

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.
Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.
Cottage Grove Alzheimer's Caregiver Support	Third Thursday, 6:30p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health First Thursday, 5:30pm., meetings held virtually
Hearing Loss Assoc.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Lorane Fire Protection Dist.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Poetry Night Eastern Star #4	Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center
S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell
Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield
Bohemia Gold Mining Museum	Thursdays, 1-4 pm, 308 S. 10th

Fridays:

Stand for Peace/Occupy CG American Legion #32 Art Walk	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
London Grange	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.
VFW Post #3473 CG Historical Society Program	First Saturday, 10 a.m., 3160 Hillside Dr. Third Saturday, 10 a.m., CG Community Center
American Legion #32 Bohemia Gold Mining Museum	First Saturday, noon, 826 W. Main St. Fridays, 1-4 pm, 308 S. 10th

Saturdays:

CG Yarn Addicts	1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove
South Valley Farmers Market	Saturdays 11am-3pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31 Cottage Grove
Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets
Bohemia Gold Mining Museum	Saturdays, 1-4 pm, 308 S. 10th

Sundays:

Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
South Lane Amateur Radio Assoc. Cottage Grove Historical Museum	Second Sunday, 2 p.m., Masonic Hall Sundays, 1-4 p.m., Corner H & Birch St.

Mondays:

Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo	12:30 p.m. Monday, CG Community Center
Autism Peer Support Dorena Grange #835	First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.
Overeaters Anonymous CG City Council	7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall
Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

Tuesdays:

South Lane Wheels Board Breast Cancer Support Group	Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location
Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568
Veteran Support Services Alzheimer's Caregiver Support	3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board Watershed Council Science Pub	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave. Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Tirchotillomani Support Group	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
CG Garden Club	First Tuesday, 6 p.m., First Presbyterian Church
EBID	Second Tuesday, 6 p.m., CG Community Center
CG 912 Project	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm Tuesday, 6:30 p.m., Sinclair Rm., City Hall
Humane Society of CG Second	Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch
ACES Family Group Friends of Mt. David	Tuesday, 7 p.m., 1440 S. 8th St.
CG Recreation Assn.	

Wednesdays:

Kiwanis Club Veterans Assistance	Wednesday, 7 a.m., Koffee Kup First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Genealogical Society Meeting	Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services	Second Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor	Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Clothes Closet - Church of Christ Pinochle Group	6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center
Kiwanis Club	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Veteran's Assistance	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
CG Children's Choir	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
Alzheimer's/Dementia Caregivers	Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
CG Art Guild	First Wednesday, 6 p.m., Call 541-942- 8913 for location
London 4-H Group Elks Bingo	First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Beta Sigma Phi	First and third Wednesday, 7 p.m., call 541-942-1310 for location
CG Planning Commission Friends of CG Carousel	Third Wednesday, 7:30 p.m., City Hall Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
Bohemia Mining Days Board	Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E

All Weekdays:

Beeper Show	9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests
	541-942-5548

Please call 541-942-3325 or email:
mfringer@cgsentinel.com with updates or changes.

NOTE:

Some organizations may have begun meeting again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reach out to the organization your looking for to find how they are conducting thier meetings due to COVID-19. Stay safe and healthy.

Exercise and Fun

KIDS CLUB

• South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION

CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with
Gloria. 541-912-7789
Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA

• Join a great group in its thirteenth year. Un-
wind as we practice mindful movement with
flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at
541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE

• Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER

• 1440 S. 8th St., 541-942-5533
Therapy Pool - Independent Exercise
Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
Tue, Thurs: 9am-1pm
• Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-
Noon, Mon, Wed (2 Lanes): 7:30-9am, Tue,

Thurs, Fri, Sat (2 Lanes): 6-8:30pm

Both Pools

• Family and Recreation Swim

Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:
6-8:30pm

BRIDGE CARD GAME

• Bridge players wanted!
For info call 541-942-4633

9 HOLE LADIES GOLF LEAGUE

• Middlefield Golf Course, Wednesdays 9am
For info call Donna 541-840-6149

Weight Loss Support Groups

Monday:

• 9 a.m.: TOPS OR181 Take Off Pounds
Sensibly, a weight-loss support group. At the
Church of Christ, Drain. Info: 541-378-7801.

Thursday:

• 9-9:50 a.m.: TOPS OR85 Take Off Pounds
Sensibly, a weight-loss support group. At
the Meets at Delight Valley Church, 33087
Saginaw Rd. Info: Vicky 541-942-8641.

• 5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group. Weigh-
In: 4:30 pm, Meeting: 5 pm. Meets at Delight
Valley Church, 33087 Saginaw Rd. Info:
Elaine 541-942-8547.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W. Ore-
gon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN City Council Fire Board School Board Cemetery Board	Second Monday, 7 p.m., Civic Center Third Monday, 7 p.m., Fire Hall Fourth Monday, 6:30 p.m., HS Library Thrid Tuesday, 9:30 a.m., Civic Center (even num bered months)
Planning Board Civic Center Board bered Parks & Rec. Board Library Board Friends of Library ND County Fair Board Elk Creek Watershed Council Masons (OES) Eastern Star Sunnydale Grange	First Monday, 7 p.m., Civic Center (as needed) Thrid Tuesday, 5:30 p.m., Civic Center (odd num- bers) Third Monday, 7 p.m., Pool Meeting Room Third Wednesday, 6 p.m., Library First Wednesday, 6 p.m., Library Fourth Monday, 7 p.m., Civic Center Third Tuesday, 7 p.m., Sunnydale Grange Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. Second Wednesday, 7:30 p.m. Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m.
Living Hope Outreach Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m. Elk Creek Watershed Council	Lunch: Wednesday, 12:30-2 p.m. Thrid Tuesday, 7 p.m. Sunnydale Grange, 5 miles west of Drain

YONCALLA

City Council ND Betterment Planning Commission School Board Parks and Rec Library Board Friends of the Library	Second Tuesday, 7 p.m., City Hall Third Monday, 12 p.m., City Hall Thrid Tuesday, 7 p.m., City Hall (as needed) Thrid Wednesday, 7 p.m., YHS Library First Tuesday, 7 p.m., Community Center Thrid Wednesday, 7 p.m. (beginning July 2018) Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov. Second Thursday, 6:30 p.m., Library Fourth Thursday, 5:30 p.m., City Hall First Thursday, 7:30 p.m., Community Center Rodeo ClubThird Thursday, 6:30 p.m., City Hall Third Thursday, 3 p.m., City Hall Site CouncilLast Wednesday of month, 3:30 p.m., HS staff room Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library
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ELKTON

City Council Rebekahs Eastern Star ECEC Board Meeting ECEC Book Club	Second Thursday, 8:30 a.m., City Hall First and third Tuesday, Masonic Lodge Second and fourth Tuesday, Masonic Lodge First Tuesday, ECEC, 541-584-2692 Second Wednesday, 12 p.m., ECEC
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Community Meals

• Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Baked Chicken & more
Second Friday
5-7pm. 755 N River Rd.

• CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

• VFW
Friday, 5:30-6:30 p.m.
3160 Hillside Dr.

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG
Community Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:

• VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

• OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday:

• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: Celebrate Recovery. At
Calvary Chapel Cottage Grove,
1447 Pacific Hwy 99 (behind
Koffee Kup) Info: 541-554-8135
• 6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
• 6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
• 7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday:

• 7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.

Saturday:

• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.
• 7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.

Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.
• 7 p.m.: Al-Anon Meeting-
Open Literature Discussion
Group. CG Comm. Center, 700
Gibbs Ave.

Sunday:

• 6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday:

• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: AA Open Meeting for
women only. “We’re working
on it” Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
• 7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.

Tuesday:

• 7 p.m.: Narcotics Anonymous.
“A Way Back to Reality”, open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday:

• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 7 p.m.: AA Meeting-
Wednesday Night Beginners.
Open meeting, at CG Comm.
Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437