

# CALENDAR CHOICES

## Ongoing South Lane County events

### Thursdays:

NAMI  
Creswell Over 40  
Rotary Club of Cottage Grove  
Lion's Club  
Senior Center Game Day  
Cottage Grove Alzheimer's Caregiver Support  
LGBTQIA Teen Group Meeting Chamber Ambassadors  
Hearing Loss Assoc.  
Lorane Fire Protection Dist.  
Eastern Star #4  
S. Lane Fire Board  
Senior Center Pinochle  
Rosie the Riveter  
Bohemia Gold Mining Museum

Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.  
Thursdays, 12 p.m., El Tapatio Mexican Restaurant  
Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant  
Thursdays 12:30-4 p.m. C.G. Community Center.  
Third Thursday, 6:30p.m., Magnolia Gardens  
Thursday, 4 p.m., S. Lane Mental Health  
First Thursday, 5:30pm., meetings held virtually  
Second Thursday, 7 p.m., 2589 Hilyard, Eugene  
Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.  
Third Thursday (no summer), 7:30 p.m., Masonic Center  
Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203  
Creswell  
Friday, 11:30-4 p.m., CG Community Center  
Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield  
Thursdays, 1-4 pm, 308 S. 10th

### Fridays:

Stand for Peace/Occupy CG  
American Legion #32  
Art Walk  
Community Gospel Sing-a-long  
London Grange  
VFW Post #3473  
CG Historical Society Program  
American Legion #32  
Bohemia Gold Mining Museum

Friday, 5 p.m., Seventh and Main  
Friday Night Bingo, 5-7pm, 826 W. Main  
Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG  
Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.  
First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.  
First Saturday, 10 a.m., 3160 Hillside Dr.  
Third Saturday, 10 a.m., CG Community Center  
First Saturday, noon, 826 W. Main St.  
Fridays, 1-4 pm, 308 S. 10th

### Saturdays:

CG Yarn Addicts  
South Valley Farmers Market  
Historical Museum  
Bohemia Gold Mining Museum

1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove  
Saturdays 11am-3pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31 Cottage Grove  
Saturdays, 1-4 p.m., Corner H & Birch Streets  
Saturdays, 1-4 pm, 308 S. 10th

### Sundays:

Occupy Medical Free Clinic  
South Lane Amateur Radio Assoc.  
Cottage Grove Historical Museum

Noon-4 p.m., 1717 Centennial Blvd, Springfield (Suites 4 and 7)  
Second Sunday, 2 p.m., Masonic Hall  
Sundays, 1-4 p.m., Corner H & Birch St.

### Mondays:

Caregiver Network  
Senior Center Bingo  
Autism Peer Support  
Dorena Grange #835  
Humane Society of CG Second  
Overeaters Anonymous  
CG City Council  
Creswell Grange

First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy  
12:30 p.m. Monday, CG Community Center  
First Monday, 4 p.m., Healing Matrix  
Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.  
Second Monday, 6:30 p.m., Sinclair Rm., City Hall  
7 p.m. Monday, First Presbyterian Church  
Second and fourth Monday, 7 p.m., City Hall  
Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

### Tuesdays:

South Lane Wheels Board  
Breast Cancer Support Group  
Grief and Loss Support Group  
Veteran Support Services  
Alzheimer's Caregiver Support  
CG Youth Choir  
Community Sharing Board  
Watershed Council Science Pub  
Tirchotillomani Support Group  
CG Garden Club  
EBID  
CG 912 Project  
ACES Family Group  
Friends of Mt. David  
CG Recreation Assn.  
Poetry Night

Fourth Tuesday, 12 p.m., 1450 Birch Ave.  
Second Tuesday, 1 p.m., Call 541-942-2309 for location  
3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568  
3 p.m. Tuesday, Healing Matrix  
Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield  
4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)  
Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.  
Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.  
Second Tuesday, 5:30 p.m., Call 541-767-1730 for location  
First Tuesday, 6 p.m., First Presbyterian Church  
Second Tuesday, 6 p.m., CG Community Center  
First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm  
Third Tuesday, 6 p.m., 1551 E. Main St.  
Second and fourth Tuesday, 6:30 p.m., corner of H and Birch  
Tuesday, 7 p.m., 1440 S. 8th St.  
Third Thursday, 7:30pm, Cottage Events Center

### Wednesdays:

Kiwanis Club  
Veterans Assistance  
Genealogical Society Meeting  
Genealogical Discussion Group  
Lane County Veterans Services  
Quilts of Valor  
Clothes Closet - Church of Christ  
Pinochle Group  
Kiwanis Club  
Veteran's Assistance  
CG Children's Choir  
Alzheimer's/Dementia Caregivers  
CG Art Guild  
London 4-H Group  
Elks Bingo  
Beta Sigma Phi  
CG Planning Commission  
Friends of CG Carousel  
Bohemia Mining Days Board  
Beeper Show

Wednesday, 7 a.m., Koffee Kup  
First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.  
Second Wednesday, 10 a.m., CG Community Center  
Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center  
Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.  
Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.  
6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center  
Wednesday, 12 p.m., El Tapatio Mexican Restaurant  
Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.  
Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)  
Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community  
First Wednesday, 6 p.m., Call 541-942-8913 for location  
First Wednesday, 6 p.m. London Grange  
Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)  
First and third Wednesday, 7 p.m., call 541-942-1310 for location  
Third Wednesday, 7:30 p.m., City Hall  
Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center  
Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E  
9-10 a.m. KNND 1040 AM. Call in

### All Weekdays:

discussion, various topics/guests  
541-942-5548

Please call 541-942-3325 or email: mfringer@egsentinel.com with updates or changes.

### NOTE:

*Some organizations may have started meeting again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reach out to the organization of interest to find how they are conducting thier meetings due to COVID-19. Stay safe and healthy.*

## Exercise and Fun

**KIDS CLUB**  
• South Lane School District grades 1-5.  
After school to 6 p.m. Mon-Fri on regular school days.  
Supervised play, homework help and snack.  
Cost: 1st child \$60/mo.; siblings \$40/mo.  
Info: 541-228-2847

**YOGA & MEDITATION**  
• CG Community Center, 700 E. Gibbs Ave.  
For strength, flexibility, relaxation with Gloria. 541-912-7789  
Saturdays 10-11:30 a.m. \$5/session  
Proceeds for children's scholarships.

**MINDFUL MOVEMENT YOGA**  
• Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels. Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

**PICKLEBALL COTTAGE GROVE**  
• Info: 541-914-5937 or 503-318-8915

**WARREN H. DAUGHERTY AQUATIC CENTER**  
• 1440 S. 8th St., 541-942-5533  
Therapy Pool - Independent Exercise  
Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm, Tue, Thurs: 9am-1pm  
• Lap Swim  
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am, Mon-Fri: 9am-1pm (2 lanes), Sat:

11am-Noon, Mon, Wed (2 Lanes): 7:30-9am,  
Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm  
Both Pools  
• Family and Recreation Swim  
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat: 6-8:30pm

**BRIDGE CARD GAME**  
• Bridge players wanted!  
For info call 541-942-4633

**9 HOLE LADIES GOLF LEAGUE**  
• Middlefield Golf Course, Wednesdays 9am  
For info call Donna 541-840-6149

## Weight Loss Support Groups

**Monday:**  
• 9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

**Thursday:**  
• 9-9:50 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the Meets at Delight Valley Church, 33087 Saginaw Rd. Info: Vicky 541-942-8641.

• 5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 4:30 pm, Meeting: 5 pm. Meets at Delight Valley Church, 33087 Saginaw Rd. Info: Elaine 541-942-8547.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

## Recurring North Douglas County Meetings

**DRAIN**  
City Council  
Fire Board  
School Board  
Cemetery Board  
Planning Board  
Civic Center Board  
Parks & Rec. Board  
Library Board  
Friends of Library  
ND County Fair Board  
Elk Creek Watershed Council  
Masons  
(OES) Eastern Star  
Sunnydale Grange  
Living Hope Outreach  
Food Pantry:  
Elk Creek Watershed Council

Second Monday, 7 p.m., Civic Center  
Third Monday, 7 p.m., Fire Hall  
Fourth Monday, 6:30 p.m., HS Library  
Third Tuesday, 9:30 a.m., Civic Center (even numbered months)  
First Monday, 7 p.m., Civic Center (as needed)  
Third Tuesday, 5:30 p.m., Civic Center (odd numbered months)  
Third Monday, 7 p.m., Pool Meeting Room  
Third Wednesday, 6 p.m., Library  
First Wednesday, 6 p.m., Library  
Fourth Monday, 7 p.m., Civic Center  
Third Tuesday, 7 p.m., Sunnydale Grange  
Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.  
Second Wednesday, 7:30 p.m.  
Second Monday, 6:30 p.m.; Potluck First Monday, 6:30 p.m.  
Lunch: Wednesday, 12:30-2 p.m.  
and Sunday 12:15 -2 p.m.  
Third Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

**YONCALLA**  
City Council  
ND Betterment  
Planning Commission  
School Board  
Parks and Rec  
Library Board  
Friends of the Library  
Library Book Club  
Beautification  
Chamber of Commerce  
Rodeo Club  
Historical Society  
Site Council  
Applegate Pioneer Cemetery Board

Second Tuesday, 7 p.m., City Hall  
Third Monday, 12 p.m., City Hall  
Third Tuesday, 7 p.m., City Hall (as needed)  
Thrid Wednesday, 7 p.m., YHS Library  
First Tuesday, 7 p.m., Community Center  
Thrid Wednesday, 7 p.m. (beginning July 2018)  
Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov.  
Second Thursday, 6:30 p.m., Library  
Fourth Thursday, 5:30 p.m., City Hall  
First Thursday, 7:30 p.m., Community Center  
Third Thursday, 6:30 p.m., City Hall  
Third Thursday, 3 p.m., City Hall  
Last Wednesday of month, 3:30 p.m., HS staff room  
Third Saturday, 10 a.m. Library

**ELKTON**  
City Council  
Rebekahs  
Eastern Star  
ECEC Board Meeting  
ECEC Book Club

Second Thursday, 8:30 a.m., City Hall  
First and third Tuesday, Masonic Lodge  
Second and fourth Tuesday, Masonic Lodge  
First Tuesday, ECEC, 541-584-2692  
Second Wednesday, 12 p.m., ECEC

## Community Meals

• Trinity Lutheran Church  
Tuesday and Thursday,  
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge  
Chicken Fried Steak First Friday  
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge  
Baked Chicken & more  
Second Friday  
5-7pm 755N River Rd.

• CG Elks Lodge  
Steak Feed Third Friday  
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge  
Fish Fry Fourth Friday  
5-7 p.m., 755 N. River Rd.

• VFW  
Friday, 5:30-6:30 p.m.  
3160 Hillside Dr.

• Sustainable CG  
First Friday, 6:30 p.m. Potluck  
Healing Matrix

• Sunday Supper  
5-6 p.m. Sunday, CG Community Center

• Creswell New Hope Baptist  
Wednesday, 5:15 p.m., 597 S. Front St., Creswell

**Breakfasts:**  
• VFW Post #3473  
First Sunday, 8-11 a.m., 3160 Hillside Dr.

• OLPH Catholic Church  
Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

• Masonic Lodge  
Third Sunday, 8-11 a.m., 33322 Row River Rd.

• Elks Lodge  
Fourth Sunday, 8-11 a.m., 755 N. River Rd.

## Addiction Recovery Groups

**Thursday:**  
• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate  
• 6 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-554-8135  
• 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.  
• 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228  
• 7:30 p.m.: NA Meeting- Open Meeting at the American Legion Hall 826 W. Main Street

**Friday:**  
• 7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

**Saturday:**  
• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate  
• Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809.  
• 7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. Center, 700 Gibbs Ave. On the last Sat. of the month - Open

AA Speakers Meeting.  
• 7 p.m.: Al-Anon Meeting-Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

**Sunday:**  
• 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

**Monday:**  
• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate  
• 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.  
• 7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

**Tuesday:**  
• 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

**Wednesday:**  
• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate  
• 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting, at CG Comm. Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help Catholic Church

# DR. JONATHAN BACKER



## Creating Smiles that Last a Lifetime!



*Currently Welcoming New Patients - Call for an Appointment!*

**1551 East Main Street • Cottage Grove • (541) 942-8437**