

Bohemia Gold Mining Museum Saturdays, 1-4 pm, 308 S. 10th

Friends of Mt. David CG Recreation Assn.

Kiwanis Club

Quilts of Valor

p.m.Pinochle Group

Veteran's Assistance

CG Children's Choir

VFW.

Kiwanis Club

CG Art Guild

Beta Sigma Phi

Beeper Show

London 4-H Group Elks Bingo

CG Planning Commission

Friends of CG Carousel

Bohemia Mining Days Board

Veterans Assistance

Genealogical Society Meeting

Genealogical Discussion Group

Lane County Veterans Services

Second and fourth Tuesday, 6:30 p.m., corner of H and Birch Tuesday, 7 p.m., 1440 S. 8th St.

Wednesday, 7 a.m., Koffee Kup

Post #3473, 3160 Hillside Dr.

Second Wednesday, 10 a.m.,

CG Community Center Third and fourth Wednesday,

First Wednesday, 10 a.m.-1 p.m., VFW

10 a.m.-12 p.m., CG Community Center

Third Wednesday, 10 a.m.-1 p.m.,

American Legion, 826 Main St.

Wednesdays:

Center

# **Thursdays:**

NAMI Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Creswell Over 40 Community Center, 99 S. First St. Rotary Club of Cottage Grove Thursdays, 12 p.m., El Tapatio Mexican Restaurant Lion's Club Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant Senior Center Game Day Thursdays 12:30-4 p.m. C.G. Center. Community South Valley Farmers Market Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd Oct. 31 thru Cottage Grove Alzheimer's Third Thursday, 6:30p.m., Magnolia Caregiver Support Gardens Thursday, 4 p.m., S. Lane Mental Health LGBTQIA Teen Group Meeting Chamber Ambassadors First Thursday, 5:30pm., meetings held virtually Second Thursday, 7 p.m., 2589 Hilyard, Hearing Loss Assoc. Eugene Lorane Fire Protection Dist. Second Thursday, 7:30 p.m., 80287 Old Lorane Rd. Poetry Night Third Thursday, 7:30pm, Axe & Fiddle Eastern Star #4 Third Thursday (no summer), 7:30 Masonic Center p.m., S. Lane Fire Board Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell **Fridays:** 

Senior Center Pinochle Community	Friday, 11:30-4 p.m., CG Center
Rosie the Riveter Activity Springfield	Second Friday, 12:15 p.m., Adult Center, 315 W. C St.,
Stand for Peace/Occupy CG American Legion #32 Main	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W.
Art Walk	Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
London Grange	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.
Sat	turdays:
VFW Post #3473 CG Historical Society Program Community American Legion #32 Bohemia Gold Mining Museum	First Saturday, 10 a.m., 3160 Hillside Dr. Third Saturday, 10 a.m., CG Center First Saturday, noon, 826 W. Main St. Fridays, 1-4 pm, 308 S. 10th

Streets

CG Yarn Addicts 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove Cottage Grove Historical Museum Saturdays, 1-4 p.m., Corner H & Birch

# Exercise and Fun

#### KIDS CLUB

• South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days Supervised play, homework help and snack. Cost: 1st child \$60/mo.; siblings \$40/mo. Info: 541-228-2847

#### **YOGA & MEDITATION**

• CG Community Center, 700 E. Gibbs Ave. For strength, flexibility, relaxation with Gloria. 541-912-7789

# Weight Loss Support Groups

Sundays:

Noon-4 p.m., 1717 Centenial Blvd, Occupy Medical Free Clinic Springfield (Suites 4 and 7) South Lane Amateur Radio Assoc. Second Sunday, 2 p.m., Masonic Hall

Cottage Grove Historical Museum Sundays, 1-4 p.m., Corner H & Birch St.

## Mondays:

Caregiver Network	First Monday, 11 a.m1 p.m. 11, Potluck - 1200 E. Quincy	
Senior Center Bingo	12:30 p.m. Monday, CG Community Center	
Autism Peer Support	First Monday, 4 p.m., Healing Matrix	
Dorena Grange #835	Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd.	
Overeaters Anonymous Church	7 p.m. Monday, First Presbyterian	
CG City Council	Second and fourth Monday, 7 p.m., City Hall	
Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell	
Tuesdays:		
South Lane Wheels Board Ave.	Fourth Tuesday, 12 p.m., 1450 Birch	

Second Tuesday, 1 p.m., Call 541-942- 2309 for location
3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568
3 p.m. Tuesday, Healing Matrix
Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Thrid Tuesday, 4:30 p.m., 1440 Birch
Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
First Tuesday, 6 p.m., First Presbyterian Church
Second Tuesday, 6 p.m., CG Community Center
First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm
Tuesday, 6:30 p.m., Sinclair Rm., City Hall
Third Tuesday, 6 p.m., 1551 E. Main St.

Therapy Pool - Independent Exercise

1pm, Tue, Thurs: 9am-1pm

Lap Swim

**Both Pools** 

6-8:30pm

8547.

Mon, Wed, Fri: 5:30-6:45am & 7:30am-

Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,

Noon, Mon, Wed (2 Lanes): 7:30-9am, Tue,

Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:

Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-

Thurs, Fri, Sat (2 Lanes): 6-8:30pm

Family and Recreation Swim

**BRIDGE CARD GAME** 

Bridge players wanted!

For info call 541-942-4633

# Community Meals

• Trinity Lutheran Church Tuesday and Thursday, 5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge Chicken Fried Steak First Friday 5-7 p.m., 755 N. River Rd.

• CG Elks Lodge Baked Chicken & more Second Friday 5-7 p.m. 755 N. River Rd.

• CG Elks Lodge Steak Feed Third Friday 5-7 p.m., 755 N. River Rd.

Second Wednesday, 10 a.m.-4 p.m., 3160 Hillside Dr. Clothes Closet - Church of Christ 6th and Gibbs Monday, 11 a.m.-2 Wednesday, 11:30 a.m.-4 p.m., Senior

Wednesday, 12 p.m., El Tapatio Mexican Restaurant Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr. Wednesday, 2 p.m., First Presbyterian Church (ages 6-11) Alzheimer's/Dimentia Caregivers Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community First Wednesday, 6 p.m., Call 541-942-8913 for location First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug) First and third Wednesday, 7 p.m., call 541-942-1310 for location

All Weekdays:

Second and Fourth Wednesday, 9 a.m. -11:30a.m. at the Community Center Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548

Third Wednesday, 7:30 p.m., City Hall

Please call 541-942-3325 or email: mfringer@cgsentinel.com with updates or changes.

#### NOTE:

Some organizations may have begun meeting again as some COVID-19 restrictions have changed. It is best to reach out to the organization your looking for to find how they are conducting thier meetings due to COVID-19.

> Sustainable CG First Friday, 6:30 p.m. Potluck Healing Matrix

• Sunday Supper 5-6 p.m. Sunday, CG Community Center

• Creswell New Hope Baptist Wednesday, 5:15 p.m., 597 S. Front St., Creswell

**Breakfasts:** 

• VFW Post #3473 First Sunday, 8-11 a.m., 3160 Hillside Dr.

• OLPH Catholic Church Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St.

• Masonic Lodge Third Sunday, 8-11 a.m., 33322 Row River Rd.

Saturdays 10-11:30 a.m. \$5/session Proceeds for children's scholarships.

#### MINDFUL MOVEMENT YOGA

• Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels. Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE

WARREN H. DAUGHERTY AQUATIC CENTER

### Thursday:

• 9-9:50 a.m.: TOPS OR85 Take Off group. At the Meets at Delight Valley

• Info: 541-914-5937 or 503-318-8915

# • 1440 S. 8th St., 541-942-5533

Pounds Sensibly, a weight-loss support

#### Monday:

• 9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801.

Church, 33087 Saginaw Rd. Info: Vicky 541-942-8641

• 5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 4:30 pm, Meeting: 5

Grange,

**Recurring North Douglas County Meetings** 

#### DRAIN

City Council	Second Monday, 7 p.m., Civic Center	
Fire Board	Third Monday, 7 p.m., Fire Hall	
School Board	Fourth Monday, 6:30 p.m., HS Library	
Cemetery Board	Third Tuesday, 9:30 a.m., Civic Center (even num	
	bered months)	
Planning Board	First Monday, 7 p.m., Civic Center (as needed)	
Civic Center Board	Third Tuesday, 5:30 p.m., Civic Center (odd num-	
bered	months)	
Parks & Rec. Board	Third Monday, 7 p.m., Pool Meeting Room	
Library Board	Third Wednesday, 6 p.m., Library	
Friends of Library	First Wednesday, 6 p.m., Library	
ND County Fair Board Fourth Monday, 7 p.m., Civic Center		
Elk Creek Watershed	Council Third Tuesday, 7 p.m., Sunnydale	
Grange		
Masons	Third Saturday Breakfast 8:30 a.m.; Meeting 10	
a.m.		
(OES) Eastern Star	Second Wednesday, 7:30 p.m.	
Sunnydale Grange	Second Monday, 6:30 p.m.; Potluck First Monday,	
. 0	Bingo 6:30 p.m.	
Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m.		

Living Hope Outreach Lunch: Wednesday, 12:30-2 p.m. Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

# • 5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Oregon Ave. Info: 541-895-3156.

pm. Meets at Delight Valley Church,

33087 Saginaw Rd. Info: Elaine 541-942-

Elk Creek Watershed Council Third Tuesday, 7 p.m. Sunnydale

5 miles west of Drain

YONCALLA City Council Second Tuesday, 7 p.m., City Hall ND Betterment Third Monday, 12 p.m., City Hall Planning Commission Third Tuesday, 7 p.m., City Hall (as needed) Thrid Wednesday, 7 p.m., YHS Library School Board Parks and Rec First Tuesday, 7 p.m., Community Center Thrid Wednesday, 7 p.m. (beginning July 2018) Library Board Friends of the Library Second Thursday, 10 a.m., Library; Feb, May, Nov. Aug., Library Book Club Second Thursday, 6:30 p.m., Library Beautification Fourth Thursday, 5:30 p.m., City Hall Chamber of Commerce First Thursday, 7:30 p.m., Community Center Rodeo Club Third Thursday, 6:30 p.m., City Hall Historical Society Third Thursday, 3 p.m., City Hall Site Council Last Wednesday of month, 3:30 p.m., HS staff room Applegate Pioneer Cemetery Board Third Saturday, 10 a.m. Library

### ELKTON

City Council Second Thursday, 8:30 a.m., City Hall Rebekahs First and third Tuesday, Masonic Lodge Eastern Star Second and fourth Tuesday, Masonic Lodge ECEC Board Meeting First Tuesday, ECEC, 541-584-2692 ECEC Book Club Second Wednesday, 12 p.m., ECEC

# DR. JONATHAN BACKER **Creating Smiles that Last a Lifetime!**



Currently Welcoming New Patients - Call for an Appointment! 1551 East Main Street • Cottage Grove • (541) 942-8437

 CG Elks Lodge Fish Fry Fourth Friday 5-7 p.m., 755 N. River Rd.

• VFW Friday, 5:30-6:30 p.m.3160 Hillside Dr.

# Addiction Recovery Groups

### Thursday:

• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate

• 6 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-554-8135 • 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave.

• 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228

• 7:30 p.m.: NA Meeting- Open Meeting at the American Legion Hall 826 W. Main Street

# Friday:

• 7 p.m.: Open AA meeting -Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126.

#### Saturday:

• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate

• Noon: AA Meeting-Women's Good Grief Group. Closed meeting. Open to women alcoholics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809

• 7 p.m.: AA Meeting-Open Candlelight Group. CG Comm. • Elks Lodge Fourth Sunday, 8-11 a.m., 755 N. River Rd.

Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting. • 7 p.m.: Al-Anon Meeting-

Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave.

## Sunday:

• 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave.

# Monday:

- 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate
- 6 p.m.: AA Open Meeting for women only. "We're working on it!" Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228.

• 7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts.

# Tuesday:

• 7 p.m.: Narcotics Anonymous. "A Way Back to Reality", open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162

# Wednesday:

• 7 a.m.: AA Open Meeting. "On Awakening" at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541-517-2036. Enter bldg. thru front patio gate

• 7 p.m.: AA Meeting-Wednesday Night Beginners. Open meeting. at CG Comm. Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help Catholic Church