SNAP waiver expands options for food benefits in Lane, Douglas counties

U.S. Department of Agriculture Food and Nutrition Service (FNS) allows Supplemental Nutrition Assistance Program (SNAP) and Disaster SNAP recipients in the Lane and Douglas counties, as well as the 21 hot or prepared foods from authorized SNAP retailers until Nov. 20.

lumbia Coos, Curry, Deschutes, Hood River, Jack-Linn, Marion, Multnomah, pare meals. Polk, Tillamook, Wasco, Washington and Yamhill.

Normally, SNAP beneother counties to purchase fits cannot be used to pur- including but not limited chase "hot food products to coffee and tea, a slice prepared for immediate of hot/prepared pizza, hot consumption." This re-Other counties include striction is being waived wiches.

A waiver approved by the Benton, Clackamas, Co- following the severe winds and wildfires that led to the displacement of many resison, Josephine, Jefferson, dents and left them without Klamath, Lake, Lincoln, access to a kitchen to pre-

Examples of allowable prepared foods include hot deli foods, fountain drinks, soup, salad bars, and sandthrough Nov. 20 and allows SNAP and DSNAP recipients to use their benefits to buy prepared food at any participating retailer that accepts SNAP EBT cards. Restaurant purchases are still prohibited.

For more information about the hot food waivvisit www.oregon. gov/dhs/ASSISTANCE/ FOOD-BENEFITS/Pages/

This waiver will last DSNAP-Hot-Foods-Waiv- hold size to the maximum er.aspx.

Emergency Allotment **Update:**

Oregon also received approval from FNS to provide maximum emergency allotment benefits for SNAP recipients in November. The emergency allotments, see schedule below, will bring families not receiving the maximum SNAP allotment for their house-

for the seventh consecutive month.

Issuance date (SNAP recipients will see the benefit the following day)

• Nov. 10: Current SNAP households not receiving the SNAP maximum allot-

• Nov. 27: New SNAP recipients between Nov. 10 and Nov. 27

ment

Pilot from **A1**

Energy Trust is encouraging applicants to work with one of the nonprofit's trade ally contractors, which are listed on the website, in order to ensure qualifications are met.

Incentive applications must then be submitted within 60 days of installa-

For residents, the program is offering incentives such as a \$1,000 gas furnace rebate, up to \$8 per square foot for Energy Star windows and rebates on

wall, attic and floor insulation.

While energy-efficient investments can decrease residents' utility bills, they may also help communities meet growth demands by reducing the need for gas companies such as NW Natural to invest in costly

infrastructure upgrades, effectively allowing companies to maintain output with existing equipment.

Depending on results, similar future programs may pop up in the region, focusing on small communities which can offer higher incentives.

The program is set to run until July 31, 2021.

For pre-qualification and to help confirm a home's eligibility, call 1-866-311-1811 or email residential@ energytrust.org.

More information can be found by visiting online at www.energytrust.org/incentives/increased-incentives-for-select-nw-natural -customers.











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With traditional Halloween activities like indoor parties and trick-or-treating posing an increased risk for COVID-19 spread, the CDC recommends the following activity guidelines for safer celebrating this year:

Low-Risk HALLOWEEN Fun



Carve or decorate pumpkins with members of your household. If you carve pumpkins with neighbors or friends, do so outdoors at a safe distance wearing masks.



Host a virtual costume contest or party.

Have some fun crafting lecorations and dressing up your home.



Enjoy a Halloween movie night at home with spooky snacks.



Plan a Halloween scavenger hunt. Give your kids a list of Halloween-themed things to search for while you walk the neighborhood admiring Halloween decorations at a distance.



Trick-or-Treating Set up one-way trick-or-treating with individually wrapped goodie bags lined up at the edge of your driveway or lawn for families to pick up while maintaining a safe distance. Be sure to wash your hands with soap and water for at least 20 second before and after preparing goodie bags.

Moderate-Risk ACTIVITIES

Outdoor Parties & Parades Stay outdoors in the open air.

- · Limit the number of participants to a small group. Maintain a distance of at least 6 feet between people at all
- · Wear protective masks. A costume mask should not be used to replace a protective mask, unless it is made of two or more layers of breathable fabric, covers the mouth and nose, and leaves no gaps around the face. Wearing a costume mask over a protective cloth mask can make it difficult to breathe, so consider using a Halloween-themed cloth mask instead.

- **Haunted Trails** Make sure these are one-way outdoor activities.
- · Make sure protective masks and social distancing are enforced.
- If screaming is likely to occur, distancing of more than 6 feet between people is advised. The greater the distance, the lower the risk of spreading a respiratory virus.

Pumpkin Patches & Orchards

 Use hand sanitizer before touching pumpkins or picking apples.

• Wear a mask and practice social distancing.

The CDC recommends avoiding high-risk activities like traditional trick-or-treating, trunk-or-treat events, indoor parties, and haunted houses and hayrides. Please remember, if you feel ill or may have been exposed to someone with COVID-19, avoid in-person Halloween activities and do not give out candy to trick-or-treaters.

GABRIELE WELLNESS CENTER

502 E Whiteaker Avenue 541-649-1450

North Douglas County Fire & EMS

531 S Cedar St., Drain 541-836-2282

FOUNTAIN GUTTERS

32370 Picknell St 541-729-9515

PINOCCHIO'S PIZZA 795 E Main St

541-942-5531

GOODWILL INDUSTRIES

1205 Hwy, 99 N 541-942-1571

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