

On The Record

Oregon Health Authority announces new behavior health hotline

The Oregon Health Authority (OHA) announced the launch of a behavioral health outreach and education effort and new helpline for Oregonians.

These new resources will help support increased behavioral health needs in our communities due to the broad impacts of COVID-19 and the once-in-a-lifetime wildfire season.

“The ongoing pandemic along with multiple other stressors are affecting Oregonians’ mental health,” said OHA Director Patrick Allen. “Over

the past seven months, we have seen incredible resilience from communities across the state, as we have come together to support each other in powerful ways.”

Portland-based non-profit Lines for Life and OHA have launched the Safe + Strong Helpline at 800-923-4357 (800-923-HELP). The line offers free, 24-7 emotional support and resource referral to anyone who needs it — not only those experiencing a mental health crisis.

The Safe + Strong Helpline is a response to

needs for emotional support around disasters like COVID-19 and wildfires and was funded by the CARES Act.

Callers are routed to a counselor who can provide emotional support, mental health triage, drug and alcohol counseling, crisis counseling or just connection.

“This line is for anyone who doesn’t know who to turn to, or who might be wavering about what type of support they need,” said Dwight Holton, CEO of Lines for Life. “Data shows that warmlines help peo-

ple who feel isolated or overwhelmed get back to their lives and reduce the need for emergency services. By talking through it, we can keep this need from turning into a crisis.”

OHA has also expanded its Safe + Strong education and outreach campaign to include behavioral health resources. Safe + Strong is a statewide outreach effort in 12 languages aimed at reaching communities most impacted by health disparities with culturally relevant, linguistically responsive resources.

A behavioral health landing page at www.safestrongoregon.org offers mental and emotional support information and resources as well as guidance for how to have conversations with loved ones who may be struggling.

OHA will also launch digital, print, radio and community outreach to ensure as many Oregonians as possible know that help is available for them.

Target audiences for the campaign include Black, Indigenous and People of Color (BI-

POC) communities, LGBTQIA+ communities and families with young children, with messaging and materials developed in partnership with community-based organizations.

- Resources:**
- Safe + Strong Helpline: 800-923-4357 (HELP).
 - Safe + Strong: www.safestrongoregon.org.
 - National Suicide Prevention Lifeline: 800-273-8255.

LANE COUNTY COVID-19 STATS

Lane County Public Health (LCPH) —
(As of Oct. 6 at 10:30 a.m.)

Lane County Public Health (LCPH) was notified of 54 additional positive cases of COVID-19, along with 1 new death.

This makes a total of 1,570 positive cases. (Note: This includes confirmed and presumptive.)

- Of the cases:
- Hospitalized: 10 (+6)
 - Deaths: 21 (+1)
 - Infectious: 262 (+26)

• Cases reported within the 97424 zip code: 52

• Cases reported within the 97426 zip code: 20

The latest death was A 94-year-old female from the Eugene/Springfield area who passed Oct. 4 due to complications associated with COVID-19.

She was not hospitalized at the time of her death. No further information will be released at this time.

DEATH NOTICES

GLAVIS—Mary Mason Glavis, 87, of Cottage Grove, died Sept. 29, 2020

Arrangements in the care of Smith-Lund-Mills Funeral Chapel.

Cherlynn Cook Ashley 1947-2020



Cherlynn Cook Ashley, 73, of Creswell, Oregon passed away September 29, 2020. She was born in Pasadena, California to parents James Edwin and Vera Mae (Benstead) Cook on March 15, 1947. She graduated high school in 1965 and went

on to get her Associates degree. Cherlynn married Michael Ashley March 27, 1993 in Lompoc, California. She worked in payroll and accounting for Lompoc school district in California. Cherlynn is survived by son John and (Taghreed) Pease of Washington D.C.; daughter Johanna (Jeff) Jackson of California; and 7 grandchildren. She is preceded in death by her sister Mary Van RYTE. A memorial will be held at a later date. Arrangements in the care of Smith-Lund-Mills Funeral Chapel, Cottage Grove, Oregon.

Don Hardy Allen 1935-2020



Don Hardy Allen “Slipped the surly bonds of earth” passing into the unknown, on September 18th, 2020, holding the hand of his beloved wife, Evelyn Joyce Allen.

Don was born on May 18th, 1935, in Murphy, North Carolina, the Forth of Ten children born to Fred and Icy Allen. Preceded in death by Brothers, Willie, Charles and George, and Sister IvaLee. Survived by Sisters, Barbara, Imogene, and Trudy, and Brothers, Gene and Floyd Allen.

Don is also survived by his children, Darrel, Faye and Don Jr. and stepchildren Nita, Scott, Dee, Cory and Renna. Numer-

ous grandchildren and great grandchildren. Unfortunately preceded in death by grandson Hank Allen.

A Logger all his life and storyteller extraordinaire! Teller of Tall Tales and, some would say, a bit of a rascal. He worked hard and played hard! He loved Logging, Fishing, Hunting, Camping and hiking in our beautiful Oregon outdoors. He knew every tree and flower, would, and could, tell you their names and the most likely places to look for animals when recreating in the great outdoors. He will be deeply missed by those who loved him, but most of all by his lovely wife, Joyce, who stood by him through thick, and thin these last 28 years.

Please join us for a Celebration of Life Saturday October 10th, 2020 at 1:00pm Dorena Grange, 34360 Row River Rd., Cottage Grove, Oregon. The Grange requires face coverings, masks or face shields, inside the Grange except while eating. Social Distancing of 6 feet between groups.

Why Choose Us

Online Cremation Arrangements

At Smith•Lund•Mills

We offer a value-added service to our community, the option to make cremation arrangements entirely online.

With a few simple steps you can plan and pay for a cremation without leaving your home.

Visit smithlundmills.com today and click on, “Get Started.”



(541) 942-0185
123 S. 7th St., Cottage Grove

Visit smithlundmills.com for more information.

Robert Dee Anderson 1934-2020



Robert Dee Anderson, died of age related illness at his home near Cottage Grove, Oregon on September 21, 2020. Dee as he liked to be called was 85. He was born to Ben and Dora Anderson on November 19, 1934 at the home near Cottage Grove where he lived most of his life. Dee graduated from Cottage Grove High School in 1952, then studied Forestry at Oregon State University for one year before being drafted into the Army. In 1954 he made his choice to serve God and was faithful to that choice, and it influenced him the rest of his life. On June 6, 1955 in Lawton, Oklahoma where he was stationed, Dee married Margie Newhouse. Dee and Margie moved to Cottage Grove in 1966, after living in Riverside California, and Lafayette Colorado. He resided in Cottage

Grove in the house where he was born until he needed nursing care at Coast Fork in 2018. Dee enjoyed hunting, camping, and traveling to see family. He spent his working life in the phone business, and the last years with AT&T. He retired at 55 to his home and tree farm. Dee was involved with Small Woodlands Association, Eastern Lane Forest Protective Association, and The Oregon Tree Farm System. He loved the timber and received the Oregon Tree Farmer of the year in Lane County for 1993. He also spent time on the South Lane School board and learned to pilot a small plane. Dee also played the French Horn in high school, was the drum major in the marching band, and played in the orchestra at Oregon state. He also played the piano and accordion. He is survived by his wife, Margie, of 65 years, his children David and Samantha of Creswell, Arlyn and Joyce of Cottage Grove, daughters, Sharon and Brad Markham of Cottage Grove, Judy and Tim Quick of Cottage Grove, 13 grandchildren, and 18 great grandchildren. Smith Lund Mills arranged viewing and a graveside service on September 25.

PeaceHealth offering flu-shot clinic in CG

In the COVID-19 pandemic, it’s more important than ever for our community to be vaccinated against influenza.

To make it easy and convenient for community members to get their vaccination, PeaceHealth Medical Group at Cottage Grove Community Medical Center will hold the second of two drive-through flu shot clinics at 1515 Village Drive on Wednesday, Oct. 28, from 1 to 4 p.m.

The flu shot clinics are open to anyone 12 years of age and older.

A pediatric flu clinic is scheduled for Saturday, Oct. 17, from 10 a.m. to

2 p.m.

The flu shot drive-through clinic will be held just south of the hospital’s main entrance. Look for directional signs on Village Drive.

A PeaceHealth caregiver will greet cars and fill out the appropriate paperwork. PeaceHealth will bill patients’ insurance for the vaccination.

Those who are not PeaceHealth patients may register as a patient to have their insurance billed for the vaccination.

Those who don’t have insurance, or who choose not to have their insurance billed, may receive the shot for \$25.

Write a Letter to the Editor today. Email EDITOR@CGSENTINEL.COM.

PAID POLITICAL ADVERTISEMENT



RE-ELECT



GOWING FOR MAYOR

Keeping Cottage Grove strong By continuing to improve & build

- ✓ HOUSING
- ✓ INFRASTRUCTURE
- ✓ PUBLIC SAFETY
- ✓ COMMUNITY CONNECTIONS

PAID FOR BY GOWING FOR MAYOR

WHAT ARE YOU WAITING FOR?

You may be putting off planning funeral arrangements and waiting for the “perfect moment.” When the perfect moment never comes, your grieving family is left to plan your funeral without your input.

Rather than leaving your loved ones to make rushed financial and emotional decisions, take control of your final wishes. We can help you reflect on how you want to be remembered and help guide you through every decision.

If not now, when? Call us today and our team can help you get started.



Musgroves.com

(541) 205-9369

