

Sports from A1

different things. I've talked to [athletic directors] who are doing nothing. They're totally shut down."

The Oregon School Activities Association (OSAA) has issued statewide reopening guidance which splits sports into three categories: full-contact (football, wrestling, cheer, basketball and dance); minimal/medium-contact (softball, baseball, soccer, volleyball); and non-contact (tennis, swimming, golf, cross country, track and field, sideline/no-contact cheer/dance).

Which sports are allowed and to what degree participation may take place depends on a school's instructional method.

For schools like those in South Lane School District (SLSD) which are engaged in Comprehensive Distance Learning (CDL) and have yet to progress to hybrid or on-site learning, all indoor sports are likely to remain in a "training and conditioning" phase until metrics come down.

The guidelines allow for schools which operate with hybrid or on-site learning to fully participate in most indoor and outdoor sports with the exception of full-contact sports basketball, wrestling and football.

County COVID-19 metrics are largely determining where a school



DAMIEN SHERWOOD/COTTAGE GROVE SENTINEL

CGHS students keep distanced while training and conditioning last Friday. The Oregon School Activities Association (OSAA) has issued statewide guidance, dividing sports into three categories: full-, minimal- and non-contact.

or district falls within the guidelines.

Lane County reported 69.4 cases per 100,000 and an 8.6 percent positivity rate for the week of Sept. 27 to Oct. 3, which has restricted instructional methods to CDL.

Over the same time, Douglas County reported 23.2 cases and a 3.5 percent positivity rate, giving Douglas County school districts much more leniency in how learning models and thus sports operate.

Still, South Lane has developed its own plan for the Aug. 31 to Dec. 27 schedule, deemed "Season 1," which is less

restrictive than schools in more populated areas.

"It really varies depending on the districts. We're somewhere in the middle," said Myers.

Cottage Grove High School has opened its athletics field for Season 1 to students who want to take part in training and conditioning programs.

The school chose to offer outside training so as not to complicate activities with the more restrictive indoor rules.

"And with the nice weather, we're just going to stay outside as long as we possibly can," said Myers.

Four days a week, groups of 20 or so students may show up for 40 minutes with a trainer, performing various conditioning tasks such as running, lifting, push-ups, dips and other workouts.

"It just depends day-to-day," said Myers. "It's very generic so we can capture everyone — because every single sport has been invited regardless of the season."

Masks are required at check-in where students

are screened with questions about their state of health and exposure to anyone with coronavirus.

On the field, students

may remove their masks providing they maintain six feet of distance, a task Myers admits is a

See **CGHS 8A**

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Worship Directory

COTTAGE GROVE:

6th & Gibbs Church of Christ
195 N. 6th St. • 541-942-3822
10:00am
Christian Education: Pre-K through 5th
Tim Baker, Senior Minister
www.6thandgibbs.com

Calvary Baptist Church
77873 S 6th St • 541-942-4290
Pastor: Riley Hendricks
Sunday School: 9:45am
Worship: 11:00am
The Journey: Sunday 5:00pm
Praying Thru Life: Wednesday 6:00pm

Church of Christ
420 Monroe St • 541-942-8565
Sunday Service: 10:30am

Cottage Grove Bible Church
1200 East Quincy Avenue
541-942-4771
Pastor: Bob Singer
Worship 11am
Sunday School: 9:45am
AWANA age 3-8th Grade,
Wednesdays Sept-May, 6:30pm
www.cgbible.org

Cottage Grove Faith Center
33761 Row River Rd.
541-942-4851
Lead Pastor: Kevin Prueitt
www.cg4.tv
Full Children's Ministry available
Services: 9:00am & 10:45am

Delight Valley
Church of Christ
33087 Saginaw Rd. East
541-942-7711 • Pastor: Bob Friend
Two Services:
9am - Classic in the Chapel
10:30am - Contemporary in the Auditorium

First Baptist Church
301 S. 6th st • 541-942-8242
Pastor: David Chhangle
Sunday School 9:30am
Worship Service 10:30am
Youth Wednesday 6:30pm
cgfirstbaptist.com

First Presbyterian Church
3rd and Adams St
541-942-4479
Rev.: Karen Hill
Worship: 10:00am
Sunday School: 10:00am
fpcgrove.com

Hope Fellowship
United Pentecostal Church
100 S. Gateway Blvd.
541-942-2061
Pastor: Dave Bragg
Worship: 11:00am Sunday
Bible Study: 7:00pm Wednesday
www.hopefellowshipupc.com
"FINDING HOPE IN YOUR LIFE"

Hope In The Grove Baptist Church
77820 Mosby Creek Rd
Pastor: Wayne Husk
Worship: Sunday 10:00am
Evening Bible Study: Wednesday 6:30pm
541.649.1043

Living Faith Assembly
467 S. 10th St. • 541-942-2612
Worship Services Sundays: 9a & 11a
Youth Worship Sundays: 11a (all ages welcome)
Mondays: 5:30p (6th-12th grades)

Non-Denominational Church of Christ
1041 Pennoyer Ave
541-942-8928
Preacher: Tony Martin
Sunday Bible Study: 10:00am
Sunday Worship: 10:50am & 5:30pm
www.pennoyeravecoc.com

Old Time Gospel Fellowship
103 S. 5th St. • 541-942-4999
Pastor: Jim Edwards
Sunday Service: 10:00am
Join in Traditional Christian Worship

Our Lady of Perpetual Help and St. Philip Benizi Catholic Churches
1025 N. 19th St.
541-942-3420
Father John J. Boyle
Holy Mass:
Saturday Vigil - 5:30 pm
Sunday - 10:30 am

For weekday and Holy Day of Obligation schedule see website OLPCHG.net
Confession: 4 PM to 5 PM
Saturdays or by appointment
St. Philip Benizi, Creswell
552 Holbrook Lane
Sunday 8 am

St. Andrews Episcopal Church
1301 W. Main • 541-767-9050
Rev. Lawrence Crumb
"Church with the flags."
Worship: Sunday 10:30am
All Welcome

Seventh-day Adventist Church
820 South 10th Street
541-942-5213
Pastor: Kevin Miller
Bible Study: Saturday, 9:15 am
Worship Service: Saturday, 10:40
Mid-week Service: Wednesday, 1:00

Trinity Lutheran Church
6th & Quincy • 541-942-2373
Pastor: James L. Markus
Sunday School & Adult Education 9:15am
Sunday Worship 10:30 am
Comm. Kitchen Free Meal Tue & Thur 5:00pm TLC Groups
tlccg.com

United Methodist Church
334 Washington 541-942-3033
Worship 10am
umcgrove.org

"VICTORY" Country Church
913 S. 6th Street • 541-942-5913
Pastor: Barbara Dockery
Worship Service: 10:00am
Message: "WE BELIEVE IN MIRACLES"

CRESWELL: Creswell Presbyterian Church
75 S 4th S • 541-895-3419
Rev. Seth Wheeler
Adult Sunday School 9:15am
Sunday Worship Service 10:30 am
website www.creswellpres.org

**Our Worship Directory is a weekly feature.
If your congregation would like to be a part of this directory,
contact us today!**

Cottage Grove
Sentinel

541-942-3325
116 N. 6th Street
Cottage Grove, OR