

Lane from A1

least six feet distance between people, wash their hands, stay home when sick and consider getting a flu vaccine. However, certain activities have fewer restrictions, and these are listed online at coronavirus.oregon.gov.

Here are a few highlights and how they affect businesses and activities starting Feb. 23:

- Bars, Restaurants, Breweries and Wineries may now allow indoor dining, though takeout and outdoor dining is still recommended. Indoor capacity may not exceed 25 percent maximum occupancy or 50 people, whichever is smaller.
- Churches, Synagogues, Mosques and Funeral Homes now have an indoor capacity of 25 percent occupancy or 150 people total, whichever is smaller. Outdoor can have up to 200 people.
- Grocery Stores and Pharmacies may have 50 percent maximum capacity. Curbside pick-up is still encouraged where possible.
- Hair Salons, Barbers, Spas and Tattoo/Piercing are allowed to operate while following COVID-19 safety regulations.

• Indoor Gyms, Fitness Centers and Indoor Pools may have a capacity of 25 percent occupancy or 50 people total, whichever is smaller. Indoor full-contact sports are prohibited.

• Long-Term Care Centers may have inside and outside visitation.

• Museums and Theaters may have a maximum of 25 percent occupancy or 50 people total, whichever is smaller. They must close by 11 p.m.

• Shopping Centers, Malls and Stores may have a maximum 50 percent occupancy. Curbside pick-up is still encouraged.

• Offices are still advised to work remotely if possible.

• Outdoor Recreation and Fitness may have a maximum of 75 people. Outdoor full-contact sports are allowed for adult/club/youth sports with guidance requirements. Outdoor full-contact sports are allowed for K-12 with submitted plans.

• Social and At-Home Gatherings indoor may have a maximum of six people, with only two households recommended. Outdoor gatherings can expand to up to eight people.

County Risk Levels

are updated every two weeks in response to COVID-19's spread in the community.

As of Feb. 23, Lane County showed 10,106 total COVID-19 cases. Of those, 162 are considered infectious and 19 are currently hospitalized, with five of those under intensive care. So far, there have been 122 COVID-related deaths countywide since the novel coronavirus was first detected in Oregon on Feb. 28, 2020. The first reported virus case in Lane County was announced in mid-March.

Lane County is also working to vaccinate the community, with 66,511 total doses administered. 32,480 people have received their

first dose of vaccine, with another 16,665 fully vaccinated, or about 4.36 percent of the county's residents.

Nationwide, more than 500,000 Americans have lost their lives due to COVID-19, including 2,155 Oregonians, since the novel coronavirus was first detected in the U.S. in January 2020.

"Every life lost to COVID-19 is a tragedy," Brown said on Feb. 22 when she ordered flags to half-mast. "With more than 500,000 Americans who have died from this virus, there are infinitely more people who are now without a friend, family member or other loved one. My thoughts are with

all those who have lost someone to this disease and, to all Oregonians, I want you to know I remain committed to ensuring that we do everything we can to stop the spread and save lives. I hope that, as we remember all those we have lost, we collectively continue to help protect each other from this disease."

The governor also

provided an update on vaccinations in the state, saying that the state remains on schedule to vaccinate people 70 and older starting this week.

Local data regarding COVID-19 is available at www.LaneCountyOR.gov/localdata. For additional resources from the State of Oregon, visit coronavirus.oregon.gov.

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South Lane Mental Health
Grupo FUERTE



La pandemia de Covid-19 impacta nuestros niveles de estrés y ansiedad. Una forma de lidiar con los efectos de la pandemia es buscar y crear conexiones sociales en su comunidad. Grupo FUERTE es un grupo de apoyo para hombres hispanohablantes en el condado Lane. Únete al Grupo FUERTE para aprender de recursos locales, temas de bienestar mental y crea su propia red social. Este es un servicio gratuito patrocinado por South Lane Mental Health. Para más información o para inscribirse, llame a 541-942-3939 y pregunte por el Grupo FUERTE.

The Covid-19 pandemic impacts our stress and anxiety levels. One way to deal with the effects of the pandemic is to seek and build social connections in your community. Grupo FUERTE is a support group for Spanish speaking men in Lane County. Join Grupo FUERTE to learn about local resources, mental health topics and create your own social network. This is a free service sponsored by South Lane Mental Health. For more information or to enroll, call 541-942-3939 and ask about Grupo FUERTE.



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