

Cottage Grove
Sentinel
www.cgsentinel.com

FOLLOW US ON
twitter facebook

cgssentinel
@cgssentinel
#cgssentinel

LIKE US ON
facebook Cottage-Grove-Sentinel



Betty Kaiser

Betty Kaiser: Cook's Corner

Yummy lemon desserts

I was going through my recipe boxes the other day trying to put my dessert recipes in some sort of order. As usual, the ones I wanted were hiding.

Spring has sprung and I was specifically searching for a light, lemony dessert. My filing was not cooperating. I kept coming up with all things chocolate, pumpkin or pecan. Finally, an envelope of lemony ideas surfaced that just hit the spot.

Why lemons? Well, I've read that the favorite American pies are apple, pumpkin, chocolate cream and cherry. All of which I am fond of but there's just something special about tart and sweet lemony desserts that can't be beat.

The dictionary says that lemons are "an acid fruit that is botanically a many-seeded, pale yellow, oblong berry and is produced by a stout thorny tree." Hmm. On paper it sounds boring and not very appetizing.

But put together with a little sugar in a pie or cake recipe and lemons are delicious! For 25 years, Chuck and I

raised our family next door to a lemon orchard. Literally. At that time, Ventura county, Calif., hadn't been discovered by the rest of the world. Our housing development was in the middle of nearby artichoke and strawberry fields along with avocado and citrus orchards. We also had orange and lemon trees in our backyard.

So, you can imagine that I was always looking for ways to use our own homegrown fruit. Later, as the chief dessert maker at Kaiser's Country Diner, I quickly discovered that our customer's favorite desserts were things that they remembered from their childhood.

Apple pie may be America's favorite dessert but things like lemon meringue pie and puddings would fly off the shelf almost before the doors opened!

Today's lemony desserts are two of my favorites. They're easy to make, old-time recipes that I found on store packages long ago. The pie base is a Jell-O lemon pudding mix topped with meringue.

The basis for the other dessert is a Duncan Hines Lemon Supreme cake mix. I bake it in a Bundt pan but you can also put it in other sizes of cake pans. I especially like it with a quick and easy glazed topping, that

slips down the sides BUT frosting works too. Trust me. If you like lemon, you'll like these recipes.

Enjoy!

Lemon Party Pie
1 (one) baked and cooled 9-inch Pie Crust.

Pie Filling:
Jello Lemon Pudding Mix 2/3 cups sugar
¼ cup water
3 egg yolks, slightly beaten
2 cups water
2 tablespoons lemon juice
2 tablespoons butter.

Meringue Topping:
3 egg whites
6 tablespoons sugar
Preheat oven to 425°

In a saucepan, combine the lemon pie filling mix, sugar and ¼ cup water. Add the egg yolks and 2 cups water, mixing well.

Cook and stir the mixture to a full boil; about 5 minutes. Remove pan from the stove and cool 5 minutes.

Add to the mixture, lemon juice and butter. Mix well and pour into the pie shell. Set aside while you make the meringue.

Prepare Meringue topping:

In a mixer, beat the 3 egg whites until foamy. Gradually beat in the sugar. Beat mixture to stiff peaks. Spread over the filling.

Bake in a hot oven 5-10 minutes or until meringue is lightly browned. Cool before eating. Serves 6-8 depending

on appetites!

Duncan Hines Lemon Supreme Pound Cake
1 Lemon Supreme Cake Mix
1 small package Instant lemon Pudding
4 Eggs
½ Cup Canola Oil
1 cup water
Glaze Topping
1 ¾ cup Powdered sugar
¼ cup lemon Juice with zest
1 teaspoon butter

Preheat oven to 350° grease sides and bottoms of pan(s) and flour lightly. I bake it in a Bundt pan but you can also bake in layer or cupcake pans or a 13x9-inch pan. See cake box for baking times.

Blend cake mix, pudding mix, water, oil and eggs in mixing bowl at low speed for 2 minutes. Pour batter in pan(s) and bake in center of oven, about 30 minutes. Cake is done when toothpick inserted in center comes out clean.

Cool cake in pan on wire rack for 15 minutes. Remove from pan and cool completely if frosting.

OR: Instead of frosting, while the cake is cooling make the glaze topping recipe and pour it over the top of the cake when it is barely warm. Serves a lot!

Contact Betty Kaiser at bchatty@bettykaiser.com

Swap & Shop

Buy – Sell – Trade

10:05 – 11am
Monday – Friday

3 Items - \$500 limit

This is truly the place to find that hard to find item or turn your unwanted possessions in to other people's treasure.

717 Main Street
Cottage Grove, OR 97424
Lobby Phone: 541.942.2468
Studio Line: 541.942.5548
Online requests: request@knnd.com

VOTE FOR US

2020 VOTED BEST OF SOUTH LANE COUNTY

Thank you so much for nominating us for the 2020 Best of South Lane County awards! We vaule our clients and appreciate your support.

Voting is open through April 15th and we would love to have your vote for our office and your favorite agent!

YOSS TEAM
REAL ESTATE PROFESSIONALS
Discover the power of true teamwork!

914 9th (Hwy.99) • Cottage Grove, OR
yossteamrealestate.com
yossteam@gmail.com
541-942-4040

SHERRY YOSS
541-729-9797
GRI, BROKER,
Multi-Million \$ Producer

TAWNY LOWREY
541-554-2044
BROKER, GRI

JULIE BACKMAN
541-206-9312
BROKER

RYAN YOSS
541-337-6607
BROKER

6-day weather forecast

FRIDAY 61° 37° Sunny Skies	SATURDAY 52° 30° Cloudy
SUNDAY 61° 30° Sunny Skies	MONDAY 70° 37° Sunny Skies
TUESDAY 75° 39° Sunny Skies	WEDNESDAY 75° 43° Sunny Skies

60% of small businesses close within 6 months of a cyber-attack.

(541) 942-0555

PayneWest
INSURANCE



By Mary Ellen "Angel Scribe"

Tyson's life changed when he adopted Timber, a grey and white Siberian Husky; it was his first dog.

"I knew that a dog companion can be an emotional support animal," said Tyson from the Samson Cree Nation in Alberta, Canada. "Timber proved me right. He keeps me happy and I've stopped sinking into depression, especially now with the pandemic's-imposed isolation."

At three years of age, this

Pet Tips'n' Tales

Talented 'Timber' Pow Wow Pup

furry companion weighs 80 pounds, is still growing and is solid muscle. His eyes are mystical-glacier blue. His thick five-inch fur comes out like porcupine quills, everywhere. The fur permeates fabric, rugs, clothes, furniture and creates super size dust bunnies. The breed is famous for pulling dog sleds long distances, which Timber does not; but he loves his long distance runs with his best buddy, Tyson.

"We run three miles a day and in the first three months I lost 40 pounds," said Tyson. "Runs clear my mind and my dog's happy-go-lucky nature is joy-filled. He's taught me patience, how to love deeply and commitment. Patience is now employed in all aspects of my life. I've learned that if



Tyson is a Canadian First Nation drummer and singer.

something irritates me, it no longer means it is wrong or out of control."

Tyson is a First Nation's drummer, singer and traditional leather crafter who performs and sells regalia belts at traditional Powwows. Native American heritage celebrations feature singing, crafts, traditional foods, clothing, games and dance. He and his dog are bilingual and speak Cree and English with an amazing twist.

"One day, I was practicing Sun Dance songs and Timber began howling," said

Tyson. "I laughed at him and he looked deeply hurt. His look indicated that he felt disrespected. So, I looked into his eyes, asked him to help me sing and began. He understood and began howling with the rhythm. It was amazing. He thinks he is part of our clan and we make a great duet, and he gets excited when he sees people dancing to his singing."

He put the pawformance on TikTok and it blew up with comments.

"My therapy dog is good medicine and an amazing healer. He's lifted my anxiety and puts a smile on everyone's faces," said Tyson.

Tyson said he is grateful for his healing four-legged friend for lifting his loneliness and transforming it into happiness.

"He's constantly proving the healing capabilities of animals and that they are indeed 'good medicine,'" he said.

Tell us your fur-avorite pet memory/adventure: angelscribe@msn.com

FREE DATE CHANGES ON 2021 TOURS*

FROM \$2,599*
\$2,349*

BEST OF HAWAII FOUR-ISLAND TOUR
12 days, departs year-round

Oahu • Hawaii Island • Kauai • Maui — Enjoy a fully guided 4-island Hawaiian vacation with centrally located lodging in Waikiki on Oahu, and beachfront lodging on the "Big Island" of Hawaii, Kauai, and Maui. Guided throughout by our friendly Tour Directors—your local experts. Includes 3 inter-island flights.

VMT vacations promo code N7017
1-866-523-0103

*Free date changes anytime up to 45 days prior to departure for land tours, up to 95 days prior to departure for cruise tours. Deposits and final payments remain non-refundable. Prices are per person based on double occupancy plus \$299 in taxes & fees. Single supplement and seasonal surcharges may apply. Add-on airfare available. Offers apply to new bookings only, made by 6/30/21. Other terms & conditions may apply. Ask your Travel Consultant for details.

LORANE COUNTRY NEWS

CONTRIBUTED BY
LIL THOMPSON
FOR THE SENTINEL

- Crow Middle/High School says the students are doing very well following Covid protocols and being safe. Very proud of how
- Exciting things are taking place at Crow M/H School including the new classrooms that are coming along nicely.
- Less than a month until we see Lane County construction workers busy again on Stoney Point. Please continue to be careful driving, especially with the nice weather combined with intermittent showers.
- Lorane Grange meets Thursday, May 6, at 7 pm. At that time they will set a date for Cemetery clean-up. No fundraisers are planned for May. While many are getting their vaccine shots, everyone is staying vigilant and safe with masks and distancing.
- As spring continues, please remember to keep debris from around your home and defensible spaces as things get dryer.

Look what **America** NOTICED!

- School district budgets
- Property auctions
- Public hearings
- Local tax changes
- Adoptions

Find out about these and more in your local paper!

Participate in Democracy.
Read your Public Notices.