big C for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Prevents constipation. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for \$1.00, or 3 bottles, \$2.75. Circular sent on request.

YOUNG MEN!
For Gonorrhoea and Gleet get Paley's Okay Specific. It is the ONLY medicine which will cure each and every case. NO CASE known it has ever failed to cure, no matter how serious or of how long standing. Relief from its use will astonish you. It is absolutely safe, prevents stricture, and can be taken without inconvenience and detention from business. PRICE, \$2.50. For sale by all reliable druggists, or sent prepaid by express, plainly wrapped, on receipt of price, by PALEY CHEMICAL CO., Chicago, Ill. Circular mailed on request.

RUPTURE CURED.
We guarantee to fit every case we undertake. Don't put it off; write for particulars at once. C. H. WOODARD & CO., Experts in Truss Fitters, 108 Second Street, Portland, Or.

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THIS SIDE IS FOR THE ADDRESS ONLY.
Please send me proof that Dr. Williams' Pink Pills for Pale People will cure long standing disease of the blood and nerves. Address: John Smith, Marion, Ind.

Your name and address on a postal card will bring you absolute proof that Dr. Williams' Pink Pills for Pale People will cure you if you are afflicted with any disease of the blood or nerves. Mention the disorder with which you are suffering and we will send evidence that will convince and satisfy you that Dr. Williams' Pink Pills for Pale People will cure you.

These pills contain, in a condensed form, all the elements necessary to give new life and richness to the blood and restore shattered nerves. They are an unfailing specific for such diseases as locomotor ataxia, St. Vitus' dance, sciatica, neuralgia, rheumatism, partial paralysis and all forms of weakness either in men or women.

To a Lawrence Journal reporter Mr. G. H. Snyder, a well known citizen of Lawrence, Kan., related a wonderful story. He said: "I am now seventy years of age. About three years ago I experienced a coldness or numbness in the feet, then creeping up my legs, until it reached my body. I grew thin, appetite poor and did not enjoy my food. I became unable to move about. I consulted several distinguished physicians, one telling me I had locomotor ataxia, another, creeping paralysis. I took their medicines but continued to grow worse. A friend advised me to try Dr. Williams' Pink Pills for Pale People. Before I had finished my first box I found that they were benefiting me. I used twelve boxes and was perfectly cured. Although over six months since I used my last pill there has been no return of the disease. My appetite is good and general health better than for many years."

Look for the full name on the package. At druggists or direct from the Dr. Williams Medicine Co., Schenectady, N.Y. 50c. per box. 6 boxes \$2.50.



COL. STOTSENBERG.

were killed, was a captain in the regular service. He graduated from West Point in 1881 and some years later was granted leave of absence from service to act as military instructor in the Nebraska State University. He was in the service there when the Spanish war broke out and was made a major in the First Nebraska. His ideas of discipline made him unpopular, but after the regiment reached Manila and his coolness and bravery became known he was the idol of the men.

The man with a 250-pound wife has a large family to support.

Biliousness

"I have used your valuable CASCARETS and find them perfect. Couldn't do without them. I have used them for some time for indigestion and biliousness and am now completely cured. Recommend them to every one. Once tried, you will never be without them in the family." EDW. A. MARX, Albany, N. Y.



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OREGON BLOOD PURIFIER

IF YOU ARE SICK

If you have a continuous tired feeling; if every part of your body seems tired out, especially your back, you need

Moore's Revealed Remedy

One bottle makes the blood purer—brings relief. Thousands have been cured. \$1.00 per bottle at your druggist's.

BUY THE GENUINE SYRUP OF FIGS

... MANUFACTURED BY ... CALIFORNIA FIG SYRUP CO. IF NOTE THE NAME.

DR. GUNN'S IMPROVED PILLS

ONE FOR A DOSE. Cure Sick Headache and Dyspepsia, Remove Pimples and Purify the Blood, Aid Digestion and Prevent Biliousness. Do not Grip or Sicken. To convince you, we will mail sample free, or full box for 25c. DR. HOSANKO CO., Philada., Eonan. Sold by Druggists.

SURE CURE FOR PILES

ITCHING Piles produce moisture and cause itching. This form, as well as Bleed, Bleeding or Protruding Piles are cured by Dr. Hosanko's Pile Remedy. Stops itching and bleeding. Abarous tumors. See a Jar at druggist or sent by mail. Treatise free. Write me about your case. DR. HOSANKO, Philada., Pa.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.