

CALENDAR CHOICES

Ongoing South Lane County events

Thursdays:

NAMI
Creswell Over 40
Thursdays, 10 a.m., Jack Sprats
Wednesdays, 10 a.m.-1 p.m., Creswell
Community Center, 99 S. First St.

Charm Bracelet Project
Second Thursday, 10:15 a.m.,
Community Center

Rotary Club of Cottage Grove
Thursdays, 12 p.m., El Tapatio Mexican
Restaurant

Lion's Club
Second and Fourth Thursday, 12 p.m.,
Stacy's Covered Bridge Restaurant

Senior Center Game Day
Thursdays 12:30-4 p.m. C.G. Community
Center.

South Valley Farmers Market
Thursdays 4-7pm 7th & Main,
Downtown Cottage Grove May 2nd thru
Oct. 31

Cottage Grove Alzheimer's
Caregiver Support
Third Thursday, 6:30p.m., Magnolia
Gardens

LGBTQIA Teen Group Meeting
Chamber Ambassadors
Thursday, 4 p.m., S. Lane Mental Health
Second and fourth Thursdays, 8 a.m., El
Tapatio Mexican Restaurant

Hearing Loss Assoc.
Second Thursday, 7 p.m., 2589 Hilyard,
Eugene

Lorane Fire Protection Dist.
Second Thursday, 7:30 p.m., 80287 Old
Lorane Rd.

Poetry Night
Eastern Star #4
Third Thursday, 7:30pm, Axe & Fiddle
Third Thursday (no summer), 7:30 p.m.,
Masonic Center

S. Lane Fire Board
Third Thursday, 7 p.m. Station 201, CG,
except Nov/Feb/May Station 203
Creswell

Fridays:

Senior Center Pinochle
Friday, 11:30-4 p.m., CG Community
Center

Rosie the Riveter
Second Friday, 12:15 p.m., Adult Activity
Center, 315 W. C St., Springfield

Stand for Peace/Occupy CG
American Legion #32
Art Walk
Friday, 5 p.m., Seventh and Main
Friday Night Bingo, 5-7pm, 826 W. Main
Last Friday of the Month, 6-8 p.m.
(April thru October) Downtown CG

Community Gospel Sing-a-long
Second Friday, 6:30-8 p.m., Old Time
Gospel Fellowship, 103 S. Fifth St.

London Grange
First Friday Potluck, 6:00 p.m.; Third
Friday Meeting, 72746 London Rd.

VFW Post #3473
First Saturday, 10 a.m., 3160 Hillside Dr.

Saturdays:

CG Historical Society Program
Third Saturday, 10 a.m., CG Community
Center

American Legion #32
CG Yarn Addicts
First Saturday, noon, 826 W. Main St.
1-3pm Every Saturday, Crafty Mercantile
Downtown Cottage Grove

Cottage Grove Historical Museum
Saturdays, 1-4 p.m., Corner H & Birch
Streets

Sundays:

Occupy Medical Free Clinic
Noon-4 p.m., 1717 Centennial Blvd,
Springfield (Suites 4 and 7)

South Lane Amateur Radio Assoc.
Cottage Grove Historical Museum
Second Sunday, 2 p.m., Masonic Hall
Sundays, 1-4 p.m., Corner H & Birch St.

Mondays:

Caregiver Network
First Monday, 11 a.m.-1 p.m. 11,
Potluck - 1200 E. Quincy
12:30 p.m. Monday, CG Community
Center

Senior Center Bingo
First Monday, 4 p.m., Healing Matrix
Fourth Monday, 6 p.m. Potluck; 7 p.m.
Meeting, 34360 Row River Rd.
7 p.m. Monday, First Presbyterian Church
Second and fourth Monday, 7 p.m.,
City Hall

Autism Peer Support
Dorena Grange #835
Second Monday, 7:30 p.m., 298 W.
Oregon Ave., Creswell

Overeaters Anonymous
CG City Council
Second and fourth Monday, 7 p.m.,
City Hall

Creswell Grange
Second Monday, 7:30 p.m., 298 W.
Oregon Ave., Creswell

Tuesdays:

South Lane Wheels Board
Breast Cancer Support Group
Fourth Tuesday, 12 p.m., 1450 Birch Ave.
Second Tuesday, 1 p.m., Call 541-942-
2309 for location

Grief and Loss Support Group
3rd Tuesday, 1:30-3pm, CG Community
Center, questions call Signature Hospice
541-246-1568

Veteran Support Services
Alzheimer's Caregiver Support
3 p.m. Tuesday, Healing Matrix
Third Tuesday, 3-4 p.m., Willamalane
Adult Center 215 W. C St., Springfield
4-5 p.m. Thursday, First Presbyterian
Church (ages 12-16)

CG Youth Choir
Thrid Tuesday, 4:30 p.m., 1440 Birch Ave.

Community Sharing Board
Watershed Council Science Pub
Fourth Tuesday, 5 p.m., Axe & Fiddle,
657 E. Main St.

Tirchoitilomani Support Group
Second Tuesday, 5:30 p.m.,
Call 541-767-1730 for location

CG Garden Club
First Tuesday, 6 p.m., First Presbyterian
Church

EBID
Second Tuesday, 6 p.m., CG Community
Center

CG 912 Project
First & Third Tuesday, 6:30 p.m., Stacy's
Covered Bridge Restaurant Conf. Rm
Tuesday, 6:30 p.m., Sinclair Rm.,
City Hall

Humane Society of CG Second
Third Tuesday, 6 p.m., 1551 E. Main St.
Second and fourth Tuesday, 6:30 p.m.,
corner of H and Birch
Tuesday, 7 p.m., 1440 S. 8th St.

Wednesdays:

Kiwanis Club
Veterans Assistance
Wednesday, 7 a.m., Koffee Kup
First Wednesday, 10 a.m.-1 p.m., VFW
Post #3473, 3160 Hillside Dr.

Genealogical Society Meeting
Second Wednesday, 10 a.m.,
CG Community Center

Genealogical Discussion Group
Third and fourth Wednesday,
10 a.m.-12 p.m., CG Community Center

Lane County Veterans Services
Third Wednesday, 10 a.m.-1 p.m.,
American Legion, 826 Main St.

Quilts of Valor
Second Wednesday, 10 a.m.-4 p.m., VFW,
3160 Hillside Dr.

Clothes Closet - Church of Christ
Pinochle Group
6th and Gibbs Monday, 11 a.m.-2 p.m.
Wednesday, 11:30 a.m.-4 p.m., Senior
Center

Kiwanis Club
Wednesday, 12 p.m., El Tapatio Mexican
Restaurant

Veteran's Assistance
Third Wednesday, 12-3 p.m., VFW Post
#3473, 3160 Hillside Dr.

CG Children's Choir
Wednesday, 2 p.m., First Presbyterian
Church (ages 6-11)

Alzheimer's/Dementia Caregivers
Third Wednesday, 5:30 p.m.,
Middlefield Oaks Senior Living
Community

CG Art Guild
First Wednesday, 6 p.m., Call 541-942-
8913 for location

London 4-H Group
Elks Bingo
First Wednesday, 6 p.m. London Grange
Wednesday, 6:30-9:30 p.m., Elks Lodge
(no July/Aug)

Beta Sigma Phi
First and third Wednesday, 7 p.m., call
541-942-1310 for location

CG Planning Commission
Friends of CG Carousel
Third Wednesday, 7:30 p.m., City Hall
Second and Fourth Wednesday, 9 a.m. -
11:30a.m. at the Community Center

Bohemia Mining Days Board
Third Wednesday at 6:30 p.m. at CG
Hotel, 811 Main St., Suite E

All Weekdays:

Beeper Show
9-10 a.m. KNND 1040 AM. Call in
discussion, various topics/guests
541-942-5548

Please call 541-942-3325 or email:
nsnyder@cgsentinel.com with updates or changes.

NOTE:

Some organizations may have begun meeting again as some COVID-19 restrictions have changed and we may not have the most current information. It is best to reach out to the organization your looking for to find how they are conducting thier meetings due to COVID-19. Stay safe and healthy.

Exercise and Fun

KIDS CLUB

• South Lane School District grades 1-5.
After school to 6 p.m. Mon-Fri on regular
school days.
Supervised play, homework help and snack.
Cost: 1st child \$60/mo.; siblings \$40/mo.
Info: 541-228-2847

YOGA & MEDITATION

CG Community Center, 700 E. Gibbs Ave.
For strength, flexibility, relaxation with
Gloria. 541-912-7789

Saturdays 10-11:30 a.m. \$5/session
Proceeds for children's scholarships.

MINDFUL MOVEMENT YOGA

• Join a great group in its thirteenth year. Unwind as we practice mindful movement with flow, breath, & core awareness for all levels.
Wednesdays 6-7:30 p.m. Call Jane Guerber at 541-654-5087 if you have questions.

PICKLEBALL COTTAGE GROVE

• Info: 541-914-5937 or 503-318-8915

WARREN H. DAUGHERTY AQUATIC CENTER

• 1440 S. 8th St., 541-942-5533

Therapy Pool - Independent Exercise
Mon, Wed, Fri: 5:30-6:45am & 7:30am-1pm,
Tue, Thurs: 9am-1pm

• Lap Swim
Mon, Wed, Fri: 5:30-6:45am & 7:30-8:30am,
Mon-Fri: 9am-1pm (2 lanes), Sat: 11am-
Noon, Mon, Wed (2 Lanes): 7:30-9am, Tue,
Thurs, Fri, Sat (2 Lanes): 6-8:30pm
Both Pools
• Family and Recreation Swim
Mon, Wed: 7:30-9pm, Tue, Thurs, Fri, Sat:
6-8:30pm

BRIDGE CARD GAME

• Bridge players wanted!
For info call 541-942-4633

Weight Loss Support Groups

Monday:

• 9 a.m.: TOPS OR181 Take Off Pounds
Sensibly, a weight-loss support group. At the
Church of Christ, Drain. Info: 541-378-7801.

Tuesday:

• 5 p.m.: Weight Watchers Sinclair Room at
Cottage Grove City Hall 400 E. Main St.
541-342-5386.

Wednesday:

• 3:45p.m. Weight Watchers is beginning a
new session in Drain in the North Douglas
Elementary School Library. Call Marian
at 541-914-1520 with questions. All are
welcome!

Thursday:

• 10 a.m.: TOPS OR85 Take Off Pounds
Sensibly, a weight-loss support group. At the
United Methodist Church, 334 Washington
Ave., Fireside Room. Info: Ellen 541-942-
0866.

• 5:30 p.m.: TOPS OR969 Take Off Pounds
Sensibly, a weight-loss support group. Weigh-
In: 5:00 pm, Meeting: 5:30 pm. Meets at
Jefferson Park Community Room, 325 5th
Street. Info: Marie 541-942-9465.

• 5:30 p.m.: TOPS OR1020 (Creswell) Take
Off Pounds Sensibly, a weight-loss support
group. Weigh-In: 5:30 pm, Meeting: 6 pm.
Meets at Creswell Grange Hall, 298 W. Ore-
gon Ave. Info: 541-895-3156.

Recurring North Douglas County Meetings

DRAIN

City Council
Fire Board
School Board
Cemetery Board
Second Monday, 7 p.m., Civic Center
Third Monday, 7 p.m., Fire Hall
Fourth Monday, 6:30 p.m., HS Library
Third Tuesday, 9:30 a.m., Civic Center (even num-
bered months)

Planning Board
Civic Center Board
Parks & Rec. Board
Library Board
Friends of Library
ND County Fair Board
Elk Creek Watershed Council
Masons
(OES) Eastern Star
Sunnydale Grange
First Monday, 7 p.m., Civic Center (as needed)
Third Tuesday, 5:30 p.m., Civic Center (odd num-
bered months)
Third Monday, 7 p.m., Pool Meeting Room
Third Wednesday, 6 p.m., Library
First Wednesday, 6 p.m., Library
Fourth Monday, 7 p.m., Civic Center
Third Tuesday, 7 p.m., Sunnydale Grange
Third Saturday Breakfast 8:30 a.m.; Meeting 10 a.m.
Second Wednesday, 7:30 p.m.
Second Monday, 6:30 p.m.; Potluck First Monday,
Bingo 6:30 p.m.
Lunch: Wednesday, 12:30-2 p.m.
Food Pantry: Wednesday, 12:30-2 p.m. and Sunday 12:15 -2 p.m.

Elk Creek Watershed Council

Third Tuesday, 7 p.m. Sunnydale Grange,
5 miles west of Drain

YONCALLA

City Council
ND Betterment
Planning Commission
School Board
Parks and Rec
Library Board
Friends of the Library
Second Tuesday, 7 p.m., City Hall
Third Monday, 12 p.m., City Hall
Third Tuesday, 7 p.m., City Hall (as needed)
Thrid Wednesday, 7 p.m., YHS Library
First Tuesday, 7 p.m., Community Center
Thrid Wednesday, 7 p.m. (beginning July 2018)
Second Thursday, 10 a.m., Library; Feb, May, Aug.,
Nov.
Library Book Club
Beautification
Chamber of Commerce
Rodeo Club
Historical Society
Site Council
Applegate Pioneer Cemetery Board
Second Thursday, 6:30 p.m., Library
Fourth Thursday, 5:30 p.m., City Hall
First Thursday, 7:30 p.m., Community Center
Third Thursday, 6:30 p.m., City Hall
Third Thursday, 3 p.m., City Hall
Last Wednesday of month, 3:30 p.m., HS staff room
Third Saturday, 10 a.m. Library

ELKTON

City Council
Rebekahs
Eastern Star
ECEC Board Meeting
ECEC Book Club
Second Thursday, 8:30 a.m., City Hall
First and third Tuesday, Masonic Lodge
Second and fourth Tuesday, Masonic Lodge
First Tuesday, ECEC, 541-584-2692
Second Wednesday, 12 p.m., ECEC

Community Meals

• Trinity Lutheran Church
Tuesday and Thursday,
5:15-6:15p.m., 675 S. Seventh St.

• CG Elks Lodge
Chicken Fried Steak First Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Baked Chicken & more
Second Friday
5-7pm 755 N River Rd.

• CG Elks Lodge
Steak Feed Third Friday
5-7 p.m., 755 N. River Rd.

• CG Elks Lodge
Fish Fry Fourth Friday
5-7 p.m., 755 N. River Rd.

• VFW
Friday, 5:30-6:30 p.m.3160
Hillside Dr.

• Sustainable CG
First Friday, 6:30 p.m. Potluck
Healing Matrix

• Sunday Supper
5-6 p.m. Sunday, CG
Community Center

• Creswell New Hope Baptist
Wednesday, 5:15 p.m., 597 S.
Front St., Creswell

Breakfasts:

• VFW Post #3473
First Sunday, 8-11 a.m., 3160
Hillside Dr.

• OLPH Catholic Church
Second Sunday (no Dec or
March.) 8 a.m.-12 p.m., Harvey
and 19th St.

• Masonic Lodge
Third Sunday, 8-11 a.m., 33322
Row River Rd.

• Elks Lodge
Fourth Sunday, 8-11 a.m., 755
N. River Rd.

Addiction Recovery Groups

Thursday:

• 7 a.m.: AA Open Meeting
"On Awakening" at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate

• 6 p.m.: Celebrate Recovery. At
Calvary Chapel Cottage Grove,
1447 Pacific Hwy 99 (behind
Koffee Kup) Info: 541-554-8135

• 6:30 p.m.: AA Meeting- Rush
Hour. Open Meeting. At CG
Community Center, 700 Gibbs
Ave.

• 6:30 p.m.: Al-Anon Meeting.
At CG Community Center, 700
Gibbs Ave. Info: 541-554-7994
or 541-510-4228

• 7:30 p.m.: NA Meeting- Open
Meeting at the American Legion
Hall 826 W. Main Street

Friday:

• 7 p.m.: Open AA meeting -
Good Medicine Group. At CG
Community Center, 700 Gibbs
Ave., in Activity Room. Info:
Karen 541-513-5126.

Saturday:

• 7 a.m.: AA Open Meeting
"On Awakening" at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate

• Noon: AA Meeting-Women's
Good Grief Group. Closed
meeting. Open to women alco-
holics only. At Riverside Church
of God. Info: 541-510-4228 or
541-942-2809.

• 7 p.m.: AA Meeting-Open
Candlelight Group. CG Comm.

Center, 700 Gibbs Ave. On the
last Sat. of the month - Open
AA Speakers Meeting.

• 7 p.m.: Al-Anon Meeting-
Open Literature Discussion
Group. CG Comm. Center, 700
Gibbs Ave.

Sunday:

• 6 p.m.: AA Meeting - New
Beginnings. CG Comm. Center,
700 Gibbs Ave.

Monday:

• 7 a.m.: AA Open Meeting.
"On Awakening" at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate

• 6 p.m.: AA Open Meeting for
women only. "We're working
on it!" Church of Christ, 6th &
Gibbs. Info: 541-228-4751 or
541-510-4228.

• 7 p.m.: Nar-A-Non Family
Meeting. CG Comm. Center,
700 Gibbs Ave. For family and
friends of addicts.

Tuesday:

• 7 p.m.: Narcotics Anonymous.
"A Way Back to Reality", open
participation. At CG Community
Center, back room, 700 Gibbs
Ave. 541-603-8162

Wednesday:

• 7 a.m.: AA Open Meeting.
"On Awakening" at CG
Community Center, 700 Gibbs
Ave. Info: 541-510-4228 or 541-
517-2036. Enter bldg. thru front
patio gate

• 7 p.m.: AA Meeting-
Wednesday Night Beginners.
Open meeting, at CG Comm.
Center, 700 Gibbs Ave.

OLPH: Our Lady of Perpetual Help
Catholic Church

DR. JONATHAN BACKER

Creating Smiles that Last a Lifetime!



Currently Welcoming New Patients - Call for an Appointment!
1551 East Main Street • Cottage Grove • (541) 942-8437