

NOTICE OF URBAN FORESTRY COMMISSION VACANCIES

The City of Cottage Grove Urban Forestry Committee will have two vacancies to this volunteer body at the end of this year. The Committee members are appointed by the City Council. The Urban Forestry Committee meets once a month on Monday afternoons. People interested in applying for these positions need to complete a Volunteer Appointment Application available at the Public Works & Development Department at City Hall or online at www.cottagegrove.org. Incumbents are eligible to apply for these positions. The deadline for receiving applications is **January 7th, 2021 by 5 p.m.** For further information please contact the Public Works & Development Department at 942-3340.



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YOUTH WHO COULD USE FOOD, CLOTHING, OR OTHER BASIC NEEDS?

COMMUNITY MEMBER WHO KNOWS A YOUTH IN NEED?

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- A safe space to be during the day
- Basic needs: meals, food boxes, hygiene items, and clothing
- Support reaching goals
- Street outreach across the Cottage Grove area

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TUESDAY 46° 34° Showers	WEDNESDAY 48° 34° Partly Sunny

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INSURANCE

PeaceHealth, UO partner on national mental health initiative

PeaceHealth Behavioral Health Services will soon be partnering with researchers at the University of Oregon to help develop targeted treatments for high-risk adolescents and young adults with schizophrenia.

Part of an ambitious \$52 million grant from the National Institutes of Health led by the Yale University Department of Psychiatry, the UO-PeaceHealth collaboration is one of 27 teams across the country and the only one from the Northwest in the new consortium, the Psychosis Risk Outcomes Network, or ProNET.

PeaceHealth's primary role in the research will be identifying and recruiting patients and administering psychological, cognitive and medical assessments.

The UO will try to understand how the brain changes for at-risk adolescents to better develop diagnostic and treatment strategies using magnetic resonance imaging at the UO's Lewis Center for NeuroImaging and an electroencephalogram in the UO's Department of Human Physiology.

"PeaceHealth is The UO's partnership thrilled to be a part of

the groundbreaking research of the ProNET study," said Carla Gerber, behavioral health services manager and agency site principal investigator for the study. "The goal of identifying new treatments that target patients' individual problem areas is especially exciting."

The patients involved in the study will receive both MRI and EEG scans. The MRI provides localized images of the parts of the brain that are active and the EEG offers information about rapid changes in brain activity.

"Being able to be a part of a consortium this large to harmonize measures and collaborate with researchers around the world represents a unique opportunity to study this at a scale that has not been done before," said the UO's Fred Sabb, the principal investigator for the Oregon site and a research associate professor in the Prevention Science Institute as well as assistant vice president for research facilities. "Our hope is that this study could lead to more directed, more personalized treatment of schizophrenia."

The UO's partnership with PeaceHealth will

allow the university to take schizophrenia research to a new level, Sabb said.

By connecting university researchers with PeaceHealth's front-line medical personnel, investigators will better understand the diagnosis and the causes of the disease with an eye toward improving treatment.

The collaboration builds on the respective strengths of the two entities.

PeaceHealth has been a regional leader in early diagnosis and treatment for schizophrenia.

Since 2010, the Behavioral Health Services team has been involved in multiple clinical research trials aimed at better understanding, detecting and treating the disease, including:

- PeaceHealth was a treatment site for RAISE, or Recovery After Initial Schizophrenia Episode, which provided coordinated specialty care within community mental health settings.
- The study was able to significantly cut the time between positive research outcomes and large-scale implementation, paving the way for federal funding for first-episode psychosis treatment across the country.
- In 2018, PeaceHealth was awarded a four-year

federal grant through the Oregon Health Authority to establish a treatment program for young people with the goal of providing interventions that help prevent the onset of schizophrenia or minimize its negative impact on the lives of young people and their families.

The UO's Lewis Center for Neuroimaging supports a range of interdisciplinary, multi-faceted research in neuroscience and biological imaging.

The recent acquisition of a Siemens Prisma scanner, the industry-standard tool for top-tier research institutions involved in brain imaging, has paved the way for the UO to engage in more studies involving MRI technology and more large-scale, multi-institution projects like the NIH-funded ProNET study.

According to the NIH, schizophrenia is one of the 15 leading causes of disability worldwide.

It is characterized by alterations to a person's thoughts, feelings and behaviors, which can include a loss of contact with reality known as psychosis.

These symptoms typically emerge in adolescence or early adulthood and, if untreated, can be persistent and disabling.

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**South Lane Mental Health
"Alas"**

South Lane Mental Health, located in Cottage Grove, Oregon, is now providing mental health services for Spanish speaking individuals. Our program, Alas, serves children and adults, individuals, couples, and families. Our services include case management, group therapy, individual therapy and peer support services. We offer in-person services or remote services via telehealth. We can assist with your computer needs if you prefer Telehealth services. For more information and/or to make an appointment, please call 541-942-3939

South Lane Mental Health, ubicado en Cottage Grove, Oregon, ahora ofrece servicios para gente hispano-hablante. Nuestro programa, Alas, apoya a jóvenes, individuos, parejas y familias. Nuestros servicios incluyen el manejo de casos (navegación de recursos y educación comunitaria), terapia de grupo y terapia para individuos. Ofrecemos servicios en persona, por teléfono y por video. Nosotros podemos ayudar con sus necesidades de tecnología si prefiere recibir servicios por teléfono o video. Para más información o para hacer cita, por favor llame a 541-942-3939.

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