

# Lane County seeks to fill vacancies on Public Health Advisory Committee

The Lane County Board of Commissioners is seeking applications from citizens interested in serving on the Public Health Advisory Committee. The committee advises the Board of Commissioners on a wide variety of topics and issues. Details about the committee and its composition, meeting schedule etc., are listed below.

The Public Health Advisory Committee makes recommendations to the Lane County Public Health

Administrator and advises the Board of Health and the Board of Commissioners on matters of public health, planning, policy development, control measures, funding, public education and advocacy; and acts in a community liaison capacity to provide a link between the community and the Public Health Division.

The committee meets the second Monday of the month from 3:30 to 5 p.m.

There are two vacancies on the committee at pres-

ent. Both vacancies are for a complete term of four years, commencing upon appointment and ending on Aug. 31, 2024.

One position is designated to be filled by an at-large community member, "informed on and interested in public health matters."

The second vacancy is designated to be filled by a person "licensed by this state as [a] health care practitioner."

The Public Health Advisory Committee consists of

12 members with a broad public health interest and concern, not limited to single interests or issues.

Committee representation shall include geographic, socioeconomic and professional interests. Membership shall include: five persons "licensed by this state as health care practitioners" and seven "persons who are informed on and interested in public health matters," per ORS 431.477.

Public members with di-

verse backgrounds are preferred. County employees are not eligible for membership.

The committee seeks to have membership that reflects the diversity of Lane County, including but not limited to racial, ethnic, gender, age, socioeconomic and geographical diversity.

The Public Health Advisory Committee also strives to meet the goals set out by the Lane County Board of Commissioners to acknowledge and address the

root causes of inequities in Lane County services and outcomes, work with community members and staff to invent or find anti-racist policies that can eliminate the racial inequities that exist and use an antiracist and racial equity lens to assess current and future policies and programs.

The application deadline is 5 p.m. on Monday, Aug. 27.

Applications are available online at [www.lanecounty.org/volunteer](http://www.lanecounty.org/volunteer).

## Council from A1

Ward 4 by Greg Ervin and Ward 2 is vacant.

Currently, the city lists two candidates as having filed for the position of mayor, two for the at-large councilor position, two for Ward 2 and one for Ward 4.

The Cottage Grove City Council is a seven-person board consisting of the mayor and six councilors.

While the mayor serves a two-year term, the councilor positions are four-year terms, at least half of which are up for election every two years.

Four of the councilors must reside in the specific ward to which they are elected and the two remaining councilors are elected at-large.

The Cottage Grove City Council is the highest authority within city government in shaping local policy. It acts as the city's legislative body by adopting budgets, ordinances and regulations, among other duties.

During council meetings, the mayor serves as the presiding officer and may appoint individuals to committees and work groups. The mayor also

acts as the public face of the community by representing the city at community events or government functions.

Though a voting member of the council, the mayor has no veto authority.

No councilor or mayor may receive compensation for serving in their official capacity.

Candidates for these positions must be registered to vote in the City of Cottage Grove and must have been a resident for at least one year immediately preceding the election to the office they are seeking.

Candidates filing for a

ward position must reside in the ward represented at the time of their nomination and election.

There are two ways in which a candidate may file: by petition or by declaration.

Filing by petition requires the collection of a specific number of verified signatures with completed candidacy material.

Filing by declaration requires the payment of \$15 and completion of candidacy material.

Prior to beginning a campaign, a candidate must complete forms required by both state and

local election laws.

The complete packet of required forms and information is available at City Hall in the city manager's office.

Persons interested in filing for one of the avail-

able positions may contact the City Elections Official Trudy Borrevik at 541-942-5501 to schedule an appointment to go over and receive the candidate information packet.

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# NATIONAL SAVE YOUR SMILE WEEK



## Exploring dental crowns

Many people visit their dentists and learn they have a tooth that requires a crown. In many instances, dental crowns are necessary for proper tooth care.

Crowns were once widely referred to as "caps." A crown is a permanent cover for a tooth that would otherwise require a very large filling after dental decay has been removed. Crowns also may be used to repair cracked or broken teeth so that extraction is not necessary. Sometimes crowns are used for cosmetic modifications or to hold a dental bridge in place.

The crown itself can be made from different materials, like stainless steel, gold or metallic alloy, porcelain, porcelain fused to metal, and resin. A dentist will determine which material will work best depending on the application and tooth location.

### Understanding your appointment(s)

Crowns are typically installed in two appointments. The first appointment requires prep work so the tooth can hold the crown. This is typically a painless procedure, and one in which the dentist will anesthetize the tooth and gum tissue and then file down the tooth along the chewing surface and sides to make room for the crown covering. If the tooth was decayed or insubstantial, the dentist may have to "build up" the tooth instead of filing it down. Again, these determinations are made by the dentist who has the expertise to gauge how much workable tooth is left.

Once the tooth has been prepared, an impression will be made of the bite area. That's because the permanent crown will be fabricated

in a laboratory and the fit/color will need to be exact for comfort — and also to ensure that bacteria and food debris do not get caught between the crown and tooth.

The final component is a temporary cap that will keep the prepared tooth clean. This is molded in the office and will be worn only until the custom-made crown is ready.

When the permanent crown is delivered, the patient will return to the office to have it checked for fit and then cemented into place.

### Full and partial crowns

A partial crown may be used if only a portion of the tooth needs to be covered. Dentists will often rely on full crowns to get maximum coverage and strength.

### Cost factor

Crowns can be expensive. According to the resource CostHelper, crowns can range from \$500 to \$3,000 depending on the material used and the patient's insurance coverage. Dental insurance may cover a predetermined percentage of the cost when the crown is medically necessary, but insurance may not cover anything if the procedure is only cosmetic.

It's always a good idea for patients to express their concerns and ask questions about crowns prior to starting the procedure. Understanding the potential out-of-pocket costs is essential as well.



Dental crowns can last several years and represent the best way to salvage a tooth that is cracked or damaged.

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