

Masks *from B1*

SLSD locations.

Stephanie Randall, a teacher at Bohemia Elementary and member of the SLSD Reopening Committee, initially proposed the idea and the group jumped at the chance to continue their community involvement.

"You figure out ways to help out and I think that's kind of innate with teachers," Hardwick said. "It was one of those things where you just felt like, 'I'm so happy to be a part of this community'"

While the Oregon Department of Education will certainly play a role in supplying schools with protective equipment, Hardwick envisions her group's extra masks functioning similarly to the way schools often keep extra clothes on-hand in case of accidents or messes during the school day.

"I'm gonna bet that 99 percent of the parents, they're gonna have their kids wearing masks, but there's gonna

be something that happens,” Hardwick said with her extensive teaching background in mind. “The mask breaks or they forgot their mask, just like a situation with getting all muddy in the playground. You’re gonna go down to the health room and they can give you a mask.”

Thus far, the vast majority of masks have been made using supplies the sewing volunteers already had available or purchased themselves, but interested community members that wish to help out — whether via sewing, fabric donations or logistical help — are more than welcome to join the initiative as members look to streamline their efforts for the coming school year.

"If you wanted to join, I would just check that you're from Cottage Grove and then I'll approve you," Hardwick said.

Interested parties can search for “Cottage Grove Oregon Mask Makers” on Facebook in order to request permission to join the group.

OSAA *from B1*

the OSAA Football Contingency Group, it would be necessary for any football restrictions be lifted by Sept. 28 in order to establish a modified regular season this fall.

“Should fall activities not be held in the fall, the OSAA Executive Board is committed to working with its contingency groups to exhaust all options for these activities, including shifting, condensing or stacking seasons like neighboring Wash-

Fondo *from B1*

tage Grove Chamber of Commerce and others, the plan was ultimately realized.

"We were just staging for a bike ride and that's the best way to look at it," Ripley said. "We were focused on the competition because if you employ technology, you can socially distance and have an individual start and an individual finish and as long as you have enough space when you're taking off, then everything works out well."

With staggered start times throughout the morning and computer chips for each participant that allow remote recording of results, the event — which some may view as an unnecessary risk in the time of social distancing — was at times barely noticeable as a

ington and California,” said Weber. “The fundamental objective would be in providing participation opportunities for students. These changes may ultimately force schools into choosing which programs they will offer and students into choosing between activities — but the Board believes that a potentially difficult choice is better than no choice.”

Music, Speech and Debate:

Music, Speech and Debate contingency groups will begin meeting in late July or early August to fo-

mass gathering last weekend.

"The most we had [at one time] was maybe four participants downtown that were in that line picking up their stuff, putting their chips on their bike then rolling to the edge of town to take off," Ripley said.

"The thing about recreation and organized events is we have the opportunity to guide people towards successful recreation versus normal times when people are just out and about everywhere. We're allowed to put special rules in place."

Ultimately, like so many events that call Cottage Grove home, the Gran Fondo ticked more than one box in its efforts to bring the community together, giving people a suddenly rare opportunity to participate in group recreation while also supporting local small businesses that continue to navigate the financial stress-

cus on competition elements and considerations for the coming year. Band, orchestra and choir resources, including guidance from the NFHS for ways to return to in-person instruction safely, can be found on the OSAA COVID-19 page.

OSAA Sports Medicine Advisory Committee (SMAC) Recommendations

The OSAA Executive Board adopted two recommendations from the OSAA SMAC. Both recommendations are in regard to student safety and the de-conditioning of students during the

pandemic. The first change prohibits multiple practice sessions on the same day for the 2020-21 school year. In addition, no single-practice session can be longer than three hours, including warm-up and cool-down periods. On days with a single practice session, students are limited to a maximum of one hour of weight training either before or after practice but not both.

For the latest OSAA information regarding the Coronavirus pandemic, visit <http://www.osaa.org/coronavirus>.

moting the event,” Ripley said. “It was more like, ‘Hey, can we have what we would consider the most normal day possible in 2020 and provide some kind of opportunity for people to recreate?’”

"I really want to focus on wellness moving forward and healthy outcomes for people ... The overall thing is to kind of look beyond the pandemic because while it's affecting a ton of people, there's a really big message that has to come for the wellness industry and not just the disease care industry. I used to see commercials on TV about the food groups, eating better, exercise, and you don't see anything [nowadays]"

For full race results and more information about the Oregon Gran Fondo and Mud-slinger Events visit <https://www.mudslingerevents.com/oregon-gran-fondo>.

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