

# CALENDAR CHOICES

## Ongoing South Lane County events

| Thursdays:  |  |
|---|--|
| NAMI<br>Creswell Over 40                          | Thursdays, 10 a.m., Jack Sprats<br>Wednesdays, 10 a.m.-1 p.m., Creswell<br>Community Center, 99 S. First St. |
| Rotary Club of Cottage Grove                      | Thursdays, 12 p.m., El Tapatio Mexican<br>Restaurant   |
| Lion's Club                                       | Second and Fourth Thursday, 12 p.m.,<br>Stacy's Covered Bridge Restaurant                                    |
| Senior Center Game Day                            | Thursdays 12:30-4 p.m. C.G. Community<br>Center.   |
| Cottage Grove Alzheimer's<br>Caregiver Support    | Third Thursday, 6:30p.m., Magnolia<br>Gardens  |
| LGBTQIA Teen Group Meeting<br>Chamber Ambassadors | Thursdays, 4 p.m., S. Lane Mental Health<br>First Thursday, 5:30pm., meetings held<br>virtually              |
| Hearing Loss Assoc.                               | Second Thursday, 7 p.m., 2589 Hilyard,<br>Eugene   |
| Lorane Fire Protection Dist.                      | Second Thursday, 7:30 p.m., 80287 Old<br>Lorane Rd.  |
| Eastern Star #4                                   | Third Thursday (no summer), 7:30 p.m.,<br>Masonic Center   |
| S. Lane Fire Board                                | Third Thursday, 7 p.m. Station 201, CG,<br>except Nov/feb/May Station 203<br>Creswell                        |
| Senior Center Pinochle                            | Friday, 11:30-4 p.m., CG Community<br>Center   |
| Rosie the Riveter                                 | Second Friday, 12:15 p.m., Adult Activity<br>Center, 315 W. C St., Springfield                               |
| Bohemia Gold Mining Museum                        | Thursdays, 1-4 pm, 308 S. 10th   |

| Fridays:   |  |
|--|--|
| Stand for Peace/Occupy CG<br>American Legion #32<br>Art Walk | Friday, 5 p.m., Seventh and Main<br>Friday Night Bingo, 5-7pm, 826 W. Main<br>Last Friday of the Month, 6-8 p.m.<br>(April thru October) Downtown CG |
| Community Gospel Sing-a-long                                 | Second Friday, 6:30-8 p.m., Old Time<br>Gospel Fellowship, 103 S. Fifth St.  |
| London Grange  | First Friday Potluck, 6:00 p.m.; Third<br>Friday Meeting, 72746 London Rd.   |
| VFW Post #3473<br>CG Historical Society Program              | First Saturday, 10 a.m., 3160 Hillside Dr.<br>Third Saturday, 10 a.m., CG Community<br>Center  |
| American Legion #32<br>Bohemia Gold Mining Museum            | First Saturday, noon, 826 W. Main St.<br>Fridays, 1-4 pm, 308 S. 10th  |

| Saturdays:                  |  |
|-----------------------------|--|
| CG Yarn Addicts             | 1-3pm Every Saturday, Crafty Mercantile<br>Downtown Cottage Grove                              |
| South Valley Farmers Market | Saturdays 11am-3pm 7th & Main,<br>Downtown Cottage Grove May 2nd thru<br>Oct. 31 Cottage Grove |
| Historical Museum           | Saturdays, 1-4 p.m., Corner H & Birch<br>Streets   |
| Bohemia Gold Mining Museum  | Saturdays, 1-4 pm, 308 S. 10th   |

| Sundays:   |  |
|--|--|
| Occupy Medical Free Clinic   | Noon-4 p.m., 1717 Centennial Blvd,<br>Springfield (Suites 4 and 7)             |
| South Lane Amateur Radio Assoc.<br>Cottage Grove Historical Museum | Second Sunday, 2 p.m., Masonic Hall<br>Sundays, 1-4 p.m., Corner H & Birch St. |

| Mondays:                                  |   |
|---|---|
| Caregiver Network                         | First Monday, 11 a.m.-1 p.m. 11,<br>Potluck - 1200 E. Quincy  |
| Senior Center Bingo                       | 12:30 p.m. Monday, CG Community<br>Center   |
| Autism Peer Support<br>Dorena Grange #835 | First Monday, 4 p.m., Healing Matrix<br>Fourth Monday, 6 p.m. Potluck; 7 p.m.<br>Meeting, 34360 Row River Rd. |
| Humane Society of CG Second               | Second Monday, 6:30 p.m., Sinclair Rm.,<br>City Hall  |
| Overeaters Anonymous<br>CG City Council   | 7 p.m. Monday, First Presbyterian Church<br>Second and fourth Monday, 7 p.m.,<br>City Hall                    |
| Creswell Grange                           | Second Monday, 7:30 p.m., 298 W.<br>Oregon Ave., Creswell   |

| Tuesdays:   |  |
|---|--|
| South Lane Wheels Board<br>Breast Cancer Support Group    | Fourth Tuesday, 12 p.m., 1450 Birch Ave.<br>Second Tuesday, 1 p.m., Call 541-942-<br>2309 for location           |
| Grief and Loss Support Group                              | 3rd Tuesday, 1:30-3pm, CG Community<br>Center, questions call Signature Hospice<br>541-246-1568                  |
| Veteran Support Services<br>Alzheimer's Caregiver Support | 3 p.m. Tuesday, Healing Matrix<br>Third Tuesday, 3-4 p.m., Willamalane<br>Adult Center 215 W. C St., Springfield |
| CG Youth Choir  | 4-5 p.m. Thursday, First Presbyterian<br>Church (ages 12-16)   |
| Community Sharing Board<br>Watershed Council Science Pub  | Third Tuesday, 4:30 p.m., 1440 Birch Ave.<br>Fourth Tuesday, 5 p.m., Axe & Fiddle,<br>657 E. Main St.            |
| Tirchotillomani Support Group                             | Second Tuesday, 5:30 p.m.,<br>Call 541-767-1730 for location   |
| CG Garden Club  | First Tuesday, 6 p.m., First Presbyterian<br>Church  |
| EBID  | Second Tuesday, 6 p.m., CG Community<br>Center   |
| CG 912 Project  | First & Third Tuesday, 6:30 p.m., Stacy's<br>Covered Bridge Restaurant Conf. Rm                                  |
| ACES Family Group<br>Friends of Mt. David                 | Third Tuesday, 6 p.m., 1551 E. Main St.<br>Second and fourth Tuesday, 6:30 p.m.,<br>corner of H and Birch        |
| CG Recreation Assn.<br>Poetry Night                       | Tuesday, 7 p.m., 1440 S. 8th St.<br>Third Tuesday, 7:30pm, Cottage Events<br>Venue                               |

| Wednesdays:   |   |
|---|---|
| Kiwanis Club<br>Veterans Assistance                 | Wednesday, 7 a.m., Koffee Kup<br>First Wednesday, 10 a.m.-1 p.m., VFW<br>Post #3473, 3160 Hillside Dr.              |
| Genealogical Society Meeting                        | Second Wednesday, 10 a.m.,<br>CG Community Center   |
| Genealogical Discussion Group                       | Third and fourth Wednesday,<br>10 a.m.-12 p.m., CG Community Center   |
| Lane County Veterans Services                       | Third Wednesday, 10 a.m.-1 p.m.,<br>American Legion, 826 Main St.   |
| Quilts of Valor                                     | Second Wednesday, 10 a.m.-4 p.m., VFW,<br>3160 Hillside Dr.   |
| Clothes Closet - Church of Christ<br>Pinochle Group | 6th and Gibbs Monday, 11 a.m.-2 p.m.<br>Wednesday, 11:30 a.m.-4 p.m., Senior<br>Center                              |
| Kiwanis Club  | Wednesday, 12 p.m., El Tapatio Mexican<br>Restaurant  |
| Veteran's Assistance                                | Third Wednesday, 12-3 p.m., VFW Post<br>#3473, 3160 Hillside Dr.  |
| CG Children's Choir                                 | Wednesday, 2 p.m., First Presbyterian<br>Church (ages 6-11)   |
| Alzheimer's/Dementia Caregivers                     | Third Wednesday, 5:30 p.m.,<br>Middlefield Oaks Senior Living<br>Community  |
| London 4-H Group<br>Elks Bingo                      | First Wednesday, 6 p.m. London Grange<br>Wednesday, 6:30-9:30 p.m., Elks Lodge<br>(no July/Aug)                     |
| Beta Sigma Phi                                      | First and third Wednesday, 7 p.m., call<br>541-942-1310 for location  |
| CG Planning Commission<br>Friends of CG Carousel    | Third Wednesday, 7:30 p.m., City Hall<br>Second and Fourth Wednesday, 9 a.m. -<br>11:30a.m. at the Community Center |
| Bohemia Mining Days Board                           | Third Wednesday at 6:30 p.m. at CG<br>Hotel, 811 Main St., Suite E  |

| All Weekdays: |  |
|---------------|--|
| Beeper Show   | 9-10 a.m. KNND 1040 AM. Call in<br>discussion, various topics/guests<br>541-942-5548 |

Please call 541-942-3325 or email:  
mfringer@cgsentinel.com with updates or changes.

**NOTE:**  
*Some organizations may have started meeting again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reach out to the organization of interest to find how they are conducting their meetings due to COVID-19. Stay safe and healthy.*

### Exercise and Fun

**KIDS CLUB**  
• South Lane School District grades 1-5.  
After school to 6 p.m. Mon-Fri on regular  
school days.  
Supervised play, homework help and snack.  
Cost: 1st child \$60/mo.; siblings \$40/mo.  
Info: 541-228-2847

**YOGA & MEDITATION**  
• CG Community Center, 700 E. Gibbs  
Ave.  
For strength, flexibility, relaxation with  
Gloria. 541-912-7789  
Saturdays 10-11:30 a.m. \$5/session  
Proceeds for children's scholarships.

**MINDFUL MOVEMENT YOGA**  
• Join a great group in its thirteenth year.  
Unwind as we practice mindful movement  
with flow, breath, & core awareness for all  
levels. Wednesdays 6-7:30 p.m. Call Jane Guerber  
at 541-654-5087 if you have questions.

**PICKLEBALL COTTAGE GROVE**  
• Info: 541-914-5937 or 503-318-8915

**WARREN H. DAUGHERTY AQUATIC CENTER**  
• 1440 S. 8th St., 541-942-5533  
Therapy Pool - Independent Exercise  
Mon, Wed, Fri: 5:30-6:45am & 7:30am-  
1pm, Tue, Thurs: 9am-1pm  
• Lap Swim  
Mon, Wed, Fri: 5:30-6:45am & 7:30-  
8:30am, Mon-Fri: 9am-1pm (2 lanes), Sat:

11am-Noon, Mon, Wed (2 Lanes): 7:30-9am,  
Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm  
Both Pools  
• Family and Recreation Swim  
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:  
6-8:30pm

**BRIDGE CARD GAME**  
• Bridge players wanted!  
For info call 541-942-4633

**9 HOLE LADIES GOLF LEAGUE**  
• Middlefield Golf Course, Wednesdays  
9am  
For info call Donna 541-840-6149

**Thursday:**  
• 9-9:50 a.m.: TOPS OR85 Take Off  
Pounds Sensibly, a weight-loss support group.  
At the Meets at Delight Valley Church, 33087  
Saginaw Rd. Info: Vicky 541-942-8641.

• 5:30 p.m.: TOPS OR969 Take Off  
Pounds Sensibly, a weight-loss support group.  
Weigh-In: 4:30 pm, Meeting: 5 pm. Meets at  
Delight Valley Church, 33087 Saginaw Rd.  
Info: Elaine 541-942-8547.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take  
Off Pounds Sensibly, a weight-loss support  
group. Weigh-In: 5:30 pm, Meeting: 6 pm.  
Meets at Creswell Grange Hall, 298 W. Ore-  
gon Ave. Info: 541-895-3156.

### Weight Loss Support Groups

**Monday:**  
• 9 a.m.: TOPS OR181 Take Off Pounds  
Sensibly, a weight-loss support group. At the  
Church of Christ, Drain. Info: 541-378-7801.

### Recurring North Douglas County Meetings

| DRAIN   |  |
|---|--|
| City Council  | Second Monday, 7 p.m., Civic Center                                |
| Fire Board  | Third Monday, 7 p.m., Fire Hall                                    |
| School Board  | Fourth Monday, 6:30 p.m., HS Library                               |
| Cemetery Board  | Third Tuesday, 9:30 a.m., Civic Center (even num<br>bered months)  |
| Planning Board  | First Monday, 7 p.m., Civic Center (as needed)                     |
| Civic Center Board  | Third Tuesday, 5:30 p.m., Civic Center (odd num-<br>bered months)  |
| Parks & Rec. Board  | Third Monday, 7 p.m., Pool Meeting Room                            |
| Library Board   | Third Wednesday, 6 p.m., Library                                   |
| Friends of Library  | First Wednesday, 6 p.m., Library                                   |
| ND County Fair Board  | Fourth Monday, 7 p.m., Civic Center                                |
| Elk Creek Watershed Council                                   | Third Tuesday, 7 p.m., Sunnysdale Grange                           |
| Masons  | Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.                |
| (OES) Eastern Star  | Second Wednesday, 7:30 p.m.  |
| Sunnysdale Grange   | Second Monday, 6:30 p.m.; Potluck First Monday,<br>Bingo 6:30 p.m. |
| Living Hope Outreach  | Lunch: Wednesday, 12:30-2 p.m.                                     |
| Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m. |  |
| Elk Creek Watershed Council                                   | Third Tuesday, 7 p.m. Sunnysdale Grange,<br>5 miles west of Drain  |

| YONCALLA                         |   |
|----------------------------------|---|
| City Council                     | Second Tuesday, 7 p.m., City Hall                         |
| ND Betterment                    | Third Monday, 12 p.m., City Hall                          |
| Planning Commission              | Third Tuesday, 7 p.m., City Hall (as needed)              |
| School Board                     | Third Wednesday, 7 p.m., YHS Library                      |
| Parks and Rec                    | First Tuesday, 7 p.m., Community Center                   |
| Library Board                    | Third Wednesday, 7 p.m. (beginning July 2018)             |
| Friends of the Library           | Second Thursday, 10 a.m., Library; Feb, May, Aug,<br>Nov. |
| Library Book Club                | Second Thursday, 6:30 p.m., Library                       |
| Beautification                   | Fourth Thursday, 5:30 p.m., City Hall                     |
| Chamber of Commerce              | First Thursday, 7:30 p.m., Community Center               |
| Rodeo Club                       | Third Thursday, 6:30 p.m., City Hall                      |
| Historical Society               | Third Thursday, 3 p.m., City Hall                         |
| Site Council                     | Last Wednesday of month, 3:30 p.m., HS staff room         |
| Applegate Pioneer Cemetery Board | Third Saturday, 10 a.m. Library                           |

| ELKTON             |  |
|--------------------|--|
| City Council       | Second Thursday, 8:30 a.m., City Hall    |
| Rebekahs           | First and third Tuesday, Masonic Lodge   |
| Eastern Star       | Second and fourth Tuesday, Masonic Lodge |
| ECEC Board Meeting | First Tuesday, ECEC, 541-584-2692        |
| ECEC Book Club     | Second Wednesday, 12 p.m., ECEC          |

### Community Meals

• Trinity Lutheran Church  
Tuesday and Thursday,  
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge  
Chicken Fried Steak First Friday  
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge  
Pulled Pork Sandwiches & more  
Second Friday  
5-7 pm. 755 N. River Rd.

• CG Elks Lodge  
Steak Feed Third Friday  
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge  
Fish Fry Fourth Friday  
5-7 p.m., 755 N. River Rd.

• VFW  
Friday, 5:30-6:30 p.m.  
3160 Hillside Dr.

• Sustainable CG  
First Friday, 6:30 p.m. Potluck  
Healing Matrix

• Sunday Supper  
5-6 p.m. Sunday, CG Community  
Center

• Creswell New Hope Baptist  
Wednesday, 5:15 p.m., 597 S.  
Front St., Creswell

**Breakfasts:**  
• VFW Post #3473  
First Sunday, 8-11 a.m., 3160  
Hillside Dr.

• OLPH Catholic Church  
Second Sunday (no Dec or  
March.) 8 a.m.-12 p.m., Harvey  
and 19th St.

• Masonic Lodge  
Third Sunday, 8-11 a.m., 33322  
Row River Rd.

• Elks Lodge  
Fourth Sunday, 8-11 a.m., 755  
N. River Rd.

### Addiction Recovery Groups

**Thursday:**  
• 7 a.m.: AA Open Meeting. "On  
Awakening" at CG Community  
Center, 700 Gibbs Ave. Info:  
541-510-4228 or 541-517-2036.  
Enter bldg. thru front patio gate  
• 6 p.m.: Celebrate Recovery. At  
Calvary Chapel Cottage Grove,  
1447 Pacific Hwy 99 (behind  
Koffee Kup) Info: 541-554-8135  
• 6:30 p.m.: AA Meeting- Rush  
Hour. Open Meeting. At CG  
Community Center, 700 Gibbs  
Ave.  
• 6:30 p.m.: Al-Anon Meeting.  
At CG Community Center, 700  
Gibbs Ave. Info: 541-554-7994  
or 541-510-4228  
• 7:30 p.m.: NA Meeting- Open  
Meeting at the American Legion  
Hall 826 W. Main Street

**Friday:**  
• 7 p.m.: Open AA meeting -  
Good Medicine Group. At CG  
Community Center, 700 Gibbs  
Ave., in Activity Room. Info:  
Karen 541-513-5126.

**Saturday:**  
• 7 a.m.: AA Open Meeting. "On  
Awakening" at CG Community  
Center, 700 Gibbs Ave. Info:  
541-510-4228 or 541-517-2036.  
Enter bldg. thru front patio gate  
• Noon: AA Meeting-Women's  
Good Grief Group. Closed  
meeting. Open to women alco-  
holics only. At Riverside Church  
of God. Info: 541-510-4228 or  
541-942-2809.  
• 7 p.m.: AA Meeting-Open  
Candlelight Group. CG Comm.  
Center, 700 Gibbs Ave. On the  
last Sat. of the month - Open

AA Speakers Meeting.  
• 7 p.m.: Al-Anon Meeting-Open  
Literature Discussion Group.  
CG Comm. Center, 700 Gibbs  
Ave.

**Sunday:**  
• 6 p.m.: AA Meeting - New  
Beginnings. CG Comm. Center,  
700 Gibbs Ave.

**Monday:**  
• 7 a.m.: AA Open Meeting. "On  
Awakening" at CG Community  
Center, 700 Gibbs Ave. Info:  
541-510-4228 or 541-517-2036.  
Enter bldg. thru front patio gate  
• 6 p.m.: AA Open Meeting for  
women only. "We're working  
on it!" Church of Christ, 6th &  
Gibbs. Info: 541-228-4751 or  
541-510-4228.  
• 7 p.m.: Nar-A-Non Family  
Meeting. CG Comm. Center,  
700 Gibbs Ave. For family and  
friends of addicts.

**Tuesday:**  
• 7 p.m.: Narcotics Anonymous.  
"A Way Back to Reality", open  
participation. At CG Community  
Center, back room, 700 Gibbs  
Ave. 541-603-8162

**Wednesday:**  
• 7 a.m.: AA Open Meeting. "On  
Awakening" at CG Community  
Center, 700 Gibbs Ave. Info:  
541-510-4228 or 541-517-2036.  
Enter bldg. thru front patio gate  
• 7 p.m.: AA Meeting- Wednes-  
day Night Beginners. Open  
meeting, at CG Comm. Center,  
700 Gibbs Ave.

**NOTE:** While the Community  
Center is closed and you are looking to  
attend or need to talk please reach out  
to any of the contacts listed here.

## DR. JONATHAN BACKER

### Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!  
1551 East Main Street • Cottage Grove • (541) 942-8437