

SATURDAY AFTERNOON ① Charter Cable ② SLTV Cottage Grove 1 SLTV London												JULY 24	
				1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
KEPB	7	23.1	28.1	Milk	Kitchen	Cook	Lidia	MotorWk	Wood	Weeks.	House	Old	Weekend
KEVU	12	34.2	34.2	The Mu	Immortals	Mom	Mike	Broke Girl	Mod Fam	Last Man	Paid Prg.	MLS Soccer	
KEZI	4	9.1	9.1	MLS Soccer			Sports	Your Best	Paid Prg.	Adven	House	News	ABC
KLSR	11	34.1	34.1	TMZ (N)		Jokers	Jokers	Jokers	Jokers	Immortals	Outdoor	Sports	Whacked
KMTR	6	16.1	16.1	2020 Tokyo Olympics				Earth	News	Wild	Earth	Tokyo Olympics	
CW	14	16.2	16.2	Made	Paid Prg.	** "The Shepherd" (2008) Scott Adkins				Rescue	Short List	Ninja Warrior	
KOBI		6.1		2020 Tokyo Olympics				Earth	News	Matter	NBC	Matter	News
KPTV		12.1		Paid Prg.	Paid Prg.	Estate	Recipe	* "Money Train" (1995) Wesley Snipes.				5 O'Clock News (N)	
KRCW	14			Laughs	Laughs	Friends	Friends	Friends	Friends	Pawn	Pawn	Northwest	Pawn
KVAL	8	13.1	13.1	PGA Tour Golf 3M Open, Third Round. (N)				Gold	Traveler	ScalpMed	Inside Ed.	NCIS: New Orleans	
THIS		13.2	13.2	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails	Best Fails
PURS		4.1		Jimmy	Challenge	Angling	Crappie	Rifles	Bass	Sports	Conquest	MOJO Mi	Sx De
KTOO2		4.2		Kitchen	Cook	Garden	P Allen	R. Steves	Queens	Fire	Mexican	Estate Scotland	
OPB+		23.2	28.2	Baking	Baking	Baking	Baking	Baking	Baking	Baking	Baking	Life-Sight	Learning
A&E	23			Court	Court	Court	Court	Court	*** "Unstoppable" (2010) Chris Pine				Other
AMC	24			"Die Hard-Veng."		*** "Live Free or Die Hard" (2007) Bruce Willis, Justin Long.						"The Perfect Storm"	
AMG		4.1		Madison	Martin	Celebrity Page		Boundless		Street	Street	"American Strays"	
DISC	30			Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue	
DISN	21			Bluey	Bluey	Bluey	Jessie	Jessie	Jessie	Jessie	Jessie	Jessie	Jessie
ESPN	31			UFC Fight Night: Sandhagen vs. Dillashaw - Prelims (N) (Live)				UFC Fight Night: Sandhagen vs. Dillashaw					
FREE	32			*** "Matilda" (1996) Mara Wilson.				(:05) *** "Despicable Me" (2010)				"Despicable Me 2"	
FX	45			"The Emoji Movie"		*** "Spider-Man: Into the Spider-Verse" (2018)						"Transformers-Extinction"	
ION	20	14.1		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
LIFE	29			"Neighbor's"		"Seduced by My Neighbor" (2018)				"Stalked by My Neighbor" (2015)			
NICK	39			(12:00) ** "Rio 2"		Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.
PARMT	38			(12:00) *** "Die Hard"		*** "Die Hard" (1988) Bruce Willis, Alan Rickman.						*** "Die Hard"	
TBS	10			"Star Wars: A New Hope"		(:45) **** "Star Wars: The Empire Strikes Back" (1980)						Star Wars	
TLC	41			Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper		Say Yes, Dress	
TNT	42			** "Let's Be Cops" (2014, Comedy)				** "The Heat" (2013, Comedy) Sandra Bullock.				Ocean's 8	
USA	15			Tokyo Olympics		Tokyo Olympics		2020 Tokyo Olympics: Women's Soccer				Tokyo Olympics	

SUNDAY MORNING													① Charter Cable ② SLTV Cottage Grove 1 SLTV London													JULY 25	
				8 AM		8:30		9 AM		9:30		10 AM		10:30		11 AM		11:30		12 PM		12:30					
KEPB	7	23.1	28.1	Dinosaur	Arthur (E)	R. Steves	R. Steves	Nature (Part 1 of 3)				NOVA								Icon: Music Through							
KEVU	12	34.2	34.2	In Search	Snowden	Crossfire Ministries				Spirit		Life 2.0		Ocean		Heartland		Rollin' TV		Whacked							
KEZI	4	9.1	9.1	KEZI 9 News AM			This Week				Home.		House		Outback		oh baby!		World of X Games								
KLSR	11	34.1	34.1	Fox News Sunday			Matter		Greta Van		Rollin' TV		Raw Trav.		Whacked		Cars.TV		Guide to the Games								
KMTR	6	16.1	16.1	2020 Tokyo Olympics								2020 Tokyo Olympics															
CW	14	16.2	16.2	Tomorrow	In Touch			David		Mass		P. Stone		New		Paid Prg.		ROH Wrestling									
KOBI		6.1		2020 Tokyo Olympics								2020 Tokyo Olympics															
KPTV		12.1		News			Fox News Sunday			Paid Prg.		Paid Prg.		** "Maid to Order" (1987) Ally Sheedy.													
KRCW	14			Church	Jeffress	Free		Paid Prg.		Worship Hour			Paid Prg.		Paid Prg.		Paid Prg.		Paid Prg.								
KVAL	8	13.1	13.1	News	Face the Nation (N)			Attkisson		Formula E								One Shot		PGA Golf							
THIS		13.2	13.2	Paid Prg.		Paid Prg.		Paid Program			1900 Gold		Paid Prg.		Wipeout			Wipeout									
PURS		4.1		Bear	Martin	Elusive		Miracle		Double		Just Kill'n		Hobie		Ameri		F & T's		Lone Star							
KTOO2		4.2		Garden	Garden	100 Days		100 Days		100 Days		100 Days		100 Days		100 Days		100 Days		100 Days							
OPB+		23.2	28.2	British Baking			Inside The			The Royal House				Slavery by Another Name				Sound									
A&E	23			Hoarders		Hoarders			Hoarders			Hoarders			Dirty Rotten			Killer									
AMC	24			Fighter		** "S.W.A.T." (2003, Action) Samuel L. Jackson.								*** "Only the Brave" (2017, Drama)													
AMG		4.1		Quiz	Nashville	Big World		Martin		Street		Street		Unseen		Inside I		Jet Set		The Tech							
DISC	30			Destroy	Monarch	Deadliest Catch				(:10) Naked and Afraid								Naked and Afraid									
DISN	21			Big City	Big City	Big City		Big City		Owl Hse.		Ladybug		Ladybug		Miraculous			Big City								
ESPN	31			SportsCenter (N)				SportCtr		Sports.		Mock		Woj		The Basketball Tournament Teams TBA.											
FREE	32			(7:30) *** "Back to the Future" (1985)								*** "Back to the Future Part II" (1989, Comedy)								Despica							
FX	45			Mike	Mike	Mike		* "The Emoji Movie" (2017, Children's)						"Spider-Man: Spider-Verse"													
ION	20	14.1		NCIS: New Orleans				Criminal Minds			Criminal Minds			Criminal Minds			Criminal Minds										
LIFE	29			Amazing	Jeremiah	J. Osteen		Paid Prg.		"My Nightmare Landlord" (2020)								"Ruthless Realtor"									
NICK	39			Dino Fury	Sponge.	** "Rio 2" (2014) Jesse Eisenberg								Loud		Loud		Loud		Loud							
PARMT	38			Bar Rescue			Bar Rescue			Bar Rescue			Bar Rescue			Bar Rescue											
TBS	10			George	George	Seinfeld		Seinfeld		Seinfeld		Seinfeld		The Cube				The Cube									
TLC	41			Say Yes	Say Yes	Say Yes, Dress				Say Yes, Dress				Say Yes, Dress				Say Yes, Dress									
TNT	42			NCIS: New Orleans				NCIS: New Orleans			NCIS: New Orleans			** "Taken 3" (2014) Liam Neeson.													
USA	15			2020 Tokyo Olympics				Tokyo Olympics			2020 Tokyo Olympics			Fencing.				Tokyo Olympics									

SUNDAY EVENING												① Charter Cable ② SLTV Cottage Grove 1 SLTV London				JULY 25	
				6 PM		6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30			
KEPB	7	23.1	28.1	Art Beat	Outdoor	British Baking		Secrets		Unforgotten		Professor T (N)					
KEVU	12	34.2	34.2	TMZ (N)		Major Crimes		Castle "Sleeper"		★ "Money Train" (1995)		Wesley Snipes.					
KEZI	4	9.1	9.1	News	News	Funny Home Videos		Celebrity Fam		The Chase (N)		To Tell the Truth (N)					
KLSR	11	34.1	34.1	Greta Van	Matter	Duncan	House	Simpsons	The-North	Burgers	Fam. Guy	News	World's				
KMTR	6	16.1	16.1	2020 Tokyo Olympics				Olympics		2020 Tokyo Olympics							
CW	14	16.2	16.2	Burgers	Burgers	Nightwatch		DC's Legends		Welling	Dead	Seinfeld	Ninja				
KOBI		6.1		News	1st Look	2020 Tokyo Olympics		Triathlon, Gymnastics, Swimming. (N) (Live)									
KPTV		12.1		FamFeud	FamFeud	Duncan	House	Simpsons	The-North	Burgers	Fam. Guy	10 O'Clock News (N)					
KRCW	14			Mod Fam	Mod Fam	Gold	Gold	DC's Legends		Welling	Dead	News	Game On!				
KVAL	8	13.1	13.1	News	Attkisson	60 Minutes (N)		Big Brother (N)		(:01) Love Island (N)							
THIS		13.2	13.2	Fear Factor		Fear Factor		Fear Factor		Fear Factor		Fear Factor					
PURS		4.1		Yamaha's	Elusive	The Ulti	Spiritual	Rifles	Hybrid	The Way	The Grind	Dying	Pursuit's				
KTOO2		4.2		100 Days	100 Days	Rick Steves		To Dine	Food	Food	Kitchen	Kitchen	Jazzy				
OPB+		23.2	28.2	Steve Backshall		Magical Land of Oz		Eyes on the Prize		Eyes on the Prize		Afropop: Cultural					
A&E	23			Killer	Kids Behind Bars: Lost for Life			Kids Who Kill			(:01) Juvenile Lifers						
AMC	24			(5:00) *** "Forrest Gump" (1994)				A Discovery of		Kevin Can F...		A Discovery of					
AMG		4.1		"Murder-Orient"		"Rain in the Mountains" (2007) Nick Erb			** "The Edge of Love" (2008, Drama)								
DISC	30			Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid					
DISN	21			(:05) "Descendants 2" (2017, Children's)				(:10) "Descendants 3" (2019, Children's)				Jessie	Jessie				
ESPN	31			MLB Baseball		SportsCenter (N)		SportsCenter (N) (Live)			SportsCenter						
FREE	32			(4:50) "Minions"		(6:55) ** "Despicable Me 3" (2017)				*** "Coco" (2017) Gael Garcia Bernal							
FX	45			(5:30) *** "Bumblebee" (2018, Action)				*** "Furious 7" (2015, Action) Vin Diesel, Paul Walker.									
ION	20	14.1		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds					
LIFE	29			"Next-Door Nightmare" (2021, Suspense)				"Murder on Maple Drive" (2021) Premiere.				"Marine's Wife"					
NICK	39			Sponge.	Sponge.	Danger	Dylan	"SpongeBob Movie"				Friends	Friends				
PARMT	38			Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue (N)					
TBS	10			(5:00) "Star Wars: The Force Awakens"				*** "Star Wars: The Last Jedi" (2017) Mark Hamill.									
TLC	41			90 Day Fiancé: Happily Ever After?				90 Day Fiancé: Happily Ever After? (N)						You, Me & My Ex (N)			
TNT	42			(:15) *** "Guardians of the Galaxy Vol. 2" (2017) Chris Pratt.								Animal Kingdom (N)		Animal Kingdom			
USA	15			2020 Tokyo Olympics: Softball				Tokyo Olympics		Tokyo Olympics		Tokyo Olympics					