

City launches 'Transit Development Plan' survey for community input

The City of Cottage Grove is working on a Transit Development Plan for the future of public transportation in the Cottage Grove area.

This includes defining the role of public transportation in the community, identifying public transportation needs, and guiding public trans-

portation growth. The city is seeking input from the community members as an important part of the process in order to better understand

the needs and opportunities to make public transportation work for the community. Individuals can provide their input about

public transportation by taking this short survey at surveymonkey.com/r/CottageGroveAreaTDP. Entries will be put into a raffle for local gift cer-

tificates. For more information and ways to get involved, visit lcog.org/CottageGroveAreaTDP.

OSHA accepting grant applications for training, education addressing infectious disease

Oregon OSHA is accepting grant applications for the creation of innovative safety and health training and education projects specifically designed to help combat the risk of infectious disease in the workplace.

rules to protect workers against infectious diseases.

Applications are due by 5 p.m. Friday, Oct. 9.

Go online for more information about this year's grant process and how to apply.

Individuals may also contact Teri Watson, 503-947-7406 or teri.a.watson@oregon.gov.

The sole focus on grant funding for education and training related to

infectious disease is not the only change to the process this year.

For the 2020-2021 grant cycle, applications only from educational institutions that partner with employer or employee associations will be considered.

By way of context, employers are not allowed to use grants to pay for training for their employees. Materials produced by grant recipients

become the property of Oregon OSHA.

Many of the materials are housed in the Oregon OSHA Resource Center and are available for use by the public. Some materials are available electronically.

Links to past grant-funded training projects are available for viewing and use online.

The Oregon Legislature launched the Occupational Safety and

Health Education and Training Grant Program in 1990.

Award recommendations are made by Oregon OSHA's Safe Em-

ployment Education and Training Advisory Committee, a group with members from business, labor, and government.

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DISASTER PREPAREDNESS

Are you ready?

3 steps to creating a family communication emergency plan

Chaos can quickly set in when natural disasters strike. People who are in the eye of the storm or those with loved ones who are potentially in danger may spend hours, if not days, trying to get in touch with friends and family to determine if everyone is alright. However temporary it may be, the period between a storm touching down and speaking with loved ones can be agonizing. But there is a way to facilitate communication with loved ones during a natural disaster, and all it takes is some simple planning. The Federal Emergency Management Agency, often referred to as FEMA, notes that people need to send and receive information from their families during disasters. Unfortunately, there's no guarantee that communication networks like mobile phones and computers will be reliable during disasters, when electricity may be interrupted and mobile towers might be compromised. As a result, it's imperative that people develop communication plans with their families so they can reach one another in the wake of natural disasters. Three simple steps can help families as they begin devising their emergency communication plans.

1. Collect all necessary information.

Gather and jot down the names and contact information of all family members, making sure to create a paper copy that will be accessible whether the electricity or mobile tower goes out or not. Include names, phone numbers and addresses of nearby friends and family members, as well as anyone who lives close enough to potentially offer temporary shelter should your home be damaged or pose a threat. Include the names, phone numbers and addresses of medical facilities, doctors, schools, or service providers on the list as well. Elderly men and women can include the names of all medications they take next to the names of the doctors who prescribed them.

2. Distribute the copies.

Make copies of your list and distribute them to everyone in your family, including people who do not live close. Faraway relatives can use the list to try to find you should they be unable to communicate with you in the wake of a disaster. Make sure everyone in your home keeps a printed copy of the list on them at all times, whether it's in a backpack, purse or wallet. FEMA notes that those who complete their family communication plan online can print their plans onto wallet-sized cards by visiting ready.gov/make-a-plan.

Keep a copy of the list in a central location in your home as well, such as on the refrigerator.

3. Practice your plan.

FEMA advises holding regular household meetings where families can go over their contact information and practice what to do should they need to communicate with one another during an emergency. Planning is an essential component of disaster preparedness that can save lives and help families find one another in the wake of emergencies.



PUT TOGETHER A PLAN

Make sure all the pieces are in place to render you and your family prepared in the event of a natural disaster.

- Listen to radio or television newscasts for the latest weather information, and follow all evacuation directions and suggestions.
- Keep a stock of non-perishable food items as well as bottled water on hand inside your home.
- Keep a 72 Hour Kit on hand inside your home that is easy to get to in the event of a disaster.

For more information and tips on disaster response and preparedness, contact your local emergency services center.
South Lane Fire & Rescue • 233 Harrison Ave, Cottage Grove 541-942-4493 • 55 South 1st Street, Creswell 541-895-2506



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