

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:		Sundays:		Wednesdays:	
NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St.	Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)	Kiwanis Club	Wednesday, 7 a.m., Koffee Kup
Charm Bracelet Project	Second Thursday, 10:15 a.m., Community Center	South Lane Amateur Radio Assoc.	Second Sunday, 2 p.m., Masonic Hall	Veterans Assistance	First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant	Cottage Grove Historical Museum	Sundays, 1-4 p.m., Corner H & Birch St.	Genealogical Society Meeting	Second Wednesday, 10 a.m., CG Community Center
Lion's Club	Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant			Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Senior Center Game Day	Thursdays 12:30-4 p.m. C.G. Community Center.			Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
South Valley Farmers Market	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd thru Oct. 31			Quilts of Valor	Second Wednesday, 10 a.m.-4 p.m., VFW, 3160 Hillside Dr.
Cottage Grove Alzheimer's Caregiver Support	Third Thursday, 6:30p.m., Magnolia Gardens			Clothes Closet - Church of Christ	6th and Gibbs Monday, 11 a.m.-2 p.m.
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health Second and fourth Thursdays, 8 a.m., El Tapatio Mexican Restaurant	Overeaters Anonymous CG City Council	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy 12:30 p.m. Monday, CG Community Center First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd. 7 p.m. Monday, First Presbyterian Church Second and fourth Monday, 7 p.m., City Hall	Pinochle Group	Wednesday, 11:30 a.m.-4 p.m., Senior Center
Hearing Loss Assoc.	Second Thursday, 7 p.m., 2589 Hilyard, Eugene	Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell	Kiwanis Club	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
Lorane Fire Protection Dist.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.	South Lane Wheels Board	Fourth Tuesday, 12 p.m., 1450 Birch Ave.	Veteran's Assistance	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
Poetry Night Eastern Star #4	Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 p.m., Masonic Center			CG Children's Choir	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell			Alzheimer's/Dementia Caregivers	Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
Fridays:		Tuesdays:		All Weekdays:	
Senior Center Pinochle	Friday, 11:30-4 p.m., CG Community Center	Breast Cancer Support Group	Second Tuesday, 1 p.m., Call 541-942- 2309 for location	CG Art Guild	First Wednesday, 6 p.m., Call 541-942- 8913 for location
Rosie the Riveter	Second Friday, 12:15 p.m., Adult Activity Center, 315 W. C St., Springfield	Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568	London 4-H Group	First Wednesday, 6 p.m. London Grange
Stand for Peace/Occupy CG American Legion #32	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W. Main			Elks Bingo	Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
Art Walk	Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG	Veteran Support Services	3 p.m. Tuesday, Healing Matrix	Beta Sigma Phi	First and third Wednesday, 7 p.m., call 541-942-1310 for location
Community Gospel Sing-a-long	Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.	Alzheimer's Caregiver Support	Thrid Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield 4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)	CG Planning Commission	Third Wednesday, 7:30 p.m., City Hall
London Grange	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd.	CG Youth Choir	Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.	Friends of CG Carousel	Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
VFW Post #3473	First Saturday, 10 a.m., 3160 Hillside Dr.	Community Sharing Board	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.	Bohemia Mining Days Board	Third Wednesday at 6:30 p.m. at CG Hotel, 811 Main St., Suite E
Saturdays:		Watershed Council Science Pub	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location	Please call 541-942-3325 or email: mfringer@cgsentinel.com with updates or changes.	
CG Historical Society Program	Third Saturday, 10 a.m., CG Community Center	Tirchoitillomani Support Group	First Tuesday, 6 p.m., First Presbyterian Church	NOTE: Some organizations may have begun meet- ing again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reach out to the orga- nization your looking for to find how they are conducting thier meetings due to COVID-19. Stay safe and healthy.	
American Legion #32	First Saturday, noon, 826 W. Main St.	CG Garden Club	Second Tuesday, 6 p.m., CG Community Center		
CG Yarn Addicts	1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove	EBID	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm		
Cottage Grove Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets	CG 912 Project	Tuesday, 6:30 p.m., Sinclair Rm., City Hall	• Sustainable CG First Friday, 6:30 p.m. Potluck Healing Matrix	
Bohemia Gold Mining Museum	Saturdays, 1-4 pm, 308 S. 10th	Humane Society of CG Second	Third Tuesday, 6 p.m., 1551 E. Main St.		
		ACES Family Group	Second and fourth Tuesday, 6:30 p.m., corner of H and Birch		
		Friends of Mt. David	Tuesday, 7 p.m., 1440 S. 8th St.	• Sunday Supper 5-6 p.m. Sunday, CG Community Center	
		CG Recreation Assn.		• Creswell New Hope Baptist Wednesday, 5:15 p.m., 597 S. Front St., Creswell	

Exercise and Fun KIDS CLUB • South Lane School District grades 1-5. After school to 6 p.m. Mon-Fri on regular school days. Supervised play, homework help and snack. Cost: 1st child \$60/mo.; siblings \$40/mo. Info: 541-228-2847	Saturdays 10-11:30 a.m. \$5/session Proceeds for children's scholarships.	Therapy Pool - Independent Exercise Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm, Tue, Thurs: 9am-1pm • Lap Swim Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am, Mon-Fri: 9am-1pm (2 lanes), Sat: 11am- Noon, Mon, Wed (2 Lanes): 7:30-9am, Tue, Thurs, Fri, Sat (2 Lanes): 6-8:30pm Both Pools • Family and Recreation Swim Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat: 6-8:30pm
YOGA & MEDITATION CG Community Center, 700 E. Gibbs Ave. For strength, flexibility, relaxation with Gloria. 541-912-7789	MINDFUL MOVEMENT YOGA • Join a great group in its thirteenth year. Un- wind as we practice mindful movement with flow, breath, & core awareness for all levels. Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.	BRIDGE CARD GAME • Bridge players wanted! For info call 541-942-4633
	PICKLEBALL COTTAGE GROVE • Info: 541-914-5937 or 503-318-8915	
	WARREN H. DAUGHERTY AQUATIC CENTER • 1440 S. 8th St., 541-942-5533	

Weight Loss Support Groups Monday: • 9 a.m.: TOPS OR181 Take Off Pounds Sensibly, a weight-loss support group. At the Church of Christ, Drain. Info: 541-378-7801. Thursday: • 9-9:50 a.m.: TOPS OR85 Take Off Pounds Sensibly, a weight-loss support group. At the Meets at Delight Valley Church, 33087	Saginaw Rd. Info: Vicky 541-942-8641. • 5:30 p.m.: TOPS OR969 Take Off Pounds Sensibly, a weight-loss support group. Weigh- In: 4:30 pm, Meeting: 5 pm. Meets at Delight Valley Church, 33087 Saginaw Rd. Info: Elaine 541-942-8547. • 5:30 p.m.: TOPS OR1020 (Creswell) Take Off Pounds Sensibly, a weight-loss support group. Weigh-In: 5:30 pm, Meeting: 6 pm. Meets at Creswell Grange Hall, 298 W. Ore- gon Ave. Info: 541-895-3156.	
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Recurring North Douglas County Meetings DRAIN City Council Fire Board School Board Cemetery Board Planning Board Civic Center Board Parks & Rec. Board Library Board Friends of Library ND County Fair Board Elk Creek Watershed Council Masons (OES) Eastern Star Sunnydale Grange Living Hope Outreach Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m. Elk Creek Watershed Council	Second Monday, 7 p.m., Civic Center Third Monday, 7 p.m., Fire Hall Fourth Monday, 6:30 p.m., HS Library Thrid Tuesday, 9:30 a.m., Civic Center (even num bered months) First Monday, 7 p.m., Civic Center (as needed) Thrid Tuesday, 5:30 p.m., Civic Center (odd num- bers months) Third Monday, 7 p.m., Pool Meeting Room Third Wednesday, 6 p.m., Library First Wednesday, 6 p.m., Library Fourth Monday, 7 p.m., Civic Center Thrid Tuesday, 7 p.m., Sunnydale Grange Thrid Saturday Breakfast 8:30 a.m.; Meeting 10 a.m. Second Wednesday, 7:30 p.m. Second Monday, 6:30 p.m.; Potluck First Monday, Bingo 6:30 p.m. Lunch: Wednesday, 12:30-2 p.m. Third Tuesday, 7 p.m. Sunnydale Grange,	5 miles west of Drain YONCALLA City Council ND Betterment Planning Commission School Board Parks and Rec Library Board Friends of the Library Library Book Club Beautification Chamber of Commerce Rodeo Club Historical Society Site Council Applegate Pioneer Cemetery Board ELKTON City Council Rebekahs Eastern Star ECEC Board Meeting ECEC Book Club	Second Tuesday, 7 p.m., City Hall Third Monday, 12 p.m., City Hall Third Tuesday, 7 p.m., City Hall (as needed) Thrid Wednesday, 7 p.m., YHS Library First Tuesday, 7 p.m., Community Center Thrid Wednesday, 7 p.m. (beginning July 2018) Second Thursday, 10 a.m., Library; Feb, May, Aug, Nov. Second Thursday, 6:30 p.m., Library Fourth Thursday, 5:30 p.m., City Hall First Thursday, 7:30 p.m., Community Center Third Thursday, 6:30 p.m., City Hall Thrid Thursday, 3 p.m., City Hall Fourth Tuesday, 7:30 p.m., HS staff room Third Saturday, 10 a.m. Library Second Thursday, 8:30 a.m., City Hall First and third Tuesday, Masonic Lodge Second and fourth Tuesday, Masonic Lodge First Tuesday, ECEC, 541-584-2692 Second Wednesday, 12 p.m., ECEC
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DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437

Community Meals • Trinity Lutheran Church Tuesday and Thursday, 5:15-6:15p.m., 675 S. Seventh St. • CG Elks Lodge Chicken Fried Steak First Friday 5-7 p.m., 755 N. River Rd. • CG Elks Lodge Baked Chicken & more Second Friday 5-7pm 755 N River Rd. • CG Elks Lodge Steak Feed Third Friday 5-7 p.m., 755 N. River Rd. • CG Elks Lodge Fish Fry Fourth Friday 5-7 p.m., 755 N. River Rd. • VFW Friday, 5:30-6:30 p.m.3160 Hillside Dr.	 • Sustainable CG First Friday, 6:30 p.m. Potluck Healing Matrix • Sunday Supper 5-6 p.m. Sunday, CG Community Center • Creswell New Hope Baptist Wednesday, 5:15 p.m., 597 S. Front St., Creswell Breakfasts: • VFW Post #3473 First Sunday, 8-11 a.m., 3160 Hillside Dr. • OLPH Catholic Church Second Sunday (no Dec or March.) 8 a.m.-12 p.m., Harvey and 19th St. • Masonic Lodge Third Sunday, 8-11 a.m., 33322 Row River Rd. • Elks Lodge Fourth Sunday, 8-11 a.m., 755 N. River Rd.
Addiction Recovery Groups Thursday: • 7 a.m.: AA Open Meeting. “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541- 517-2036. Enter bldg. thru front patio gate • 6 p.m.: Celebrate Recovery. At Calvary Chapel Cottage Grove, 1447 Pacific Hwy 99 (behind Koffee Kup) Info: 541-554-8135 • 6:30 p.m.: AA Meeting- Rush Hour. Open Meeting. At CG Community Center, 700 Gibbs Ave. • 6:30 p.m.: Al-Anon Meeting. At CG Community Center, 700 Gibbs Ave. Info: 541-554-7994 or 541-510-4228 • 7:30 p.m.: NA Meeting- Open Meeting at the American Legion Hall 826 W. Main Street Friday: • 7 p.m.: Open AA meeting - Good Medicine Group. At CG Community Center, 700 Gibbs Ave., in Activity Room. Info: Karen 541-513-5126. Saturday: • 7 a.m.: AA Open Meeting. “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541- 517-2036. Enter bldg. thru front patio gate • Noon: AA Meeting-Women’s Good Grief Group. Closed meeting. Open to women alco- holics only. At Riverside Church of God. Info: 541-510-4228 or 541-942-2809. • 7 p.m.: AA Meeting-Open Candlelight Group. CG Comm.	Center, 700 Gibbs Ave. On the last Sat. of the month - Open AA Speakers Meeting. • 7 p.m.: Al-Anon Meeting- Open Literature Discussion Group. CG Comm. Center, 700 Gibbs Ave. Sunday: • 6 p.m.: AA Meeting - New Beginnings. CG Comm. Center, 700 Gibbs Ave. Monday: • 7 a.m.: AA Open Meeting. “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541- 517-2036. Enter bldg. thru front patio gate • 6 p.m.: AA Open Meeting for women only. “We’re working on it!” Church of Christ, 6th & Gibbs. Info: 541-228-4751 or 541-510-4228. • 7 p.m.: Nar-A-Non Family Meeting. CG Comm. Center, 700 Gibbs Ave. For family and friends of addicts. Tuesday: • 7 p.m.: Narcotics Anonymous. “A Way Back to Reality”, open participation. At CG Community Center, back room, 700 Gibbs Ave. 541-603-8162 Wednesday: • 7 a.m.: AA Open Meeting. “On Awakening” at CG Community Center, 700 Gibbs Ave. Info: 541-510-4228 or 541- 517-2036. Enter bldg. thru front patio gate • 7 p.m.: AA Meeting- Wednesday Night Beginners. Open meeting, at CG Comm. Center, 700 Gibbs Ave. OLPH: Our Lady of Perpetual Help Catholic Church