

# Health, Happiness & Wellness

A guide to local businesses committed to helping our community thrive

## Chiropractor



Annette M. Simard, DC  
Simard Chiropractic, PC

1011 East Main St.  
Cottage Grove, OR 97424  
Tel: (541) 942-9031  
Fax: (541) 942-3858  
dranetsimard@gmail.com

## Counseling & Mental Health

### South Lane Mental Health

Serving Cottage Grove Since 1988

- Outpatient Counseling for Children, Adults & Couples
- Psychiatric Medication Management
- Crisis Assistance

541-942-2850 • 541-942-3939 • www.slmh.org

## Dental Health

### Delaying going to the Dentist?

Sedation Dentistry is a Dream come True... find out if its for You!

## BIRCH AVENUE DENTAL



- Comprehensive General Dentistry
- Advanced Cosmetic Techniques
- Implants

1325 Birch Avenue, Cottage Grove

541.942.2471

Park W. McClung, DDS & Tammy L. McClung, DDS

## Medical Center



PeaceHealth  
Cottage Grove  
Community Medical Center

Great care  
in a great  
place.

#### Our services include:

- Primary Care
- Laboratory
- Physical Therapy
- Imaging
- Medical Out-Patient Services
- Home Health
- Emergency Department
- Walk-In Clinic

peacehealth.org/cottage-grove • 1515 Village Drive  
Hospital: 541-767-5500 • Medical Clinic: 541-767-5200

## Medical Supplies

### Grove Medical Equipment

"BUILDING A HEALTHY COMMUNITY"

#### SALES AND RENTALS

- Home Oxygen • CPAP • Nebulizers
- Wheelchairs • Walkers • Canes • Crutches • Power Mobility
- Bathroom Equipment • Incontinence Supplies
- Aides to Daily Living • Splints & Braces • Compression Therapy

541-225-5443 148 Gateway Blvd  
Cottage Grove, OR 97424

## Orthodontics

CALL TODAY TO SCHEDULE YOUR INITIAL CONSULTATION • 541.686.1732

EUGENE  
622 E. 22nd Ave Suite C  
541.686.1732

CRESWELL  
195 Melton Rd.  
541.686.1732

**THORNTON**  
Orthodontics

## Women's Care

womenspace  
safety, hope and healing for survivors of domestic violence

24-Hour Crisis Line: 541-485-6513

Serving people of all genders in Lane County  
Office: 541-767-3879

## FIX from A1

At certain points, the road was measured to be more than eight inches off.

The contracted engineering firm, Branch Engineering, was called in to resurvey the work that had been done on the intersection and determined that Wildish Construction had done everything according to the plans the construction company had been handed.

Upon inspection of site design documents, however, it was found that information used for creating the construction documents of the crosswalks had been entered into the computer incorrectly, resulting in three crosswalks not following the contours of the road.

The input error was not fully realized until after the finished concrete had been already poured into forms and the forms removed.

One of the original proposed solutions was to reshape the whole intersection. However, "the engineers felt that it would be a better overall product if we just fix the existing concrete that needed to be fixed and not reshape the

road," said Stewart.

The engineering firm elected to cover costs of repair.

"Branch [Engineering] has stepped up and they are the ones that are going to pay for the corrections," said Stewart. "The city has helped with doing flagging to reduce the costs for the project and we also took out some pavement because we've completed the repairs to the northern crosswalks along Taylor."

The southwest corner of the intersection now remains the last item to be fixed, the completion of which will mark the Safe Routes to School project as completed.

Initially estimated to cost almost \$1.7 million, the safety project addresses key safety concerns on five routes to Cottage Grove schools. For most of these routes, safe sidewalks are an issue.

Stewart estimated the corrections should be completed in early July.

The issue kicked up an energetic discussion both in the council and in the public when it first arose in March. Some on the council were perplexed with how it the situation emerged in the first place

and some in the public were eager to find the party at fault.

Stewart expressed hope that future issues would be allowed to be resolved without premature finger-pointing.

"We try really hard to find out — when we do have an issue — to find out why we have an issue and resolve it," he said. "People should give us time to figure that out before they go out and say things. Wildish did exactly what they were paid to do."

Some comments on social media cast judgement on the construction company before any fault had been determined, which Stewart noted was unfortunate because the company employs many local community members.

"They had a set of plans that were given to them, they built it exactly the set of plans, and for folks to immediately blame the contractor, that's too bad, because they did do a great job," he said. "And it would have been nice if we would have recognized or we would have called it out before the concrete was set, but unfortunately that just didn't work in this instance."

## YOU CAN MAKE A DIFFERENCE!

Senior & Disability Services is looking for volunteers for our Senior Connections Programs and Senior Meals Programs—Meals on Wheels and Café 60-- in Cottage Grove! No experience is necessary. As a volunteer, you will be taught on how to help those in our community through the volunteering opportunity that best suites you.

For more information,

please call 541-682-3353.

**SENIOR & DISABILITY SERVICES**  
A DIVISION OF LANE COUNCIL OF GOVERNMENTS



#### COTTAGE GROVE:

**6th & Gibbs Church of Christ**  
195 N. 6th St. • 541-942-3822  
10:00am  
Christian Education: Pre-K through 5th  
Tim Baker, Senior Minister  
www.6thandgibbs.com

**Calvary Baptist Church**  
77873 S 6th St • 541-942-4290  
Pastor: Riley Hendricks  
Sunday School: 9:45am  
Worship: 11:00am  
The Journey: Sunday 5:00pm  
Praying Thru Life: Wednesday 6:00pm

**Church of Christ**  
420 Monroe St • 541-942-8565  
Sunday Service: 10:30am

**Cottage Grove Bible Church**  
1200 East Quincy Avenue  
541-942-4771  
Pastor: Bob Singer  
Worship 11am  
Sunday School: 9:45am  
AWANA age 3-8th Grade,  
Wednesdays Sept-May, 6:30pm  
www.cgbible.org

**Cottage Grove Faith Center**  
33761 Row River Rd.  
541-942-4851  
Lead Pastor: Kevin Prueff  
www.cg4.tv  
Full Children's Ministry available  
Services: 9:00am & 10:45am

**Delight Valley**  
Church of Christ  
33087 Saginaw Rd. East  
541-942-7711 • Pastor: Bob Friend  
Two Services:  
9am - Classic in the Chapel  
10:30am - Contemporary in the Auditorium

**First Baptist Church**  
301 S. 6th St • 541-942-8242  
Pastor: David Chhangle  
Sunday School 9:30am  
Worship Service 10:30am  
Youth Wednesday 6:30pm  
cgfirstbaptist.com

**First Presbyterian Church**  
3rd and Adams St  
541-942-4479  
Rev.: Karen Hill  
Worship: 10:00am  
Sunday School: 10:00am  
fpcgrove.com

**Hope Fellowship**  
United Pentecostal Church  
100 S. Gateway Blvd.  
541-942-2061  
Pastor: Dave Bragg  
Worship: 11:00am Sunday  
Bible Study: 7:00pm Wednesday  
www.hopefellowshipupc.com

**Living Faith Assembly**  
467 S. 10th St. • 541-942-2612  
Worship Services Sundays: 9a & 11a  
Youth Worship Sundays: 11a (all ages welcome)  
Mondays: 5:30p (6th-12th grades)

**Non-Denominational Church of Christ**  
1041 Pennoyer Ave  
541-942-8928  
Preacher: Tony Martin  
Sunday Bible Study: 10:00am  
Sunday Worship: 10:50am & 5:30pm  
www.pennoyeravecoc.com

**Our Lady of Perpetual Help and St. Philip Benizi Catholic Churches**  
1025. N. 19th St.  
541-942-3420  
Father John J. Boyle  
Holy Mass:  
Saturday Vigil - 5:30 pm  
Sunday - 10:30 am  
For weekday and Holy Day of Obligation schedule see website OLPHCC.net  
Confession: 4 PM to 5 PM  
Saturdays or by appointment  
St. Philip Benizi, Creswell  
552 Holbrook Lane  
Sunday 8 am

**St. Andrews Episcopal Church**  
1301 W. Main • 541-767-9050  
Rev. Lawrence Crumb  
"Scripture, Tradition, Reason"  
Worship: Sunday 10:30am  
All Welcome

**Seventh-day Adventist Church**  
820 South 10th Street  
541-942-5213  
Pastor: James D. Boram  
Bible Study: Saturday, 9:15 am  
Worship Service: Saturday, 10:40  
Mid-week Service: Wednesday, 1:00

**Trinity Lutheran Church**  
6th & Quincy • 541-942-2373  
Pastor: James L. Markus  
Sunday School & Adult Education  
9:15am

Sunday Worship 10:30 am  
Comm. Kitchen Free Meal Tue & Thur  
5:00pm TLC Groups  
tlccg.com

**United Methodist Church**  
334 Washington 541-942-3033  
Worship 10am  
umcgrove.org

**"VICTORY" Country Church**  
913 S. 6th Street • 541-942-5913  
Pastor: Barbara Dockery  
Worship Service: 10:00am  
Message: "WE BELIEVE IN MIRACLES"

**CRESWELL:**  
**Creswell Presbyterian Church**  
75 S 4th S • 541-895-3419  
Rev. Seth Wheeler  
Adult Sunday School 9:15am  
Sunday Worship Service 10:30 am  
website www.creswellpres.org



Our Worship Directory is a weekly feature.  
If your congregation would like to be a part of this directory,  
contact us today!

Cottage Grove  
**Sentinel**

541-942-3325  
1498 E. Main St  
Suite 104  
Cottage Grove, OR

To list your business  
call us 541-942-3325