

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

NAMI Creswell Over 40	Thursdays, 10 a.m., Jack Sprats Wednesdays, 10 a.m.-1 p.m., Creswell Community Center, 99 S. First St. Second Thursday, 10:15 Community Center
Charm Bracelet Project a.m., Rotary Club of Cottage Grove	Thursdays, 12 p.m., El Tapatio Mexican Restaurant Second and Fourth Thursday, 12 p.m., Stacy's Covered Bridge Restaurant Thursdays 12:30-4 p.m. C.G.
Lion's Club	Thursdays 4-7pm 7th & Main, Downtown Cottage Grove May 2nd Oct. 31
Senior Center Game Day Community South Valley Farmers Market	Third Thursday, 6:30p.m., Magnolia Gardens
LGBTQIA Teen Group Meeting Chamber Ambassadors	Thursday, 4 p.m., S. Lane Mental Health Second and fourth Thursdays, 8 a.m., El Tapatio Mexican Restaurant Second Thursday, 7 p.m., 2589 Hilyard, Eugene
Hearing Loss Assoc.	Second Thursday, 7:30 p.m., 80287 Old Lorane Rd.
Lorane Fire Protection Dist.	Third Thursday, 7:30pm, Axe & Fiddle Third Thursday (no summer), 7:30 Masonic Center
Poetry Night Eastern Star #4 p.m., S. Lane Fire Board	Third Thursday, 7 p.m. Station 201, CG, except Nov/Feb/May Station 203 Creswell

Fridays:

Senior Center Pinochle Community Rosie the Riveter Activity Springfield	Friday, 11:30-4 p.m., CG Center
Stand for Peace/Occupy CG American Legion #32 Main Art Walk	Second Friday, 12:15 p.m., Adult Center, 315 W. C St.,
Community Gospel Sing-a-long	Friday, 5 p.m., Seventh and Main Friday Night Bingo, 5-7pm, 826 W.
London Grange	Last Friday of the Month, 6-8 p.m. (April thru October) Downtown CG Second Friday, 6:30-8 p.m., Old Time Gospel Fellowship, 103 S. Fifth St.
VFW Post #3473	First Friday Potluck, 6:00 p.m.; Third Friday Meeting, 72746 London Rd. First Saturday, 10 a.m., 3160 Hillside Dr.

Saturdays:

CG Historical Society Program	Third Saturday, 10 a.m., CG Community Center
American Legion #32 CG Yarn Addicts	First Saturday, noon, 826 W. Main St. 1-3pm Every Saturday, Crafty Mercantile Downtown Cottage Grove
Cottage Grove Historical Museum	Saturdays, 1-4 p.m., Corner H & Birch Streets

Sundays:

Occupy Medical Free Clinic	Noon-4 p.m., 1717 Centenial Blvd, Springfield (Suites 4 and 7)
South Lane Amateur Radio Assoc. Hall Cottage Grove Historical Museum	Second Sunday, 2 p.m., Masonic Sundays, 1-4 p.m., Corner H & Birch St.

Mondays:

Caregiver Network	First Monday, 11 a.m.-1 p.m. 11, Potluck - 1200 E. Quincy
Senior Center Bingo	12:30 p.m. Monday, CG Community Center
Autism Peer Support Dorena Grange #835	First Monday, 4 p.m., Healing Matrix Fourth Monday, 6 p.m. Potluck; 7 p.m. Meeting, 34360 Row River Rd. 7 p.m. Monday, First Presbyterian
Overeaters Anonymous Church CG City Council	Second and fourth Monday, 7 p.m., City Hall
Creswell Grange	Second Monday, 7:30 p.m., 298 W. Oregon Ave., Creswell

Tuesdays:

South Lane Wheels Board Breast Cancer Support Group	Fourth Tuesday, 12 p.m., 1450 Birch Ave. Second Tuesday, 1 p.m., Call 541-942- 2309 for location
Grief and Loss Support Group	3rd Tuesday, 1:30-3pm, CG Community Center, questions call Signature Hospice 541-246-1568
Veteran Support Services Alzheimer's Caregiver Support	3 p.m. Tuesday, Healing Matrix Third Tuesday, 3-4 p.m., Willamalane Adult Center 215 W. C St., Springfield
CG Youth Choir	4-5 p.m. Thursday, First Presbyterian Church (ages 12-16)
Community Sharing Board Ave. Watershed Council Science Pub	Thrid Tuesday, 4:30 p.m., 1440 Birch
Tirchotillomani Support Group	Fourth Tuesday, 5 p.m., Axe & Fiddle, 657 E. Main St.
CG Garden Club	Second Tuesday, 5:30 p.m., Call 541-767-1730 for location
EBID	First Tuesday, 6 p.m., First Presbyterian Church
CG 912 Project	Second Tuesday, 6 p.m., CG Community Center
Humane Society of CG Second	First & Third Tuesday, 6:30 p.m., Stacy's Covered Bridge Restaurant Conf. Rm Tuesday, 6:30 p.m., Sinclair Rm., City Hall
ACES Family Group Friends of Mt. David	Third Tuesday, 6 p.m., 1551 E. Main St. Second and fourth Tuesday, 6:30 p.m., corner of H and Birch
CG Recreation Assn.	Tuesday, 7 p.m., 1440 S. 8th St.

Wednesdays:

Kiwanis Club Veterans Assistance	Wednesday, 7 a.m., Koffee Kup First Wednesday, 10 a.m.-1 p.m., VFW Post #3473, 3160 Hillside Dr.
Genealogical Society Meeting	Second Wednesday, 10 a.m., CG Community Center
Genealogical Discussion Group	Third and fourth Wednesday, 10 a.m.-12 p.m., CG Community Center
Lane County Veterans Services	Third Wednesday, 10 a.m.-1 p.m., American Legion, 826 Main St.
Quilts of Valor VFW, Clothes Closet - Church of Christ Pinochle Group	Second Wednesday, 10 a.m.-4 p.m., 3160 Hillside Dr.
Kiwanis Club	6th and Gibbs Monday, 11 a.m.-2 p.m. Wednesday, 11:30 a.m.-4 p.m., Senior Center
Veteran's Assistance	Wednesday, 12 p.m., El Tapatio Mexican Restaurant
CG Children's Choir	Third Wednesday, 12-3 p.m., VFW Post #3473, 3160 Hillside Dr.
Alzheimer's/Dimentia Caregivers	Wednesday, 2 p.m., First Presbyterian Church (ages 6-11)
CG Art Guild	Third Wednesday, 5:30 p.m., Middlefield Oaks Senior Living Community
London 4-H Group Elks Bingo	First Wednesday, 6 p.m., Call 541-942- 8913 for location
Beta Sigma Phi	First Wednesday, 6 p.m. London Grange Wednesday, 6:30-9:30 p.m., Elks Lodge (no July/Aug)
CG Planning Commission Friends of CG Carousel	First and third Wednesday, 7 p.m., call 541-942-1310 for location
Bohemia Mining Days Board	Third Wednesday, 7:30 p.m., City Hall Second and Fourth Wednesday, 9 a.m. - 11:30a.m. at the Community Center
	Third Wednesday at 6:30 p.m. at CG

All Weekdays:

Beeper Show	Hotel, 811 Main St., Suite E 9-10 a.m. KNND 1040 AM. Call in discussion, various topics/guests 541-942-5548
	Please call 541-942-3325 or email: nsnyder@cgsentinel.com with updates or changes.

NOTE:

Some organizations may have begun meeting again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reaach out to the organization your looking for to find how they are conducting thier meetings due to COVID-19. Stay safe and healthy.

Exercise and Fun

KIDS CLUB

• South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION

• CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with
Gloria. 541-912-7789

Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA

• Join a great group in its thirteenth year. Un-
wind as we practice mindful movement with
flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at
541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE

• Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER

• 1440 S. 8th St., 541-942-5533
Therapy Pool - Independent Exercise

Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
Tue, Thurs: 9am-1pm
• Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-Noon,
Mon, Wed (2 Lanes): 7:30-9am, Tue, Thurs,
Fri, Sat (2 Lanes): 6-8:30pm
Both Pools
• Family and Recreation Swim
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:
6-8:30pm

BRIDGE CARD GAME

• Bridge players wanted!
For info call 541-942-4633

541-942-0866.
• 5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group.
Weigh-In: 4:30 pm, Meeting: 5 pm. Meets at
Delight Valley Church, 33087 Saginaw Rd.
Info: Elaine 541-942-8547.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W.
Oregon Ave. Info: 541-895-3156.

Community Meals

• Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh
St.

• CG Elks Lodge
Chicken Fried Steak First
Friday 5-7 p.m., 755 N. River
Rd.

• CG Elks Lodge
Baked Chicken & more
Second Friday
5-7 pm. 755 N. River Rd.

• CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

• VFW
Friday, 5:30-6:30 p.m.3160

Hillside Dr.

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG
Community Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:
• VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

• OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: Celebrate Recovery. At
Calvary Chapel Cottage Grove,
1447 Pacific Hwy 99 (behind
Koffee Kup) Info: 541-554-8135
• 6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.
• 6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228
• 7:30 p.m.: NA Meeting- Open
Meeting at the American
Legion Hall 826 W. Main Street

Friday:
• 7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.

Saturday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women
alcoholics only. At Riverside
Church of God. Info: 541-510-
4228 or 541-942-2809.
• 7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.

Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.
• 7 p.m.: Al-Anon Meeting-
Open Literature Discussion
Group. CG Comm. Center, 700
Gibbs Ave.

Sunday:
• 6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 6 p.m.: AA Open Meeting for
women only. “We’re working
on it!” Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.
• 7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.

Tuesday:
• 7 p.m.: Narcotics Anonymous.
“A Way Back to Reality”,
open participation. At CG
Community Center, back room,
700 Gibbs Ave. 541-603-8162

Wednesday:
• 7 a.m.: AA Open Meeting.
“On Awakening” at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate
• 7 p.m.: AA Meeting-
Wednesday Night Beginners.
Open meeting, at CG Comm.
Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!

1551 East Main Street • Cottage Grove • (541) 942-8437